

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>Transportation: APPT. Day 1</b> 8:00 <b>137<sup>th</sup> Rose Parade</b> 9:30 Cardio/Strength Fitness 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 6:15 Mexican Train 6:30 Resident Run Card Games New Year's Day	<b>2</b> 9:30 SAIL Fitness 10:15 Bible Study 10:30 Aqua Activities <b>11:00 Harbor City Restaurant</b> 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Bingo 6:15 Triominos 7:00 Movie Night	<b>3</b> 9:30 Exercise <b>10:00 Walmart, Lacey</b> 10:30 Board Games 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Bingo 3:00 Cribbage 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Movie Night <b>7:00 Bar Trivia Night w/Steve D</b>
<b>4</b> 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing <b>12:00 McChord BX/Commissary</b> 12:15 Chair Yoga 1:00 Sit & Fit 2:00 Bingo 5:30 Larry Barry Sing-along 6:15 Triominos 7:00 Movie Night	<b>Transportation: APPT. Day 5</b> 9:30 SAIL Fitness 10:30 Aqua Activities 12:00 Learn UNO for NYE 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) <b>2:00 Brain Fitness</b> 6:15 Mexican Train	<b>Transportation: APPT. Day 6</b> 9:30 Cardio/Strength Fitness 10:30 Playing 8-ball & Darts 10:30 Dance Moves Lesson 11:00 Tech Help for Phones 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Bingo 6:15 Triominos 7:00 Movie Night	<b>7</b> 9:30 SAIL Fitness <b>10:00 Red Wind Casino</b> 10:30 Aqua Activities 10:30 Catholic Prayer Service 11:00 Communion 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 1:00 Pinochle 3:00 Needle Group 5:30 Larry Barry Sing-along 6:30 Cribbage	<b>Transportation: APPT. Day 8</b> 9:30 Cardio/Strength Fitness 10:30 Games in Bar/Bistro 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) <b>2:00 Jeopardy</b> 6:15 Mexican Train 6:30 Resident Run Card Games	<b>9</b> 9:30 SAIL Fitness 10:30 Aqua Activities 10:15 Bible Study <b>10:00 Target/Kohl's/Trader Joes Lacey</b> 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Bingo <b>3:15 We Care Support Group</b> 6:15 Triominos 7:00 Movie Night	<b>10</b> 9:30 Exercise <b>10:00 Olympic Air Museum, Olympia</b> 10:30 Wii Bowling 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Bingo 3:00 Cribbage 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Movie Night
<b>11</b> 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing <b>12:00 Ft Lewis PX/Commissary</b> 12:15 Chair Yoga 1:00 Sit & Fit 2:00 Bingo 5:30 Larry Barry Sing-along 6:15 Triominos 7:00 Movie Night	<b>Transportation: APPT. Day 12</b> 9:30 SAIL Fitness 10:30 Aqua Activities 12:00 Learn UNO for NYE 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) <b>1:45 Bean Bag Toss</b> <b>3:00 Ron Rosenbloom Wine Social</b> 6:15 Mexican Train	<b>Transportation: APPT. Day 13</b> 9:30 Cardio/Strength Fitness 10:30 Playing 8-ball & Darts 10:30 Dance Moves Lesson 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Bingo 6:15 Triominos 7:00 Movie Night	<b>14</b> 9:30 SAIL Fitness <b>10:00 Fred Meyer, Lakewood</b> 10:30 Aqua Activities 10:30 Catholic Prayer Service 11:00 Communion 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 1:00 Pinochle <b>1:45 St Frances Cabrini 3<sup>rd</sup> Grade Singing &amp; Games</b> 3:00 Needle Group 5:30 Larry Barry Sing-along 6:30 Cribbage 6:30 Bingo	<b>Transportation: APPT. Day 15</b> 9:30 Cardio/Strength Fitness 10:30 Games in Bistro 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) <b>2:00 Craft Corner</b> 6:15 Mexican Train 6:30 Resident Run Card Games <b>7:00 History Stories w/Steve D AROWs</b>	<b>16</b> 9:30 SAIL Fitness 10:15 Bible Study 10:30 Aqua Activities <b>11:00 Muckleshoot Bingo</b> 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Bingo <b>3:30 Storytime (Larry Barry)</b> 6:15 Triominos <i>(All-Staff Holiday Party)</i>	<b>17</b> 9:30 Exercise 10:30 Wii Bowling 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) <b>1:00 DuPont Historical Museum</b> 2:00 Bingo 3:00 Cribbage 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Movie Night
<b>18</b> 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing <b>12:00 McChord BX/Commissary</b> 12:15 Chair Yoga 1:00 Sit & Fit 2:00 Bingo 5:30 Larry Barry Sing-along 6:15 Triominos 7:00 Movie Night MOAA	<b>Transportation: APPT. Day 19</b> 9:30 SAIL Fitness 10:30 Aqua Activities 10:30 Camping w/Sasquatch 12:00 Learn UNO for NYE 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) <b>2:00 Songbirds</b> 3:15 Bar Bingo 6:15 Mexican Train Martin Luther King Jr. Day	<b>Transportation: APPT. Day 20</b> 9:30 Cardio/Strength Fitness <b>10:00-10:30 ACU Resident Banking</b> 10:30 Play UNO – Prep for NYE 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Bingo 6:15 Triominos 7:00 Movie Night	<b>21</b> 9:30 SAIL Fitness <b>10:00 Lakewood Towne Center</b> 10:30 Aqua Activities <b>10:30 Catholic Prayer Service (Location Change 2<sup>nd</sup> floor)</b> <b>12:15 Sit &amp; Fit (Location change)</b> <b>1:00 Sit &amp; Fit (Location change)</b> 3:00 Needle Group 5:30 Larry Barry Sing-along 6:30 Cribbage 6:30 Bingo	<b>Transportation: APPT. Day 22</b> 9:30 Cardio/Strength Fitness 10:30 Games in Bistro 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) <b>2:00 Jeopardy</b> 6:15 Mexican Train 6:30 Resident Run Card Games	<b>23</b> 9:30 SAIL Fitness 10:15 Bible Study 10:30 Aqua Activities <b>11:00 Harbor Lights, Ruston Way</b> 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Bingo 6:15 Triominos 7:00 Movie Night	<b>24</b> 9:30 Exercise <b>10:00 IKEA Shop &amp; Lunch</b> 10:30 Wii Bowling 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Bingo 3:00 Cribbage 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Movie Night
<b>25</b> 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing <b>12:00 Ft Lewis PX/Commissary</b> 12:15 Chair Yoga 1:00 Sit & Fit 2:00 Bingo 5:30 Larry Barry Sing-along 6:15 Triominos 7:00 Movie Night	<b>Transportation: APPT. Day 26</b> 9:30 SAIL Fitness 10:30 Camping w/Sasquatch 10:30 Aqua Activities 12:00 Learn UNO for NYE 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) <b>2:00 Songbirds</b> 6:15 Mexican Train VFW Australia Day (Observed)	<b>Transportation: APPT. Day 27</b> 9:30 Cardio/Strength Fitness <b>10:00 Patriots Landing Book Club</b> 10:30 Playing 8-ball & Darts 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Bingo 6:15 Triominos 7:00 Movie Night	<b>28</b> 9:30 SAIL Fitness <b>10:00 Tacoma Mall</b> 10:30 Aqua Activities 10:30 Catholic Prayer Service 11:00 Mass 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 1:00 Pinochle <b>2:00 Town Hall</b> 3:00 Needle Group 5:30 Larry Barry Sing-along 6:30 Cribbage 6:30 Bingo	<b>Transportation: APPT. Day 29</b> 9:30 Cardio/Strength Fitness 10:30 Games in Bistro 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) <b>2:00 Resident Birthday Party Music by Charlie Cardinal</b> 6:15 Mexican Train 6:30 Resident Run Card Games	<b>30</b> 9:30 SAIL Fitness <b>10:00 McChord BX/Commissary</b> 10:15 Bible Study 10:30 Aqua Activities 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Bingo 6:15 Triominos 7:00 Movie Night	<b>31</b> 9:30 Exercise <b>10:00 The Hive, DuPont</b> 10:30 Wii Bowling 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Bingo 3:00 Cribbage 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Movie Night