

# The Wellington News

Assisted Living • Respite Care Services

## Upcoming Events:

- Happy New Year
- Live music with Terry on 1/9 at 1:30
- Happy Birthday Elvis 1/8  
Elvis movie marathon

## WISH List

Playing cards, craft supplies, bingo prizes such as candy, individual size snacks, soda- cans, jewelry, hygiene products, fuzzy socks. wash cloths fundraising money for new dining room tables and chairs and to update the library

## Christmas Activity Highlights



## Wellington Place at Biron

1661 South Biron Drive  
Wisconsin Rapids, WI 54494  
715.423.5600  
Brittany Oaksi, Administrator  
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As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.



Wisconsin Illinois  
SENIOR HOUSING INC.

[WellingtonPlaceBiron.org](http://WellingtonPlaceBiron.org)

WE ACCEPT CREDIT CARDS

## Short Term Therapy Success Stories

Congratulations Linda S. on all the progress you have made with physical therapy and your ability to walk!

## Job Openings

Noc shift  
Pm shift

Full time  
Full time

## Activity Highlights

Congratulations Michale on your new baby girl born in December!

## Online Review for Reprint

The rooms are very spacious, the staff I have met are very friendly and helpful, food always smells good and I see lots of joking and fun between staff and residents. -Mary

## Popcorn Fun Facts to Snack On

Popcorn isn't just a tasty treat—it's a snack with a story. Here are some bite-size kernels of trivia to munch on:

Americans enjoy about **13 billion quarts** of popcorn every year, more than any other country!

**Nebraska**, part of the Corn Belt, leads the nation in popcorn production.

**The word “corn” originally meant “grain” in Old English.** When Native Americans introduced maize to early Europeans, they simply called it “corn.”

Popcorn has been around for thousands of years—archaeologists have found kernels over 5,000 years old!

**Popcorn pops because each kernel contains a tiny bit of water.** When heated, the water turns to steam, building pressure until the kernel bursts open. Some kernels even jump as they pop!

**Charles Cretors invented the steam-powered popcorn machine,** revolutionizing the snack world.

Movie theaters popularized popcorn thanks to **Glen W. Dickson, who placed machines inside his theaters**—making it an instant and affordable hit.

Popcorn isn't just for afternoon matinees or cozy movie nights—when enjoyed plain or lightly seasoned, it's a light, fiber-rich snack that can be a healthier option.

From classic butter and kettle corn to chocolate-drizzled, caramel, spicy cheddar, truffle, or even birthday cake flavors, popcorn offers something for every taste.



## Winter Maze Activity

Exercise your brain by guiding the skier through the forest to reach the finish line. Once you've found your way, use markers, crayons, or colored pencils to color and complete the scene.

