




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>1</div> <div><div>10:00</div><div><i>Doggie Day</i></div><div>Get a good snuggle from these wonderful dogs. In the Lobby</div></div> <div><div>10:00</div><div>Catholic Mass</div><div>Meet for Mass in the 2nd Floor Chapel</div></div> <div><div>10:00</div><div>Seated Yoga Level 1</div><div>Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</div></div> <div><div>10:30</div><div>Yoga Level 2</div><div>Alternating from sitting to standing balance exercise 3rd Floor Theater</div></div> <div><div>1:00</div><div>Pinochle</div><div>Stop in and play! 3rd Floor Billiard Room</div></div> <div><div>1:00</div><div>Movie Matinee</div><div>Check your daily flyer for more detailed movie information 3rd Floor Theater Room</div></div> <div><div>1:30</div><div>Latter Day Saints Church Service</div><div>We invite you to join us! 2nd Floor Chapel</div></div> <div><div>2:00</div><div>Candy Bingo</div><div>Enjoy all regular BINGO games with mini candy bar prizes. Large Dining Room</div></div> <div><div>3:00</div><div>Worship in The Word</div><div>Scripture, singing &amp; praise together. 2nd Floor Chapel</div></div> <div><div>6:00</div><div>TAI CHI</div><div>Slow controlled upper body movements. Great for coordination and muscle tone 3rd Floor Theater Room</div></div>	<div>2</div> <div><div>Medical Transport Day</div></div> <div><div>10:00</div><div>Stronger Sr Exercises</div><div>Exercises for <b>EVERYONE</b> Gentle moves, BIG benefits Take that first step with us Large Dining Room</div></div> <div><div>10:00</div><div>Seated Yoga Level 1</div><div>Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</div></div> <div><div>10:30</div><div>Yoga Level 2</div><div>Alternating from sitting to standing balance exercise 3rd Floor Theater</div></div> <div><div>1:00</div><div>Volunteer Project</div><div>Making blankets to donate See how you can get involved 2nd Floor Craft Room</div></div> <div><div>1:00</div><div>Pinochle</div><div>3rd Floor Billiard Room</div></div> <div><div>2:00</div><div>\$Nickel\$ Bingo</div><div>Pay a Nickel each game &amp; a Quarter for the end game Large Dining Room</div></div> <div><div>3:00</div><div>Happier Hour Hot Apple Cider</div><div>Stop by for a cocktail and socialize before dinner. Lobby</div></div> <div><div>3:00</div><div>Bible Figure Lessons</div><div>Learn more in-depth &amp; apply to your daily life 3rd Floor Theater</div></div>	<div>3</div> <div><div>Medical Transport Day</div></div> <div><div>9:50</div><div>OTAGO Better Balance Exercise Class</div><div>Exercise Class Strength &amp; balance exercises Large Dining Room</div></div> <div><div>10:00</div><div>Seated Yoga Level 1</div><div>Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</div></div> <div><div>10:30</div><div>Yoga Level 2</div><div>Alternating from sitting to standing balance exercise 3rd Floor Theater</div></div> <div><div>1:00</div><div>Pinochle</div><div>Stop in and play! 3rd Floor Billiard Room</div></div> <div><div>1:00</div><div>Shuffleboard Shenanigans</div><div>Come get in on the fun! A little friendly competition with Megan! Bring it on 3rd Floor Billiard Room</div></div> <div><div>2:00</div><div>Candy BINGO</div><div>Enjoy all regular BINGO games with candy bar prize Large Dining Room</div></div> <div><div>3:00</div><div>BUNCO Dice Game</div><div>Just roll with it... Fun dice game for all! 2nd Floor Craft Room</div></div>	<div>4</div> <div><div>9:00</div><div>\$Casino Outing\$</div><div>Ride with us to play! Sign up in the book at the front desk. Home around 3:00</div></div> <div><div>10:00</div><div>Stronger Sr Exercises</div><div>Exercises for <b>EVERYONE</b> Gentle moves, BIG benefits Take that first step with us Large Dining Room</div></div> <div><div>10:00</div><div>Seated Yoga Level 1</div><div>Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</div></div> <div><div>10:30</div><div>Yoga Level 2</div><div>seated to standing exercise 3rd Floor Theater</div></div> <div><div>1:00</div><div>Practice Pinochle</div><div>Revisit or learn this game 3rd Floor Billiard Room</div></div> <div><div>2:00</div><div>Wine Down Wednesday KARAOKE With Sonya</div><div> Sip, enjoy singers and a fun time with your Parkview family Maybe you would like to try a duet with Megan or one of the others that like to sing? Get out there and give it a try. What do you have to lose? Meet in the Lobby</div></div> <div><div>6:00</div><div>Movie Night</div><div>Check your flyer for movie info 3rd Floor Theater Room</div></div>	<div>5</div> <div><div>Shopping 8:30-10:00</div><div>Walmart 1.5 hr Trip Sign up in the Lobby to ride</div></div> <div><div>9:45</div><div>OTAGO Better Balance Exercise Class</div><div>Exercise Class Strength &amp; balance exercises Large Dining Room</div></div> <div><div>10:00</div><div>Seated Yoga Level 1</div><div>Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</div></div> <div><div>10:30</div><div>Yoga Level 2</div><div>Alternating from sitting to standing balance exercise 3rd Floor Theater</div></div> <div><div>Shopping 12:30</div><div>Walmart 1 hr Trip Sign up in the Lobby to ride</div></div> <div><div>1:00</div><div>Pinochle</div><div>Stop by and see about playing 3rd Floor Billiard Room</div></div> <div><div>1:30</div><div>Church with Pastor Al</div><div>A wonderful Christian service 2nd Floor Chapel</div></div> <div><div>2:00</div><div>Soda Shop Social Hot Chocolate Floats</div><div>2nd Floor "Coke" Room</div></div> <div><div>2:30</div><div>Pinewood Singers</div><div>Hearts &amp; Harmonies Valentines Day Special</div><div>This talented group brings great sing along songs. Sing with us, or sit back and enjoy! Lobby</div></div> <div><div>3:00</div><div>BUNCO Dice Game</div><div>Just roll with it... Fun dice game for all! 2nd Floor Craft Room</div></div>	<div>6</div> <div><div>10:00-11:00</div><div>Musical Memories</div><div>Listen to songs you haven't heard in forever... 2nd Floor Loft</div></div> <div><div>9:45</div><div>Stronger Seniors Exercise</div><div>Exercises for <b>EVERYONE</b> Gentle moves, BIG benefits Take that first step with us Large Dining Room</div></div> <div><div>10:00</div><div>Seated Yoga Level 1</div><div>3rd Floor Theater Room</div></div> <div><div>10:30</div><div>Yoga Level 2</div><div>Alternating from sitting to standing balance exercise 3rd Floor Theater</div></div> <div><div>11:00</div><div>VETERANS LUNCH</div><div>Meet with Rep. from VFW &amp; fellow Patriots. Learn about how the Kenn VFW can help. Private Dining Room</div></div> <div><div>1:00</div><div>Volunteer Project</div><div>Making blankets to donate See how you can get involved 2nd Floor Craft Room</div></div> <div><div>1:00</div><div>Pinochle</div><div>3rd Floor Billiard Room</div></div> <div><div>2:00</div><div>Live music with GREY WOLF BAND Music with John &amp; Cuco</div><div>A mix of classic country and more, come enjoy great music together. Large Dining Room</div></div> <div><div>6:00</div><div>TAI CHI</div><div>Slow controlled upper body movements. Great for coordination and muscle tone 3rd Floor Theater Room</div></div>	<div>7</div> <div><div>9:00</div><div>Perplexing Puzzlement</div><div>Grab your puzzle packet from the Front Desk &amp; enjoy</div></div> <div><div>10:00</div><div>Yoga Level 1</div><div>Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</div></div> <div><div>10:30</div><div>Yoga Level 2</div><div>Alternating from sitting to standing balance exercise 3rd Floor Theater</div></div> <div><div>1:00</div><div>JASON MORGAN</div><div>Trained Opera Singer &amp; pianist What will he share this time? Meet in the Lobby to enjoy</div></div> <div><div>1:00</div><div>Pinochle</div><div>3rd Floor Billiard Room</div></div> <div><div>1:00</div><div>Movie Matinee</div><div>Check your daily flyer for more detailed movie information 3rd Floor Theater Room</div></div> <div><div>3:00</div><div>New Resident Mix &amp; Mingle</div><div>This is an opportunity to introduce yourself, and get to know new people while enjoying refreshments. Lobby</div></div> <div><div>3:00</div><div>BUNCO Dice Game with Peytan</div><div>Join us for this fun and easy to learn dice game. Have fun, make friends &amp; win candy! Peytan gets to come every 1st &amp; 3rd Saturday 2nd Floor Craft Room</div></div>



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8	9	10	11	12	13	14
<div>10:00</div> <div>White Board Games</div> <div>Just for fun...</div> <div>Lobby</div> <div>10:00</div> <div>Catholic Mass</div> <div>Meet for Mass in the</div> <div>2nd Floor Chapel</div> <div>10:00</div> <div>Seated Yoga Level 1</div> <div>Seated strengthening &amp;</div> <div>maintenance exercises</div> <div>3rd Floor Theater Room</div> <div>10:30</div> <div>Yoga Level 2</div> <div>Alternating from sitting to</div> <div>standing balance exercise</div> <div>3rd Floor Theater</div> <div>1:00</div> <div>Pinochle</div> <div>Stop in and play!</div> <div>3rd Floor Billiard Room</div> <div>1:00</div> <div>Movie Matinee</div> <div>3rd Floor Theater Room</div> <div>1:30</div> <div>Latter Day Saints</div> <div>Church Service</div> <div>We invite you to join us!</div> <div>2nd Floor Chapel</div> <div>2:00</div> <div>JEOPARDY</div> <div>Fun trivia for everyone</div> <div>Stimulate your brain!</div> <div>Lobby</div> <div>3:00</div> <div>Worship in The Word</div> <div>Scripture, singing &amp; praise</div> <div>together.</div> <div>2nd Floor Chapel</div> <div>6:00</div> <div>TAI CHI</div> <div>Slow controlled upper body</div> <div>movements. Great for</div> <div>coordination and muscle tone</div> <div>2 3rd Floor Theater Room</div>	<div>Medical Transport Day</div> <div>10:00</div> <div>Stronger Sr Exercises</div> <div>Exercises for EVERYONE</div> <div>Gentle moves, BIG benefits</div> <div>Take that first step with us</div> <div>Large Dining Room</div> <div>10:00</div> <div>Seated Yoga Level 1</div> <div>Seated strengthening &amp;</div> <div>maintenance exercises</div> <div>3rd Floor Theater Room</div> <div>10:30</div> <div>Yoga Level 2</div> <div>Alternating from sitting to</div> <div>standing balance exercise</div> <div>3rd Floor Theater</div> <div>1:00</div> <div>Volunteer Project</div> <div>Making blankets to donate</div> <div>See how you can get involved</div> <div>2nd Floor Craft Room</div> <div>1:00</div> <div>Pinochle</div> <div>Stop in and play!</div> <div>3rd Floor Billiard Room</div> <div>2:00</div> <div>\$Nickel\$ Bingo</div> <div>Pay a Nickel each game &amp; a</div> <div>Quarter for the end game</div> <div>Large Dining Room</div> <div>3:00</div> <div>Happier Hour</div> <div>Hot Chocolate</div> <div>Stop by for a cocktail and</div> <div>socialize before dinner.</div> <div>Lobby</div> <div>3:00</div> <div>Bible Figure Lessons</div> <div>Learn more in-depth &amp;</div> <div>apply to your daily life</div> <div>3rd Floor Theater</div>	<div>Medical Transport Day</div> <div>9:50</div> <div>OTAGO Better Balance</div> <div>Exercise Class</div> <div>Exercise Class</div> <div>Strength &amp; balance exercises</div> <div>Large Dining Room</div> <div>10:00</div> <div>Seated Yoga Level 1</div> <div>Seated strengthening &amp;</div> <div>maintenance exercises</div> <div>3rd Floor Theater Room</div> <div>10:30</div> <div>Yoga Level 2</div> <div>Alternating from sitting to</div> <div>standing balance exercise</div> <div>3rd Floor Theater</div> <div>1:00</div> <div>Shuffleboard Shenanigans</div> <div>Come get in on the fun!</div> <div>A little friendly competition</div> <div>with Megan! Bring it on</div> <div>3rd Floor Billiard Room</div> <div>1:00</div> <div>Pinochle</div> <div>Stop in and play!</div> <div>3rd Floor Billiard Room</div> <div>2:00</div> <div>Candy BINGO</div> <div>Enjoy all regular BINGO games</div> <div>with mini candy bar prizes</div> <div>3 winners per game!</div> <div>Large Dining Room</div> <div>3:00</div> <div>BUNCO Dice Game</div> <div>Join us for this fun and easy to</div> <div>learn dice game. Have fun,</div> <div>make friends &amp; win candy!</div> <div>2nd Floor Craft Room</div>	<div>9:00</div> <div>Dollar Store</div> <div>Shop with us for about an hour</div> <div>Sign up at the front desk</div> <div>10:00</div> <div>Stronger Sr Exercises</div> <div>Large Dining Room</div> <div>10:00</div> <div>Seated Yoga Level 1</div> <div>Seated strengthening</div> <div>3rd Floor Theater Room</div> <div>10:30</div> <div>Yoga Level 2</div> <div>Alternating from sitting to</div> <div>standing balance exercise</div> <div>3rd Floor Theater</div> <div>11:00</div> <div>LDS Ladies</div> <div>Lunch &amp; Learn</div> <div>Meet in the Private Dining</div> <div>Room for lunch &amp; fellowship</div> <div>12:30</div> <div>Scenic Drive 1hr</div> <div>Join us for a leisurely drive</div> <div>Sign up at the front desk</div> <div>1:00</div> <div>Practice Pinochle</div> <div>Revisit or learn this game</div> <div>3rd Floor Billiard Room</div> <div>2:00</div> <div>Short &amp; Sweet</div> <div>Short Stories</div> <div>Read Aloud</div> <div>Megan reads for a bit... if you</div> <div>have any short stories you</div> <div>think would be nice read</div> <div>aloud, please bring those</div> <div>along with you.</div> <div>3rd Floor Theater</div>	<div>Shopping 8:30-10:00</div> <div>Fred Meyer 1.5 hr Trip</div> <div>Sign up in the Lobby to ride</div> <div>9:45</div> <div>OTAGO Better Balance</div> <div>Exercise Class</div> <div>Strength &amp; balance exercises</div> <div>Large Dining Room</div> <div>10:00</div> <div>Seated Yoga Level 1</div> <div>Seated strengthening &amp;</div> <div>maintenance exercises</div> <div>3rd Floor Theater Room</div> <div>10:30</div> <div>Yoga Level 2</div> <div>Alternating from sitting to</div> <div>standing balance exercise</div> <div>3rd Floor Theater</div> <div>Shopping 12:30</div> <div>Fred Meyer 1hr Trip</div> <div>Sign up in the Lobby to ride</div> <div>1:30</div> <div>Church with Pastor Al</div> <div>A wonderful Christian service</div> <div>2nd Floor Chapel Room</div> <div>2:00</div> <div>Soda Shop Social</div> <div>Hot Chocolate Floats</div> <div>2nd Floor "Coke" Room</div> <div>2:30</div> <div>Resident Council Mtg</div> <div>Meet to discuss goings on</div> <div>about Parkview</div> <div>Large Dining Room</div> <div>3:00</div> <div>Joyce's Piano Concert</div> <div>Joyful piano In the Lobby</div> <div>before dinner</div> <div>3:00</div> <div>BUNCO Dice Game</div> <div>2nd Floor Craft Room</div> <div>6:00</div> <div>DESERT PRAISE</div> <div>QUARTET</div> <div>This talented group of men</div> <div>bring to us something truly</div> <div>wonderful, you do not want</div> <div>to miss! Lobby</div>	<div>10:00</div> <div>Mini Horse Visit</div> <div>Share a little love this</div> <div>Valentines Day with these</div> <div>adorable mini horses! Our</div> <div>gentle, pint sized visitors are</div> <div>full of charm. Come enjoy a</div> <div>special moment of cuddles</div> <div>&amp; connection. Because love</div> <div>comes in ALL shapes</div> <div>and sizes! Lobby</div> <div>11:00</div> <div>Lunch &amp; Learn</div> <div>Retired Educators</div> <div>Meet in the Private Dining</div> <div>Room to meet peers and</div> <div>enjoy lunch.</div> <div>1:00</div> <div>Volunteer Project</div> <div>Making blankets to donate</div> <div>See how you can get involved</div> <div>2nd Floor Craft Room</div> <div>2:00</div> <div>Galentine's Day</div> <div>celebrate our</div> <div>Gal Pals</div> <div>A woman's friendship is like a</div> <div>renewable source of power...</div> <div>Lets celebrate those friend-</div> <div>ships that keep us going.</div> <div>We are delighted to welcome</div> <div>back the wonderfully talented</div> <div>Curtis Nettles, who shared his</div> <div>beautiful voice with us at</div> <div>Christmas.</div> <div>Large Dining Room</div> <div>6:00</div> <div>TAI CHI</div> <div>3rd Floor Theater Room</div>	<div>9:00</div> <div>Perplexing Puzzlement</div> <div>Grab your puzzle packet from</div> <div>the Front Desk &amp; enjoy</div> <div>10:00</div> <div>Yoga Level 1</div> <div>Seated strengthening &amp;</div> <div>maintenance exercises</div> <div>3rd Floor Theater Room</div> <div>10:30</div> <div>Yoga Level 2</div> <div>Alternating from sitting to</div> <div>standing balance exercise</div> <div>3rd Floor Theater</div> <div>1:00</div> <div>Pinochle</div> <div>Stop in and play!</div> <div>3rd Floor Billiard Room</div> <div>1:00</div> <div>Movie Matinee</div> <div>Check your daily flyer for more</div> <div>specific movie info</div> <div>3rd Floor Theater Room</div> <div>3:00</div> <div>Classical Piano</div> <div>with Richard</div> <div>Enjoy beautiful music</div> <div>Lobby</div>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
15	16	17	18	19	20	21
<p><b>10:00</b> <i>Doggie Day</i> Get a good snuggle from these wonderful dogs. In the Lobby</p> <p><b>10:00</b> <b>Catholic Mass</b> Meet for Mass in the 2nd Floor Chapel</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p><b>1:00</b> <b>Pinochle</b> Stop in and play! 3rd Floor Billiard Room</p> <p><b>1:00</b> <b>Movie Matinee</b> Check your daily flyer for more detailed movie information 3rd Floor Theater Room</p> <p><b>1:30</b> <b>Latter Day Saints Church Service</b> We invite you to join us! 2nd Floor Chapel</p> <p><b>2:00</b> <b>Candy Bingo</b> Enjoy all regular BINGO games with mini candy bar prizes. Large Dining Room</p> <p><b>3:00</b> <i>Worship in The Word</i> Scripture, singing &amp; praise together. 2nd Floor Chapel</p> <p><b>6:00</b> <b>TAI CHI</b> Slow controlled upper body movements. Great for coordination and muscle tone 3rd Floor Theater Room</p>	<p><b>Medical Transport Day</b></p> <p><b>10:00</b> <b>Stronger Sr Exercises</b> Exercises for <b>EVERYONE</b> Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p><b>1:00</b> <b>Volunteer Project</b> Making blankets to donate 2nd Floor Craft Room</p> <p><b>1:00</b> <b>Pinochle</b> Stop by and see about playing 3rd Floor Billiard Room</p> <p><b>1:00</b>  <b>Laurie's Sing Along</b>  Sing your hearts out! Laurie works to make each get together unique and fun! Residents that would like to get together to practice &amp; help Laurie with the group singing, see Megan or the front desk Lobby</p> <p><b>3:00</b> <b>Happier Hour</b> <b>Hot Apple Cider</b> Stop by for a cocktail and socialize before dinner. Lobby</p> <p><b>3:00</b> <b>Bible Figure Lessons</b> Learn more in-depth &amp; apply to your daily life 3rd Floor Theater</p>	<p><b>Medical Transport Day</b></p> <p><b>9:50</b> <b>OTAGO Better Balance Exercise Class</b> Exercise Class Strength &amp; balance exercises Large Dining Room</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p><b>12:00</b> <b>Lunch Meeting With Reading Group for the Sight Impaired</b> Meet in the Private Dining Room to enjoy lunch together Learn more about programs and tools to help you.</p> <p><b>1:00</b> <b>Shuffleboard Shenanigans</b> Come get in on the fun! A little friendly competition with Megan! Bring it on 3rd Floor Billiard Room</p> <p><b>1:00</b> <b>Pinochle</b> Stop in and play! 3rd Floor Billiard Room</p> <p><b>2:00</b> <b>LARRY ASHBY</b> Sit back &amp; enjoy classic songs with a great guy. Guitar and smooth vocals Lobby</p> <p><b>3:00</b> <b>BUNCO Dice Game</b> Join us for this fun and easy to learn dice game. Have fun, make friends &amp; win candy! 2nd Floor Craft Room</p>	<p><b>Bus lift inspection</b></p> <p><b>10:00</b> <b>Stronger Sr Exercises</b> Exercises for <b>EVERYONE</b> Take that first step with us Large Dining Room</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> Seated exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Seated to standing exercise 3rd Floor Theater</p> <p><b>11:00</b> <b>Men's Lunch</b> Meet in the Private Dining Room to meet peers and enjoy lunch.</p> <p><b>1:00</b> <b>Practice Pinochle</b> Revisit or learn this game 3rd Floor Billiard Room</p> <p><b>12:30</b> <b>Balloon Volleyball</b> Join Megan for some fun in the lobby. Stay seated and try to keep the balloon up! Have a lil fun with me!</p> <p><b>2:00</b> <b>Old Time Fiddlers</b> Keeping the music alive with warm, familiar sounds of traditional folk &amp; country. Large Dining Room</p> <p><b>6:00</b> <b>Movie Night</b> Check your daily flyer for detailed movie information 3rd Floor Theater Room</p> <p><b>6:00</b> <b>SQUARE DANCE SHOWCASE</b> Join your mailman, Tracy, for good ol' fun. Large Dining Room</p>	<p><b>Shopping 8:30-10:00</b> Walmart 1.5 hr Trip Sign up in the Lobby to ride Lobby</p> <p><b>9:45</b> <b>OTAGO Better Balance Exercise Class</b> Strength &amp; balance exercises Large Dining Room</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p><b>11:00</b> <b>OUT TO LUNCH BUNCH OLIVE GARDEN</b> Join us for lunch out with us Sign up in the Lobby</p> <p><b>1:00</b> <b>Pinochle</b> Stop by and see about playing 3rd Floor Billiard Room</p> <p><b>1:30</b> <b>Church with Pastor Al</b> 2nd Floor Chapel</p> <p><b>2:00</b> <b>Soda Shop Social</b> <b>Hot Chocolate Floats</b> 2nd Floor "Coke" Room</p> <p><b>2:30</b> <b>Shake Rattle &amp; Roll with The Whole Gang</b> Enjoy fun piano tunes and more, sure to get you moving in your seat! Lobby</p> <p><b>3:00</b> <b>BUNCO Dice Game</b> 2nd Floor Craft Room</p>	<p><b>10:00-11:00</b> <i>Musical Memories</i> Listen to songs you haven't heard in forever... 2nd Floor Loft</p> <p><b>9:45</b> <b>Stronger Seniors Exercise</b> Exercises for <b>EVERYONE</b> Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p><b>1:00</b> <b>Pinochle</b> Stop in and play! 3rd Floor Billiard Room</p> <p><b>1:00</b> <b>Movie Matinee</b> Check your daily flyer for more detailed movie information 3rd Floor Theater Room</p> <p><b>3:00</b> <b>BUNCO Dice Game with Peyton</b> Join us for this fun and easy to learn dice game. Have fun, make friends &amp; win candy! Peyton gets to come every 1st &amp; 3rd Saturday 2nd Floor Craft Room</p> <p><b>3:00</b> <i>Classical Piano with Richard</i> Lobby</p> <p><b>1:00</b> <b>Volunteer Project</b> Making blankets to donate See how you can get involved 2nd Floor Craft Room</p> <p><b>1:00</b> <b>Balloon Volley</b> Come play with us! Absolutely nothing serious just a lil fun Lobby</p> <p><b>1:00</b> <b>Balloon Volley</b> Get in on the fun! Lobby</p> <p><b>6:00</b> <b>TAI CHI</b> Slow controlled upper body movements. Great for coordination and muscle tone 3rd Floor Theater Room</p>	<p><b>9:00</b> <i>Perplexing Puzzlement</i> Grab your puzzle packet from the Front Desk &amp; enjoy</p> <p><b>10:00</b> <b>Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p><b>1:00</b> <b>Pinochle</b> Stop in and play! 3rd Floor Billiard Room</p> <p><b>1:00</b> <b>Movie Matinee</b> Check your daily flyer for more detailed movie information 3rd Floor Theater Room</p> <p><b>3:00</b> <b>BUNCO Dice Game with Peyton</b> Join us for this fun and easy to learn dice game. Have fun, make friends &amp; win candy! Peyton gets to come every 1st &amp; 3rd Saturday 2nd Floor Craft Room</p> <p><b>3:00</b> <i>Classical Piano with Richard</i> Lobby</p>



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
22	23	24	25	26	27	28
<p><b>10:00</b> <b>White Board Games</b> Just for fun... Word games, Pictionary... Lobby</p> <p><b>10:00</b> <b>Catholic Mass</b> Meet for Mass in the 2nd Floor Chapel</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing exercises. 3rd Floor Theater</p> <p><b>1:00</b> <b>Pinochle</b> Stop in and play! 3rd Floor Billiard Room</p> <p><b>1:00</b> <b>Movie Matinee</b> 3rd Floor Theater Room</p> <p><b>1:30</b> <b>Latter Day Saints Church Service</b> We invite you to join us! 2nd Floor Chapel</p> <p><b>2:00</b> <b>JEOPARDY</b> Fun trivia for everyone Stimulate your brain! Lobby</p> <p><b>3:00</b> <b>Worship in The Word</b> Scripture, singing &amp; praise together 2nd Floor Chapel</p> <p><b>6:00</b> <b>TAI CHI</b> Slow controlled upper body movements. Great for coordination and muscle tone 3rd Floor Theater Room</p>	<p><b>Medical Transport Day</b></p> <p><b>10:00</b> <b>Stronger Sr Exercises</b> Exercises for <b>EVERYONE</b> Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p><b>1:00</b> <b>Volunteer Project</b> Making blankets to donate See how you can get involved 2nd Floor Craft Room</p> <p><b>1:00</b> <b>Pinochle</b> 3rd Floor Billiard Room</p> <p><b>2:00</b> <b>\$Nickel\$ Bingo</b> Pay a Nickel each game &amp; a Quarter for the end game Large Dining Room</p> <p><b>3:00</b> <b>Happier Hour Hot Chocolate</b> Stop by for a cocktail and socialize before dinner. Lobby</p> <p><b>3:00</b> <b>Bible Figure Lessons</b> Learn more in-depth &amp; apply to your daily life 3rd Floor Theater</p>	<p><b>Medical Transport Day</b></p> <p><b>9:50</b> <b>OTAGO Better Balance Exercise Class</b> Exercise Class Strength &amp; balance exercises Large Dining Room</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p><b>1:00</b> <b>Pinochle</b> Stop in and play! 3rd Floor Billiard Room</p> <p><b>1:00</b> <b>Shuffleboard Shenanigans</b> Come get in on the fun! A little friendly competition with Megan! Bring it on 3rd Floor Billiard Room</p> <p><b>2:00</b> <b>Candy BINGO</b> Enjoy all regular BINGO games with candy bar prize Large Dining Room</p> <p><b>3:00</b> <b>BUNCO Dice Game</b> Just roll with it... Fun dice game for all! 2nd Floor Craft Room</p>	<p><b>9:00</b> <b>Dollar Store</b> Sign up at the desk to ride with us to shop for about an</p> <p><b>10:00</b> <b>Stronger Sr Exercises</b> Exercises for <b>EVERYONE</b> Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p><b>12:30</b> <b>Scenic Drive 1hr</b> Join us for a leisurely drive Sign up at the front desk</p> <p><b>1:00</b> <b>Practice Pinochle</b> Revisit or learn this game 3rd Floor Billiard Room</p> <p><b>2:00</b> <b>Resident Birthday Party &amp; Music with Gabe</b> Celebrate all of the birthdays together! <b>Everyone Is invited!</b> Enjoy Live music &amp; cake! <b>Birthday month people spin the prize wheel!</b> Large Dining Room</p> <p><b>6:00</b> <b>Movie Night</b> Check your daily flyer for detailed movie information 3rd Floor Theater Room</p>	<p><b>Shopping 8:30-10:00</b> Fred Meyer 1.5 hr Trip Sign up in the Lobby to ride</p> <p><b>9:45</b> <b>OTAGO Better Balance</b> Exercise Class Strength &amp; balance exercises Large Dining Room</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p><b>Shopping 12:30</b> Fred Meyer 1hr Trip Sign up in the Lobby to ride</p> <p><b>1:00</b> <b>Pinochle</b> Stop by and see about playing 3rd Floor Billiard Room</p> <p><b>1:30</b> <b>Church with Pastor Al</b> A wonderful Christian service 2nd Floor Chapel Room</p> <p><b>2:00</b> <b>Soda Shop Social Hot Chocolate Floats</b> Enjoy Hot Chocolate with a scoop of vanilla ice cream to make the creamiest cocoa! 2nd Floor "Coke" Room</p> <p><b>3:00</b> <b>Joyce's Piano Concert</b> Joyful piano In the Lobby before dinner</p> <p><b>3:00</b> <b>BUNCO Dice Game</b> Just roll with it... Fun dice game for all! 2nd Floor Craft Room</p>	<p><b>10:00-11:00</b> <b>Musical Memories</b> Listen to songs you haven't heard in forever... 2nd Floor Loft</p> <p><b>9:45</b> <b>Stronger Seniors Exercise</b> Exercises for <b>EVERYONE</b> Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p><b>1:00</b> <b>Volunteer Project</b> Making blankets to donate See how you can get involved 2nd Floor Craft Room</p> <p><b>1:00</b> <b>Pinochle</b> 3rd Floor Billiard Room</p> <p><b>2:00</b> <b>Ruth Dollar on Piano</b> Enjoy exceptional piano with our amazing friend</p> <p><b>3:30</b> <b>Rack'em up Billiards</b> Meet to play before dinner 3rd Floor Billiard Room</p> <p><b>6:00</b> <b>Shuffleboard</b> Not ready for the fun to stop? 3rd Floor Billiard Room</p> <p><b>6:00</b> <b>TAI CHI</b> Slow controlled upper body movements. Great for coordination and muscle tone 3rd Floor Theater Room</p>	<p><b>9:00</b> <b>Perplexing Puzzlement</b> Grab your puzzle packet from the Front Desk &amp; enjoy</p> <p><b>10:00</b> <b>Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p><b>1:00</b> <b>Pinochle</b> 3rd Floor Billiard Room</p> <p><b>1:00</b> <b>Art 101</b> With Makaila Meet up to enjoy Artsy techniques you may not have tried before. Fun and whimsy guaranteed! 2nd Floor Craft Room</p> <p><b>2:00</b> <b>Candy Bingo</b> Enjoy all regular BINGO games with mini candy bar prizes 3 winners per game! Large Dining Room</p> <p><b>3:00</b> <b>Classical Piano with Richard</b> Enjoy timeless tunes with a great couple Lobby</p>