

January Recap



Celebrating

2/1 Vivien M.
2/2 Angie M.
2/7 Rosalie V.
2/10 John M.
2/12 Myrtle J.
2/14 Sara S.
2/15 Helen W.
2/18 Anita H.

Wishing you all a wonderful birthday!!



\$3,500 RESIDENT REFERRAL BONUS
Limited Time Only!

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM

Twelve Oaks Connect

FEBRUARY 2026

27475 Huron Circle, Novi, MI 48377
www.waltonwood.com | 248-735-1500
Facebook: /WaltonwoodTwelveOaks



Thursday | February 26th, 2026

6:00-7:00pm

Family Night- Theater

Medicare Power Hour

Your 2026 Benefit year has begun!

Join Sue Starr Morse to learn more about Medicare in general, changes that were made in 2025 & 2026, and help you understand the different parts of Medicare including the Medicare Advantage Plans & Medicare Supplement Plans. Whether you are the family member who helps guide decisions, or are the beneficiary yourself, this talk will help clarify!

Please RSVP by 2/9/2026 at 248-735-1500-
Limited Seated



COMMUNITY MANAGEMENT

Joe Whitney
Executive Director

Deanna Hite
Business Office Manager

Jacob Chamberlain
Culinary Services Manager

Heather Laskos
Marketing Manager

Casey Hess
Marketing Manager

Priyanka Ghelani
Wellness Coordinator

Tynesha Cobb
Wellness Coordinator

Basma Jirjis
Life Enrichment Manager (IL)

Alecia Greenberg
Life Enrichment Manager (MC)

Stefanie Jones
Life Enrichment Manager (AL)

Melisa Burnham
Independent Living Manager

Next Month I'll spotlight Yolanda if she wants to.

Serena Legard is a warm and kind afternoon care giver and peer mentor. In August she will be working at WTO for 3 years. She came to work at Waltonwood, because her mom and good friend, Art worked here. Her sister Sammy joined the team soon after. Serena always knew that she wanted to help people and see the direct impact that it makes on those she assists. She quickly realized that she enjoys it much more than she ever expected and you can see it in the kind and caring way that she approaches our residents. She feels like the residents are a second family and loves interacting with them.

When Serena isn't at work she enjoys hanging out with her cats, Jasper and Ringo. She also spends times with all of her nieces and nephews, which are 16 and counting!

We all look forward to having Serena's bright smile and caring ways warm the halls of WTO for many more years.



Please keep in mind that all scheduled activities are subject to change depending on the current situation. Things may be added or removed. Please look for updates on the screen and on the white board by the dining room.



Outings signup sheets are located in the binder in the library, they go out on the first of every month.

Last minute outings often occur, keep an eye out on the white board by the dining room for updated daily information & always check the outing book for a new outing that was not added to the calendar

We have transportation for medical appointments on Thursdays only!

Requests are required at least 2 weeks in advance and are scheduled based on availability. Please keep in mind that we may be up to 15 minutes early or late depending on traffic and other resident appointments.

Make sure to give you request sheets to Yolanda!

JANUARY HIGHLIGHTS

07 Honoring Those Who **13** Winter Craft
Serve Residents enjoyed making their blue beaded winter bracelets!
A Law Enforcement Appreciation Breakfast



19 Dolly Parton Day **27** National Chocolate
Chef Ian Deliciously Demonstrated Dolly's famous Chocolate Gravy! Cake Day



FOREVER FIT/WELLNESS

In the Moment
Strengths, weaknesses, abilities and limitations all act to shape our overall health and wellness. While previous experiences often influence our perception of how we “should” be when assessing our current state, don't let them be the defining factor in your overall success. Having our focus on things too far in the past create an unfair comparison between our current self and a younger version. When we look too far ahead at our future goals, we can forget to establish the smaller steps necessary to create the foundation from which healthy habits are built. While both instances will be part of the bigger picture, they are only some of the steps in our overall journey. By focusing on today rather than how you felt 1, 5, or 10 years ago, you can better identify your current baseline and design a routine that works for you today. Like most things, progress in fitness is rarely linear, rather a series of ebbs and flows that are constantly challenging us. By recognizing these changes and finding ways to reframe our approach we better set ourselves up for success in the moment.

FEBRUARY SPECIAL EVENTS

06 Go Red
Go Red for Women Heart Health! Afternoon Tea at the Whitney-Detroit!

13 High Tea & The Whitney

17 Mardi Gras
Mardi Gras Dinner with Special Performance!

20 Museum of Illusions
Detroits New Establishment!



EXECUTIVE DIRECTOR CORNER

I just wanted to say thank you to all of our residents and families for their patience over the past few weeks. The weather has not been kind to Michigan with the amount of snow and freezing temperatures, but residents and families alike were understanding with some of the challenges the community has had due to the weather. I also wanted to remind everyone that we are going through the process of completing the Resident Satisfaction Surveys. The surveys were sent out the week of January 26th. It is really important that residents and families complete the surveys. We want to hear from everyone, so please take a few moments to complete the survey. As soon as we have results, we will be sharing them with everyone.

Happy New Year Everyone!