

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>28</p> <p>10:00 White Board Games Just for fun... Word games, Pictionary... Lobby</p> <p>10:00 Catholic Mass Meet for Mass in the 2nd Floor Chapel</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>1:00 Pinochle Stop in and play! 3rd Floor Billiard Room</p> <p>1:00 Movie Matinee Check your daily flyer for more detailed movie information 3rd Floor Theater Room</p> <p>1:30 Latter Day Saints Church Service We invite you to join us! 2nd Floor Chapel</p> <p>2:00 Candy Bingo Enjoy all regular BINGO games with mini candy bar prizes. Large Dining Room</p> <p>3:00 Worship in The Word Scripture, singing & praise together. 2nd Floor Chapel</p> <p>6:00 TAI CHI Slow controlled upper body movements. Great for coordination and muscle tone 1 3rd Floor Theater Room</p>	<p>29</p> <p>Medical Transport Day</p> <p>10:00 Stronger Sr Exercises Exercises for EVERYONE Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>1:00 Volunteer Project Making blankets to donate See how you can get involved 2nd Floor Craft Room</p> <p>1:00 Pinochle 3rd Floor Billiard Room</p> <p>2:00 \$Nickel\$ Bingo Pay a Nickel each game & a Quarter for the end game Large Dining Room</p> <p>3:00 Happier Hour Hot Chocolate Stop by for a cocktail and socialize before dinner. Lobby</p> <p>3:00 Bible Figure Lessons Learn more in-depth & apply to your daily life 3rd Floor Theater</p>	<p>30</p> <p>Medical Transport Day</p> <p>9:50 OTAGO Better Balance Exercise Class Exercise Class Strength & balance exercises Large Dining Room</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>1:00 Pinochle Stop in and play! 3rd Floor Billiard Room</p> <p>1:00 Shuffleboard 3rd Floor Billiard Room</p> <p>2:00 Candy BINGO Enjoy all regular BINGO games with candy bar prize Large Dining Room</p> <p>3:00 BUNCO Dice Game Just roll with it... Fun dice game for all! 2nd Floor Craft Room</p>	<p>31</p>  <p>10:00 Stronger Sr Exercises Exercises for EVERYONE Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 seated to standing exercise 3rd Floor Theater</p> <p>12:30 Scenic Drive 1hr Join us for a leisurely drive Sign up at the front desk</p> <p>1:00 Practice Pinochle Revisit or learn this game 3rd Floor Billiard Room</p> <p>6:00 Movie Night Check your flyer for movie info 3rd Floor Theater Room</p> <p><i>Your present circumstances do not determine where you can go. They merely determine where you start.</i></p> 	<p>1</p> <p>Shopping 8:30-10:00 Fred Meyer 1.5 hr Trip Sign up in the Lobby to ride</p> <p>9:45 OTAGO Better Balance NOT TODAY Exercise Class Strength & balance exercises Large Dining Room</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>11:00 Shopping 12:30 Fred Meyer 1 hr Trip Sign up in the Lobby to ride</p> <p>1:00 Pinochle Stop by and see about playing 3rd Floor Billiard Room</p> <p>1:30 Church with Pastor Al A wonderful Christian service 2nd Floor Chapel</p> <p>2:00 Soda Shop Social Hot Chocolate Floats Enjoy Hot Chocolate with a scoop of vanilla ice cream to make the creamiest cocoa! 2nd Floor "Coke" Room</p>	<p>2</p> <p>10:00-11:00 Musical Memories Listen to songs you haven't heard in forever... 2nd Floor Loft</p> <p>9:45 Stronger Seniors Exercise Exercises for EVERYONE Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>11:00 VETERANS LUNCH Meet with Rep. from VFW & fellow Patriots. Learn about how the Kenn VFW can help. Private Dining Room</p> <p>1:00 Volunteer Project Making blankets to donate See how you can get involved 2nd Floor Craft Room</p> <p>1:00 Pinochle 3rd Floor Billiard Room</p> <p>2:00 NEON NEW YEAR WITH JOHN & CUCO Bring in the new year! Celebrate 2026 with us in the Large Dining Room</p>	<p>3</p> <p>9:00 Perplexing Puzzlement Grab your puzzle packet from the Front Desk & enjoy</p> <p>10:00 Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>1:00 Fuzzy Friends Sweet pet bunnies & other small animals are here for you to pet & enjoy snuggles Lobby</p> <p>1:00 Pinochle 3rd Floor Billiard Room</p> <p>1:00 Movie Matinee Check your daily flyer for more detailed movie information 3rd Floor Theater Room</p> <p>3:00 New Resident Mix & Mingle This is an opportunity to introduce yourself, and get to know new people while enjoying refreshments. Lobby</p> <p>3:00 BUNCO Dice Game with Peyton Join us for this fun and easy to learn dice game. Have fun, make friends & win candy! Peytan gets to come every 1st & 3rd Saturday 2nd Floor Craft Room</p>

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<p>4</p> <p>10:00 <i>Doggie Day</i> Get a good snuggle from these wonderful dogs. In the Lobby</p> <p>10:00 Catholic Mass Meet for Mass in the 2nd Floor Chapel</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>1:00 Pinochle Stop in and play! 3rd Floor Billiard Room</p> <p>1:00 Movie Matinee 3rd Floor Theater Room</p> <p>1:30 Latter Day Saints Church Service We invite you to join us! 2nd Floor Chapel</p> <p>2:00 JEOPARDY Fun trivia for everyone Stimulate your brain! Lobby</p> <p>3:00 <i>Worship in The Word</i> Scripture, singing & praise together. 2nd Floor Chapel</p> <p>6:00 TAI CHI Slow controlled upper body movements. Great for coordination and muscle tone 3rd Floor Theater Room</p>	<p>5</p> <p>Medical Transport Day</p> <p>10:00 Stronger Sr Exercises Exercises for EVERYONE Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>1:00 Volunteer Project Making blankets to donate See how you can get involved 2nd Floor Craft Room</p> <p>1:00 Pinochle Stop in and play! 3rd Floor Billiard Room</p> <p>2:00 \$Nickel\$ Bingo Pay a Nickel each game & a Quarter for the end game Large Dining Room</p> <p>3:00 Happier Hour Hot Apple Cider Stop by for a cocktail and socialize before dinner. Lobby</p> <p>3:00 Bible Figure Lessons Learn more in-depth & apply to your daily life 3rd Floor Theater</p>	<p>6</p> <p>Medical Transport Day</p> <p>9:50 OTAGO Better Balance Exercise Class Exercise Class Strength & balance exercises Large Dining Room</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>1:00 Shuffleboard 3rd Floor Billiard Room</p> <p>1:00 Pinochle Stop in and play! 3rd Floor Billiard Room</p> <p>2:00 Candy BINGO Enjoy all regular BINGO games with mini candy bar prizes 3 winners per game! Large Dining Room</p> <p>3:00 BUNCO Dice Game Join us for this fun and easy to learn dice game. Have fun, make friends & win candy! 2nd Floor Craft Room</p>	<p>7</p> <p>9:00 Casino Outing Ride with us to play! Sign up in the book at the front desk. Home around 3:00</p> <p>10:00 Stronger Sr Exercises Large Dining Room</p> <p>10:00 Seated Yoga Level 1 Seated strengthening 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>12:30 Scenic Drive 1hr Join us for a leisurely drive Sign up at the front desk</p> <p>1:00 Practice Pinochle Revisit or learn this game 3rd Floor Billiard Room</p> <p>2:00 Wine Down Wednesday KARAOKE With Sonya  Sip, enjoy singers and a fun time with your Parkview family Maybe you would like to try a duet with Megan or one of the others that like to sing? Get out there and give it a try. What do you have to lose? Meet in the Lobby</p> <p>6:00 SQUARE DANCE SHOWCASE Join your mailman, Tracy, for good ol' fun. Large Dining Room</p>	<p>8</p> <p>Shopping 8:30-10:00 Walmart 1.5 hr Trip Sign up in the Lobby to ride</p> <p>9:45 OTAGO Better Balance Exercise Class Strength & balance exercises Large Dining Room</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>12:30 Shopping 12:30 Walmart 1hr Trip Sign up in the Lobby to ride</p> <p>1:00 Pinochle Stop by and see about playing 3rd Floor Billiard Room</p> <p>1:30 Church with Pastor Al A wonderful Christian service 2nd Floor Chapel Room</p> <p>2:00 Soda Shop Social Hot Chocolate Floats Enjoy Hot Chocolate with a scoop of vanilla ice cream to make the creamiest cocoa! 2nd Floor "Coke" Room</p> <p>2:30 Resident Council Mtg Meet to discuss goings on about Parkview Large Dining Room</p> <p>3:00 Joyce's Piano Concert Joyful piano In the Lobby before dinner</p>	<p>9</p> <p>8:30 OTAGO Assessments Please meet in the chapel at your designated time</p> <p>10:00-11:00 Musical Memories Listen to songs you haven't heard in forever... 2nd Floor Loft</p> <p>9:45 Stronger Seniors Exercise Exercises for EVERYONE Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>11:00 Lunch & Learn Retired Educators Meet in the Private Dining Room to meet peers and enjoy lunch.</p> <p>1:00 Volunteer Project Making blankets to donate See how you can get involved 2nd Floor Craft Room</p> <p>1:00 Pinochle 3rd Floor Billiard Room</p> <p>6:00 TAI CHI Slow, controlled & seated upper body exercises. GREAT for the brain too! 3rd Floor Theater Room</p>	<p>10</p> <p>9:00 Perplexing Puzzlement Grab your puzzle packet from the Front Desk & enjoy</p> <p>10:00 Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>1:00 Pinochle Stop in and play! 3rd Floor Billiard Room</p> <p>1:00 Movie Matinee Check your daily flyer for more specific movie info 3rd Floor Theater Room</p> <p>1:00 JASON MORGAN Trained Opera Singer & pianist What will he share this time? Meet in the Lobby to enjoy</p> <p>2:00 Candy Bingo Enjoy all regular BINGO games with mini candy bar prizes 3 winners per game!</p> <p>3:00 Classical Piano with Richard Enjoy beautiful music Lobby</p>

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<p>11</p> <p>10:00 White Board Games Just for fun... Word games, Pictionary... Lobby</p> <p>10:00 Catholic Mass Meet for Mass in the 2nd Floor Chapel</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>1:00 Pinochle Stop in and play! 3rd Floor Billiard Room</p> <p>1:00 Movie Matinee Check your daily flyer for more detailed movie information 3rd Floor Theater Room</p> <p>1:30 Latter Day Saints Church Service We invite you to join us! 2nd Floor Chapel</p> <p>2:00 Candy Bingo Enjoy all regular BINGO games with mini candy bar prizes. Large Dining Room</p> <p>3:00 Worship in The Word Scripture, singing & praise together. 2nd Floor Chapel</p> <p>6:00 TAI CHI Slow controlled upper body movements. Great for coordination and muscle tone 3rd Floor Theater Room</p>	<p>12</p> <p>Medical Transport Day</p> <p>10:00 Stronger Sr Exercises Exercises for EVERYONE Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>1:00 Volunteer Project Making blankets to donate 2nd Floor Craft Room</p> <p>1:00 Pinochle Stop by and see about playing 3rd Floor Billiard Room</p> <p>2:00 \$Nickel\$ Bingo Pay a Nickel each game & Quarter for the end game Large Dining Room</p> <p>3:00 Happier Hour</p> <p>Hot Chocolate Stop by for a cocktail and socialize before dinner. Lobby</p> <p>3:00 Bible Figure Lessons Learn more in-depth & apply to your daily life 3rd Floor Theater</p>	<p>13</p> <p>Medical Transport Day</p> <p>9:50 OTAGO Better Balance Exercise Class Exercise Class Strength & balance exercises Large Dining Room</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>1:00 Pinochle Stop in and play! 3rd Floor Billiard Room</p> <p>2:00 Candy BINGO Enjoy all regular BINGO games with candy bar prize Large Dining Room</p> <p>3:00 BUNCO Dice Game Join us for this fun and easy to learn dice game. Have fun, make friends & win candy! 2nd Floor Craft Room</p>	<p>14</p> <p>9:00 Dollar Store Sign up in the Lobby</p> <p>10:00 Stronger Sr Exercises Exercises for EVERYONE Take that first step with us Large Dining Room</p> <p>10:00 Seated Yoga Level 1 Seated exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Seated to standing exercise 3rd Floor Theater</p> <p>11:00 LDS Ladies Lunch & Learn Meet in the Private Dining Room for lunch & fellowship</p> <p>12:30 Scenic Drive 1hr Join us for a leisurely drive Sign up at the front desk</p> <p>1:00 Practice Pinochle Revisit or learn this game 3rd Floor Billiard Room</p> <p>12:30 Balloon Volleyball Join Megan for some fun in the lobby. Stay seated and try to keep the balloon up! Have a lil fun with me!</p> <p>6:00 Movie Night Check your daily flyer for detailed movie information 3rd Floor Theater Room</p>	<p>15</p> <p>Shopping 8:30-10:00 Fred Meyer 1.5 hr Trip Sign up in the Lobby to ride Lobby</p> <p>9:45 OTAGO Better Balance Exercise Class Strength & balance exercises Large Dining Room</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>11:00 OUT TO LUNCH BUNCH CHINESE Join us for lunch out with us Sign up in the Lobby</p> <p>1:00 Pinochle Stop by and see about playing 3rd Floor Billiard Room</p> <p>1:30 Church with Pastor Al 2nd Floor Chapel</p> <p>2:00 Soda Shop Social Hot Chocolate Floats Enjoy Hot Chocolate with a scoop of vanilla ice cream to make the creamiest cocoa! 2nd Floor "Coke" Room</p> <p>2:30 Shake Rattle & Roll with The Whole Gang Enjoy fun piano tunes and more, sure to get you moving in your seat! Lobby</p>	<p>16</p> <p>10:00-11:00 Musical Memories Listen to songs you haven't heard in forever... 2nd Floor Loft</p> <p>9:45 Stronger Seniors Exercise Exercises for EVERYONE Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>1:00 Volunteer Project Making blankets to donate See how you can get involved 2nd Floor Craft Room</p> <p>2:00 TROUBLES BE GONE This group is here to lift our spirits with the power of music. Large Dining Room</p> <p>6:00 TAI CHI Slow controlled upper body movements. Great for coordination and muscle tone 3rd Floor Theater Room</p>	<p>17</p> <p>9:00 Perplexing Puzzlement Grab your puzzle packet from the Front Desk & enjoy</p> <p>12:00-1:00 Art 101 With Makaila Meet up to enjoy Artsy techniques you may not have tried before. Fun and whimsy guaranteed! 2nd Floor Craft Room</p> <p>10:00 Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>1:00 Pinochle Stop in and play! 3rd Floor Billiard Room</p> <p>1:00 Movie Matinee Check your daily flyer for more specific movie info 3rd Floor Theater Room</p> <p>3:00 BUNCO Dice Game with Peyton Join us for this fun and easy to learn dice game. Have fun, make friends & win candy! Peytan gets to come every 1st & 3rd Saturday 2nd Floor Craft Room</p> <p>3:00 Classical Piano with Richard Lobby</p>

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<p>18</p> <p>10:00 <i>Doggie Day</i> Get a good snuggle from these wonderful dogs. In the Lobby</p> <p>10:00 Catholic Mass Meet for Mass in the 2nd Floor Chapel</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing exercises. 3rd Floor Theater</p> <p>1:00 Pinochle Stop in and play! 3rd Floor Billiard Room</p> <p>1:00 Movie Matinee 3rd Floor Theater Room</p> <p>1:30 Latter Day Saints Church Service We invite you to join us! 2nd Floor Chapel</p> <p>2:00 JEOPARDY Fun trivia for everyone Stimulate your brain! Lobby</p> <p>3:00 <i>Worship in The Word</i> Scripture, singing & praise together 2nd Floor Chapel</p> <p>6:00 TAI CHI Slow controlled upper body movements. Great for coordination and muscle tone 3rd Floor Theater Room</p>	<p>19</p> <p>Medical Transport Day</p> <p>10:00 Stronger Sr Exercises Exercises for EVERYONE Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p>10:00 Seated Yoga Level 1 & 2 Seated exercises 3rd Floor Theater Room</p> <p>1:00 Volunteer Project 2nd Floor Craft Room</p> <p>1:00 Pinochle 3rd Floor Billiard Room</p> <p>1:00  Laurie's Sing Along Sing your hearts out! Laurie works to make each get together unique and fun! Residents that would like to get together to practice & help Laurie with the group singing, see Megan or the front desk Lobby</p> <p>3:00 Happier Hour</p> <p>Hot Apple Cider Stop by for a cocktail and socialize before dinner. Lobby</p> <p>3:00 Bible Figure Lessons Learn more in-depth & apply to your daily life 3rd Floor Theater</p>	<p>20</p> <p>Medical Transport Day</p> <p>9:50 OTAGO Better Balance Exercise Class Exercise Class Strength & balance exercises Large Dining Room</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>12:00 Reading Group for the Sight Impaired Meet in the Private Dining Room to enjoy lunch</p> <p>1:00 Pinochle Stop in and play! 3rd Floor Billiard Room</p> <p>1:00 Shuffleboard 3rd Floor Billiard Room</p> <p>2:00 LARRY ASHBY Sit back & enjoy classic songs with a great guy. Guitar and smooth vocals Lobby</p> <p>3:00 BUNCO Dice Game Just roll with it... Fun dice game for all! 2nd Floor Craft Room</p>	<p>21</p> <p>10:00 Stronger Sr Exercises Exercises for EVERYONE Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>11:00 Men's Lunch Meet in the Private Dining Room to meet peers and enjoy lunch.</p> <p>12:30 Scenic Drive 1hr Join us for a leisurely drive Sign up at the front desk</p> <p>1:00 Practice Pinochle Revisit or learn this game 3rd Floor Billiard Room</p> <p>2:00 Old Time Fiddlers Keeping the music alive with warm, familiar sounds of traditional folk & country. Large Dining Room</p> <p>6:00 Movie Night Check your daily flyer for detailed movie information 3rd Floor Theater Room</p>	<p>22</p> <p>Shopping 8:30-10:00 Walmart 1.5 hr Trip Sign up in the Lobby to ride</p> <p>9:45 OTAGO Better Balance Exercise Class Strength & balance exercises Large Dining Room</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>11:00 Pinochle Stop by and see about playing 3rd Floor Billiard Room</p> <p>1:30 Church with Pastor Al A wonderful Christian service 2nd Floor Chapel Room</p> <p>2:00 Soda Shop Social Hot Chocolate Floats Enjoy Hot Chocolate with a scoop of vanilla ice cream to make the creamiest cocoa! 2nd Floor "Coke" Room</p> <p>3:00 Joyce's Piano Concert Joyful piano In the Lobby before dinner</p>	<p>23</p> <p>10:00-11:00 Musical Memories Listen to songs you haven't heard in forever... 2nd Floor Loft</p> <p>9:45 Stronger Seniors Exercise Exercises for EVERYONE Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>1:00 Volunteer Project Making blankets to donate See how you can get involved 2nd Floor Craft Room</p> <p>1:00 Pinochle 3rd Floor Billiard Room</p> <p>2:00 Ruth Dollar on Piano Enjoy exceptional piano with our amazing friend</p> <p>3:30 Rack'em up Billiards Meet to play before dinner 3rd Floor Billiard Room</p> <p>6:00 Shuffleboard Not ready for the fun to stop? 3rd Floor Billiard Room</p> <p>6:00 TAI CHI Slow controlled upper body movements. Great for coordination and muscle tone 3rd Floor Theater Room</p>	<p>24</p> <p>9:00 Perplexing Puzzlement Grab your puzzle packet from the Front Desk & enjoy</p> <p>10:00 Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>1:00 Pinochle 3rd Floor Billiard Room</p> <p>1:00 Movie Matinee Check your daily flyer for more detailed movie information 3rd Floor Theater Room</p> <p>2:00 Candy Bingo Enjoy all regular BINGO games with mini candy bar prizes 3 winners per game! Large Dining Room</p> <p>3:00 Classical Piano with Richard Lobby</p>

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<p>25</p> <p>10:00 Catholic Mass Meet for Mass in the 2nd Floor Chapel</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>1:00 Pinochle Stop in and play! 3rd Floor Billiard Room</p> <p>1:00 Movie Matinee Check your flyer for movie info 3rd Floor Theater Room</p> <p>1:30 Latter Day Saints Church Service We invite you to join us! 2nd Floor Chapel</p> <p>2:00 Grab & Games With Makaila Meet up to play! Lobby</p> <p>3:00 Worship in The Word Scripture, singing & praise together. 2nd Floor Chapel</p> <p>6:00 TAI CHI Slow controlled upper body movements. Great for coordination and muscle tone. 3rd Floor Theater Room</p>	<p>26</p> <p>Medical Transport Day</p> <p>10:00 Stronger Sr Exercises Exercises for EVERYONE Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>1:00 Volunteer Project Making blankets to donate See how you can get involved 2nd Floor Craft Room</p> <p>1:00 Pinochle Stop in and play! 3rd Floor Billiard Room</p> <p>2:00 \$Nickel\$ Bingo Pay a Nickel each game & a Quarter for the end game Large Dining Room</p> <p>3:00 Happier Hour Hot Chocolate Stop by for jazzed up hot drinks and socialize before dinner. Lobby</p> <p>3:00 Bible Figure Lessons Learn more in-depth & apply to your daily life 3rd Floor Theater</p>	<p>27</p> <p>Medical Transport Day</p> <p>9:50 OTAGO Better Balance Exercise Class Exercise Class Strength & balance exercises Large Dining Room</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>1:00 Pinochle Stop in and play! 3rd Floor Billiard Room</p> <p>1:00 Shuffleboard Learn this game again! Friendly competition together 3rd Floor Billiard Room</p> <p>3:00 BUNCO Dice Game Join us for this fun and easy to learn dice game. Have fun, make friends & win candy! 2nd Floor Craft Room</p>	<p>28</p> <p>9:00 Dollar Store Sign up at the desk to ride with us to shop for about an hour</p> <p>10:00 Stronger Sr Exercises Exercises for EVERYONE Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>1:00 Practice Pinochle Revisit or learn this game 3rd Floor Billiard Room</p> <p>2:00 Resident Birthday Party & Music with Gabe Celebrate all of the birthdays together! Everyone Is invited! Enjoy Live music & cake! Birthday month people spin the prize wheel! Large Dining Room</p> <p>6:00 Movie Night Check your daily flyer for detailed movie information 3rd Floor Theater Room</p>	<p>29</p> <p>Shopping 8:30-10:00 Fred Meyer 1.5 hr Trip Sign up in the Lobby to ride</p> <p>9:45 OTAGO Better Balance Exercise Class Strength & balance exercises Large Dining Room</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>Shopping 12:30 Fred Meyer 1hr Trip Sign up in the Lobby to ride</p> <p>1:00 Pinochle Stop by and see about playing 3rd Floor Billiard Room</p> <p>1:30 Church Service with Pastor Al A wonderful Christian service 2nd Floor Chapel Room</p> <p>2:00 Soda Shop Social Hot Chocolate Floats Enjoy Hot Chocolate with a scoop of vanilla ice cream to make the creamiest cocoa! 2nd Floor "Coke" Room</p>	<p>30</p> <p>10:00-11:00 Musical Memories Listen to songs you haven't heard in forever... 2nd Floor Loft</p> <p>9:45 Stronger Seniors Exercise Exercises for EVERYONE Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p>10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>1:00 Volunteer Project Making blankets to donate See how you can get involved 2nd Floor Craft Room</p> <p>1:00 Pinochle 3rd Floor Billiard Room</p> <p>10:00 White Board Games Just for fun... All kinds of games Lobby</p> <p>6:00 Shuffleboard Not ready for the fun to stop? 3rd Floor Billiard Room</p> <p>6:00 TAI CHI Slow controlled upper body movements. Great for coordination and muscle tone 3rd Floor Theater Room</p>	<p>31</p> <p>9:00 Perplexing Puzzlement Grab your puzzle packet from the Front Desk & enjoy</p> <p>10:00 Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room</p> <p>10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p>1:00 Pinochle Meet up to play! 3rd Floor Billiard Room</p> <p>1:00 Movie Matinee 3rd Floor Theater Room</p> <p>2:00 Candy Bingo Enjoy all regular BINGO games with mini candy bar prizes 3 winners per game! Large Dining Room</p> <p>3:00 Classical Piano with Richard Lobby</p>