



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10am- Trivia- CR 7 10:30am- Rosary Prayer w/ Michael- T 1pm- Line Dancing Class- BT 1:30pm- Bingo w/ Alexa- B 2:45pm- Bean Bag Baseball- B 5:45pm- Cozy Cinema Time- T	10am- Exercise w/ Betty- B 2 10:30am- Smiths Trip- BT 1pm- Pinochle/ Bridge- CR 1:30pm- Ross Trip- BT 1:30pm- Christmas Crafts Galore- B 1:30pm- The Store by Residents Open- Front Lobby 3pm- Happy Hour & Music w/ John Palmore- DR 5:45pm- Cozy Cinema Time-T	10am- Spanish Language w/ Alexa- B 3 1:30pm- Bingo w/ Alexa-B 2pm- Walmart Trip- BT 2:45pm- Bean Bag Baseball- B 5:45pm- Cozy Cinema Time-T	10am- Exercise w/ Betty- B 4 11am- Communion w/ Michael- PD 1pm- Bible Study- PD 1pm- Art w/ Michele- B 1:30pm- Strong Hearts, Strong Lives: Caring for Your Heart After 65 w/ Geriatric Speciality Care- T 3pm- Happy Hour & Music w/ Ira Shore- DR 5:45pm- Cozy Cinema Time- T	10am- Trivia- CR 5 10am- Body & Balance w/ Vicki- T 10:30am- Meadowood Mall Trip- BT 1pm- Pinochle/Bridge- CR 1:30pm- Trader Joe's Trip- BT 2pm- The Store by Residents Open- Front Lobby 5:45pm- Cozy Cinema Time- T	10am- Needlework- L 6 1:30pm- Bingo-B 2:30pm- Rummikub- CR 5:45pm- Cue the Popcorn!- PD
2pm- Needlework-L 7 5:45pm- Cue the Popcorn!-PD	10am- Trivia: Holiday Edition- CR 8 10:30am- Rosary Prayer w/ Michael- T 1pm- Line Dancing Class- BT 1:30pm- Bingo w/ Alexa- B 2:45pm- Bean Bag Baseball- B 5:45pm- Cozy Cinema Time- T	10am- Exercise w/ Betty- B 9 10:30am- TJ Maxx & Home Goods Trip- BT 1pm- Pinochle/ Bridge- CR 1:30pm- Smiths Trip- BT 3pm- Happy Hour & Music w/ SanDee- DR 5:45pm- Cozy Cinema Time-T	10am- Spanish Language w/ Alexa- B 10 11:30am- Lunch Action Station w/ Chef Joe-DR 1:30pm- Bingo w/ Alexa-B 2pm- Walmart Trip- BT 3pm- Music w/ The Valley Sweet Harps- DR 5:45pm- Cozy Cinema Time-T	10am- Exercise w/ Betty- B 11 11am- Communion w/ Michael- PD 1pm- Bible Study- T 2-4pm- Holiday Party w/ Live Music w/ Jacques, Vince & Bobby- DR 5:45pm- Cozy Cinema Time- T	10am- Trivia- CR 12 10am- Body & Balance w/ Vicki- T 10:30am- Peppermill Casino Trip-BT 11am-1pm- Tech Table w/ Spencer Horne- DR 1pm- Pinochle/Bridge- CR 1:30pm- Junkee's Clothing Exchange Store Trip- BT 1:30pm- Gingerbread House Craft Decorating- B 5:45pm- Cozy Cinema Time- T	10am- Needlework- L 13 1:30pm- Bingo-B 2:30pm- Rummikub- CR 5:45pm- Cue the Popcorn!- PD
2pm- Needlework- L 14 5:45pm- Cue the Popcorn!-PD	10am- Hot Cocoa Social- DR 15 10:30am- Rosary Prayer w/ Michael- T 10:30am- Meeting: The Store by Residents- B 1pm- Line Dancing Class- BT 1:30pm- Bingo w/ Alexa- B 2:45pm- Bean Bag Baseball- B 5:45pm- Cozy Cinema Time- T	10am- Exercise w/ Betty- B 16 10:30am- Marshalls Trip- BT 1pm- Pinochle/ Bridge- CR 1:30pm- Dollar Tree/ Hobby Lobby Trip- BT 1:30pm- The Journey of Our Senses: How Our Senses Change As We Age w/ Comprehensive Home Health Solutions- DR 1:30pm- The Store by Residents Open- Front Lobby 3pm- Happy Hour & Music w/ Paul Vandervoort- DR 5:45pm- Cozy Cinema Time-T	10am- Holiday Gift Wrap Social w/ Special Guest-B 17 10am- Mindful Movements & Meditation w/ Erin Kelsey- T 1:30pm- Bingo w/ Alexa-B 2pm- Walmart Trip- BT 2:45pm- Bean Bag Baseball- B 5:45pm- Cozy Cinema Time-T	10am- Exercise w/ Betty- B 18 11am- Communion w/ Michael- PD 1pm- Bible Study- T 1pm- Art w/ Michele- B 1:30pm- Reindeer Toss- DR 3pm- Happy Hour & Music w/ John Rand - DR 5:30pm- Christmas Lights in Hidden Valley- BT 5:45pm- Cozy Cinema Time- T 7pm- Christmas Lights in Hidden Valley- BT	10am- Trivia- CR 19 10am- Body & Balance w/ Vicki- T 10:30am- Huckleberries Restaurant Trip- BT 11am-1pm- Tech Table w/ Spencer Horne- DR 1pm- Pinochle/Bridge- CR 1:30pm- Smiths Trip- BT 1:30pm- Festive Cookie Decorating- B 2pm- The Store by Residents Open- Front Lobby 5:45pm- Cozy Cinema Time- T	10am- Needlework- L 20 1:30pm- Bingo-B 2:30pm- Rummikub- CR 5:45pm- Cue the Popcorn!- PD
2pm- Needlework- L 21 5:45pm- Cue the Popcorn!-PD	10am- Trivia- CR 22 10:30am- Rosary Prayer w/ Michael- T 1pm- Line Dancing Class- BT 1:30pm- Bingo w/ Alexa- B 2:45pm- Bean Bag Baseball- B 5:30pm- Christmas Lights in Hidden Valley- BT 5:45pm- Cozy Cinema Time- T 7pm- Christmas Lights in Hidden Valley- BT	10am- Exercise w/ Betty- B 23 10:30am- Costco Trip- BT 1pm- Pinochle/ Bridge- CR 1:30pm- Smiths Trip- BT 2:30pm- Happy Hour & Christmas Music w/ Harps on the River - DR 5:45pm- Cozy Cinema Time-T			10am- Trivia- CR 26 10am- Body & Balance w/ Vicki- T 10:30am- Olive Garden Restaurant Trip- BT 1pm- Pinochle/Bridge- CR 1:30pm- Target Trip- BT 5:45pm- Cozy Cinema Time- T	10am- Needlework- L 27 1:30pm- Bingo-B 2:30pm- Rummikub- CR 5:45pm- Cue the Popcorn!- PD
2pm- Needlework- L 28 5:45pm- Cue the Popcorn!-PD	10am- Trivia- CR 29 10:30am- Rosary Prayer w/ Michael- T 1pm- Line Dancing Class- BT 1:30pm- Bingo w/ Alexa- B 2:45pm- Bean Bag Baseball- B 5:45pm- Cozy Cinema Time- T 6:30pm- Music w/ Northern Nevada Bluegrass Association- DR	10am- Exercise w/ Betty- B 30 10:30am- Trader Joe's Trip- BT 1pm- Pinochle/ Bridge- CR 1:30pm- Smiths Trip- BT 2-4pm- Music w/ Jacques, Vince & Bobby- DR 3pm- Happy Hour-DR 5:45pm- Cozy Cinema Time-T	10am-3pm- A Trip Down Memory Lane: 2025 Edition- DR/PD 31 2pm- Walmart Trip- BT 5:45pm- Cozy Cinema Time-T			

December Happenings

- 12/2 at 1:30pm- Christmas Crafts Galore- B
- 12/4 at 1:30pm- Strong Hearts, Strong Lives: Caring for Your Heart After 65 w/ Geriatric Speciality Care- T
- 12/10 at 11:30am- Lunch Action Station w/ Chef Joe- DR
- 12/10 at 3pm- Music w/ The Valley Sweet Harps- DR
- 12/11 from 2-4pm- Holiday Party w/ Live Music w/ Jacques, Vince & Bobby- DR
- 12/12 from 11-1pm- Tech Table w/ Spencer Horne- DR
- 12/12 at 1:30pm- Gingerbread House Craft Decorating- B
- 12/15 at 10:30am- Meeting: The Store by Residents- B
- 12/16 at 1:30pm- The Journey of Our Senses: How Our Senses Change As We Age w/ Comprehensive Home Health Solutions- DR
- 12/17 at 10am- Holiday Gift Wrap Social w/ Special Guest- B
- 12/18 at 1:30pm- Reindeer Toss- DR
- 12/18 at 5:30pm- Christmas Lights in Hidden Valley- BT
- 12/18 at 7pm- Christmas Lights in Hidden Valley- BT
- 12/19 from 11am-1pm- Tech Table w/ Spencer Horne- DR
- 12/19 at 1:30pm- Festive Cookie Decorating- B
- 12/22 at 5:30pm- Christmas Lights in Hidden Valley- BT
- 12/22 at 7pm- Christmas Lights in Hidden Valley- BT
- 12/31 from 10am-3p- A Trip Down Memory Lane: 2025 Edition- DR/PD

December Birthdays

12/12- Jean H. | 12/19- Ronda M. | 12/22- Lilo B. | 12/22- Sue D. |
12/24- Deanna M. | 12/25- Gil M.

Mountain Lakes Estates Managers

Executive Director- Lauren Turbett | Business Director- Donna Monroy |
Marketing Director- Heather Wolf | Activities Director- Alexa Gross |
Maintenance Director- Josh Burnah | Dining Director- Joe Leberski

