

EVENTS TO SIGN UP FOR AT CONCIERGE

The following are upcoming events to **RSVP** for in the **BLACK** binder.
Sign-Up sheets will be in the book starting the **MORNING** of the
FIRST DAY OF THE MONTH.

January 2nd at 1pm - Outing: Tea and Pastries at Breco Tea

January 6th at 11am - In House: Cards with Crystal

January 8th at 9:30am - Outing: Shopping at Food Lion

January 8th at 11:30am - Outing: Ladies' Lunch at Salt and Lime

January 9th at 1pm - Outing: Shopping at Painted Tree Boutique

January 13th at 11am - In House: Cards with Crystal

January 14th at 10:30am - Outing: LB Nail Salon

January 15th at 9:30am - Outing: Shopping at Harris Teeter

January 15th at 11:30am - Outing: Men's Lunch at El Dorado

January 16th at 11am - In House: Dolly Parton Craft

January 20th at 11am - In House: Cards with Crystal

January 22nd at 9:30am - Outing: Shopping at Food Lion

January 23rd at 9:30am - Outing: Klaystation Pottery Painting

January 27th at 11am - In House: Art with Ali (Watercolors)

January 29th at 9:30 am - Outing: Shopping at Harris Teeter

January 30th at 1pm - Outing: Shopping at Dorcas Ministries

Check your InTouch App or Channel 1340 for information! Please **RETURN** wagons you borrow to the parlor area for others to use. Also, if you borrow a book please **RETURN** the book to the same library you borrowed it from; if you borrowed it from the Trunk Club, please return it there...do not bring it to the 2nd floor Juniper Library.

RESIDENT BIRTHDAYS

Jean S. - Jan 4

Jerry J. - Jan 7

Carolyn M. - Jan 11

Cathy B. - Jan 11

Walter C. - Jan 14

Kermit B. - Jan 18

Char M. - Jan 20

Alta C. - Jan 21

Linda W. - Jan 25



\$3,500 RESIDENTIAL REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FAMILY & FRIENDS REFERRAL PROGRAM!

LAKE BOONE CONNECT

JANUARY 2026



SINGH

3550 Horton St, Raleigh, NC 27607
www.waltonwood.com | 919-569-5444

Happy New Year! Welcome, 2026



January Highlights: New and Special Events

Open Studio: Fridays at 3:30pm in the Hobby Room.

Bring your current project and join friends for creativity and connection!

New Programs: Friday, Jan 9th and Friday, Jan 30th will be group music listening, singing, and discussion at 2pm in the ILT. Friday, Jan 23rd at 1pm, Jennifer will provide a cello performance in the Trunk Club. Jokes with Jennifer will be Wednesday, Jan 21st at 2pm in the Trunk Club. And more!

Dolly Parton Day: All-Day Events on Jan 16th! Don your best western outfit for a day to celebrate Dolly's 80th birthday with crafting at 11am, a fabulous fashion show at 2pm, and a party at 3pm!

Martin Luther King Day: All-Day Events on Jan 19th!

Join us to honor and celebrate MLK's legacy with trivia, a Kindness Council interest meeting to discuss upcoming service projects, and a documentary.

COMMUNITY MANAGEMENT

Cameron Gregory
Executive Director

Jared Dicks
Independent Living Manager

Yvette Evita-Gunter
Business Office Manager

Andre' Vaughn
Environmental Services Manager

Niya Stafford-Hooks
Valencia Smith
Marketing Managers

Jazman Williams
Assisted Living Wellness Coordinator

Rosalind Wilson
Memory Care Wellness Coordinator

Jennifer Noyd
Independent Living Life Enrichment Manager

Molly Holden
Assisted Living Life Enrichment Manager

Taylor Rountree
Memory Care Life Enrichment Manager

ASSOCIATE SPOTLIGHT: Romona Wright

Romona Wright has been a valued member of the Waltonwood family for over three years and truly enjoys every moment of her time here. Her favorite part of her role is interacting with and caring for our Memory Care residents, which she finds especially rewarding. Born and raised in Raleigh, Romona now resides in Cary, NC, and is the proud mother of two children—a daughter and a son. A self-described homebody, she loves relaxing at home while watching classic shows such as The Waltons, The Jeffersons, and The Andy Griffith Show, and she enjoys listening to both gospel and jazz music. Romona shares that Waltonwood feels like home to her, and she deeply appreciates her wonderful supervisors who make coming to work both easy and fun.



DECEMBER HIGHLIGHTS

05

We donated our Christmas gifts to the Children’s Home Society of NC.

17

Santa Andy came to visit us for milk, cookies, and to read us the Night Before Christmas.

18

We hosted our family and friends for a delicious Christmas dinner served by the management team.

31

We celebrated New Year’s Eve with the musical stylings of Vlad Kary!



FOREVER FIT: FOCUS ON FITNESS

Don’t Go It Alone

When we think of exercise, we often think of stronger muscles and healthier bodies. While this is true, when regular exercise is combined in a social capacity the physical benefits may also extend to our cognitive functioning too. Recent data suggests that those who work out at least twice a week with a workout buddy, or in a small group, also lowered their risk of developing cognitive decline versus those who exercised alone. The data also shows that the social engagement boost motivation, improves accountability and creates a greater sense of belonging. So, when you’re setting those New Year’s resolutions remember a good workout with some great friends may be the best way to stay healthy for years to come.

Resident Board Message

Dear Fellow Residents,

The employees of Waltonwood Lake Boone and your Resident Board wish to thank you for your generous contributions to our 2025 employee Holiday Fund. On December 17th, 2025 and the days following (for those unable to attend Waltonwood’s employee holiday party), we were able to distribute bonuses to our hourly employees from **you**, the residents. We also want to thank Waltonwood’s management for their cooperation. The amount the employees received was based on their length of employment as well as full-time, part-time, or contingent status. Thank you so much for your generous donations. You made many employees very happy!

Your Resident Board,
Thomas Buckler (chair), Judy Schmidt, Frank Benedick, Ronald Montaperto, Beth Carmichael, Grace Gilmore, and Doyle Long

JANUARY SPECIAL EVENTS

02

Join us for tea and delicious pastries at Brecotea in Cary.

09

Dr. Amy O’keefe will provide a lecture on the Three Gorges Dam in China.

16

We will celebrate Dolly Parton’s 80th birthday! Wear your best Western outfit and join us for a party and fashion show.

19

Celebrate Martin Luther King day with us with a volunteer interest meeting and documentary!



EXECUTIVE DIRECTOR CORNER

Dear Residents, Families, and Friends,

A new year brings fresh energy, new opportunities, and a renewed commitment to one another and the community we are so proud to serve. January is a time to reflect on what we’ve accomplished together and to look ahead with excitement and purpose. As we step into 2026, I’m inspired by the dedication, compassion, and teamwork I see every day. Let’s use this fresh start to continue strengthening connections, embracing new ideas, and creating meaningful moments for our residents and each other. Thank you for all you do to make our community feel like home—I can’t wait to see what we achieve together this year!