

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

Memory Care



<p>1</p> <p>9:00 Music and Movement, PPW</p> <p>10:00 Nail Care</p> <p>10:30 Daily Chronicles, SCF</p> <p>1:00 Snack Break, FSI</p> <p>3:00 Table Games & Puzzles, FSI</p> <p>3:30 Afternoon Stroll, PPW</p> <p>4:30 Evening Movie</p> <p>Tu B'Shevat Begins</p>	<p>2</p> <p>9:30 Music and Movement, PPW</p> <p>10:30 Daily Chronicles, SCF</p> <p>1:00 Color my World, SCF</p> <p>1:30 Music with Larissa, MC, FSI</p> <p>1:30 Snack Break, FSI</p> <p>2:00 One on One</p> <p>3:00 Sensory Time</p> <p>5:00 Evening Movie</p> <p>Groundhog Day</p>	<p>3</p> <p>9:00 Music and Movement, PPW</p> <p>10:00 Sensory Time</p> <p>10:30 Daily Chronicles, SCF</p> <p>12:30 Color my World, SSF</p> <p>1:30 Snack Break, FSI</p> <p>2:00 Walking Club, PPW</p> <p>2:00 One on One</p> <p>3:00 Travel Time, FSI</p> <p>5:00 Evening Movie</p>	<p>4</p> <p>9:00 ~ 1:30 Hair Salon</p> <p>9:30 Aromatherapy</p> <p>10:00 Art Time, SCF</p> <p>10:30 Daily Chronicles, SCF</p> <p>1:00 Shrike up the Band, SCF</p> <p>1:30 Snack Break, FSI</p> <p>2:00 Afternoon Stroll, PPW</p> <p>2:30 One on One</p> <p>3:00 Sensory Game</p> <p>5:00 Evening Movie</p>	<p>5</p> <p>9:00 Music and Movement, PPW</p> <p>10:00 Crafting with Shelby, SCF</p> <p>10:30 Daily Chronicles, SCF</p> <p>1:00 Molly Time</p> <p>1:30 Snack Break, FSI</p> <p>2:00 Afternoon Walk, PPW</p> <p>2:30 One on One</p> <p>3:30 Comedy Time, FSI</p> <p>5:00 Evening Movie</p>	<p>6</p> <p>9:00 One on One</p> <p>9:30 Morning Exercise, PPW</p> <p>10:00 Cooking w/ Shelby, FSI</p> <p>10:30 Daily Chronicles, SCF</p> <p>1:00 Sensory Time</p> <p>1:30 Snack Break, FSI</p> <p>2:00 Bingo SCF</p> <p>3:30 Afternoon Walk, PPW</p> <p>5:00 Evening Movie</p>	<p>7</p> <p>9:00 Music and Movement, PPW</p> <p>10:00 Daily Chronicles, SCF</p> <p>10:30 Word Games, SCF</p> <p>1:00 Balloon Toss, PPW</p> <p>1:30 Snack Break, FSI</p> <p>2:00 Color my World, SCF</p> <p>2:30 One on One</p> <p>3:30 Afternoon Walk, PPW</p> <p>5:00 Evening Movie</p>
<p>8</p> <p>9:00 Music and Movement, PPW</p> <p>10:00 Nail Care</p> <p>10:30 Daily Chronicles, SCF</p> <p>1:00 Snack Break, FSI</p> <p>3:00 Table Games & Puzzles, FSI</p> <p>3:30 Afternoon Stroll, PPW</p> <p>4:30 Evening Movie</p>	<p>9</p> <p>9:30 Music and Movement, PPW</p> <p>10:30 Daily Chronicles, SCF</p> <p>1:00 Color my World, SCF</p> <p>1:30 Snack Break, FSI</p> <p>2:00 One on One</p> <p>3:00 Sensory Time</p> <p>5:00 Evening Movie</p>	<p>10</p> <p>9:00 Music and Movement, PPW</p> <p>10:00 Sensory Time</p> <p>10:30 Daily Chronicles, SCF</p> <p>12:30 Color my World, SSF</p> <p>1:30 Snack Break, FSI</p> <p>2:00 Walking Club, PPW</p> <p>2:00 One on One</p> <p>3:00 Travel Time, FSI</p> <p>5:00 Evening Movie</p>	<p>11</p> <p>9:00 ~ 1:30 Hair Salon</p> <p>9:30 Aromatherapy</p> <p>10:00 Art Time, SCF</p> <p>10:30 Daily Chronicles, SCF</p> <p>1:00 Shrike up the Band, SCF</p> <p>1:30 Snack Break, FSI</p> <p>2:00 Afternoon Stroll, PPW</p> <p>2:30 One on One</p> <p>3:00 Sensory Game</p> <p>5:00 Evening Movie</p>	<p>12</p> <p>9:00 Music and Movement, PPW</p> <p>10:00 Crafting with Shelby, SCF</p> <p>10:30 Daily Chronicles, SCF</p> <p>1:00 Music with Randy SCF</p> <p>1:30 Snack Break, FSI</p> <p>2:00 Afternoon Walk, PPW</p> <p>2:30 One on One</p> <p>3:30 Comedy Time, FSI</p> <p>5:00 Evening Movie</p>	<p>13</p> <p>9:00 One on One</p> <p>9:30 Morning Exercise, PPW</p> <p>10:00 Cooking w/ Shelby, FSI</p> <p>10:30 Daily Chronicles, SCF</p> <p>1:00 Sensory Time</p> <p>1:30 Snack Break, FSI</p> <p>2:00 Silverlining ALDR SCF</p> <p>3:30 Afternoon Walk, PPW</p> <p>5:00 Evening Movie</p>	<p>14</p> <p>9:00 Music and Movement, PPW</p> <p>10:00 Daily Chronicles, SCF</p> <p>10:30 Word Games, SCF</p> <p>1:00 Balloon Toss, PPW</p> <p>1:30 Snack Break, FSI</p> <p>2:00 Color my World, SCF</p> <p>2:30 One on One</p> <p>3:30 Afternoon Walk, PPW</p> <p>5:00 Evening Movie</p> <p>Valentine's Day</p>
<p>15</p> <p>9:00 Music and Movement, PPW</p> <p>10:00 Nail Care</p> <p>10:30 Daily Chronicles, SCF</p> <p>1:00 Snack Break, FSI</p> <p>3:00 Table Games & Puzzles, FSI</p> <p>3:30 Afternoon Stroll, PPW</p> <p>4:30 Evening Movie</p>	<p>16</p> <p>9:30 Music and Movement, PPW</p> <p>10:30 Daily Chronicles, SCF</p> <p>1:00 Color my World, SCF</p> <p>1:30 Music with Larissa, MC, FSI</p> <p>1:30 Snack Break, FSI</p> <p>2:00 One on One</p> <p>3:00 Sensory Time</p> <p>5:00 Evening Movie</p> <p>Presidents' Day (U.S.)</p>	<p>17</p> <p>9:00 Music and Movement, PPW</p> <p>10:00 Sensory Time</p> <p>10:30 Daily Chronicles, SCF</p> <p>12:30 Color my World, SSF</p> <p>1:30 Snack Break, FSI</p> <p>2:00 Walking Club, PPW</p> <p>2:00 One on One</p> <p>3:00 Travel Time, FSI</p> <p>5:00 Evening Movie</p> <p>Ramadan Begins</p> <p>Chinese New Year (Year of the Horse)</p>	<p>18</p> <p>9:00 ~ 1:30 Hair Salon</p> <p>9:30 Aromatherapy</p> <p>10:00 Art Time, SCF</p> <p>10:30 Daily Chronicles, SCF</p> <p>1:00 Shrike up the Band, SCF</p> <p>1:30 Snack Break, FSI</p> <p>2:00 Afternoon Stroll, PPW</p> <p>2:30 One on One</p> <p>3:00 Sensory Game</p> <p>5:00 Evening Movie</p>	<p>19</p> <p>9:00 Music and Movement, PPW</p> <p>10:00 Crafting with Shelby, SCF</p> <p>10:30 Daily Chronicles, SCF</p> <p>1:30 Music with Carol SCF</p> <p>1:30 Snack Break, FSI</p> <p>2:00 Afternoon Walk, PPW</p> <p>2:30 One on One</p> <p>3:30 Comedy Time, FSI</p> <p>5:00 Evening Movie</p>	<p>20</p> <p>9:00 One on One</p> <p>9:30 Morning Exercise, PPW</p> <p>10:00 Cooking w/ Shelby, FSI</p> <p>10:30 Daily Chronicles, SCF</p> <p>1:00 Sensory Time</p> <p>1:30 Snack Break, FSI</p> <p>2:00 C.C ALDR SCF</p> <p>3:30 Afternoon Walk, PPW</p> <p>5:00 Evening Movie</p>	<p>21</p> <p>9:00 Music and Movement, PPW</p> <p>10:00 Daily Chronicles, SCF</p> <p>10:30 Word Games, SCF</p> <p>1:00 Balloon Toss, PPW</p> <p>1:30 Snack Break, FSI</p> <p>2:00 Color my World, SCF</p> <p>2:30 One on One</p> <p>3:30 Afternoon Walk, PPW</p> <p>5:00 Evening Movie</p>
<p>22</p> <p>9:00 Music and Movement, PPW</p> <p>10:00 Nail Care</p> <p>10:30 Daily Chronicles, SCF</p> <p>1:00 Snack Break, FSI</p> <p>3:00 Table Games & Puzzles, FSI</p> <p>3:30 Afternoon Stroll, PPW</p> <p>4:30 Evening Movie</p>	<p>23</p> <p>9:30 Music and Movement, PPW</p> <p>10:30 Daily Chronicles, SCF</p> <p>1:00 Color my World, SCF</p> <p>1:30 Snack Break, FSI</p> <p>2:00 One on One</p> <p>3:00 Sensory Time</p> <p>5:00 Evening Movie</p>	<p>24</p> <p>9:00 Music and Movement, PPW</p> <p>10:00 Sensory Time</p> <p>10:30 Daily Chronicles, SCF</p> <p>12:30 Color my World, SSF</p> <p>1:00 Music with Randy SCF</p> <p>1:30 Snack Break, FSI</p> <p>2:00 One on One</p> <p>3:00 Travel Time, FSI</p> <p>5:00 Evening Movie</p>	<p>25</p> <p>9:00 ~ 1:30 Hair Salon</p> <p>9:30 Aromatherapy</p> <p>10:00 Art Time, SCF</p> <p>10:30 Daily Chronicles, SCF</p> <p>1:00 Shrike up the Band, SCF</p> <p>1:30 Snack Break, FSI</p> <p>2:00 Afternoon Stroll, PPW</p> <p>2:30 One on One</p> <p>3:00 Sensory Game</p> <p>5:00 Evening Movie</p>	<p>26</p> <p>9:00 Music and Movement, PPW</p> <p>10:00 Crafting with Shelby, SCF</p> <p>10:30 Daily Chronicles, SCF</p> <p>1:00 Molly Time</p> <p>1:30 Snack Break, FSI</p> <p>2:00 Afternoon Walk, PPW</p> <p>2:30 One on One</p> <p>3:30 Comedy Time, FSI</p> <p>5:00 Evening Movie</p>	<p>27</p> <p>9:00 One on One</p> <p>9:30 Morning Exercise, PPW</p> <p>10:00 Cooking w/ Shelby, FSI</p> <p>10:30 Daily Chronicles, SCF</p> <p>1:00 Sensory Time</p> <p>1:30 Snack Break, FSI</p> <p>2:00 Lindi Moo ALDR SCF</p> <p>3:30 Afternoon Walk, PPW</p> <p>5:00 Evening Movie</p>	<p>28</p> <p>9:00 Music and Movement, PPW</p> <p>10:00 Daily Chronicles, SCF</p> <p>10:30 Word Games, SCF</p> <p>1:00 Balloon Toss, PPW</p> <p>1:30 Snack Break, FSI</p> <p>2:00 Color my World, SCF</p> <p>2:30 One on One</p> <p>3:30 Afternoon Walk, PPW</p> <p>5:00 Evening Movie</p>

February 2026
THE MONTHLY GAZETTE

*"February, the month of love, is a time to cherish
the bonds that warm our hearts."*

– D. A. Blankinship



Animal of the Month – Great Horned Owl

The majestic great horned owl is one of the most common—and biggest—owls in North America. These large, powerful, adaptable raptors live in a wide range of habitats, from wetlands and forests to deserts and urban areas. They make their homes in abandoned nests, holes in trees, cliff ledges, or on buildings or other man-made structures. You can spot a great horned owl by its bright yellow eyes and distinctive tufts of feathers that look like long, pointy ears. Great horned owls are often seen as symbols of strength, bravery, wisdom, and grace, and they like to perch on tree



branches or fence posts adjacent to open fields, where they can search for prey. They are silent flyers and adept predators, feeding on creatures large and small, including skunks, bats, geese, cats, porcupine, rats, loons, fish, woodchucks, certain reptiles, and even scorpions. They sometimes eat other owls, too!

Special Days

- Dark Chocolate Day
February 1
- Groundhog Day
February 2
- Valentine's Day
February 14
- Presidents' Day
February 16
- Chinese New Year
(Lunar New Year)
Begins
February 17
- Carpe Diem Day
February 26

Flower – Violet



While roses are commonly associated with Valentine's Day, violets are the traditional flower to give on February 14. Legend has it that while imprisoned by the Romans, the Christian priest Saint Valentine used crushed violet petals as ink to write secret notes of love and friendship. Thus, violets came to symbolize faithfulness and love. In addition to its decorative charms, this lovely little flower can be used in foods like salads, smoothies, and sweets.

Birthstone – Amethyst



February's birthstone is amethyst, a purple variety of quartz. The stunning stone has been prized for thousands of years for its beauty and perceived mythical powers. Amethysts were buried with Egyptian pharaohs and in the caves of Neolithic man. In the Middle Ages, amethysts were worn to protect against sorcery and bring victory in battle. The name comes from the Greek word *amethystos*, meaning "not drunk," as the violet stone was thought to prevent intoxication.



Memory Care

A Great Place to Call Home

Hair Salon

Wednesdays
9:00 AM—1:30 PM

Stylist—Oanh

Sign Up at the Front Desk

Special Activities

Music with Larissa ~ February 2nd @ 1:30 PM

Strike up the Band ~ February 4th @ 1:00 PM

Color my World ~ February 9th @ 1:00 PM

Crafting with Shelby ~ February 12th @ 10:00 AM

Music with Randy ~ February 12th @ 1:00 pm

Music with Larissa ~ February 16th @ 1:30 PM

Art Time ~ February 18th @ 10:00 AM

Music with Carol ~ February 19th @ 1:30 PM

Cooking with Shelby ~ February 20th @ 10:00 PM

Music with Randy Rogers ~ February 24th @ 1:00 PM

Strike up the Band ~ February 18th @ 1:00 PM

Crafting with Shelby ~ February 27th @ 10:00 AM

Word Games ~ February 28th @ 10:30 AM