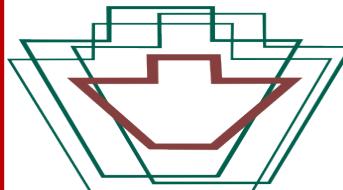




INDEPENDENT LIVING

FEBRUARY 2026



**Keystone
Commons**
A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 Mass at St Elizabeth's 2pm- Rummikub-Billiards</p>	<p>2 9:30- Shopping in Chicopee 10:00- Communion w/Keith Theater 10:30- Sequence Dice Game- Played in groups of 4-3A 12:30- Rosary-Theater 2pm- Curling-3A 3:15- Wii Bowling- Theater 3:15- Canasta Billiards Room 6:45- Quarter Bingo with Harriet-Pub</p>	<p>3 9:30- Comedy and Coffee- Theater 10:00- Blood Pressure Clinic-Pub 10:30- Massage and Meditation w/ Amy and Lynn-3A 1pm- Wii Bowling- Theater 2pm- Painting Class-3A 2pm- Line Dancing-2A 3:15- Blackjack Gold- Free to Play- \$25.00 Pot 6:45- Rummikub- Billiards</p>	<p>4 9:30- Hubbard Coffee Chat and Dani's Magical Sourdough -3A 10:30- Meditation w/ Rob-3A 11:00- Trip to the Old Mill Restaurant 12:30- Rosary-T 2pm- Wii Bowling- Theater 3:30pm- Dime Bingo-3A 6:45- Rummikub-Billiards</p>	<p>5 9:30- Around the World Breakfast Club- France-3A 10:30- Double Card Bingo 2.50 to play- 3A 11:30- Monthly Birthday Luncheon 1pm- Exercise w/ Sue-3A 2pm- John Stakosa Performs-3A 3:15- Jeopardy for Amateurs- Polar 6:45- Canasta-Pub 6:45- Kings in the Corner- Billiards</p>	<p>6 9:30- Coffee and Chronicles-3A 10:30- Adaptive Boxing-3A 12:30- Dr Synder Ortho Surgeon presents Living with Knee and Hip Pain with Pizza Lunch-Pub Sign ups are Necessary 1pm- Wii Bowling-Theater 2pm- Smile Club Visit 3pm-Sequence- Billiards Room 4pm- Happy Hour- Polar Bear Cocktail-Pub 6:45- Crazy 8's- Billiards</p>	<p>7 9:30- Coffee Chat-2A 10:30- Dime Bingo-3A 1pm- Card Games w/ Barb Billiards Room 2pm- Honky Tonk Piano Man</p>
<p>8 Super Bowl Sunday Mass at St Elizabeth's 2pm- Rummikub-Billiards 6:30- Snacks will be available outside the dining room to have while watching the game.</p>	<p>9 9:30- Shopping in Ludlow 10:00- Communion w/Keith-T 10:30- Rosary-Theater 10:30- Playing Everest Dice Game-B 12:30- Balloon Volleyball w/ Pathfinder Students 1:30- Writing Jus Cuz-Pub 2pm- Polar Bear Races-3A 3:15- Wii Bowling- Theater 3:15- Canasta Billiards Room 6:45- Quarter Bingo with Judy and Laurie</p>	<p>10 <i>Celebrating Harriet's 95th</i> 9:30- Topic Talks-3A 10:00- Blood Pressure Clinic-Pub 10:30- Massage and Meditation w/ Amy and Lynn-3A 1pm- Wii Bowling- Theater 2pm- Sandy Robinson Performs-3A 3:15- Blackjack- Dollar Buy-in-3A 4:30- Spaghetti Supper- St Elizabeths 6:45- Rummikub- Billiards</p>	<p>11 9:30- Hubbard Coffee Chat-3A 9:50- Bus Leaves to Read to the Harris Brook School 12:30- Rosary-T 1:30- Mark Performs from Berkshire 2pm- Wii Bowling- Theater 2pm- Keystone Com-e-dy w/ Roland 3:30pm- Dime Bingo-3A 4:30- Rummikub- Billiards 6:45- Rummikub-Billiards</p>	<p>12 9:30- Coffee and Chronicles-3A 12pm- Couples Valentine Luncheon- Pub- Sign-ups Necessary 1pm- Exercise w/ Sue-3A 2pm- Richie Mitnik Performs-3A 3:15- Jeopardy for Amateurs- The Lovers Jeopardy-3A 6:45- Canasta-Pub 6:45- Kings in the Corner- Billiards</p>	<p>13 <i>Valentines Day Celebration Wear your Red Celebrating Liz- 90th</i> 9:30- Coffee and Chronicles-3A 10:30- Couples Valentine Luncheon- Pub- Sign-ups Necessary 1pm- Exercise w/ Sue-3A 2pm- Richie Mitnik Performs-3A 3:15- Valentines Happy Hour- Library and Theater Followed by Special Valentines Dinner -with special Valentine gifts from Ludlow Cares</p>	<p>14 Valentine's Day 9:30- Coffee Chat-2A 10:30- Valentine Bingo-3A 1pm- Special Romantic Feature- Theater</p> 
<p>15 Mass at St Elizabeth's 2pm- Rummikub-Billiards</p>	<p>16 President's Day 9:30- Shopping in Chicopee 10:00- Communion w/ Keith Theater 10:30- Magnetic Chess Game-B 12:30- Rosary-T 2pm- Polar Plunge Races-3A 3:15- Wii Bowling Theater 3:15- Canasta-Billiards Room 6:45- Quarter Bingo w/Denise-Pub</p>	<p>17 Fat Tuesday 9:30- Topic Talks-3A 10:00- Blood Pressure Clinic- Pub 10:30- Random Act of Kindness Group Meets to do project-3A 1pm- Divine Discussion w/ Judy and Laurie-Theater 1pm- Painting Class-3A 2pm- Wii Bowling- Theater 3pm- Masquerade Bingo and Paczkis 3rd Floor Activity Room 6:45- Rummikub- Billiards</p>	<p>18 Ash Wednesday 9:30- Hubbard Coffee Chat-3A 10am- Receiving Ashes- Theater 10:30- Kindness Cocoa Bar-Pub 12:30- Rosary-T 1:30- Treblemakers Perform-3A You won't want to miss this talented group of children 2pm- Wii Bowling- Theater 3pm- Dime Bingo-Pub 6:45- Rummikub-Billiards</p>	<p>19 9:30- Coffee Chat and Chronicles 10:30- Roger Hart Presents Slideshow-Natures Fireworks-3A 1pm- Exercise w/ Sue-3A 2pm- Polar Bear Wood Craft- Candle Holder-3A- Sign-ups Necessary 3:15- Caretenders Presents-Pub 6:45- Canasta- Pub 6:45- Kings in the Corner-Billiards</p>	<p>20 9:30- Coffee and Chronicles-3A 10:30- Adaptive Boxing-3A 12pm- Chinese New Year Luncheon- Pub- Sign-ups Necessary 12:30- Rosary-T 1pm- Wii Bowling-Theater 2:15- Outing to See Elvis Concert in Imax Theater 4pm- Happy Hour-Pub 6:45- Nachos Loco- Billiards</p>	<p>21 9:30- Coffee Chat-2A 10:15- Caden Performs Piano- 1st Floor Piano Room 1pm- One on Ones 2pm- Merrill Shepard Performs 3:15- Newsletter Committee Meets- Pub</p>
<p>22 Mass at St Elizabeth's 2pm- Rummikub-Billiards</p>	<p>23 9:30- Shopping in Ludlow 10:00- Communion w/ Keith Theater 10:30- Diamond Painting Polar Bear Book Marks-3A 12:30- Rosary-T 2pm- Snow Shovel Races-3A 3:15- Canasta- Billiards Room 3:15- Wii Bowling-Theater 6:45- Quarter Bingo w/ Judy and Laurie-Pub</p>	<p>24 9:30- Topic Talks-3A 10:00- Blood Pressure Clinic- Pub 10:30- Chef's Club-3A Chicken Cordon Bleu Chowder Spinach Salad w/ Berries 1pm- Wii Bowling- Theater 2pm- Joanne and Donna Lee perform 3:15- Blackjack- Dollar Buy-in-3A 6:45- Rummikub- Billiards</p>	<p>25 9:30- Hubbard Coffee Chat- Share a school age photo-T 10am- Men's Group w/ George-Pub Donuts and Coffee 12:30- Rosary-T 2pm- Wii Bowling- Theater 3:30- Ladder Bingo-3A 4pm- Wine Down Wednesday-Pub 6:45- Rummikub-Billiards</p>	<p>26- Reiki Therapy 1-4 Sign up in Activity Room 10:00- Coffee House-3A 10:30- Larry Batter Performs-3A 1pm- Introduction to Reiki Therapy w/ Massage Therapist Tracy-Pub 1pm- Exercise w/ Sue-3A 2pm- Dave Brinnel Performs-3A 3:15- Jeopardy for Amateurs-3A 6:45- Canasta- Pub 6:45- Kings in the Corner-Billiards</p>	<p>27 9:30- Coffee and Chronicles-3A 10:30- Book Club Breakfast- Pub 12:30- Rosary-T 1pm- Wii Bowling for newbies-T 2pm- Pokeno-3A 3pm- Candlelight Concert- Luka Sulic Music Actually Concert via Youtube- Cellist 6:45- Crazy 8's- Billiards</p>	<p>28 9:30- Coffee Chat-2A 10:30- Bingo for Prizes-Pub 1pm- One on One's 2pm- Laura Hicks Performs</p>
	<p><i>Random Acts of Kindness Day!</i> 17 FEBRUARY</p>	<p>Super Bowl Pool Buy a square for 2 dollars and you could win halftime pool of 75.00 or full game pool of 200.00 See Activities before Friday Feb 6th- Numbers will be drawn at 3pm Friday!</p>	<p>Couples Valentine Luncheon 12pm in the Pub Let the Activity Department spoil you on the 12th Keystone Couples sign up in 3A</p> 		<p>Monthly Birthdays Feb 6th- Fran Marshall Feb 10th- Harriet Davies- "95th" Feb. 13th- Liz Dinnie "90th" Feb. 16th Bruce Simonds Feb. 18th- Adele LaPointe Feb. 20th- Shirley Ricardi Feb. 24th- Penny Charles</p>	<p>Monthly Theme POLAR BEAR HUGS</p> 