

# The Wellington News

## Happy Birthday

*Best wishes to our residents and staff celebrating birthdays this month.*

### Residents

Sharon B.

Keith L.

GiGi N.

*Assisted Living • Respite Care Services*

## Activity Highlights

Residents of Wellington Place participated in the Washington County Festival of Trees Humane Society fundraising event. The tree we decorated with beautiful, homemade beaded ornaments sold for \$200!

We have been fortunate to have had several carolers add to our holiday spirit, and we even attended a production of A Christmas Carol!



## Wellington Place at Hartford

615 Hilldale Drive, Hartford, WI 53027

262.673.3544

Monica Rakowski, Administrator

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As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.

Please call our office.



**Wisconsin Illinois**  
SENIOR HOUSING INC.

[WellingtonPlaceHartford.org](http://WellingtonPlaceHartford.org)

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## Popcorn Fun Facts to Snack On

Popcorn isn't just a tasty treat—it's a snack with a story. Here are some bite-size kernels of trivia to munch on:

Americans enjoy about **13 billion quarts** of popcorn every year, more than any other country!

**Nebraska**, part of the Corn Belt, leads the nation in popcorn production.

**The word “corn” originally meant “grain” in Old English.** When Native Americans introduced maize to early Europeans, they simply called it “corn.”

Popcorn has been around for thousands of years—archaeologists have found kernels over 5,000 years old!

**Popcorn pops because each kernel contains a tiny bit of water.** When heated, the water turns to steam, building pressure until the kernel bursts open. Some kernels even jump as they pop!

**Charles Cretors invented the steam-powered popcorn machine,** revolutionizing the snack world.

Movie theaters popularized popcorn thanks to **Glen W. Dickson, who placed machines inside his theaters**—making it an instant and affordable hit.

Popcorn isn't just for afternoon matinees or cozy movie nights—when enjoyed plain or lightly seasoned, it's a **light, fiber-rich snack that can be a healthier option.**

From classic butter and kettle corn to chocolate-drizzled, caramel, spicy cheddar, truffle, or even birthday cake flavors, popcorn offers something for every taste.



## Winter Maze Activity

Exercise your brain by guiding the skier through the forest to reach the finish line. Once you've found your way, use markers, crayons, or colored pencils to color and complete the scene.

