

FEBRUARY

RESIDENT BIRTHDAYS

4th- Ralph J.
6th- Vera A.
9th -Pat Ma.
10th -Carolyn G.
11th- Irene G.
-Bob W,
14th- Janet D.
18th- Mary Beth R.
20th- Ray L.
24th- Habib K.

FEBRUARY ASSOCIATE BIRTHDAYS

4th- Chase P.
11th- Gabriel D.
12th-Georgia P.
16th-Vivian A.
18th- Jami R.
19th-Wayne R.
23rd- Danny H.

LIVE ENTERTAINMENT Thursday with Fred on the piano

2nd-John Lewis
5th-Ethan Uslan
10th-Joey Santo
11th-John Lewis (DJ)
16th- Tom Billotto
17th- Theresa the Vintage Singer
18th- Patrick Hudson
23rd-Jim Ruth
26th-Carol Kelly
28th- John Lewis



OUTING SCHEDULE

Mondays @ 9:30am- Bank/Pharmacy
Mondays @ 10:30am- Grocery Store
Sundays @ 10:30am Weddington Methodist Church

2nd-2:00pm-Dollar Tree/PopShelf
6th - 11:30am-Lunch at Mellow Mushroom
-2:00pm- Belk in Monroe
9th-2:00pm-Walmart
13th-11:00-James K. Polk Museum/Lunch at Olive Garden
16th-2:00pm-Trader Joe's and Library
20rd -11:30am-Lunch at Cork and Ale
-2:00pm-Paris Baguette Pastry Shop
23rd-2:00pm-Walmart
27th-11:30am-Lunch at Texas Roadhouse
2:00pm -Rack Room Shoes

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately?
When you refer someone to a Waltonwood
community, they'll thank you for it - and then we'll
thank you for it too! Ask for details!



PROVIDENCE CONNECT FEBRUARY 2026



WHAT'S HAPPENING THIS MONTH

This month we will be celebrating the newly renovated Waltonwood with a ribbon cutting ceremony, hors d'oeuvres, dinner and dancing. John Lewis will be here to get us up and cutting a rug.

On February 7th Claire will be here to teach us more about Cyber scams. This is part two of a three part presentation.

On February 8th we will be showing the Super Bowl in the theater.

On February 13th we will go to the James K. Polk historic site. Polk, our 11th President was born in Pineville NC. We will tour the museum and have lunch after at Olive Garden

The week of February 16-21 is Random Acts of Kindness week. We are hoping to log 170 acts of kindness. Help a neighbor, say a kind word, and let us know about it at the front desk.

February 17th we will have a Mardi Gras themed dinner and a special cocktail.

February 26th is National Chili Day. We will be having our Chili cook-off again. Sam G. is our reigning Chili Champ! If you've got a great chili recipe, make a pot, and try to take the crown. There will be prizes! Come vote for your favorite.

We will have an afternoon outing to Paris Baguette, a coffee and bakery shop on February 20th. Enjoy a French pastry or two or bring home some freshly baked bread.

Happy Valentine's Day!



Redefining Retirement Living

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COMMUNITY MANAGEMENT

John Ficker
Executive Director

Laura Anton
Business Office Manager

Jesus Roman
Culinary Manager

Ashley Jensen
Independent Living
Manager

Matt Swaney
Marketing Manager

Cara Nirenberg
Marketing Manager

Cathy Hill
Life Enrichment Manager

Isaac Harris
Environmental Services
Manager

ASSOCIATE SPOTLIGHT

Congratulations Mark, you are Waltonwood Providence's associate of the month! Mark has worked for Waltonwood Providence for a little over 2 years as one of our dedicated Bus Drivers. His favorite part of his job are his interactions with the residents. Mark's favorite food is Italian. His dream vacation is to visit Africa.

In high school Mark was a football player. His bucket list item is a trip to see the Super Bowl.

Waltonwood Providence is lucky to have you!



JANUARY HIGHLIGHTS

10th	12th	16 th	22nd
Cyber Scam Education	Book Club	Dolly Day	Rob the Magician

In the Moment

Strengths, weaknesses, abilities and limitations all act to shape our overall health and wellness. While previous experiences often influence our perception of how we "should" be when assessing our current state, don't let them be the defining factor in your overall success. Having our focus on things too far in the past create an unfair comparison between our current self and a younger version. By focusing on today rather than how you felt 1, 5, or 10 years ago, you can better identify your current baseline and design a routine that works for you today. Like most things, progress in fitness is rarely linear, rather a series of ebbs and flows that are constantly challenging us. By recognizing these changes and finding ways to reframe our approach we better set ourselves up for success in the moment.

TRANSPORTATION INFORMATION

Waltonwood offers transportation for medical appointments on Tuesdays, Wednesdays, and Thursdays. Please notify the Concierge of your appointment 24-48 hours in advance with the time, date & location. After reservations are made, each resident will be advised of a departure time within 24 hours prior to each appointment. Appointments will be scheduled between the hours of 8:30 am and 3:30pm, within a 10-mile radius. A Waltonwood driver will drop off & pick up residents in as timely a manner as possible. Please note appointments that are beyond a 10-mile radius will acquire a \$2.00 charge per mile for every additional mile.

In order to ensure the health and safety of our residents and bus drivers, residents must sanitize their hands before and after boarding the transportation vehicle for their appointment.

Each month we have outings to banks, shopping centers, pharmacies, restaurants, grocery stores, and other places. Please see the calendar for specific dates and times and sign up at the table by the mail boxes.

FEBRUARY HIGHLIGHTS

8th	11th
Superbowl	Ribbon Cutting
7th	26th
Cyber Scams	Chili Cookoff



EXECUTIVE DIRECTOR CORNER

Happy Winter!!!!

As we venture through the yucky cold, short days of January, we look forward to longer days and warmer weather ahead. We just recently went through an ice storm and I was so proud and appreciative of all the staff who made us successful during this stressful time. Everyone worked hard and together. Glad we all stayed warm!

On February 11th we will have a ribbon cutting ceremony to celebrate the new Waltonwood! We will have some fancy appetizers and entertainment to thank you for your patience during the renovation. For all of the caregivers, we will celebrate Caregivers Day and their hard work on February the 20th.

As I type this, we are celebrating Activity Professionals Week, January 26 – 30. With this in mind, I will close this note by saying thank you to Bethany, Blair, and Cathy for planning such fun events this month and all year through.

John