

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

Mountain View Building

<p>1</p> <p>8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Skip Bo(S/C)AR 2:00 Scat Card Game(C)AR 4:00 Cards (S/C)AR</p> <p>Tu B'Shevat Begins</p>	<p>2</p> <p>9:00 Kroger/Kings Booster Clinic-L 9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:30 EPM Blood Pressure Clinic (V)AR 10:45 Meditation (C)T 11:30 Walker Clinic (V)AR 1:00 Aquacise (E)Pool 1:00 Wii Bowling Game (E)AR 2:00 Bible Study (R)P 2:30 LCR Dice Game (S/C)AR 6:30 Fast Track Game (S/C)P Groundhog Day</p>	<p>3</p> <p>9:00 King Soopers/Safeway (O)L 9:30 King Soopers/Safeway (O)L 10:00 Thera Bands Exercise (E)AR 10:30 Weights Exercise (E)AR 1:00 Bridge Card Game(S/C)P 1:00 Scat Card Game (S/C)AR 3:00 Happy Hour w/Live Music (M)AR 3:00 Touching Lives (R)TSAR 6:30 Up & Down the River Game(S/C)P 6:30 Residents Choice (P)T</p>	<p>4</p> <p>9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:00 Mah Jongg Game (S/C)P 10:45 Meditation (C)T 1:00 Aquacise (E) Pool 1:30 Cash Bingo Game (S/C)AR 6:30 Hand & Foot Card Game(S/C)AR</p>	<p>5</p> <p>9:30 Weights Exercise (E)AR 10:30 Wii Games Exercise (S/C)AR 10:45 Blackjack Bunch Cards (S/C)AR 1:00 Better Balance Exercise(E)AR 1:30 Crafty Corner Arts (A)AR 2:00 Scat Card Game (S/C)AR 3:00 Resident Happy Hour(S)P 6:30 Mexican Train Dominoes (S/C)P</p>	<p>6</p> <p>9:00 RR Aquacise (E)Pool 9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:30 Scat Card Game (S/C)P 10:45 Meditation (C)T 11:30 Cracker Barrell Restaurant (O)L 1:00 Skip Bo Card Game (S/C)AR 2:00 Maj Jongg Game (S/C)P 6:30 Resident Bingo Game (S/C)AR</p>	<p>7</p> <p>9:30 Coffee & Donuts (S)AR 12:30 Hand & Foot (S/C)AR 2:00 <u>Winter Constellations</u> presented by Denver Astronomical Society (P)TSAR 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)P 6:30 Up & Down the River Game(S/C)P</p>
<p>8</p> <p>8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Skip Bo(S/C)AR 2:00 Scat Card Game(C)AR 4:00 Cards (S/C)AR</p>	<p>9</p> <p>1:00 Aquacise (E)Pool 1:00 Wii Bowling Game (E)AR 2:00 Bible Study (R)P 2:30 LCR Dice Game (S/C)AR 6:30 Fast Track Game (S/C)P</p>	<p>10</p> <p>9:00 Walmart & Spouts (O)L 9:30 Walmart & Spouts (O)L 10:00 Thera Bands Exercise (E)AR 10:30 Weights Exercise (E)AR 1:00 Office Hours with the ED (M)P 1:00 CH Book Mobile Library (V)L 1:00 Bridge (S/C)P 1:00 Scat Card Game (S/C)AR 3:00 Happy Hour w/Live Music(M)AR 3:00 Touching Lives (R)TSAR 6:30 Up & Down the River Game(S/C)P 6:30 Residents Choice (P)T</p>	<p>11</p> <p>9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:00 Mah Jongg Game (S/C)P 10:45 Meditation (C)T 1:00 Aquacise (E) Pool 1:30 Cash Bingo Game (S/C)AR 6:30 Hand & Foot Card Game (S/C)AR</p>	<p>12</p> <p>9:30 Weights Exercise (E)AR 10:30 Wii Games Exercise (S/C)AR 10:45 Blackjack Bunch Cards (S/C)AR 1:00 Better Balance Exercise(E)AR 1:30 Crafty Corner Arts (A)AR 2:00 Scat Card Game (S/C)AR 3:00 Resident Happy Hour(S)P 6:30 Mexican Train Dominoes (S/C)P</p>	<p>13</p> <p>OnSite Dermatology on Campus 9:00 Aquacise (E)Pool 9:30 Seated Cardio Exercise(E)AR 10:00 Chair Yoga Exercise (E)AR 10:30 Scat Card Game (S/C)P 10:45 Meditation (C)T 11:30 Salt Grass Steakhouse (O)L 1:00 Skip Bo Card Game (S/C)AR 2:00 Valentine's Dance (M)AR 2:00 Maj Jongg Game (S/C)P 6:30 Resident Bingo Game (S/C)AR</p>	<p>14</p> <p>9:30 Coffee & Donuts (S)AR 12:30 Hand & Foot (S/C)AR 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)P 2:00 Sunnie's Birthday Celebration AR 6:30 Up & Down the River Game(S/C)P</p> <p>Valentine's Day</p>
<p>15</p> <p>8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Skip Bo(S/C)AR 2:00 Scat Card Game(C)AR 4:00 Cards (S/C)AR</p>	<p>16</p> <p>10:30 Resident Assembly (M)AR 1:00 Active Minds Presents Russia (P)AR 1:00 Aquacise (E)Pool 2:00 Bible Study Group (R)P 2:30 LCR Dice Game (S/C)AR 6:30 Fast Track Game (S/C)P</p> <p>Presidents' Day (U.S.)</p>	<p>17</p> <p>9:00 King Soopers/Safeway (O)L 9:30 King Soopers/Safeway (O)L 10:00 Thera Bands (E)AR 10:30 Weights Exercise (E)AR 1:00 Bridge Card Game (S/C)Pub 1:00 Scat Cards (S/C)AR 3:00 Touching Lives (R)TSAR 3:00 Happy Hour w/Live Music (M)AR 6:30 Up & Down the River Game(S/C)P 6:30 Residents Choice(P)T</p> <p>Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</p>	<p>18</p> <p>9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:00 Mah Jongg Game (S/C)P 10:45 Meditation (C)T 1:00 Aquacise (E) Pool 1:30 <i>A Journey Unfinished</i> told to you By Abraham Lincoln (P)AR 6:30 Hand & Foot Card Game (S/C)AR</p>	<p>19</p> <p>9:30 Weights Exercise (E)AR 10:30 Wii Games Exercise (S/C)AR 10:45 Blackjack Bunch Cards (S/C)AR 1:00 Better Balance Exercise(E)AR 1:30 Crafty Corner Arts (A)AR 2:00 Scat Card Game (S/C)AR 2:30 Chef Chat Meeting (L)DR 3:00 Resident Happy Hour(S)P 6:30 Mexican Train Dominoes (S/C)P</p>	<p>20</p> <p>9:00 Aquacise (E)Pool 9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:30 Scat Card Game (S/C)P 10:45 Meditation (C)T 11:30 Panera Bread Company (O)L 1:00 Calendar Review (M)PUB 1:00 Skip Bo Card Game (S/C)AR 2:00 Maj Jongg Game (S/C)P 6:30 Resident Bingo Game (S/C)AR</p>	<p>21</p> <p>9:30 Coffee & Donuts (S)AR 12:30 Hand & Foot (S/C)AR 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)P 6:30 Up & Down the River Game(S/C)P</p>
<p>22</p> <p>8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Skip Bo(S/C)AR 2:00 Scat Card Game(C)AR 4:00 Cards (S/C)AR</p>	<p>23</p> <p>10:30 Town Hall (M)AR 1:00 Aquacise (E)Pool 2:00 The Irish in Colorado Presented by Historic Denver Molly Brown House Museum (L) In the Activity Room 2:00 Bible Study Group (R)P 2:30 LCR Dice Game (S/C)AR 6:30 Fast Track Game (S/C)P</p>	<p>24</p> <p>9:00 Target & Dollar Tree (O)L 9:30 Target & Dollar Tree (O)L 9:30 Advanced Foot Care Clinic-TSS 10:00 Thera Band Exercise (E)AR 10:30 Weights Exercise (E)AR 1:00 Office Hours with the ED (M)P 1:00 Bridge Card Game (S/C)P 1:00 Scat Card Game (S/C)AR 1:00 Parkinson's Support (M/S)TST 3:00 Happy Hour w/Live Music (M)AR 6:30 Up & Down the River Game(S/C)P 6:30 Residents Choice (P)T</p>	<p>25</p> <p>9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:00 Mah Jongg Game (S/C)P 10:45 Meditation (C)T 1:00 Aquacise (E) Pool 1:30 Prize Bingo Game (S/C)AR 6:30 Hand & Foot Card Game (S/C)AR</p>	<p>26</p> <p>9:30 Weights Exercise (E)AR 10:30 Wii Games Exercise (S/C)AR 10:45 Blackjack Bunch Cards (S/C)AR 1:00 Better Balance Exercise(E)AR 1:30 Crafty Corner Arts (A)AR 2:00 Scat Card Game (S/C)AR 3:00 Resident Happy Hour(S)P 6:30 Mexican Train Dominoes (S/C)P</p>	<p>27</p> <p>9:00 Donation Station AR 9:00 Aquacise (E)Pool 9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:30 Scat Card Game (S/C)P 10:45 Meditation (C)T 11:30 Wappo's Cantina Restaurant L 1:00 Skip Bo Card Game (S/C)AR 2:00 Maj Jongg Game (S/C)P 6:30 Resident Bingo Game (S/C)AR</p>	<p>28</p> <p>9:30 Coffee & Donuts (S)AR 12:30 Hand & Foot (S/C)AR 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)P 6:30 Up & Down the River Game(S/C)P</p>