

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



10am- Trivia- CR 7
10:30am- Rosary Prayer w/
Michael- T
1pm- Line Dancing Class- BT
1:30pm- Bingo w/ Alexa- B
2:45pm- Bean Bag Baseball- B
5:45pm- Cozy Cinema Time- T

2pm- Needlework-L
5:45pm- Cue the
Popcorn!-PD

10am- Trivia: Holiday Edition-8
CR
10:30am- Rosary Prayer w/
Michael- T
1pm- Line Dancing Class- BT
1:30pm- Bingo w/ Alexa- B
2:45pm- Bean Bag Baseball- B
5:45pm- Cozy Cinema Time- T

2pm- Needlework- L
5:45pm- Cue the
Popcorn!-PD

10am- Hot Cocoa Social- DR 15
10:30am- Rosary Prayer w/
Michael- T
10:30am- Meeting: The Store by
Residents- B
1pm- Line Dancing Class- BT
1:30pm- Bingo w/ Alexa- B
2:45pm- Bean Bag Baseball- B
5:45pm- Cozy Cinema Time- T

2pm- Needlework- L
5:45pm- Cue the
Popcorn!-PD

10am- Trivia- CR 22
10:30am- Rosary Prayer w/ Michael- T
1pm- Line Dancing Class- BT
1:30pm- Bingo w/ Alexa- B
2:45pm- Bean Bag Baseball- B
5:30pm- Christmas Lights in Hidden
Valley- BT
5:45pm- Cozy Cinema Time- T
7pm- Christmas Lights in Hidden
Valley- BT

2pm- Needlework- L
5:45pm- Cue the
Popcorn!-PD

10am- Trivia- CR 29
10:30am- Rosary Prayer w/
Michael- T
1pm- Line Dancing Class- BT
1:30pm- Bingo w/ Alexa- B
2:45pm- Bean Bag Baseball- B
5:45pm- Cozy Cinema Time- T
6:30pm- Music w/ Northern
Nevada Bluegrass Association- DR

10am- Exercise w/ Betty- B 2
10:30am- Smiths Trip- BT
1pm- Pinochle/ Bridge- CR
1:30pm- Ross Trip- BT
1:30pm- Christmas Crafts Galore- B
1:30pm- The Store by Residents Open-
Front Lobby
3pm- Happy Hour & Music w/ John
Palmore- DR
5:45pm- Cozy Cinema Time-T

10am- Exercise w/ Betty- B 9
10:30am- TJ Maxx & Home
Goods Trip- BT
1pm- Pinochle/ Bridge- CR
1:30pm- Smiths Trip- BT
3pm- Happy Hour & Music w/
SanDee- DR
5:45pm- Cozy Cinema Time-T

10am- Exercise w/ Betty- B 16
10:30am- Marshalls Trip- BT
1pm- Pinochle/ Bridge- CR
1:30pm- Dollar Tree/ Hobby Lobby Trip- BT
1:30pm- The Journey of Our Senses: How Our
Senses Change As We Age w/ Comprehensive
Home Health Solutions- DR
1:30pm- The Store by Residents Open- Front
Lobby
3pm- Happy Hour & Music w/ Paul
Vandervoort- DR
5:45pm- Cozy Cinema Time-T

10am- Exercise w/ Betty- B 23
10:30am- Costco Trip- BT
1pm- Pinochle/ Bridge- CR
1:30pm- Smiths Trip- BT
2:30pm- Happy Hour &
Christmas Music w/ Harps on
the River - DR
5:45pm- Cozy Cinema Time-T

10am- Exercise w/ Betty- B 30
10:30am- Trader Joe's Trip- BT
1pm- Pinochle/ Bridge- CR
1:30pm- Smiths Trip- BT
2-4pm- Music w/ Jacques,
Vince & Bobby- DR
3pm- Happy Hour-DR
5:45pm- Cozy Cinema Time-T

10am- Spanish Language w/ 3
Alexa- B
1:30pm- Bingo w/ Alexa-B
2pm- Walmart Trip- BT
2:45pm- Bean Bag Baseball-
B
5:45pm- Cozy Cinema Time-
T

10am- Spanish Language w/ 10
Alexa- B
11:30am- Lunch Action Station w/
Chef Joe-DR
1:30pm- Bingo w/ Alexa-B
2pm- Walmart Trip- BT
3pm- Music w/ The Valley Sweet
Harps- DR
5:45pm- Cozy Cinema Time-T

10am- Holiday Gift Wrap Social 17
w/ Special Guest-B
10am- Mindful Movements &
Meditation w/ Erin Kelsey- T
1:30pm- Bingo w/ Alexa-B
2pm- Walmart Trip- BT
2:45pm- Bean Bag Baseball- B
5:45pm- Cozy Cinema Time-T



10am-3pm- A Trip 31
Down Memory Lane:
2025 Edition- DR/PD
2pm- Walmart Trip- BT
5:45pm- Cozy Cinema
Time-T

10am- Exercise w/ Betty- B 4
11am- Communion w/ Michael- PD
1pm- Bible Study- PD
1pm- Art w/ Michele- B
1:30pm- Strong Hearts, Strong Lives:
Caring for Your Heart After 65 w/
Geriatric Speciality Care- T
3pm- Happy Hour & Music w/ Ira
Shore- DR
5:45pm- Cozy Cinema Time- T

10am- Exercise w/ Betty- B 11
11am- Communion w/ Michael-
PD
1pm- Bible Study- T
2-4pm- Holiday Party w/ Live
Music w/ Jacques, Vince &
Bobby- DR
5:45pm- Cozy Cinema Time- T

10am- Exercise w/ Betty- B 18
11am- Communion w/ Michael- PD
1pm- Bible Study- T
1pm- Art w/ Michele- B
1:30pm- Reindeer Toss- DR
3pm- Happy Hour & Music w/ John Rand -
DR
5:30pm- Christmas Lights in Hidden Valley-
BT
5:45pm- Cozy Cinema Time- T
7pm- Christmas Lights in Hidden Valley- BT

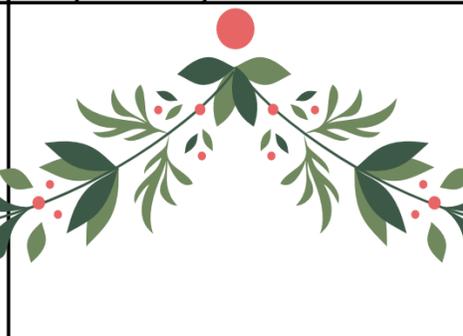


10am- Trivia- CR 5
10am- Body & Balance w/ Vicki- T
10:30am- Meadowood Mall Trip-
BT
1pm- Pinochle/Bridge- CR
1:30pm- Trader Joe's Trip- BT
2pm- The Store by Residents
Open- Front Lobby
5:45pm- Cozy Cinema Time- T

10am- Trivia- CR 12
10am- Body & Balance w/ Vicki- T
10:30am- Peppermill Casino Trip-BT
11am-1pm- Tech Table w/ Spencer Horne-
DR
1pm- Pinochle/Bridge- CR
1:30pm- Junkee's Clothing Exchange Store
Trip- BT
1:30pm- Gingerbread House Craft
Decorating- B
5:45pm- Cozy Cinema Time- T

10am- Trivia- CR 19
10am- Body & Balance w/ Vicki- T
10:30am- Huckleberries Restaurant Trip- BT
11am-1pm- Tech Table w/ Spencer Horne-
DR
1pm- Pinochle/Bridge- CR
1:30pm- Smiths Trip- BT
1:30pm- Festive Cookie Decorating- B
2pm- The Store by Residents Open- Front
Lobby
5:45pm- Cozy Cinema Time- T

10am- Trivia- CR 26
10am- Body & Balance w/
Vicki- T
10:30am- Olive Garden
Restaurant Trip- BT
1pm- Pinochle/Bridge- CR
1:30pm- Target Trip- BT
5:45pm- Cozy Cinema Time- T



10am- Needlework- L 6
1:30pm- Bingo-B
2:30pm- Rummikub- CR
5:45pm- Cue the Popcorn!-
PD

10am- Needlework- L 13
1:30pm- Bingo-B
2:30pm- Rummikub- CR
5:45pm- Cue the Popcorn!-
PD

10am- Needlework- L 20
1:30pm- Bingo-B
2:30pm- Rummikub- CR
5:45pm- Cue the Popcorn!-
PD

10am- Needlework- L 27
1:30pm- Bingo-B
2:30pm- Rummikub- CR
5:45pm- Cue the Popcorn!-
PD



December Happenings

- 12/2 at 1:30pm- Christmas Crafts Galore- B
- 12/4 at 1:30pm- Strong Hearts, Strong Lives: Caring for Your Heart After 65 w/ Geriatric Speciality Care- T
- 12/10 at 11:30am- Lunch Action Station w/ Chef Joe- DR
- 12/10 at 3pm- Music w/ The Valley Sweet Harps- DR
- 12/11 from 2-4pm- Holiday Party w/ Live Music w/ Jacques, Vince & Bobby- DR
- 12/12 from 11-1pm- Tech Table w/ Spencer Horne- DR
- 12/12 at 1:30pm- Gingerbread House Craft Decorating- B
- 12/15 at 10:30am- Meeting: The Store by Residents- B
- 12/16 at 1:30pm- The Journey of Our Senses: How Our Senses Change As We Age w/ Comprehensive Home Health Solutions- DR
- 12/17 at 10am- Holiday Gift Wrap Social w/ Special Guest- B
- 12/18 at 1:30pm- Reindeer Toss- DR
- 12/18 at 5:30pm- Christmas Lights in Hidden Valley- BT
- 12/18 at 7pm- Christmas Lights in Hidden Valley- BT
- 12/19 from 11am-1pm- Tech Table w/ Spencer Horne- DR
- 12/19 at 1:30pm- Festive Cookie Decorating- B
- 12/22 at 5:30pm- Christmas Lights in Hidden Valley- BT
- 12/22 at 7pm- Christmas Lights in Hidden Valley- BT
- 12/31 from 10am-3p- A Trip Down Memory Lane: 2025 Edition- DR/PD

December Birthdays

12/12- Jean H. | 12/19- Ronda M. | 12/22- Lilo B. | 12/22- Sue D. |
12/24- Deanna M. | 12/25- Gil M.

Mountain Lakes Estates Managers

Executive Director- Lauren Turbett | Business Director- Donna Monroy |
Marketing Director- Heather Wolf | Activities Director- Alexa Gross |
Maintenance Director- Josh Burnah | Dining Director- Joe Leberski

