

# CONNECTIONS

FULL SENIOR CARE: REHAB THERAPY, SENIOR CARE & ASSISTED LIVING NEWSLETTER | FEB. 2026

## Share the Love of Reading

**Looking for a thoughtful Valentine's Day gift that lasts longer than flowers or chocolates?** Consider sharing a good book. February 14 is also International Book Giving Day, making it the perfect time to celebrate love, connection, and the joy of reading.

A favorite novel, a beloved author, the next book in a series, or even a classic children's story can make a meaningful gift. You might also pair a book with a gift card to a local bookstore or online retailer, or offer

something even more personal, such as a **trip to the library together, help choosing a new book, or a cozy afternoon spent reading side by side.**

Books are even better when they're shared. Plan a visit or phone call to talk about the story, or take turns reading aloud. Adding a simple bookmark, handmade or store-bought, is a lovely way to personalize the gift.

This Valentine's Day, share the love through stories, time together, and the simple joy of reading.



## I SPY: MY VALENTINE



How many of each shape can you find? Fill in your answers below:

?	?	?	?	?	?	?	?	?	?

*Montello*  
CARE CENTER

Jessica Kallenbach / Administrator  
251 Forest Lane, Montello, WI 53949  
608.297.2153 [MontelloCareCenter.org](http://MontelloCareCenter.org)

**The Residences**  
ON FOREST LANE

Mary Cetnarowicz / Facility Director  
253 Forest Lane, Montello, WI 53949  
608.297.8240 [ResidencesOnForestLane.org](http://ResidencesOnForestLane.org)



**Wisconsin Illinois**  
SENIOR HOUSING INC.

A WISH nonprofit 501c3 senior care community  
Donate online today to change lives!

## Volunteers & Donations Needed

Help bring joy and enrichment to our residents. We are gratefully accepting:

- Monetary donations to support activities
- Volunteers for activities & companionship
- Craft supplies (yarn, paint, puzzles, craft kits, etc.)
- Material items for resident comfort & enrichment

To donate or volunteer:  
Call 608-893-7537 or drop off donations at Residences on Forest Lane. Place online donations safely at [bit.ly/give2rfl](http://bit.ly/give2rfl).

Thank you for supporting our residents!

## Groundhog Day Fun Facts

Every February 2, people look to a very special weather forecaster: Punxsutawney Phil, the famous groundhog from Punxsutawney, Pennsylvania. The tradition began in the 1800s, and each year Phil predicts the coming weather.

- If Phil sees his shadow and scurries back into his den, the legend says we have six more weeks of winter.
- If he does not see his shadow, it means an early spring may be on the way.

### Fun Groundhog Facts:

- Groundhogs, also called woodchucks, are the largest species in the squirrel family.
- They typically weigh 12 to 15 pounds and live six to eight years.

## Famous Couples: A Valentine's Matching Game



### How to Play:

Give each player a blank sheet of paper to write their answers

Choose one person to be the host, who will announce the first half of each famous couple (listed on the right).

Give everyone about 30 seconds to write down their best match.

Depending on your group, you can shorten the time to 15 seconds for a quick round or extend it up to a minute if you want to give players a little extra time to be creative

Each player can keep track of their own score, or the host can act as the scorekeeper for the group.

### Play Options:

Play a few rounds (5) if you're short on time.

Play the full game (30 rounds) for maximum fun!

### After Each Round:

Go around the group and have everyone announce their answers.

Answers must work with the word "and" in the middle of each half of the couple

### Matching Rules:

(1) One point for matching with two or more people.

(3) Three points for matching with only one person.

After all rounds, the person with the most points wins! Creativity counts, but discovering your perfect matching mate gives you an advantage.

### Optional Bonus Rounds:

Want even more fun? Have everyone write down five more famous pairings, put them in a hat, and play another game with the new suggestions!

1. Romeo and \_\_\_\_\_
2. Peanut Butter and \_\_\_\_\_
3. Cheese and \_\_\_\_\_
4. Eggs and \_\_\_\_\_
5. Milk and \_\_\_\_\_
6. Spaghetti and \_\_\_\_\_
7. Batman and \_\_\_\_\_
8. Tom and \_\_\_\_\_
9. Fire and \_\_\_\_\_
10. John Lennon and \_\_\_\_\_
11. Venus and \_\_\_\_\_
12. Salt and \_\_\_\_\_
13. Scarlett and \_\_\_\_\_
14. Moon and \_\_\_\_\_
15. Paper and \_\_\_\_\_
16. Coffee and \_\_\_\_\_
17. Burgers and \_\_\_\_\_
18. Thunder and \_\_\_\_\_
19. Pancakes and \_\_\_\_\_
20. Chips and \_\_\_\_\_
21. Mickey and \_\_\_\_\_
22. Fred and \_\_\_\_\_
23. Han Solo and \_\_\_\_\_
24. Sonny and \_\_\_\_\_
25. Strawberries and \_\_\_\_\_
26. Jack and \_\_\_\_\_
27. Hammer and \_\_\_\_\_
28. Lock and \_\_\_\_\_
29. Needle and \_\_\_\_\_
30. Bow and \_\_\_\_\_