## Happy Birthday to You

### Celebrating

12/01 Don F.

12/01 Marcia M.
12/04 Barbara C.
12/16 Marlene W.
12/22 Annette W.
12/22 Ann C.
12/25 Joan B.
12/29 Sylvia G.
12/29 Gloria J.

Wishing you all a wonderful birthday!!

FRIENDS & FAMILY REFERRAL PROGRAM

#### November Recap











# \$3,500 RESIDENT REFERRAL BONUS Limited Time Only!

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

### **Twelve Oaks Connect**

DECEMBER 2025

27475 Huron Circle, Novi, MI 48377 www.waltonwood.com | 248-735-1500 Facebook: /WaltonwoodTwelveOaks



Holiday Buffet
Wednesday | December 17<sup>th</sup>, 2025

You are invited to our Independent Living Thanksgiving Celebration!

Residents & Guests Welcome. Guest charge is \$25 per person.

Seating times by reservations only.

4:00pm

6:00pm

Please RSVP by Friday, December 12th, 2025

Call (248) 735- 1500 for reservations



Redefining Retirement Living\*
SINGH

## COMMUNITY MANAGEMENT

Joe Whitney
Executive Director

Deanna Hite

Business Office Manager

Jacob Chamberlain
Culinary Services Manager

Heather Laskos Marketing Manager

Casey Hess
Marketing Manager

Priyanka Ghelani Wellness Coordinator

Tynesha Cobb
Wellness Coordinator

Basma Jirjis

Life Enrichment Manager (IL)

Alecia Greenberg
Life Enrichment Manager (MC)

Stefanie Jones Life Enrichment Manager (AL)

**Rob Davis** 

Resident Services Manager

**Melisa Burnham** 

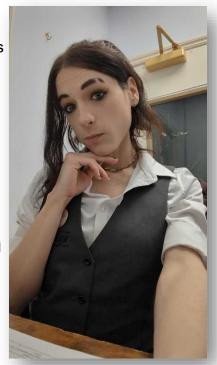
Independent Living Manager

Alli Smith is our caring, always helpful Dining Room Supervisor. She has been working at WTO for almost a year. When Alli moved back to the area, she wanted to go back to work at a place that felt familiar, as she has worked in Senior Living, specifically the kitchen. Alli loves working with the residents.

Alli loves helping and caring for people with higher needs. She is a Certified Life Coach for adults with higher needs. She helps guide them in and out of the workplace. Ally understands the patience and compassion that is required to help people.

Alli's hobbies are playing the bass guitar, skateboarding, hiking, painting and she loves to cook. She just learned how to make pizza, and is very excited about that.

We look forward to having Alli grow in her role for many years to come.

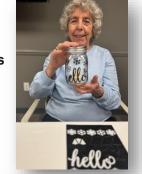


#### NOVEMBER HIGHLIGHTS

Emma visited with a wintery candle in jar craft!

**04** Fall Time Cider & Donuts

Good times were shared over fresh cider & donuts from long family orchard & farm





Our residents & guests enjoyed a delicious luncheon while getting to know each other!

Veterans Day Luncheon 18 Friendsgiving Tea

Good times, warm tea & great friends- The perfect friendsgiving





#### FOREVER FIT/WELLNESS

#### Morning Meditation

The holidays are a wonderful time of the year filled with friends, family, parties and gatherings. It's also some of the more stressful week on the calendar filled with schedule changes and obligations that pull you from your current routine and into a space that can feel somewhat overwhelming. So, take this a gentle reminder that the holiday stress is normal and OK, in fact use this opportunity to acknowledge it and find positive ways to work through it. How we manage this stress will directly impacts how our bodies and minds feel in the weeks to come. This December try adding a morning meditation to your daily routine. Each morning take some quiet time for yourself to slow the body, calm the mind and allow yourself to connect with how you feel. It could be something as simple as a 5-minute gratitude meditation giving thanks for what you have in your life or something longer like a 10-mintute body scan allowing yourself to acknowledge how you physically feel today. No matter the time or type this daily practice of mindfulness is the perfect was to guiet the stress and connect to the world around you.

Please keep in mind that all scheduled activities are subject to change depending on the current situation. Things may be added or removed. Please look for updates on the screen and on the white board by the dining room.

> Please pay attention to the calendar for December, there are some changes to activities & outings due to the training process for the new driver!

#### We have transportation for medical appointments on Thursdays only!

Requests are required at least 2 weeks in advance and are scheduled based on availability. Please keep in mind that we may be up to 15 minutes early or late depending on traffic and other resident appointments.

#### **DECEMBER SPECIAL EVENTS**

**02** Home for the Holidays

**Troops Card Writing Station!** 

05 Frankenmuth

A Trip to Frankenmuth & Bronners to kick off the holiday season!

**09** In the Kitchen: Demo by Chef lan **Cranberry Cream Cheese Pastry** 

**Personalized Holiday Ornament** painting while enjoying a glass of wine!



#### **EXECUTIVE DIRECTOR CORNER**

As we enter the Holiday Season and through the end of the year I wanted to reflect and thank everyone for making 2025 a great year at Waltonwood. There is still work that needs to be done, but the continued success of the community can not be accomplished without the staff, residents and family members. It really takes each and everyone of us to build a strong and vibrant community. Waltonwood is becoming a place where residents can enjoy each other and live with happiness and purpose. I hope everyone has a safe and happy Holiday season.

- Joe Whitney