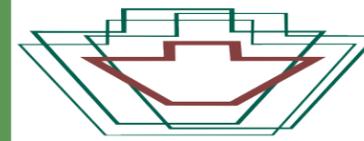




INTERIM MEMORY CARE JANUARY 2026



**Keystone
Commons**
A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Monthly Theme</p>	<p>Room Key 2A- 2nd Floor Activity Room 3A-3rd Floor Activity Room L- Library FR- Fireside Room ILD- Il Dining Room C- Courtyard T- Theater PR- Piano Room FL- Front Lobby</p>	<p>Code Key P- Physical E- Emotional C- Cognitive M- Meditation/Yoga/Tai Chi MT- Music Therapy AT- Art Therapy/Crafts MS- Multi-Sensory T- Task Oriented S- Social R- Religious PT- Pet Therapy</p>	<p>Monthly Birthdays 1/8- Emmy Mazzaferro 1/13- Sophie Gazda "103" 1/16- Shirley Nichols 1/18- Josephine Carter 1/21- Raymond Provost 1/22- Patricia Young 1/27- George Demers 1/31- Louise Sedelow "90"</p>	<p>HAPPY NEW YEAR</p>	<p style="text-align: center;">2</p> <p>9:30- Smile Club-(MS) 10:30-Adaptive Boxing-(P)-3A 12:30- Rosary-(R) 1pm- Easy Card Games-(S) 2pm- Exercise w/ Sarah-(P) 3pm- Winter A to Z Game-(C) 5pm- Walking Club-(P)</p>	<p style="text-align: center;">3</p> <p>9:30- Coffee Chat-2A 10:30- Caden Performs Piano- 1st Floor Piano Room 2pm- Honky Tonk Piano Man-3A</p>
<p style="text-align: center;">4</p> <p>10:30- Mass on TV-2A-(R) 1:30- Exercise-2A-(P) 2:30- Popcorn Club-FR-(S)</p> <p style="text-align: center;"><i>Day of Rest and Face Timing With families</i></p>	<p style="text-align: center;">5</p> <p>9:30- Fitness Dice- (P) 10:00- Communion w/ Deacon Keith- ILD-(R) 10:30- Music Therapy w/ Rusty-C-(MT) 1pm- Yahtzee-(S) 2pm- Winter Wonderland Button Project-(AT)-C 3pm- Manicures-(T) 5pm- Travel Video-(E)</p>	<p style="text-align: center;">6</p> <p>9:30- Easy Stretching-(P) 10:30- My Favorite Things Collage w/ Cottage-(E) 1pm- Wii Bowling Cheerleaders-T-(S) 2pm- Mike and Dan Performs-3A-(S) 3:15pm-Holistic Helpers- Making Winter Wonderland Snack Mix-(T) 5pm- Meditation & Moisturizing Hand Massage-(E)-FR</p>	<p style="text-align: center;">7</p> <p>9:30- Coffee Talk-(C) 10:30- Meditation w/ Rob-3A-(P) 12:30- Rosary-T) 1pm- Music Therapy w/ Sarah the Fiddler-(MT) 2pm-Making Stand-up snow globes 5pm- Puzzle Time-(T)</p>	<p style="text-align: center;">8</p> <p>9:30- Concentration Puzzles-(C) 10:30- Reborns w/ Reason-(E)-C 11:30- Monthly Birthday Luncheon-Pub-(S) 1pm- Exercise w/ Sue-3A 2pm- Exercise-FR- (P) 3:15pm- Popcorn Club and Happy Hour- Theater 5pm- Talk and Toss-(P)</p>	<p style="text-align: center;">9</p> <p>9:30- Smile Club-(MS) 10:00- Artsong w/Amy-(AT) 12:30- Rosary- (R) 1pm- Easy Card Games-(S) 2pm- Exercise w/ Sarah-(P)-FR 3:15pm-LIVE at No Borders Music Festival · Full Concert · LUKA SULIC ft. Evgeny Genchev-Happy Hour-3A 5pm- Peaceful Scenes and massage- (MS)-FR</p>	<p style="text-align: center;">10</p> <p>9:30- Coffee Chat-2A 10:30- Dime Bingo-pub 1pm- Special Showing of Sound of Music-FR</p>
<p style="text-align: center;">11</p> <p>10:30- Mass on TV-2A-(R) 1:30- Exercise-2A-(P) 2:30- Popcorn Club-FR-(S)</p> <p style="text-align: center;"><i>Day of Rest and Face Timing With families</i></p>	<p style="text-align: center;">12</p> <p>9:30- Fitness Dice-(P) 10:00- Communion w/ Deacon Keith- ILD-(R) 10:30- Music Therapy w/ Rusty-C-(MT) 1pm- Visiting the Library-(E) 2pm Dave Colucci Performs-3A-(S) 3pm- Manicures-(E) 5pm- Travel Video-(E)</p>	<p style="text-align: center;">13</p> <p>9:30-Coffee Chat w/ Friends-2A 10:00- Coffee House-3A 10:30- T-Bone Performs-3A 1pm- Divine Discussion w/ Judy and Laurie-Theater 2pm- Wii Bowling Cheerleaders- T 2pm- Line Dancing-2A 3:15- Holistic Helpers Making DONUT SNOWMAN ON A STICK-(T) 5pm-Relaxing Meditation and Hand Massage-(E)-FR</p>	<p style="text-align: center;">14</p> <p>9:30- Trivia & Coffee Chat-(C) 10:00- African Drumming w/ Tara- IL Dining Room-Pathfinder Students Joining us 12:30- Rosary-T 1:30- Mark Performs from Berkshire- 3A-(S) 2:30-Making Snow man mood cups- (AT) 5pm- Puzzle Time-(T)</p>	<p style="text-align: center;">15 Activity Professional Day</p> <p>9:30- Concentration Puzzles-(C) 10:30- Prize Bingo-(S) 11-2pm- Activity Staff will be celebrating off Campus 1pm- Exercise w/ Sue-3A 3:15pm- Popcorn Club and Happy Hour- Theater 5pm- Talk and Toss-(P)</p>	<p style="text-align: center;">16</p> <p>9:30- Smile Club-(MS) 10:30-Adaptive Boxing-(P)-3A 12:30- Rosary-(R) 1pm- Easy Card Games-(C) 2pm- Exercise w/ Sarah-(P)-2A 3pm- Chicken Soup for the Soul- (E) 5pm- Walking Club-(P)</p>	<p style="text-align: center;">17</p> <p>9:30-Coffee Chat-2A 10:30- Bingo for Prizes- Pub 1pm- One on Ones 2pm- Popcorn Club- Theater</p>
<p style="text-align: center;">18</p> <p>10:30- Mass on TV-2A-(R) 1:30- Exercise-2A-(P) 2:30- Popcorn Club-FR-(S)</p> <p style="text-align: center;"><i>Day of Rest and Face Timing With families</i></p>	<p style="text-align: center;">19 Martin Luther King Day</p> <p>9:30- Making Muffins-(MS) 10:00- Communion w/Deacon Keith - ILD -(R) 10:30- Music Therapy w/Rusty-C-(MT) 1pm- Manicures-(E) 2pm- Recording our version of Favorite things-3A 3:30- Artsong w/ Amy-(AT) 5pm- Travel Video-(E)</p>	<p style="text-align: center;">20</p> <p>9:30- Coffee Chat w/ Friends-2A 10:30- Bob Michaelson Presents endangered Tern-3A 2pm- Wii Bowling Cheerleaders-T 3pm- Holistic Helpers making- Chewy snowball cookies-(T) 5pm- Relaxing Meditation and Evergreen Hand Massages-(E)</p>	<p style="text-align: center;">21</p> <p>9:30- Trivia & Coffee Chat-(C) 10:30- Men's Group w/ George- Donuts and Coffee-(S)-Pub 12:30- Rosary-(R) 1pm- You be the Judge-(E) 2pm- Cookies and Movie-FR -5pm- Puzzle Time-(T)</p>	<p style="text-align: center;">22</p> <p>9:30- Concentration Puzzles-(C) 10:30- Julie Andrews Trivia-(C) 12:30pm- Celebrating Julie Andrews- Theater 1pm- Exercise w/ Sue-(P)-3A 2pm-Steve the Duo Performs-3A 3:15pm- Popcorn Club and Happy Hour- Theater 5pm- Talk and Toss-(P)</p>	<p style="text-align: center;">23</p> <p>9:30- Smile Club-(MS) 10:30- Comedy Corner-FR 11:30- Lunch Outing to Jakes 12:30- Rosary-(R) 1pm- Easy Card Games-(C) 2pm-Exercise w/ Sarah-(P) 4pm- A evening with Kristina Von Trapp via Youtube- Happy Hour 4:30- Austrian Dinner 5pm- Walking Club-(P)</p>	<p style="text-align: center;">24</p> <p>9:30- Coffee Chat-2A 10:30- Dime Bingo-Pub 1pm- One on One's 2pm- Old Country Road performs</p>
<p style="text-align: center;">25</p> <p>10:30- Mass on TV-2A-(R) 1:30- Exercise-2A-(P) 2:30- Popcorn Club-FR-(S)</p> <p style="text-align: center;"><i>Day of Rest and Face Timing With families</i></p>	<p style="text-align: center;">26</p> <p>9:30- Fitness Dice- (P) 10:00- Communion w/ Deacon Keith- ILD-(R) 10:30- Music Therapy w/ Rusty-C-(MT) 1pm-Scenic Ride Outing 2pm- Resident Council Meeting-(S) 3pm- Manicures-(E) 5pm- Travel Video-(E)</p>	<p style="text-align: center;">27</p> <p>9:30- Coffee & Chat with friends 10:30- Chef' Club Vienna Schnitzel 1pm- Divine Discussion w/ Judy and Laurie-Theater 2pm- Tony Fazio Performs-3A 3pm- Holistic Helpers making- Snowflake Rice Krispy Treats 5pm- Relaxing Meditation and Hand Massage-(E)-FR</p>	<p style="text-align: center;">28</p> <p>9:30- Trivia and Coffee Chat-(C) 10:30- Adult Coloring 12:30- Rosary-(R) 1pm- Read Aloud Stories-(E) 2pm- Pet Visits w/ Abby-(PT)-FR 3pm- Winter Fun Facts-(E) 5pm- Puzzle Time-(T)</p>	<p style="text-align: center;">29</p> <p>9:30- Concentration Puzzles-(C) 10:30-Uno- FR 1pm- Painting Ceramics-(AT) 1pm- Exercise w/ Sue-(P)-3A 2pm- Yodeler, Roger Tincknell Performs-3A-(S) 3:15pm- Popcorn Club and Happy Hour- Theater 5pm- Talk and Toss-(P)</p>	<p style="text-align: center;">30</p> <p>9:30- Smile Club-(MS) 10:30- Piano W/ Bill Henry- 1st Floor Piano Room 12:30- Rosary-(R) 1pm- Easy Card Games-(C) 2pm-Exercise w/ Sarah-(P) 3pm- Chicken Soup for the Soul 5pm- Walking Club-(P)</p>	<p style="text-align: center;">31</p> <p>9:30-Coffee Chat-2A 10:30- Bingo for Prizes- Pub 1pm- One on Ones 2pm- Popcorn Club- Theater</p>