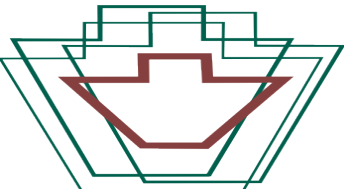




INDEPENDENT LIVING

FEBRUARY 2026



Keystone Commons

A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Mass at St Elizabeth's 2pm- Rummikub-Billiards	2 9:30- Shopping in Chicopee 10:00- Communion w/Keith Theater 10:30- Sequence Dice Game- Played in groups of 4-3A 12:30- Rosary-Theater 2pm- Curling-3A 3:15- Wii Bowling- Theater 3:15- Canasta Billiards Room 6:45- Quarter Bingo with Harriet-Pub	3 9:30- Comedy and Coffee- Theater 10:00- Blood Pressure Clinic-Pub 10:30- Massage and Meditation w/ Amy and Lynn-3A 1pm- Wii Bowling- Theater 2pm- Painting Class-3A 2pm- Line Dancing-2A 3:15- Blackjack Gold- Free to Play- \$25.00 Pot 6:45- Rummikub- Billiards	4 9:30- Hubbard Coffee Chat and Dani's Magical Sourdough -3A 10:30- Meditation w/ Rob-3A 11:00- Trip to the Old Mill Restaurant 12:30- Rosary-T 2pm- Wii Bowling- Theater 3:30pm- Dime Bingo-3A 6:45- Rummikub-Billiards	5 9:30- Around the World Breakfast Club- France-3A 10:30- Double Card Bingo 2.50 to play- 3A 11:30- Monthly Birthday Luncheon 1pm- Exercise w/ Sue-3A 2pm- John Stakosa Performs-3A 3:15- Jeopardy for Amateurs- Polar 6:45- Canasta-Pub 6:45- Kings in the Corner- Billiards	6 9:30- Coffee and Chronicles-3A 10:30- Adaptive Boxing-3A 12:30- Dr Synder Ortho Surgeon presents Living with Knee and Hip Pain with Pizza Lunch-Pub Sign ups are Necessary 1pm- Wii Bowling-Theater 2pm- Smile Club Visit 3pm-Sequence- Billiards Room 4pm- Happy Hour- Polar Bear Cocktail-Pub 6:45- Crazy 8's- Billiards	7 9:30- Coffee Chat-2A 10:30- Dime Bingo-3A 1pm- Card Games w/ Barb Billiards Room 2pm- Honky Tonk Piano Man
8 Super Bowl Sunday Mass at St Elizabeth's 2pm- Rummikub-Billiards 6:30- Snacks will be available outside the dining room to have while watching the game.	9 9:30- Shopping in Ludlow 10:00- Communion w/Keith-T 10:30- Rosary-Theater 10:30- Playing Everest Dice Game-B 12:30- Balloon Volleyball w/ Pathfinder Students 1:30- Writing Jus Cuz-Pub 2pm- Polar Bear Races-3A 3:15- Wii Bowling- Theater 3:15- Canasta Billiards Room 6:45- Quarter Bingo with Judy and Laurie	10 Celebrating Harriet's 95th 9:30- Topic Talks-3A 10:00- Blood Pressure Clinic-Pub 10:30- Massage and Meditation w/ Amy and Lynn-3A 1pm- Wii Bowling- Theater 2pm- Sandy Robinson Performs-3A 3:15- Blackjack- Dollar Buy-in-3A 4:30- Spaghetti Supper- St Elizabeths 6:45- Rummikub- Billiards	11 9:30- Hubbard Coffee Chat-3A 9:50- Bus Leaves to Read to the Harris Brook School 12:30- Rosary-T 1:30- Mark Performs from Berkshire 2pm- Wii Bowling- Theater 2pm- Keystone Com-e-dy w/ Roland 3:30pm- Dime Bingo-3A 6:45- Rummikub-Billiards	12 9:30- Coffee and Chronicles-3A 12pm- Couples Valentine Luncheon-Pub- Sign-ups Necessary 1pm- Exercise w/ Sue-3A 2pm- Richie Mitnik Performs-3A 3:15- Jeopardy for Amateurs- The Lovers Jeopardy-3A 6:45- Canasta-Pub 6:45- Kings in the Corner- Billiards	13 Valentines Day Celebration Wear your Red Celebrating Liz- 90th 9:30- Coffee and Chronicles-3A 10:30- Drumming Class-3A 12:30- Rosary- Theater 1pm- Food Meeting-Pub 1pm- Wii Bowling-Theater 2pm- Docs of Dixie Performs-3A 3:30- Valentines Happy Hour- Library and Theater Followed by Special Valentines Dinner -with special Valentine gifts from Ludlow Cares	14 Valentine's Day 9:30- Coffee Chat-2A 10:30- Valentine Bingo-3A 1pm- Special Romantic Feature-Theater 
15 Mass at St Elizabeth's 2pm- Rummikub-Billiards	16 President's Day 9:30- Shopping in Chicopee 10:00- Communion w/ Keith Theater 10:30- Magnetic Chess Game-B 12:30- Rosary-T 2pm- Polar Plunge Races-3A 3:15- Wii Bowling Theater 3:15- Canasta-Billiards Room 6:45- Quarter Bingo w/Denise-Pub	17 Fat Tuesday 9:30- Topic Talks-3A 10:00- Blood Pressure Clinic- Pub 10:30- Random Act of Kindness Group Meets to do project-3A 1pm- Divine Discussion w/ Judy and Laurie-Theater 1pm- Painting Class-3A 2pm- Wii Bowling- Theater 3pm- Masquerade Bingo and Paczkis 3rd Floor Activity Room 6:45- Rummikub- Billiards	18 Ash Wednesday 9:30- Hubbard Coffee Chat-3A 10am- Receiving Ashes- Theater 10:30- Kindness Cocoa Bar-Pub 12:30- Rosary-T 1:30- Treblemakers Perform-3A You won't want to miss this talented group of children 2pm- Wii Bowling- Theater 3pm- Dime Bingo-Pub 6:45- Rummikub-Billiards	19 9:30- Coffee Chat and Chronicles 10:30-Roger Hart Presents Slideshow-Natures Fireworks-3A 1pm- Exercise w/ Sue-3A 2pm- Polar Bear Wood Craft- Candle Holder-3A- Sign-ups Necessary 3:15- Caretenders Presents-Pub 6:45- Canasta- Pub 6:45- Kings in the Corner-Billiards	20 9:30- Coffee and Chronicles-3A 10:30-Adaptive Boxing-3A 12pm-Chinese New Year Luncheon-Pub- Sign-ups Necessary 12:30- Rosary-T 1pm- Wii Bowling-Theater 2:15-Outing to See Elvis Concert in Imax Theater 4pm- Happy Hour-Pub 6:45- Nachos Loco- Billiards	21 9:30-Coffee Chat-2A 10:15- Caden Performs Piano- 1st Floor Piano Room 1pm- One on Ones 2pm- Merril Shepard Performs 3:15- Newsletter Committee Meets-Pub
22 Mass at St Elizabeth's 2pm- Rummikub-Billiards	23 9:30- Shopping in Ludlow 10:00- Communion w/ Keith Theater 10:30- Diamond Painting Polar Bear Book Marks-3A 12:30- Rosary-T 2pm- Snow Shovel Races-3A 3:15- Canasta- Billiards Room 3:15- Wii Bowling-Theater 6:45- Quarter Bingo w/ Judy and Laurie-Pub	24 9:30- Topic Talks-3A 10:00- Blood Pressure Clinic- Pub 10:30- Chef's Club-3A Chicken Cordon Bleu Chowder Spinach Salad w/ Berries 1pm- Wii Bowling- Theater 2pm- Joanne and Donna Lee perform 3:15- Blackjack- Dollar Buy-in-3A 6:45- Rummikub- Billiards	25 9:30- Hubbard Coffee Chat- Share a school age photo-T 10am- Men's Group w/ George-Pub Donuts and Coffee 12:30- Rosary-T 2pm- Wii Bowling- Theater 3:30- Ladder Bingo-3A 4pm- Wine Down Wednesday-Pub 6:45- Rummikub-Billiards	26- Reiki Therapy 1-4 Sign up in Activity Room 10:00- Coffee House-3A 10:30- Larry Batter Performs-3A 1pm- Introduction to Reiki Therapy w/ Massage Therapist Tracy-Pub 1pm- Exercise w/ Sue-3A 2pm-Dave Brinnel Performs-3A 3:15- Jeopardy for Amateurs-3A 6:45- Canasta- Pub 6:45- Kings in the Corner-Billiards	27 9:30- Coffee and Chronicles-3A 10:30- Book Club Breakfast- Pub 12:30- Rosary-T 1pm- Wii Bowling for newbies-T 2pm- Pokeno-3A 3pm- Candlelight Concert- Luka Sulic Music Actually Concert via Youtube- Cellist 6:45- Crazy 8's- Billiards	28 9:30- Coffee Chat-2A 10:30- Bingo for Prizes-Pub 1pm- One on One's 2pm- Laura Hicks Performs
		Super Bowl Pool Buy a square for 2 dollars and you could win halftime pool of 75.00 or full game pool of 200.00 See Activities before Friday Feb 6th- Numbers will be drawn at 3pm Friday!	Couples Valentine Luncheon 12pm in the Pub Let the Activity Department spoil you on the 12th  Keystone Couples sign up in 3A		Monthly Birthdays Feb 6 th - Fran Marshall Feb 10 th - Harriet Davies- "95 th " Feb. 13 th - Liz Dinnie "90 th " Feb. 16 th Bruce Simonds Feb. 18 th - Adele LaPointe Feb. 20 th - Shirley Ricardi Feb. 24 th - Penny Charles	Monthly Theme  POLAR BEAR HUGS