

# The Wellington News

## Happy Birthday

*Best wishes to our residents and staff celebrating birthdays this month.*

### Residents

Jack B.  
Rosie G.  
Luann K.  
MaryAnn V.



## Wellington Place at Hartford

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Monica Rakowski, Administrator

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## Activity Highlights

December was FULL of activities, including our awesome Grinch themed holiday party.



# Groundhog Day Fun Facts



Every February 2, people look

to a very special weather forecaster: Punxsutawney Phil, the famous groundhog from Punxsutawney, Pennsylvania. The tradition began in the 1800s, and each year Phil predicts the coming weather.

- If Phil sees his shadow and scurries back into his den, the legend says we have six more weeks of winter.
- If he does not see his shadow, it means an early spring may be on the way.

## Fun Groundhog Facts:

- Groundhogs, also called woodchucks, are the largest species in the squirrel family.
- They typically weigh 12 to 15 pounds and live six to eight years.
- They eat vegetables and fruits.

## Celebrate Groundhog Day with a little extra fun:

- **Movie Time:** Watch the classic *Groundhog Day* film and enjoy seeing how Phil experiences the same day over and over. Afterward, ask your family or friends: If you could redo the same day over and over, what would you do differently?
- **Craft a Groundhog:** Use paper, socks, felt, or clay to create your own groundhog and guess whether it will see its shadow.
- **Seasonal Snack:** Enjoy a cozy winter treat or a spring-inspired snack while spending a little extra time with friends or family, savoring the small moments of the day.

Groundhog Day may be quirky, but it's a lighthearted celebration of tradition, the changing seasons, and the simple joy of making an ordinary winter day feel special.

# Famous Couples: A Valentine's Matching Game



## How to Play:

Give each player a blank sheet of paper to write their answers

Choose one person to be the host, who will announce the first half of each famous couple (listed on the right).

Give everyone about 30 seconds to write down their best match.

Depending on your group, you can shorten the time to 15 seconds for a quick round or extend it up to a minute if you want to give players a little extra time to be creative

Each player can keep track of their own score, or the host can act as the scorekeeper for the group.

## Play Options:

Play a few rounds (5) if you're short on time.

Play the full game (30 rounds) for maximum fun!

## After Each Round:

Go around the group and have everyone announce their answers.

Answers must work with the word "and" in the middle of each half of the couple

## Matching Rules:

(1) One point for matching with two or more people.

(3) Three points for matching with only one person.

After all rounds, the person with the most points wins! Creativity counts, but discovering your perfect matching mate gives you an advantage.

## Optional Bonus Rounds:

Want even more fun? Have everyone write down five more famous pairings, put them in a hat, and play another game with the new suggestions!

1. Romeo and \_\_\_\_\_

2. Peanut Butter and \_\_\_\_\_

3. Cheese and \_\_\_\_\_

4. Eggs and \_\_\_\_\_

5. Milk and \_\_\_\_\_

6. Spaghetti and \_\_\_\_\_

7. Batman and \_\_\_\_\_

8. Tom and \_\_\_\_\_

9. Fire and \_\_\_\_\_

10. John Lennon and \_\_\_\_\_

11. Venus and \_\_\_\_\_

12. Salt and \_\_\_\_\_

13. Scarlett and \_\_\_\_\_

14. Moon and \_\_\_\_\_

15. Paper and \_\_\_\_\_

16. Coffee and \_\_\_\_\_

17. Burgers and \_\_\_\_\_

18. Thunder and \_\_\_\_\_

19. Pancakes and \_\_\_\_\_

20. Chips and \_\_\_\_\_

21. Mickey and \_\_\_\_\_

22. Fred and \_\_\_\_\_

23. Han Solo and \_\_\_\_\_

24. Sonny and \_\_\_\_\_

25. Strawberries and \_\_\_\_\_

26. Jack and \_\_\_\_\_

27. Hammer and \_\_\_\_\_

28. Lock and \_\_\_\_\_

29. Needle and \_\_\_\_\_

30. Bow and \_\_\_\_\_