



# February 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 8:00 Morning news 10:00 Nail care time 1:00 Worship to the TV or CD in activity room	2 <i>Ground Hog Day</i> 8:00 Morning visits 9:30 Exercise 10:00 Gospel piano 1:00 Corn hole 3:30 Music and memories	3 8:00 Morning visits 10:00 Bingo 1:00 Group cross-word puzzle 3:00 1-1's	4 <i>USO Day</i> 9:30 Exercise 10:00 Trivia 1:00 Spa time for feet 3:00 History of the USO	5 <i>Optimist Day</i> 8:00 Morning visits 10:00 Bingo 1:00 Adult coloring 3:30 Foods that are good for your B/P	6 9:30 Exercise 10:00 Movie 1:00 Balloon Tennis 5:00 Coffee and chat social	7 <i>Ballet Day</i> 10:00 Bingo 1:00 Rummy in activity room
8 <i>Super Bowl Day</i> 8:00 News time 10:00 Nail care time 1:00 Bible on CD 3:30 Super bowl watch party	9 9:30 Exercise 10:00 Gospel music 1:00 Dear Hunting time 3:30 1-1's	10 <i>Umbrella Day</i> 8:00 News time 10:00 Bingo 1:00 Balloon Tennis 3:00 Hot Chocolate Social and discussion	11 9:30 Exercise 10:00 Trivia 1:00 Recipes and cooking Make no bake pie and enjoy them	12 <i>Lincoln's B-day</i> 8:00 Morning visits 10:00 Bingo 1:00 Finish the sayings 3:30 1-1's	13 9:30 Exercise 10:00 Movie 1:00 Valentines Day party with music and trivia	14 <i>Valentines Day</i> 10:00 Bingo 1:00 Hallway Bowling All afternoon family time
15 <i>Daytona 500</i> 8:00 News time 10:30 Daytona watch party in AR on Fox 1:00 Worship an CD	16 9:30 Exercise 10:00 Gospel Music 1:00 Name that tune 3:00 UNO cards	17 8:00 Morning visits 10:00 Bingo 1:00 –4:00 Rock and art show featuring Pat's work	18 <i>Ash Wednesday</i> 9:30 Exercise 10:00 Resident Council 1:00 B-day Party 5:00 Coffee and chat	19 8:00 Morning visits 10:00 Bingo 1:00 Finish the sayings 4:00 1-1'2	20 9:30 Exercise 10:00 Walmart 10:00 Movie 1:00 Bus ride out	21 10:00 Bingo 1:00 Games in activity room resident choice
22 8:00 News time 10:00 Nail care time 1:00 Worship with CD in activity room	23 <i>Iwo Jima Day</i> 9:30 Exercise 10:00 Gospel Music 1:00 Pet grooming time 4:00 1-1's	24 8:00 News time 10:00 Bingo 1:00 Learn to play Mexican Train-Dominoes	25 9:30 Exercise 10:00 Trivia 1:00 Spa time for feet 3:00 Country music with Tom	26 8:00 Morning visits 10:00 Bingo 1:00 Letter writing 4:00 Puzzle time	27 9:30 Exercise 10:00 Movie 1:00 Bus ride 1:00 Country music 5:00 Games	28 10:00 Bingo 1:00 Hallway bowling
	<i>February 28th free day at High Desert Museum</i>					