



The Wellington News

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Assisted Living • Respite Care Services

Share the Love of Reading

Looking for a thoughtful Valentine's Day gift that lasts longer than flowers or chocolates? Consider sharing a good book. February 14 is also International Book Giving Day, making it the perfect time to celebrate love, connection, and the joy of reading.

A favorite novel, a beloved author, the next book in a series, or even a classic children's story can make a meaningful gift. You might also pair a book with a gift card to a local bookstore or online retailer, or offer

something even more personal, such as a **trip to the library together, help choosing a new book, or a cozy afternoon spent reading side by side.**

Books are even better when they're shared. Plan a visit or phone call to talk about the story, or take turns reading aloud. Adding a simple bookmark, handmade or store-bought, is a lovely way to personalize the gift.

This Valentine's Day, share the love through stories, time together, and the simple joy of reading.



I SPY: MY VALENTINE



How many of each shape can you find? Fill in your answers below:

?	?	?	?	?	?	?	?	?	?

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WE ACCEPT CREDIT CARDS

Groundhog Day Fun Facts



Every
February 2,
people look

to a very special weather forecaster: Punxsutawney Phil, the famous groundhog from Punxsutawney, Pennsylvania. The tradition began in the 1800s, and each year Phil predicts the coming weather.

- If Phil sees his shadow and scurries back into his den, the legend says we have six more weeks of winter.
- If he does not see his shadow, it means an early spring may be on the way.

Fun Groundhog Facts:

- *Groundhogs, also called woodchucks, are the largest species in the squirrel family.*
- *They typically weigh 12 to 15 pounds and live six to eight years.*
- *They eat vegetables and fruits.*

Celebrate Groundhog Day with a little extra fun:

- **Movie Time:** Watch the classic *Groundhog Day* film and enjoy seeing how Phil experiences the same day over and over. Afterward, ask your family or friends: If you could redo the same day over and over, what would you do differently?
- **Craft a Groundhog:** Use paper, socks, felt, or clay to create your own groundhog and guess whether it will see its shadow.
- **Seasonal Snack:** Enjoy a cozy winter treat or a spring-inspired snack while spending a little extra time with friends or family, savoring the small moments of the day.

Groundhog Day may be quirky, but it's a lighthearted celebration of tradition, the changing seasons, and the simple joy of making an ordinary winter day feel special.

Famous Couples: A Valentine's Matching Game



How to Play:

Give each player a blank sheet of paper to write their answers

Choose one person to be the host, who will announce the first half of each famous couple (listed on the right).

Give everyone about 30 seconds to write down their best match.

Depending on your group, you can shorten the time to 15 seconds for a quick round or extend it up to a minute if you want to give players a little extra time to be creative

Each player can keep track of their own score, or the host can act as the scorekeeper for the group.

Play Options:

Play a few rounds (5) if you're short on time.

Play the full game (30 rounds) for maximum fun!

After Each Round:

Go around the group and have everyone announce their answers.

Answers must work with the word "and" in the middle of each half of the couple

Matching Rules:

(1) One point for matching with two or more people.

(3) Three points for matching with only one person.

After all rounds, the person with the most points wins!

Creativity counts, but discovering your perfect matching mate gives you an advantage.

Optional Bonus Rounds:

Want even more fun? Have everyone write down five more famous pairings, put them in a hat, and play another game with the new suggestions!

1. Romeo and _____
2. Peanut Butter and _____
3. Cheese and _____
4. Eggs and _____
5. Milk and _____
6. Spaghetti and _____
7. Batman and _____
8. Tom and _____
9. Fire and _____
10. John Lennon and _____
11. Venus and _____
12. Salt and _____
13. Scarlett and _____
14. Moon and _____
15. Paper and _____
16. Coffee and _____
17. Burgers and _____
18. Thunder and _____
19. Pancakes and _____
20. Chips and _____
21. Mickey and _____
22. Fred and _____
23. Han Solo and _____
24. Sonny and _____
25. Strawberries and _____
26. Jack and _____
27. Hammer and _____
28. Lock and _____
29. Needle and _____
30. Bow and _____