

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026



10am Daily Tv Mass Youtube 11am Morning Stretch LUNCH BREAK 1pm Afternoon Concert 2pm Afternoon Snack <u>3pm Adult Coloring Club</u> DINNER BREAK 6pm - Movie	1	9:30am Say a little prayer 10:30am Morning Stretch 11 Get ready for Lunch 11:30 Lunch 1pm - Singalong You Tube 2pm - Snack 3pm - Games 6pm - Movie	2	9:30am - Say a little prayer 10:30am - Morning Stretch 11 Get ready for Lunch LUNCH 3pm Games 2pm - Snack Time 3pm - What's in the News 4pm- Lets play cards 6pm - Movie	3	9:30am Say a little Prayer 10:30am - Morning Stretch 11 Get ready for Lunch LUNCH BREAK 1pm - Ball Toss 2pm Snack Time 3pm Spa Time 6pm - Movie	4	9:30am Say a little Prayer 10:30am - Morning Stretch 11 Get ready for Lunch LUNCH BREAK 1pm - Lets go for a walk <u>2pm Snack Time with Bob Brofy</u> 3pm Meditation with Music 4pm - Fun with pictures 6pm - Movie	5	9:30am Say a little Prayer 10:30 Morning Stretch 11 Get ready for lunch LUNCH BREAK 1pm - Arts and Crafts 2pm – Drum Circle 3pm HAPPY HOUR 6pm - Movie	6	9:30am Say a little Prayer 10:30 Morning Stretch 11 Get ready for lunch LUNCH BREAK 1pm-Hair and Nails 2pm - Snack Time 3pm- Movie 6pm -Movie	7
10am Daily Tv Mass Youtube 11am Morning Stretch LUNCH BREAK 1pm Afternoon Concert 2pm Afternoon Snack <u>3pm Adult Coloring Club</u> DINNER BREAK 6pm - Movie	8	9:30am Say a little prayer 10:30am Morning Stretch 11 Get ready for Lunch 11:30 Lunch 1pm - Singalong You Tube 2pm - Snack 3pm - Games 6pm - Movie	9	9:30am - Say a little prayer 10:30am - Morning Stretch 11 Get ready for Lunch LUNCH 3pm Games 2pm - Snack Time 3pm - What's in the News 4pm- Lets play cards 6pm - Movie	10	9:30am Say a little Prayer 10:30am - Morning Stretch 11 Get ready for Lunch LUNCH BREAK 1pm - Ball Toss <u>2pm Valentine Day Tea Party</u> 3pm Spa Time 6pm - Movie	11	9:30am Say a little Prayer 10:30am - Morning Stretch 11 Get ready for Lunch LUNCH BREAK 1pm - Lets go for a walk 2pm Snack Time 3pm Meditation with Music 4pm - Fun with pictures 6pm - Movie	12	9:30am Say a little Prayer 10:30 Morning Stretch 11 Get ready for lunch LUNCH BREAK 1pm - Arts and Crafts 2pm – Drum Circle <u>3pm HAPPY HOUR with Tom Spin</u> 6pm - Movie	13	9:30am Say a little Prayer 10:30 Morning Stretch 11 Get ready for lunch LUNCH BREAK 1pm-Hair and Nails 2pm - Snack Time 3pm- Movie 6pm -Movie	14
10am Daily Tv Mass Youtube 11am Morning Stretch LUNCH BREAK 1pm Afternoon Concert 2pm Afternoon Snack <u>3pm Adult Coloring Club</u> DINNER BREAK 6pm - Movie	15	9:30am Say a little prayer 10:30am Morning Stretch 11 Get ready for Lunch 11:30 Lunch 1pm - Singalong You Tube 2pm - Snack 3pm - Games 6pm - Movie	16	9:30am - Say a little prayer 10:30am - Morning Stretch 11 Get ready for Lunch LUNCH 3pm Games 2pm - Snack Time 3pm - What's in the News 4pm- Lets play cards 6pm - Movie	17	9:30am Say a little Prayer <u>10am Ash Wednesday IL Act Room</u> 10:30am - Morning Stretch 11 Get ready for Lunch LUNCH BREAK 1pm - Ball Toss 2pm Snack Time 3pm Spa Time 6pm - Movie	18	9:30am Say a little Prayer 10:30am - Morning Stretch 11 Get ready for Lunch LUNCH BREAK 1pm - Lets go for a walk 2pm Snack Time 3pm Meditation with Music 4pm - Fun with pictures 6pm - Movie	19	9:30am Say a little Prayer 10:30 Morning Stretch 11 Get ready for lunch LUNCH BREAK 1pm - Arts and Crafts 2pm – Drum Circle <u>3pm HAPPY HOUR Southern Voice</u> 6pm - Movie	20	9:30am Say a little Prayer 10:30 Morning Stretch 11 Get ready for lunch LUNCH BREAK 1pm-Hair and Nails 2pm - Snack Time 3pm- Movie 6pm -Movie	21
10am Daily Tv Mass Youtube 11am Morning Stretch LUNCH BREAK 1pm Afternoon Concert 2pm Afternoon Snack <u>3pm Adult Coloring Club</u> DINNER BREAK 6pm - Movie	22	9:30am Say a little prayer 10:30am Morning Stretch 11 Get ready for Lunch 11:30 Lunch 1pm - Singalong You Tube 2pm - Snack 3pm - Games 6pm - Movie	23	9:30am - Say a little prayer 10:30am - Morning Stretch 11 Get ready for Lunch LUNCH 3pm Games 2pm - Snack Time 3pm - What's in the News 4pm- Lets play cards 6pm - Movie	24	9:30am Say a little Prayer 10:30am - Morning Stretch 11 Get ready for Lunch LUNCH BREAK 1pm - Ball Toss 2pm Snack Time 3pm Spa Time 6pm - Movie	25	9:30am Say a little Prayer 10:30am - Morning Stretch 11 Get ready for Lunch LUNCH BREAK 1pm - Lets go for a walk 2pm Snack Time 3pm Meditation with Music 4pm - Fun with pictures 6pm - Movie	26	9:30am Say a little Prayer 10:30 Morning Stretch 11 Get ready for lunch LUNCH BREAK 1pm - Arts and Crafts 2pm – Drum Circle <u>3pm HAPPY HOUR Vincent Rodriguez</u> 6pm - Movie	27	9:30am Say a little Prayer 10:30 Morning Stretch 11 Get ready for lunch LUNCH BREAK 1pm-Hair and Nails 2pm - Snack Time 3pm- Movie 6pm -Movie	28

This Calendar of Events is subject to change, Please refer to your Daily Activity Sheet.