

DECEMBER HIGHLIGHTS

HOLIDAY FESTIVITIES



SANTA VISITS



HAPPY "NOON" YEAR'S EVE PARTY



Celebrating...

- 1-1 Lea P
- 1-2 Rose P
- 1-11 Evelyn C
- 1-16 Alice H
- 1-16 Isabelle



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

TWELVE OAKS CONNECT

JANUARY 2026



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Pieces of Time

New Years come and New Years go,
 Pieces of time all in a row.
 As we live our life, each second and minute,
 We know we're privileged to have you in it.
 Our appreciation never ends
 For our greatest blessings: our family and friends.

Happy New Year!
 By Joanna Fuchs

As I get older and continue to listen to the wisdom all around me, I have learned it's the "little things" in life that truly matter. It's the love we share and the memories we make with our family and friend. It's the day-to-day activities, the belly laughs, the reminiscing and celebrations.

So, my New Year's resolution, is to continue to provide you with a calendar that is filled with opportunities to make treasured memories.

This year we will continue with our favorite programming that includes **Dr. Sue** (Tuesday's & Saturdays), **Art for All Ages** (1st Tuesday every other month) and **Drum Therapy with Sundance** (4th Tuesday of the month) to name a few.

New for 2026 is the addition of "Wine Down Wednesday" and "Brew"-tiful Gatherings to help you make those connections with your neighbors.

Wishing everyone a Happy & Healthy 2026 that is filled with lasting memories!

COMMUNITY MANAGEMENT

Joe Whitney
 Executive Director

Deanna Ionvannisci
 Business Office Manager

Artie Romualdo
 Environmental Services Mgr

Jacob Chamberlain
 Culinary Services Manager

Melisa Burnham
 Independent Living Manager

Stefanie Roland-Jones
 Life Enrichment Manager

Heather Laskos
 Marketing Manager

Casey Hess
 Marketing Manager

Resident Care Manager

Tynesia Cobb
 Wellness Coordinator

Priyanka Ghelani
 Wellness Coordinator

ASSOCIATE SPOTLIGHT- TRENTON STOKES

Trenton Stokes is our kind and friendly, Memory Care Afternoon Server. He makes it a point to know what the residents' needs are and helps them.

Trenton was born at Hutzel Hospital in Detroit. He moved around quite a bit in high school and went to Bishop Borgess, Lakeland and graduated from Walled Lake Western High School. There are 5 kids in his family, 3 boys and 2 girls. His sisters live in Arizona.

He has worked in senior communities for most of his life. He started out as a student server at Fox Run. When he was looking for a new job, he knew that Waltonwood would be a great opportunity for him. He has been working at WTO for almost a year.

Trenton enjoys driving around and seeing new places, and meeting new people. He enjoys time with his family. He especially loves to travel. He really loves going to Las Vegas. He has also been to Ohio, Orlando, Miami, Washington D.C. and Chicago. He really wants to go to New York someday. We are so glad to have someone so caring to work with our Memory Care Residents and look forward to Trenton helping them for a long time.



TRANSPORTATION INFORMATION

Good news, we just hired a new bus driver, *Yolanda*. So, please welcome her to our team. It will take her a while to get "up to speed". As soon as she is we look forward to adding outings to our line-up.

DETROIT SYMPHONY ORCHESTRA OUTING



DECEMBER HIGHLIGHTS

3

Thank you to our **Helping Hands Group** who helped prepare all the Holiday Gift Jar Gifts for our Volunteers.

11

Residents enjoyed reminiscing about Christmas as we took a stroll down memory lane during "**Childhood Christmas Toys**" Travelogue Program



6

Hannah is back to kick off our 2026 **Art for All Ages** sponge painting activity. Remember to sign up as space is limited.

13

Today is **National Rubber Ducky** so come choose your Lucky Duck and see whose Duck will win the race.

20

Could there be a better way to celebrate **National Cheese Day** than to participate in the "*Taste & Travel - Cheese Around the World*" program?

29

Drum Circle Music Therapy with Sundance is on Thursday for this month only. Come join in the fun....

15

Residents enjoyed learning about the Festival of Lights, while snacking on latkes and playing the dreidel game during our **Hanukkah Celebration!**

20

You know it's Christmas Time when the **Nutcracker Ballet** Comes to town!



We have before us the glorious opportunity to inject a new dimension of **Love** into the veins of our civilization.

- Martin Luther King Jr.

AwakeFree.com

JANUARY 19TH – MLK DAY

EXECUTIVE DIRECTOR CORNER – Joe Whitney

Wishing everyone has a safe and happy Holiday Season and a Happy, Healthy New Year!

FOREVER FIT – DON'T GO IT ALONE

When we think of exercise, we often think of stronger muscles and healthier bodies. While this is true, when regular exercise is combined in a social capacity the physical benefits may also extend to our cognitive functioning too. Recent data suggests that those who work out at least twice a week with a workout buddy, or in a small group, also lowered their risk of developing cognitive decline versus those who exercised alone. The data also shows that the social engagement boost motivation, improves accountability and creates a greater sense of belonging. So, when you're setting those New Year's resolutions remember a good workout with some great friends may be the best way to stay healthy for years to come