

February 2026

A	Activity Room	C	Courtyard Patio
D	Dining Room	LB	Library
L	Lobby	AO	Activity Director's Office
O	Outing	CS	Country Store
PD	Private Dining Room	RA	Room Activity

♪ HAPPY HOUR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 RA Catholic Communion - Room Visits 1:30 A Favorite Old Hymns Sing-a-long 3:00 L Board Game: Rummikub 6:30 A Evening Movie	2 9:15 A Chair Tai Chi with Pat 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Resident Council Meeting 1:00 O Shopping Outing - Walmart - Temecula 3:30 A Game - The Groundhog Ate My Garden 6:30 A Evening Movie	3 8:00 O Memory Care Outing - San Diego Safari Park 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Men's Lunch Outing - Hooters - San Marcos 11:00 A Devotional by Sunrise Church 1:00 D Root Beer Floats 2:00 AO Online Shopping Assistance 3:00 A BINGO! 6:30 A Evening Movie	4 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 1:30 L Love on a Leash - Therapy Dogs Visit 2:00 RA Technology Assistance 3:00 A Paint and Sip - Valentine's Edition 6:30 A Evening Movie	5 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Food Committee Meeting 1:00 D Ice Cream Sundaes 2:00 RA Technology Assistance 3:00 A BINGO! 6:30 A Evening Movie	6 9:15 A Weightlifting Class 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Shopping Trips: Albertsons & CVS 1:30 CS Country Store Shopping 3:30 D Happy Hour with Phil L. 6:30 A 2026 Winter Olympics Opening Ceremony	7 9:30 A Sit & Be Fit Exercise Class with Maritza 10:00 L Outdoor Walk 11:00 LB Puzzle Pickup 1:30 LB Self-Guided Wii Bowling 3:00 A BINGO! 6:30 A Evening Movie
8 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 RA Catholic Communion - Room Visits 1:30 A Favorite Old Hymns Sing-a-long 3:00 L Board Game: Rummikub 6:30 A Super Bowl Sunday!	9 9:15 A Chair Tai Chi with Pat 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Shopping Trips: Dollar Tree, Grocery Outlet, & Bank of America 1:30 C Garden Club 3:30 A Game: Horse Racing 6:30 A Evening Movie	10 8:00 O San Diego Safari Park 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 PD Devotional by Sunrise Church 1:00 D Root Beer Floats 2:00 AO Online Shopping Assistance 3:00 A BINGO! 6:30 A Evening Movie	11 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 L Game: Rummikub 1:00 LB Puzzle Pickup 3:00 A Golden Gals Galentine's Party 6:30 A Evening Movie	12 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Morning Chronicles 1:00 D Ice Cream Sundaes 2:00 RA Technology Assistance 3:00 A BINGO! 6:30 A Evening Movie	13 9:15 A Weightlifting Class 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Shopping Trips: Albertsons & CVS 1:30 CS Country Store Shopping 3:00 D Valentine's Happy Hour 6:30 A Evening Movie	14 Valentine's Day 9:30 A Sit & Be Fit Exercise Class with Maritza 10:00 L Outdoor Walk 10:45 O Shopping Outing - Costco - Temecula 11:00 LB Puzzle Pickup 1:30 LB Self-Guided Wii Bowling 3:30 A Valentine's Music Special 6:30 A Evening Movie
15 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 RA Catholic Communion - Room Visits 1:30 A Favorite Old Hymns Sing-a-long 3:00 L Board Game: Rummikub 6:30 A Evening Movie	16 9:15 A Chair Tai Chi with Pat 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Discussion Group: Mr. Lincoln's Whiskers 1:00 O Shopping Outing - Trader Joe's - Temecula 3:30 D Game: Bowling 6:30 A Evening Movie	17 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Devotional by Sunrise Church 1:00 D Root Beer Floats 2:30 AO Discussion Group: The Kings Cake Story 3:30 A Mardi Gras Jeopardy Trivia 6:30 A Evening Movie	18 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 A Catholic - Ash Wednesday 10:45 O Lunch Outing - Monserrate Winery 1:30 A Game: Blackjack 3:30 A Armchair Travels - Destination: Singapore 6:30 A Evening Movie	19 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Morning Chronicles 1:00 D Ice Cream Sundaes 2:00 RA Technology Assistance 3:00 A BINGO! 6:30 A Evening Movie	20 9:15 A Weightlifting Class 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Shopping Trips: Albertsons & CVS 1:30 CS Country Store Shopping 3:30 D Happy Hour with Dan D. 6:30 A Evening Movie	21 9:30 A Sit & Be Fit Exercise Class with Maritza 10:00 L Outdoor Walk 11:00 LB Puzzle Pickup 1:30 LB Self-Guided Wii Bowling 3:00 A BINGO! 6:30 A Evening Movie
22 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 RA Catholic Communion - Room Visits 1:30 A Favorite Old Hymns Sing-a-long 3:00 L Board Game: Rummikub 6:30 A Evening Movie	23 9:15 A Chair Tai Chi with Pat 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Shopping Outing - Major Market - Fallbrook 1:30 C Garden Club 3:30 D Game: Bean Bag Toss 6:30 A Evening Movie	24 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Devotional by Sunrise Church 12:30 O Freany & Friends Concert - Fallbrook Library 3:00 A BINGO! 6:30 A Evening Movie	25 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Women's Lunch Outing - Trupianos - Fallbrook 1:00 A Game: UNO 3:00 A Spanish 101 6:30 A Evening Movie	26 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Morning Chronicles 1:00 D Ice Cream Sundaes 2:00 RA Technology Assistance 3:00 A BINGO! 6:30 A Evening Movie	27 9:15 A Weightlifting Class 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Shopping Trips: Albertsons & CVS 12:15 PD Monthly Birthday Lunch 1:30 CS Country Store Shopping 3:30 D Happy Hour with Ron E. 6:30 A Evening Movie	28 9:30 A Sit & Be Fit Exercise Class with Maritza 10:00 L Outdoor Walk 11:00 LB Puzzle Pickup 1:30 LB Self-Guided Wii Bowling 3:00 A BINGO! 6:30 A Evening Movie
Happy Birthday 3rd - Robert T. 14th- Reiko H. 24th- Hope W.	All Events Are Subject to Change					