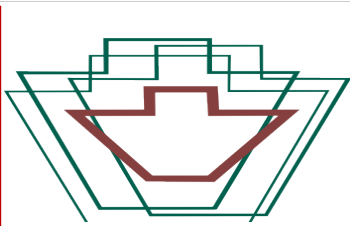




ASSISTED LIVING FEBRUARY 2026



Keystone Commons

A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Mass at St Elizabeth's 2pm- Rummikub-Billiards	2 9:30- Shopping in Chicopee 10:00- Communion w/Keith Theater 10:30- Sequence Dice Game- Played in groups of 4-3A 12:30- Rosary-Theater 2pm- Curling-3A 3:15- Wii Bowling- Theater 3:15- Canasta Billiards Room 6:45- Quarter Bingo with Harriet-Pub	3 9:30- Comedy and Coffee- Theater 10:00- Blood Pressure Clinic-Pub 10:30- Massage and Meditation w/ Amy and Lynn-3A 1pm- Wii Bowling- Theater 2pm- Painting Class-3A 2pm- Line Dancing-2A 3:15- Blackjack Gold- Free to Play- \$25.00 Pot 6:45- Rummikub- Billiards	4 9:30- Hubbard Coffee Chat and Dani's Magical Sourdough -3A 10:30- Meditation w/ Rob-3A 12:30- Rosary-T 2pm- Wii Bowling- Theater 3:30pm- Dime Bingo-3A 6:45- Rummikub-Billiards	5 9:30- Around the World Breakfast Club- France 10:30- Double Card Bingo 2.50 to play- 3A 11:30- Monthly Birthday Luncheon 1pm- Exercise w/ Sue-3A 2pm- John Stakosa Performs-3A 3:15- Jeopardy for Amateurs- Polar 3:15- Happy Hour and popcorn Club-Theater 6:45- Kings in the Corner- Billiards	6 9:30- Coffee and Chronicles-3A 10:30- Adaptive Boxing-3A 12:30- Dr Synder Ortho Surgeon presents Living with Knee and Hip Pain with Pizza Lunch-Pub Sign ups are Necessary 1pm- Wii Bowling-Theater 3pm-Sequence- Billiards Room 6:45- Crazy 8's- Billiards	7 9:30- Coffee Chat-2A 10:30- Dime Bingo-3A 1pm- Card Games w/ Barb Billiards Room 2pm- Honky Tonk Piano Man
8 Super Bowl Sunday Mass at St Elizabeth's 2pm- Rummikub-Billiards 6:30- Snacks will be available outside the dining room to have while watching the game.	9 9:30- Shopping in Ludlow 10:00- Communion w/Keith-T 10:30- Rosary-Theater 10:30- Writing Just Cuz Group-Pub 12:30- Balloon Volleyball w/ Pathfinder Students-3A 2pm- Polar Bear Races-3A 3:15- Wii Bowling- Theater 3:15- Canasta Billiards Room 6:45- Quarter Bingo with Judy and Laurie-Pub	10 Celebrating Harriet's 95th 9:30- Topic Talks-3A 10:00- Blood Pressure Clinic-Pub 10:30- Massage and Meditation w/ Amy and Lynn-3A 1pm- Wii Bowling- Theater 2pm- Sandy Robinson Performs-3A 3:15- Blackjack- Dollar Buy-in-3A 6:45- Rummikub- Billiards	11 9:30- Hubbard Coffee Chat-3A 9:50- Bus Leaves to Read to the Harris Brook School 12:30- Rosary-T 1:30- Mark Performs from Berkshire 2pm- Wii Bowling- Theater 2pm- Keystone Com-e-dy w/ Roland 3:30pm- Dime Bingo-3A 6:45- Rummikub-Billiards	12 9:30- Coffee and Chronicles-3A 12pm- Couples Valentine Luncheon-Pub- Sign-ups Necessary 1pm- Exercise w/ Sue-3A 2pm- Richie Mitnik Performs-3A 3:15- Jeopardy for Amateurs- The Lovers Jeopardy-3A 3:15- Happy Hour and Popcorn Club-Theater 6:45- Kings in the Corner- Billiards	13 Valentines Day Celebration Wear your Red Celebrating Liz- 90th 9:30- Coffee and Chronicles-3A 10:30- Drumming Class-3A 11:30- Valentine Luncheon and Ludlow Cares brings a special Valentine Treat 12:30- Rosary- Theater 1pm- Food Meeting-Pub 1pm- Wii Bowling-Theater 2pm- Docs of Dixie Performs-3A 6:45- Crazy 8's- Billiards	14 Valentine's Day 9:30- Coffee Chat-2A 10:30- Valentine Bingo-3A 1pm- Special Romantic Feature-Theater 
15 Mass at St Elizabeth's 2pm- Rummikub-Billiards	16 President's Day 9:30- Shopping in Chicopee 10:00- Communion w/ Keith Theater 10:30- Magnetic Game-B 12:30- Rosary-T 2pm- Polar Plunge Races-3A 3:15- Wii Bowling Theater 3:15- Canasta-Billiards Room 6:45- Quarter Bingo w/Denise-Pub	17 Fat Tuesday 9:30- Topic Talks-3A 10:00- Blood Pressure Clinic- Pub 10:30- Random Act of Kindness Group Meets to do project-3A 1pm- Divine Discussion w/ Judy and Laurie-Theater 1pm- Painting Class-3A 2pm- Wii Bowling- Theater 3pm- Masquerade Bingo and Paczkis 3rd Floor Activity Room 6:45- Rummikub- Billiards	18 Ash Wednesday 9:30- Hubbard Coffee Chat-3A 10am- Receiving Ashes- Theater 10:30- Kindness Cocoa Bar-Pub 12:30- Rosary-T 1:30- Treblemakers Perform-3A You won't want to miss this talented group of children 2pm- Wii Bowling- Theater 3pm- Dime Bingo-Pub 6:45- Rummikub-Billiards	19 9:30- Coffee Chat and Chronicles 10:30-Roger Hart Presents Slideshow-Natures Fireworks-3A 1pm- Exercise w/ Sue-3A 2pm- Polar Bear Wood Craft- Candle Holder-3A- Sign-ups Necessary 3:15- Caretenders Presents-Pub 6:45- Kings in the Corner-Billiards	20 9:30- Coffee and Chronicles-3A 10:30-Adaptive Boxing-3A 12pm-Chinese New Year Luncheon-Pub- Sign-ups Necessary 12:30- Rosary-T 1pm- Wii Bowling-Theater 2:15-Outing to See Elvis Concert in Imax Theater 6:45- Nachos Loco- Billiards	21 9:30-Coffee Chat-2A 10:15- Caden Performs Piano- 1st Floor Piano Room 1pm- One on Ones 2pm- Merrill Shepard Performs 3:15- Newsletter Committee Meets-Pub
22 Mass at St Elizabeth's 2pm- Rummikub-Billiards	23 9:30- Shopping in Ludlow 10:00- Communion w/ Keith Theater 10:30- Diamond Painting Polar Bear Book Marks-3A 1pm- Writing Just Cuz Group-Pub 12:30- Rosary-T 2pm- Snow Shovel Races-3A 3:15- Canasta- Billiards Room 3:15- Wii Bowling-Theater 6:45- Quarter Bingo w/ Judy and Laurie-Pub	24 9:30- Topic Talks-3A 10:00- Blood Pressure Clinic- Pub 10:30- Chef's Club-3A Chicken Cordon Bleu Chowder and Spinach Salad w/ Berries 1pm- Wii Bowling- Theater 2pm- Joanne and Donna Lee perform 3:15- Blackjack- Dollar Buy-in-3A 6:45- Rummikub- Billiards	25 9:30- Hubbard Coffee Chat-3A 10am- Men's Group w/ George-Pub Donuts and Coffee 10:30- Outing to Ocean State and Uno's 12:30- Rosary-T 2pm- Wii Bowling- Theater 3:30- Ladder Bingo-3A 6:45- Rummikub-Billiards	26- Reiki Therapy 1-4 Sign up in Activity Room 10:00- Coffee House-3A 10:30- Larry Batter Performs-3A 1pm- Intro to Reiki w/ massage therapist, Tracy-Pub 1pm- Exercise w/ Sue-3A 2pm-Dave Brinnel Performs-3A 3:15- Jeopardy for Amateurs-3A 3:15- Happy Hour and popcorn Club-Theater 6:45- Kings in the Corner-Billiards	27 9:30- Coffee and Chronicles-3A 10:30- Book Club Breakfast- Pub 12:30- Rosary-T 1pm- Wii Bowling for newbies-T 2pm- Pokeno-3A 3pm- Candlelight Concert and Happy Hour- Luka Sulic Music Actually Concert via Youtube- Cellist 6:45- Crazy 8's- Billiards	28 9:30- Coffee Chat-2A 10:30- Bingo for Prizes-Pub 1pm- One on One's 2pm- Laura and Peter Hicks Performs
		Super Bowl Pool Buy a square for 2 dollars and you could win halftime pool of 75.00 or full game pool of 200.00 See Activities before Friday Feb 6th- Numbers will be drawn at 3pm Friday!	Couples Valentine Luncheon 12pm in the Pub Let the Activity Department spoil you on the 12th  Keystone Couples sign up in 3A		Monthly Birthdays Feb. 6 th - Fran Marshall Feb 10 th - Harriet Davies- "95 th " Feb. 13 th - Liz Dinnie "90 th " Feb. 16 th Bruce Simonds Feb. 18 th - Adele LaPointe Feb. 20 th - Shirley Ricardi Feb. 24 th - Penny Charles	Monthly Theme  POLAR BEAR HUGS