

February

Location Key
A- Activity Room/ The Gathering Place
C- Chapel
G- Game Room
ML- Main Lobby
AL- Assisted Living 1st Floor Lobby
D- Dining Room
L-Library
P- Pub
R- Sign Up Required
#- Resident-Led Activity

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|---|--|---|--|---|---|--|
| <p>11:00 Sunday Service-(Live Stream) Bon Air United Methodist (C) 3:00 Movie: Groundhog Day (1993) - Starring: Bill Murray and Andie MacDowell (G) 3:00 Bible Study- Deacon Will (C#)</p> <p>1</p> | <p>10:00 Kroger (R) 10:30 Sit & Fit Exercise (A) 11:15 Brain Fitness (P) 1:30 Scooter Safety Training with Helen (A) 3:00 Fox Fitness (A) 4:00 Happy Hour (P) 6:00 Poker Night (G#)</p> <p>2</p> <p>Groundhog Day</p> | <p>10:30 Sit & Fit Exercise (A) 11:00 Catholic Communion (C) 11:15 The Great Courses- Vincent van Gogh pt.4 (G) 2:00 This Week in History (L#) 3:00 B - I - N - G - O (A) 4:00 Happy Hour (P)</p> <p>3</p> | <p>10:00 Publix (R) 10:30 Sit & Fit Exercise (G) 2:00 Caregiver Group w/ Bre (L) 2:30 Wine-Down Wednesday Room Visits 3:00 Fox Fitness (G) 4:00 Happy Hour (P)</p> <p>4</p> <p>10:00 Ambassador Meeting (G)</p> | <p>10:00 Breakfast Bunch: IHOP (R) 10:30 Sit & Fit Exercise (G) 11:15 Group Crossword Puzzle (AL) 1:00 Card Game: Hand and Foot (G#) 2:00 Devotions and Hymns w/ Chaplain Alphonso (L) 3:00 B - I - N - G - O (G) 4:00 Happy Hour (P)</p> <p>5</p> <p>10:00 3rd Floor Meeting (L)</p> | <p>10:30 Tai Chi with Marti (A) 11:15 The Great Courses - Forgotten America pt.4 (G) 2:00 Pet Therapy Visits 4:00 Happy Hour (P) 6:00 Music Performance: Joe Loschaivo (ML)</p> <p>6</p> | <p>10:00 Coffee & Word Search (P) 1:00 Rummikub (G#) 2:00 Craft: Valentine's Day Cards w/ Marjorie (A) 4:00 Resident Happy Hour: Bring Your Own Beverage (P#)</p> <p>7</p> |
| <p>10:00 Sunday Service- Pastor Mike (C) 1:00 Sunday Spa Day Room Visits 2:30 Movie: A Beautiful Mind (2001) Starring: Russell Crowe (G) 3:00 Bible Study- Deacon Will (C#)</p> <p>8</p> | <p>10:00 Walmart (R) 10:30 Sit & Fit Exercise (A) 11:15 Brain Fitness (P) 1:00 Activity Planning Meeting (A) 2:00 Knit and Crotchet Club (L#) 3:00 Fox Fitness (A) 4:00 Happy Hour (P) 6:00 Poker Night (G#)</p> <p>9</p> | <p>10:30 Sit & Fit Exercise (A) 11:00 Catholic Rosary (C#) 11:15 The Great Courses- Vincent van Gogh pt.5 (G) 2:00 This Week in History (L#) 3:30 Cupid's Golden Gala + Happy Hour (ML/P)</p> <p>10</p> | <p>10:00 Food Lion (R) 10:30 Sit & Fit Exercise (A) 11:00 Music Performance: Kevin Salyer (ML) 1:30 Trip: The Miracle Worker at Swift Creek Mill Historic Playhouse (R) 3:00 Fox Fitness (A)</p> <p>11</p> | <p>10:30 Line Dancing w/ Carole (A) 11:15 Group Crossword Puzzle (AL) 1:00 Book Club - West with Giraffes (L) 2:00 Devotions and Hymns w/ Chaplain Alphonso (L) 3:00 B - I - N - G - O (A) 4:00 Happy Hour (P)</p> <p>12</p> <p>10:00 4th Floor Meeting (4th Fl)</p> | <p>10:30 Sit & Fit Exercise (A) 11:15 The Great Courses - Forgotten America pt.5 (G) 1:00 Grief Support Group with Chaplain Julie (G) 2:00 Chair Yoga w/ Kathy (A) 3:00 Music Performance: The McAllister's (ML) 4:00 Happy Hour (P)</p> <p>13</p> | <p>10:00 Coffee & Word Search (P) 1:00 Rummikub (G#) 2:00 Juke Box Jive- 60's & 70's Music in the Pub (P#) 4:00 Resident Happy Hour: Bring Your Own Beverage (P#)</p> <p>14</p> <p>Valentine's Day</p> |
| <p>11:00 Sunday Service-(Live Stream) Bon Air United Methodist (C) 1:30 Scenic Ride w/ Zander (R) 3:00 Movie: The Notebook (2004) Starring: Ryan Gosling and Rachel McAdams (G) 3:00 Bible Study- Deacon Will (C#)</p> <p>15</p> | <p>10:00 Kroger (R) 10:30 Sit & Fit Exercise (A) 11:15 Brain Fitness (P) 2:00 Devotions and Prayer with Pastor Mike Mayton (C) 3:00 Fox Fitness (A) 4:00 Happy Hour (P) 6:00 Poker Night (G#)</p> <p>16</p> <p>Presidents' Day (U.S.)</p> | <p>10:30 Sit & Fit Exercise (A) 11:00 Catholic Communion (C) 11:15 The Great Courses- Vincent van Gogh pt.6 (G) 2:00 This Week in History (L#) 3:00 B - I - N - G - O (A) 3:30 Girl Scout Cookies Sales (ML) 4:00 Mardi Gras Happy Hour (P)</p> <p>17</p> <p>Mardi Gras</p> | <p>10:00 Wegman's (R) 10:30 Sit & Fit Exercise (A) 1:00 Online Safety Seminar w/ Chesterfield Police Department (A) 3:00 Fox Fitness (A) 4:00 Happy Hour (P) 6:00 Music Performance: Brad Spivey (ML)</p> <p>18</p> <p>10:00 1st Floor Meeting (G)</p> | <p>11:00 Jammin' w/ Jillson Exercise (A) 1:00 Health Talk & Blood Pressure Checks with Fox Rehab (A) 2:00 Devotions and Hymns w/ Chaplain Alphonso (L) 3:00 B - I - N - G - O (A) 4:00 Happy Hour (P)</p> <p>19</p> | <p>10:30 Tai Chi w/ Marti (A) 11:15 The Great Courses - Forgotten America pt.6 (G) 1:00 Tech Time w/ Alyssa (G) 2:00 Resident Food Meeting (A) 4:00 Happy Hour (P)</p> <p>20</p> | <p>10:00 Coffee & Word Search (P) 1:00 Rummikub (G#) 2:00 Craft: Dog & Cat Toys w/ Marjorie (A) 4:00 Resident Happy Hour: Bring Your Own Beverage (P#)</p> <p>21</p> |
| <p>10:00 Sunday Service- Pastor Mike (C) 2:00 St. Michael's Episcopal Communion and Service (C) 3:00 Movie: Eleanor The Great (2025) Starring: June Squibb (G) 3:00 Bible Study- Deacon Will (C#)</p> <p>22</p> | <p>10:00 Walmart (R) 10:30 Sit & Fit Exercise (A) 11:15 Brain Fitness (P) 2:00 Knit and Crotchet Club (L#) 3:00 Fox Fitness (A) 4:00 Happy Hour (P) 6:00 Poker Night (G#)</p> <p>23</p> | <p>10:30 Sit & Fit Exercise (A) 11:00 Catholic Rosary (C#) 11:15 The Great Courses- Vincent van Gogh pt.7 (G) 2:00 This Week in History (L#) 3:00 B - I - N - G - O (A) 4:00 Happy Hour (P) 6:00 Music Performance: Andrew Magruder (ML)</p> <p>24</p> | <p>10:00 Food Lion (R) 10:30 Sit & Fit Exercise (A) 11:00 Music Performance: Jaime Lloyd (ML) 2:30 Wine-Down Wednesday Room Visits 3:00 Fox Fitness (A) 4:00 Happy Hour (P)</p> <p>25</p> <p>10:00 2nd Floor Meeting (2nd Fl)</p> | <p>10:30 Line Dancing w/ Carole (A) 10:30 Lunch Bunch: The Purrfect Bean Cat Cafe (R) 1:00 Card Game: Hand and Foot (G#) 2:00 Devotions and Hymns w/ Chaplain Alphonso (L) 3:00 B - I - N - G - O (A) 4:00 Happy Hour (P)</p> <p>26</p> | <p>10:30 Sit & Fit Exercise (A) 11:15 The Great Courses - Forgotten America pt. 7 (G) 2:00 Chair Yoga w/ Kathy (A) 3:00 Resident Council (A) 4:00 Happy Hour (P)</p> <p>27</p> | <p>10:00 Coffee & Word Search (P) 1:00 Rummikub (G#) 2:00 Juke Box Jive- 60's & 70's Music in the Pub (P#) 4:00 Resident Happy Hour: Bring Your Own Beverage (P#)</p> <p>28</p> |