ANNOUNCEMENTS & EVENTS

Line Dancing | Sundays, 7:00 pm, Fitness Center, All are invited to learn various line dances, Beginners welcome!

Krafty Klatsch & Coffee | Mondays, 10:00 am, Great Room - A time for working on your craft, whether it be knitting, crocheting, drawing, etc. Sitting around with neighbors as you work on your own projects. Enjoy Coffee and small sweets.

Activities Meeting | Tuesday, December 2nd, 6:30 pm, Canvas Room - You are invited to come hear about some new activities to come. Whether it's arts and crafts, game nights, cultural celebrations, fitness activities, or something completely new, your suggestions are welcome and can help shape a welcoming and enjoyable environment for all residents. Tea Time & Share a Holiday Tradition | Wednesday, December 3rd, 2:00 pm, Great Room - Come enjoy some tea and cookies. Share a short holiday story about your family tradition or favorite holiday memory, or just come and listen while spending time with friends.

Mimosas & Muffins & Holiday Sing-a-long | Thursday, December 4th, 10:00 am - Stop by the Great Room for a morning treat. Mimosas and Muffins.

Charades | Friday, December 5th, 4:00 pm, Great Room - Time to earn those bragging rights! Get ready for the game of Charades. Always proves to be a load of laughs.

Opera - La Traviata | Sunday, November 7th, 1:00 pm, Poker/Media Room - Enjoy the opera La Traviata streamed by resident Joe Liebreich.

Acrylic Painting | Monday, December 8th, 1:30 pm, Canvas Room - No matter your artistic skill level, Shayna will give you step-by-step instructions to create a beautiful piece to

Find a Word Puzzle Race | Monday, December 8th, 3:00 pm, Great Room - Compete in teams to solve the word puzzles first!

Holiday Pup Photo Shoot | Tuesday, December 9th, 11:30 am, Dog Park - Bring your fur baby for a holiday pic and treats from Buds of Phoenixville.

Classical Concert Series | Tuesday, December 9th, 7:30 pm, Lounge - Enjoy the sounds of Igor Begelman, clarinet accompanied by Hanchien Lee.

Monthly Craft Project | Wednesday, December 10th, 11:00 am, Great Room. This month's project is a Gingerbread House. Sign-up sheet in mailroom and open to first 15 sign-ups. Cost is \$8. which will cover all supplies.

Spintopia | Wednesday, December 10th, 3:00 pm, and Tuesday, December 23rd, 6:30 pm, Great Room - NEW - A take off on Wheel of Fortune. Virtual display and lots of fun! An evening with Frank | Wednesday, December 10th, 6:00 pm - Don't miss this one! Attend a evening of Italian flair. Enjoy some pasta and listen to songs by "Frank Sinatra" performed by Lou Dottoli. RSVP is required, no later than Saturday, December 6th. Sign-up in mailroom.

Line Dancing | Thursday, December 11th, 10:30 am - Fitness Center - Come learn some line dances and be ready for stepping in at future party events!

Holiday Matinee | Thursday, December 11th, 11:00 pm - Poker/Media Room (Movie TBD)

Book Club | Thursday, December 11th, 7:00 pm, Library - This month's book is "Lady Tan's Circle of Women by Lisa See." The Book Club meets once a month, every second Thursday in the Library, at 7:00 pm.

Billiards and Beer | Friday, December 12th, 3:00 pm, Game Room - Calling all pool players! Stop in for a game and enjoy some brew and a snack.

Left Center Right - Ladies Night | Friday, December 12th, 7:00 pm, Great Room. This event is resident-run. BYOB and snacks to share are appreciated but not mandatory. Friends

Gift Wrapping | Monday, 12/15 @ 2:00 pm, Thursday, 12/18 @ 3:00 pm and Wednesday, 12/24 @ 1:00 pm - Canvas Room - Whether you love to wrap or would prefer someone else do it, this is your stop. Wrapping supplies will be provided, except for boxes.

White Elephant Mug Exchange | Monday, December 15th, 7:00 pm, Great Room - Bring a wrapped mug (one that is unisex and not seasonal) and join the fun of exchanging (or be naughty and steal)!

Meet and Greet our local Deputy Fire Marshall | Tuesday, December 16th, 10:00 am, Great Room - All are highly encouraged to attend. Meet Deputy Fire Marshall William "Bill" Daywalt Jr., and Dr. Wang who will provide a 15-20 minute presentation of the stroke unit services.

Hanukkah Candle Lighting | Tuesday, December 16th, 7:00 pm, Great Room - All are invited to see the lighting of Menorahs in celebration of Hanukkah. Light traditional bites. Wine Down Wednesday | December 17th, 6:30 pm, Great Room - Time to mingle with neighbors and then enjoy the sounds of the holidays performed by Alan Dynin. Plan on a cozy night with a glass of wine or enjoy a hot chocolate bar and snacks. Holiday PJ's are optional but will add some fun to the evening!

Guys and Gals Left, Center, Right | Thursday, December 18th, 1:00 pm, Great Room - All are invited for a chance to win a gift. Easy to play and make for fun conversation.

Cookie Exchange | Thursday, December 18th, 7:00 pm, Great Room - A chance to show off your baking and enjoy others as well.

Fur Baby Ornament Making | Friday, December 19th, 11:00 am, Canvas Room - Create a memory with a picture ornament!

Celebrate December Birthdays | Friday, December 19th, 2:00 pm, Great Room - Come enjoy cake and wish all our December Birthdays a Happy Day!

Winter Holiday Ball "Bling it On" | Saturday, December 20th, 5:30 pm, Great Room - Time to shine and celebrate the seasons with food, drink and dance! RSVP required no later than Friday, December 19th. Sign-up sheet in mailroom.

Acrylic Painting | Monday, December 22th, December reflection of you!

Breakfast on the Go | Tuesday, December 23rd, 7:30 to 9:30 am - Bryce Lane Garage Exit - A way to send off all the early birds for their day ahead! No walk-ups please. Kwanzaa Celebration | Monday, December 29th, 7:00 pm, Great Room - Celebrate Kwanzaa with some Kwanzaa crafts and cuisine and music.

Glass Painting | Tuesday, December 30th, Canvas Room - Participate in painting glass with a emphasis on the New Year!

NOTE: Weekly On-going Resident-Run Activities on calendar are noted in BLUE print on calendar. All welcome to participate!

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OFFICE PHONE:

484-747-6975

For Maintenance Emergency, Follow Prompt

FOR ALL OTHER EMERGENCIES **PLEASE DIAL 911**

Mon-Thurs 9am -6pm

Fri - 8am - 5 pm Sat - 10 am - 5pm Sun - 12pm - 5pm

OFFICE HOURS



CIAO BELLA SALON

Tues 11:00 am - 7:00 pm Thurs 11:00 am - 7:00 pm Fri 9:00 am - 2:00 pm Phone: (610) 990-7557 info@ciaobellasalon.com



Canvas at Valley Forge 101 Bryce Lane, King of Prussia, PA 19406





SUNDAY MONDAY **TUESDAY** WEDNESDAY **THURSDAY** FRIDAY SATURDAY 4 10:00 am Muffins & Mimosa 9:00 am Pilates/Barre/Fusion Enter your 10:00am Canasta / L 9:00 am Dance Fitness /FC 9:00 Dance / FC &Holiday Sing-a-long 9:00 am Balance Class / FC 9:00 am Pilates / FC decorated 10:00 am Krafty Klatsch & 10:00 am Pilates 10:00 am Billiards / GaR 10:00 am Ping Pong /GaR 9:30 am Stretch & Tone / FC 1:00 pm Bingo / GR Coffee / GR 12:00 pm Pinochle / L 10:00 am Intermed Bridge door for a prize! 1:00 pm Mahjong / L 10: 00 am Billiards /GaR 1:00 pm Canasta / L 2:30 pm Open Poker / PMR 3:30 pm Ladies Poker / L 2:00 Tea Time & Share a Winner announced 1:00 pm Mahjong / L 2:30 pm Poker / PMR 4:00 pm Charades / GR 6:30 pm Activities Mtg/CR 2:30 pm Poker/ PMR Holiday Tradition / GR 4:00 pm Chair Yoga /FC Dec. 20th at the 5:00 pm Scripture Study /PMR 5:00 pm Yoga / FC 2:30 pm Mens Poker / PMR Winter Holiday Ball! 7:00 pm Mahjong /L 6:30 Rummikub / L 10:00 am Billiards / GaR 9:00 am Pilates/Barre/Fusion 0:00am Canasta / L 0:30 am Line Dancing / FC 9:00 Dance / FC 9:00 am Balance Class / FC 9:00 am Pilates / FC 9:00 am Dance Fitness /FC 10:00 am Krafty Klatsch & Coffee / GR 12:00 pm Pinochle / L 10:00 am Ping Pong / GaR 10: 00 am Billiards /GaR 11:30 am Holiday Pup Photo 10:00 am Pilates 9:30 am Stretch & Tone / FC 1:00 pm Holiday Matinee / PMR 9:00 am Yoga Class / FC 11: 15 am Meditation / LI 11:00 Monthly Craft Project /CR 2:30 pm Open Poker / PMR Shoot / Dog Park 1:00 pm Canasta / L 1:00 pm Mahjong / L 10:15 am Chair Yoga / FC 1:00 am Mahjong / L 3:00 pm Billiards & Beer /GaR 2:30 pm Poker / PMR 1:30 pm Acrylic Painting / CR 1:00 pm Bingo / GR 1:00 pm Opera / PMR 2:30 pm Poker/ PMR 2:30 pm Mens Poker / PMR 4:00 pm Chair Yoga /FC 7:00 pm Live-Streamed Shabbat 3:30 pm Ladies Poker / L 3:00 pm Coffee & Find a Word 5:00 pm Yoga / FC Service / MPR 3:00 pm Spintopia /GR 7:00 pm Line Dancing /FC Puzzle Team Race /GR 7:30 pm Classical Concert 6:30 Rummikub / L 7:00 pm Ladies Night - Left, Center, R. 6:00 pm A night with Frank Sinatra 5:00 pm Scripture Study /PMR 7:00 pm Book Club / LI Right / GR 7:00 pm Mahjong /L Series / L & a bite of Pasta Delight / GR 💶 9:00 am Pilates/Barre/Fusion 19 20 14 17 **18** 10:00 am Billiards / GaR 10:00am Canasta / L 12:00 pm Pinochle / L 9:00 am Balance Class / FC 10:00 am Krafty Klatsch & Coffee / GR 9:00 am Dance / FC 9:00 am Yoga Class / FC 9:00 am Pilates / FC 1:00 pm Canasta / L 1:00 pm Guys & Gals LCR / GR 10: 00 am Billiards /GaR 10:00 am Ping Pong /GaR 9:30 am Stretch & Tone / FC 9:00 am Dance Fitness /FC 10:15 am Chair Yoga / FC 10:00 am Meet & Greet 1:00 pm Mahjong / L 1:00 pm Mahjong / L A CARRY DE 2:30 pm Poker / PMR 10:00 am Pilates / FC 2:00 pm Gift Wrapping / CR 11: 15 am Meditation / LI our Fire Marshall / GR 2:30 pm Mens Poker / PMR 2:30 pm Poker/ PMR 3:00 pm Gift Wrapping /CR 11:00 am Fur Baby Ornament 7:00 pm Line Dancing /FC 5:00 pm Scripture Study /PMR 1:00 pm Bingo / GR 4:00 pm Chair Yoga /FC 6:30 pm Wine Down Wednesday making / CR 7:00 pm Mahjong /L 5:00 pm Yoga / FC 7:00 pm Hanukkah Candle Musical Holiday & PJ Gathering / GR 2:00 pm December Birthdays /GR 7:00 pm White Elephant Mug 6:30 pm Rummikub / L Exchange / GR 2:30 pm Open Poker / L Lighting / GR 7:00 pm Cookie Exchange/GR **Ugly Sweater Day** 23 21 9:00 am Pilates/Barre/Fusion 9:00 am Dance / FC 9:00 am Balance Class / FC 9:00 am Dance Fitness /FC 10:00am Canasta / L 9:00 am Yoga Class / FC 10:00 am Krafty Klatsch & Coffee / GR 10:00 am Ping Pong /GaR 7:30 Breakfast on the Go 9:30 am Stretch & Tone / FC 10:00 am Pilates 10:15 am Chair Yoga / FC 10: 00 am Billiards /GaR 11:00 am Holiday Mass / L 1:00 pm Mahjong / L 2:30 pm Open Poker / L 9:00 am Pilates / FC 11: 15 am Meditation / LI 2:00 pm Ugly Sweater Cookie Decorating /CR 1:00 pm Mahjong / L 4:00 pm Chair Yoga / FC 2:30 pm Poker/ PMR 1:00 pm Bingo / GR 7:00 pm Line Dancing /FC 1:00 PM Last-call Gift Wrap! / CR 5:00 pm Scripture Study /PMR 5:00 pm Yoga / FC Canvas Offices Closed 7:00 pm Mahjong /L 2:30 pm Mens Poker / PMR 6:30 pm Spintopia GR 7:00 pm Acrylic Painting / CR **29** 9:00 am Pilates/Barre/Fusion 28 9:00 am Dance / FC Write a 10:00am Canasta / L 9:00 am Pilates / FC "Tomorrow 9:00 am Yoga Class / FC 10:00 am Krafty Klatsch & Coffee / GR 10:00 am Ping Pong /GaR good is the first 1:00 pm Bingo / GR 10:15 am Chair Yoga / FC 10: 00 am Billiards / GaR HAPPY 1:00 pm Mahjong / L 1:00 pm Mahjong / L KWANZAA blank page 7:00 pm Glass Painting /CR 11: 15 am Meditation /LI one. 2:30 pm Poker/ PMR 2:30 pm Mens Poker / PMR 7:00 pm Line Dancing /FC 5:00 pm Scripture Study /PMR 7:00 pm Kwanza Celebration 7:00 pm Mahjong /L PMR = Poker/Media Room A... Creative • Creative • Monday - Thursday 9:00 am to 6:00 pm Mindful • Life. CYP = Courtyard Poolside GR = Great Room *Healthy * **LOCATION OFFICE HOURS** CYN = Courtyard North GaR = Game Room Friday 8:00 am to 5:00 pm ◆Inquisitive ◆ Centered • **KEY** CR = Canvas Room LI = Library Saturday 10:00 am to 5:00 pm • Playful • Social

12:00 pm to 5:00 pm

Sunday

FC = Fitness Center

L = Lounge