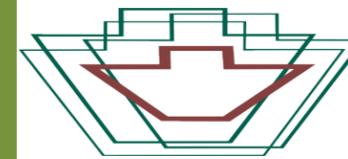




ASSISTED LIVING JANUARY 2026



**Keystone
Commons**
A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Monthly Theme</p> 	<p>We want to incorporate your most favorite things with our tree decorating this month. Please bring a small favorite thing to activities- we will label with your name and hang on our tree. Let us cover our tree in our most favorite things!!!!</p> 	<p>Monthly Birthdays 1/8- Emmy Mazzaferro 1/13- Sophie Gazda "103" 1/16- Shirley Nichols 1/18- Josephine Carter 1/21- Raymond Provost 1/22- Patricia Young 1/27- George Demers 1/31- Louise Sedelow "90"</p>		<p>1 HAPPY NEW YEAR</p>	<p>2 9:30- Coffee and Chronicles-3A 10:30- Adaptive Boxing-3A 12:30- Rosary- Theater 1pm- Food Meeting-Pub 1pm- Wii Bowling-Theater 2:15pm- Pokeno-3A 3pm-Sequence- Billiards Room 6:45- Crazy 8's- Billiards</p>	<p>3 9:30- Coffee Chat-2A 10:30- Caden Performs Piano- 1st Floor Piano Room 1pm- Easy Craft w/ Brownie 2pm- Honky Tonk Piano Man</p>
<p>4 Mass at St Elizabeth's 2pm- Rummikub-Billiards</p>	<p>5 9:30- Shopping in Chicopee 10:00- Communion w/Keith Theater 12:30- Rosary-Theater 1:30pm-The Von Trapp Family Documentary-Theater 3:15- Wii Bowling- Theater 3:15- Canasta Billiards Room 6:45- Quarter Bingo with Harriet-Pub</p>	<p>6 9:30- Comedy and Coffee- Theater 10:00- Blood Pressure Clinic-Pub 10:30- Massage and Meditation w/ Amy and Lynn-3A 1pm- Wii Bowling- Theater 2pm- Mike and Dan Performs-3A 3:15- Blackjack Gold- Free to Play- \$25.00 Pot 6:45- Rummikub- Billiards</p>	<p>7 9:30- Hubbard Coffee Chat and Dani's Magical Sourdough -3A 10:30- Meditation w/ Rob-3A 12:30- Rosary-T 2pm- Wii Bowling- Theater 3:30pm- Dime Bingo-3A 6:45- Rummikub-Billiards</p>	<p>8 9:30- Around the World Breakfast Club 10:30- Double Card Bingo 2.50 to play- 3A 11:30- Monthly Birthday Luncheon 1pm- Exercise w/ Sue-3A 2pm- The Sound of Music - Fact to Phenomenom-3A 3pm- Happy Hour and Popcorn Club- Theater 3:15- Jeopardy for Amateurs- Sound of Music-3A 6:45- Kings in the Corner- Billiards</p>	<p>9 9:30- Coffee and Chronicles-3A 10:30- Drumming Class-3A 11:30- Outing to Olive Garden 12:30- Rosary- Theater 1pm- Wii Bowling-Theater 2:15pm- Pokeno-Pub 3:15-LIVE at No Borders Music Festival · Full Concert · LUKA SULIC ft. Evgeny Genchev- FR Happy Hour-3A 6:45- Crazy 8's- Billiards</p>	<p>10 9:30- Coffee Chat-2A 10:30- Dime Bingo-Pub 1pm- Special Showing of the Sound of Music- Theater</p>
<p>11 Mass at St Elizabeth's 2pm- Rummikub-Billiards</p>	<p>12 9:30- Shopping in Ludlow 10:00- Communion w/ Keith Theater 10:30- Mystery Card Game-Billiards 12:30- Rosary-T 1pm- Writing Just Cuz-Pub Writing Our Version of Favorite things 2pm- Dave Colucci Performs-3A 3:15- Wii Bowling Theater 3:15- Canasta-Billiards Room 6:45- Quarter Bingo w/ Laurie and Judy- Pub</p>	<p>13 9:30- Topic Talks-3A 10:00- Blood Pressure Clinic- Pub 10:00- Coffee House-3A 10:30- T-Bone Performs-3A 1pm- Divine Discussion w/ Judy and Laurie-Theater 2pm- Wii Bowling- Theater 2pm- Line Dancing-2A 3:30- Blackjack-Dollar Buy-in 6:45- Rummikub- Billiards</p>	<p>14 9:30- Hubbard Coffee Chat Share your wedding photo-T 10:00- African Drumming w/ Tara-IL Dining Room-Pathfinder Students Joining us 12:30- Rosary-T 1:30- Mark Performs from Berkshire 2pm- Wii Bowling- Theater 3pm- Dime Bingo-3A 6:45- Rummikub-Billiards</p>	<p>15 Activity Professional Day 9:30- Coffee Chat and Chronicles 10:30-Julie Andrews sings her favorite songs- Theater 11-2pm- Activity Staff will be celebrating off Campus 1pm- Exercise w/Sue-3A 3pm- Happy Hour and Popcorn Club- Theater 3:15- Jeopardy for Amateurs-3A 6:45- Kings in the Corner-Billiards</p>	<p>16 9:30- Coffee and Chronicles-3A 10:30-Adaptive Boxing-3A 12:30- Rosary-T 1pm- Wii Bowling-Theater 3:15- Pokeno-3A 6:45- Nachos Loco- Billiards</p>	<p>17 9:30-Coffee Chat-2A 10:30- Bingo for Prizes-Pub 1pm- One on Ones 2pm- Popcorn Club-Theater</p>
<p>18 Mass at St Elizabeth's 2pm- Rummikub-Billiards</p>	<p>19 Martin Luther King Day 9:30- Shopping in Chicopee 10:00- Communion w/ Keith Theater 10:30- Rehersal Of Favorite Things 12:30- Rosary-T 2pm- Recording our version of Favorite things-3A 3:15- Canasta- Billiards Room 3:15- Wii Bowling-Theater 6:45- Quarter Bingo w/ Denise</p>	<p>20 9:30- Topic Talks-3A 10:00- Blood Pressure Clinic- Pub 10:30- Bob Michaelson Presents endangered Terns-3A 1pm- Apple Strudel Social- Pub Sign up with Activities 2pm- Wii Bowling- Theater 2pm- Painting Class-3A 3:15- Blackjack- Dollar Buy-in-3A 6:45- Rummikub- Billiards</p>	<p>21 9:30- Hubbard Coffee Chat- Share a school age photo-T 10:30- Men's Group w/ George-Pub Donuts and Coffee 11:00- Bus Leaves to Make lunch for Ronald McDonald House 12:30- Rosary-T 2pm- Wii Bowling- Theater 3:30- Ladder Bingo-3A 6:45- Rummikub-Billiards</p>	<p>22- Massage Therapist 1-4 9:30- Coffee Chat and Chronicles-3A 10:30- Painting Edelweiss-Stained glass-3A 12:30pm- Celebrating Julie Andrews- Theater 1pm- Exercise w/ Sue-3A 2pm-Steve the Duo Performs-3A 3pm- Caretenders Presents-3A 3:15- Giant Crossword Puzzle-3A 6:45- Kings in the Corner-Billiards</p>	<p>23 9:30- Coffee and Chronicles-3A 10:30- Book Club Breakfast- Pub 12:30- Rosary-T 1pm- Wii Bowling for newbies-T 2pm Pokeno-3A 3pm- Sequence- Billiards Room 4pm- A evening with Kristina Von Trapp via Youtube- Happy Hour followed by an Austrian Dinner in the Dining Room 6:45- Crazy 8's- Billiards</p>	<p>24 9:30- Coffee Chat-2A 10:30- Dime Bingo-Pub 1pm- One on One's 2pm- Old Country Road performs 3:15- Newsletter Committee Meets- Pub</p>
<p>25 Mass at St Elizabeth's 2pm- Rummikub-Billiards</p>	<p>26 9:30- Shopping in Ludlow 10:00- Communion w/ Keith Theater 10:45- Resident Council Meeting-3A 12:30- Rosary-Theater 2pm- Corn hole-3A 3:15- Wii Bowling-Theater 3:15- Canasta- Billiards Room 6:45- Quarter Bingo w/ Laurie and Judy-Pub</p>	<p>27 9:30- Topic Talks-3A 10:00- Blood Pressure Clinic-Pub 10:30- Chef Club Vienna Schnitzel 1pm- Divine Discussion w/ Judy and Laurie-Theater 2pm- Tony Fazio Performs-3A 2pm- Wii Bowling- Theater 3:15- Nickels- 2.00 buy-in-3A 6:45- Rummikub- Billiards</p>	<p>28 Movie Trip TBA 9:30- Hubbard Coffee Chat- Share of favorite Travel Photo-T 10:30-Wii Trivia- Theater 12:30- Rosary-T 2pm- Wii Bowling- Theater 6:45- Rummikub- Billiards</p>	<p>29 9:30- Coffee Chat and Chronicles-3A 10:30-Sharing our Favorite things-3A 1pm- The Sound of Music- Fact to Phenomenon- 3A 1pm- Exercise w/ Sue-3A 2pm-Yodeler, Roger Tincknell Performs-3A 3pm- Happy Hour/Popcorn Club-T 6:45- Kings in the Corner-Billiards</p>	<p>30 9:30- Coffee and Chronicles-3A 10:30- Piano W/ Bill Henry- 1st Floor Piano Room 12:30- Rosary-T 1pm- Wii Bowling for newbies-T 2pm Pokeno-3A 3pm- Sequence- Billiards Room 6:45- Crazy 8's- Billiards</p>	<p>31 9:30-Coffee Chat-2A 10:30- Bingo for Prizes-Pub 1pm- One on Ones 2pm- Popcorn Club-Theater</p>