



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Simulate Cognitive Function-SCF</div> <div>Promote Physical Wellbeing-PPW</div> <div>Foster Social Interaction-FSI</div> <div></div>	<div>1</div> <div>9:30 Music and Movement, PPW</div> <div>10:30 Daily Chronicles, SCF</div> <div>1:00 Color my World, SCF</div> <div>1:30 Music with Larissa, MC, FSI</div> <div>1:30 Snack Break, FSI</div> <div>2:00 One on One</div> <div>3:00 Sensory Time</div> <div>5:00 Evening Movie</div>	<div>2</div> <div>9:00 Music and Movement, PPW</div> <div>10:00 Sensory Time</div> <div>10:30 Daily Chronicles, SCF</div> <div>12:30 Color my World, SSF</div> <div>1:30 Snack Break, FSI</div> <div>2:00 Walking Club, PPW</div> <div>2:00 One on One</div> <div>3:00 Travel Time, FSI</div> <div>5:00 Evening Movie</div>	<div>3</div> <div>9:00 ~ 1:30 Hair Salon</div> <div>9:30 Aromatherapy</div> <div>10:00 Art Time, SCF</div> <div>10:30 Daily Chronicles, SCF</div> <div>1:00 Shrike up the Band, SCF</div> <div>1:30 Snack Break, FSI</div> <div>2:00 Afternoon Stroll, PPW</div> <div>2:30 One on One</div> <div>3:00 Scenic Drive, FSI</div> <div>5:00 Evening Movie</div>	<div>4</div> <div>9:00 Music and Movement, PPW</div> <div>10:00 Crafting with Shelby, SCF</div> <div>10:30 Daily Chronicles, SCF</div> <div>1:00 Molly Time</div> <div>1:30 Snack Break, FSI</div> <div>2:00 Afternoon Walk, PPW</div> <div>2:30 One on One</div> <div>3:30 Comedy Time, FSI</div> <div>5:00 Evening Movie</div>	<div>5</div> <div>9:00 One on One</div> <div>9:30 Morning Exercise, PPW</div> <div>10:00 Cooking w/ Shelby, FSI</div> <div>10:30 Daily Chronicles, SCF</div> <div>1:00 Sensory Time</div> <div>1:30 Snack Break, FSI</div> <div>2:00 Birthday celebration Sandra Walker ALDR</div> <div>3:30 Afternoon Walk, PPW</div> <div>5:00 Evening Movie</div>	<div>6</div> <div>9:00 Music and Movement, PPW</div> <div>10:00 Daily Chronicles, SCF</div> <div>10:30 Word Games, SCF</div> <div>1:00 Balloon Toss, PPW</div> <div>1:30 Snack Break, FSI</div> <div>2:00 Music with Ken, ALDR</div> <div>2:30 One on One</div> <div>3:30 Afternoon Walk, PPW</div> <div>5:00 Evening Movie</div>
	<div>7</div> <div>9:00 Music and Movement, PPW</div> <div>10:00 Nail Care</div> <div>10:30 Daily Chronicles, SCF</div> <div>1:00 Snack Break, FSI</div> <div>3:00 Table Games & Puzzles, FSI</div> <div>3:30 Afternoon Stroll, PPW</div> <div>4:30 Evening Movie</div>	<div>8</div> <div>9:30 Music and Movement, PPW</div> <div>10:30 Daily Chronicles, SCF</div> <div>1:00 Color my World, SCF</div> <div>1:30 Snack Break, FSI</div> <div>2:00 One on One</div> <div>3:00 Sensory Time</div> <div>5:00 Evening Movie</div>	<div>9</div> <div>9:00 Music and Movement, PPW</div> <div>10:00 Sensory Time</div> <div>10:30 Daily Chronicles, SCF</div> <div>12:30 Color my World, SSF</div> <div>1:30 Snack Break, FSI</div> <div>2:00 Walking Club, PPW</div> <div>2:00 One on One</div> <div>3:00 Travel Time, FSI</div> <div>5:00 Evening Movie</div>	<div>10</div> <div>9:00 ~ 1:30 Hair Salon</div> <div>9:30 Aromatherapy</div> <div>10:00 Art Time, SCF</div> <div>10:30 Daily Chronicles, SCF</div> <div>1:00 Shrike up the Band, SCF</div> <div>1:30 Snack Break, FSI</div> <div>2:00 Afternoon Stroll, PPW</div> <div>2:30 One on One</div> <div>3:00 Scenic Drive, FSI</div> <div>5:00 Evening Movie</div>	<div>11</div> <div>9:00 Music and Movement, PPW</div> <div>10:00 Crafting with Shelby, SCF</div> <div>10:30 Daily Chronicles, SCF</div> <div>1:00 Molly Time</div> <div>1:30 Snack Break, FSI</div> <div>2:00 Afternoon Walk, PPW</div> <div>2:30 One on One</div> <div>3:30 Comedy Time, FSI</div> <div>5:00 Evening Movie</div>	<div>12</div> <div>9:00 One on One</div> <div>9:30 Morning Exercise, PPW</div> <div>10:00 Cooking w/ Shelby, FSI</div> <div>10:30 Daily Chronicles, SCF</div> <div>1:00 Sensory Time</div> <div>1:30 Snack Break, FSI</div> <div>2:00 Happy Hour David & Lynn ALDR</div> <div>3:30 Afternoon Walk, PPW</div> <div>5:00 Evening Movie</div>
<div>14</div> <div>9:00 Music and Movement, PPW</div> <div>10:00 Nail Care</div> <div>10:30 Daily Chronicles, SCF</div> <div>1:00 Snack Break, FSI</div> <div>3:00 Table Games & Puzzles, FSI</div> <div>3:30 Afternoon Stroll, PPW</div> <div>4:30 Evening Movie</div> <div>Hanukkah Begins</div>	<div>15</div> <div>9:30 Music and Movement, PPW</div> <div>10:30 Daily Chronicles, SCF</div> <div>1:00 Color my World, SCF</div> <div>1:30 Music with Larissa, MC, FSI</div> <div>1:30 Snack Break, FSI</div> <div>2:00 One on One</div> <div>3:00 Sensory Time</div> <div>5:00 Evening Movie</div>	<div>16</div> <div>9:00 Music and Movement, PPW</div> <div>10:00 Sensory Time</div> <div>10:30 Daily Chronicles, SCF</div> <div>12:30 Color my World, SSF</div> <div>1:30 Snack Break, FSI</div> <div>2:00 Walking Club, PPW</div> <div>2:00 One on One</div> <div>3:00 Travel Time, FSI</div> <div>5:00 Evening Movie</div>	<div>17</div> <div>9:00 ~ 1:30 Hair Salon</div> <div>9:30 Aromatherapy</div> <div>10:00 Art Time, SCF</div> <div>10:30 Daily Chronicles, SCF</div> <div>1:00 Shrike up the Band, SCF</div> <div>1:30 Snack Break, FSI</div> <div>2:00 Afternoon Stroll, PPW</div> <div>2:30 One on One</div> <div>3:00 Scenic Drive, FSI</div> <div>5:00 Evening Movie</div>	<div>18</div> <div>9:00 Music and Movement, PPW</div> <div>10:00 Crafting with Shelby, SCF</div> <div>10:30 Daily Chronicles, SCF</div> <div>1:00 Music with Randy, FSI</div> <div>1:30 Snack Break, FSI</div> <div>2:00 Afternoon Walk, PPW</div> <div>2:30 One on One</div> <div>3:30 Comedy Time, FSI</div> <div>5:00 Evening Movie</div>	<div>19</div> <div>9:00 One on One</div> <div>9:30 Morning Exercise, PPW</div> <div>10:00 Cooking w/ Shelby, FSI</div> <div>10:30 Daily Chronicles, SCF</div> <div>1:00 Sensory Time</div> <div>1:30 Snack Break, FSI</div> <div>2:00 Happy Hour Lindi Moo ALDR</div> <div>3:30 Afternoon Walk, PPW</div> <div>5:00 Evening Movie</div>	<div>20</div> <div>9:00 Music and Movement, PPW</div> <div>10:00 Daily Chronicles, SCF</div> <div>10:30 Word Games, SCF</div> <div>1:00 Balloon Toss, PPW</div> <div>1:30 Snack Break, FSI</div> <div>2:00 Color my World, SCF</div> <div>2:30 One on One</div> <div>3:30 Afternoon Walk, PPW</div> <div>5:00 Evening Movie</div>
<div>21</div> <div>9:00 Music and Movement, PPW</div> <div>10:00 Nail Care</div> <div>10:30 Daily Chronicles, SCF</div> <div>1:00 Snack Break, FSI</div> <div>3:00 Table Games & Puzzles, FSI</div> <div>3:30 Afternoon Stroll, PPW</div> <div>4:30 Evening Movie</div> <div>Winter Begins</div>	<div>22</div> <div>9:30 Music and Movement, PPW</div> <div>10:30 Daily Chronicles, SCF</div> <div>1:00 Color my World, SCF</div> <div>1:30 Snack Break, FSI</div> <div>2:00 One on One</div> <div>3:00 Sensory Time</div> <div>5:00 Evening Movie</div>	<div>23</div> <div>9:00 Music and Movement, PPW</div> <div>10:00 Sensory Time</div> <div>10:30 Daily Chronicles, SCF</div> <div>12:30 Color my World, SSF</div> <div>1:00 Music with Randy, FSI</div> <div>1:30 Snack Break, FSI</div> <div>2:00 Walking Club, PPW</div> <div>2:00 One on One</div> <div>3:00 Travel Time, FSI</div> <div>5:00 Evening Movie</div>	<div>24</div> <div>9:00 ~ 1:30 Hair Salon</div> <div>9:30 Aromatherapy</div> <div>10:00 Art Time, SCF</div> <div>10:30 Daily Chronicles, SCF</div> <div>1:00 Shrike up the Band, SCF</div> <div>1:30 Snack Break, FSI</div> <div>2:00 Afternoon Stroll, PPW</div> <div>2:30 One on One</div> <div>3:00 Scenic Drive, FSI</div> <div>5:00 Evening Movie</div>	<div>25</div> <div></div> <div>Christmas</div>	<div>26</div> <div>9:00 One on One</div> <div>9:30 Morning Exercise, PPW</div> <div>10:00 Cooking w/ Shelby, FSI</div> <div>10:30 Daily Chronicles, SCF</div> <div>1:00 Sensory Time</div> <div>1:30 Snack Break, FSI</div> <div>2:00 Happy Hour Bingo</div> <div>3:30 Afternoon Walk, PPW</div> <div>5:00 Evening Movie (Canada)</div> <div>Kwanzaa Begins</div>	<div>27</div> <div>9:00 Music and Movement, PPW</div> <div>10:00 Daily Chronicles, SCF</div> <div>10:30 Word Games, SCF</div> <div>1:00 Balloon Toss, PPW</div> <div>1:30 Snack Break, FSI</div> <div>2:00 Color my World, SCF</div> <div>2:30 One on One</div> <div>3:30 Afternoon Walk, PPW</div> <div>5:00 Evening Movie</div>
<div>28</div> <div>9:00 Music and Movement, PPW</div> <div>10:00 Nail Care</div> <div>10:30 Daily Chronicles, SCF</div> <div>1:00 Snack Break, FSI</div> <div>3:00 Table Games & Puzzles, FSI</div> <div>3:30 Afternoon Stroll, PPW</div> <div>4:30 Evening Movie</div>	<div>29</div> <div>9:30 Music and Movement, PPW</div> <div>10:30 Daily Chronicles, SCF</div> <div>1:00 Color my World, SCF</div> <div>1:30 Snack Break, FSI</div> <div>2:00 One on One</div> <div>3:00 Sensory Time</div> <div>5:00 Evening Movie</div>	<div>30</div> <div>9:00 Music and Movement, PPW</div> <div>10:00 Sensory Time</div> <div>10:30 Daily Chronicles, SCF</div> <div>12:30 Color my World, SSF</div> <div>1:30 Snack Break, FSI</div> <div>2:00 Walking Club, PPW</div> <div>2:00 One on One</div> <div>3:00 Travel Time, FSI</div> <div>5:00 Evening Movie</div>	<div>31</div> <div>9:00 ~ 1:30 Hair Salon</div> <div>9:30 Aromatherapy</div> <div>10:00 Art Time, SCF</div> <div>10:30 Daily Chronicles, SCF</div> <div>1:00 Shrike up the Band, SCF</div> <div>1:30 Snack Break, FSI</div> <div>2:00 Afternoon Stroll, PPW</div> <div>2:30 One on One</div> <div>3:00 Scenic Drive, FSI</div> <div>5:00 Evening Movie</div> <div>New Year's Eve</div>	<div>December 2025</div> <div>Memory Care</div> <div></div>		



Memory Care
A Great Place to Call Home

Hair Salon
Wednesdays
9:00 AM—1:30 PM
Stylist—Oanh
Sign Up at the Front Desk

Special Activities

- Music with Larissa ~ December 1st @ 1:30 PM*
- Strike up the Band ~ December 3rd @ 1:30 PM*
- Color my World ~ December 8th @ 12:30 PM*
- Art Fun ~ December 10th @ 10:00 AM*
- Cooking with Shelby ~ December 12th @10:00PM*
- Music with Larissa ~ December 15th @ 1:30 PM*
- Crafting with Shelby ~ November 27th @ 10:00 AM*
- Music with Randy Rogers ~ December 18th @ 1:00 PM*
- Sensory Time ~ December 22nd @ 1:00 PM @ 1:30 PM*
- Music with Randy ~ December 23rd @ 1:00 PM*
- Art Time ~ December 24th @ 10:00 AM*
- Merry Christmas & Happy New Year!**
- Scenic Drives with Shelby every Wednesday*

December 2025
THE MONTHLY GAZETTE

"The crisp path through the field in this December snow, in the deep dark, where we trod the buried grass like ghosts on dry toast."
~ Dylan Thomas



Plant of the Month – Christmas Cactus

Christmas cactus is a type of cactus that typically blooms in late December. It is one of several kinds of so-called holiday cacti, including Easter cactus and Thanksgiving cactus, that tend to flower at festive times. Christmas cactus is native to the rainforests of Brazil. While the Thanksgiving cactus has yellow pollen, the Christmas has lovely pink pollen. Similar to other kinds of succulents, Christmas cactus has fleshy, thick, segmented stems capable of water storage. Unlike the many cacti that live in dry environments such as deserts, Christmas cactus



thrive in humid climates and need more frequent watering. These plants require about six weeks of cooler temperatures and 12- to 14-hour stretches of nightly darkness for their gorgeous pink flowers to open. Artificial light can also disrupt this process, so it's necessary to house your Christmas cactus in a light-free space each night.

Special Days

- Hanukkah Begins**
December 14
- Winter Solstice**
December 21
- Christmas**
December 25
- Boxing Day (UK and Canada)**
December 26
- Kwanzaa Begins**
December 26
- New Year's Eve**
December 31

Flower – Holly



The flower for December is the cheerful holly plant. Its bright red berries and shiny, deep-green leaves have come to symbolize the winter holiday season, as it historically has been used in decorations for Christmas and Chinese New Year. This plant also symbolizes protection and good luck, which is why ancient Romans made holly wreaths for newlyweds. Holly grows well in temperate and subtropical climates. Its berries are slightly toxic to humans but can be eaten safely by birds.

Birthstone – Turquoise



December's birthstone is turquoise. This vibrant blue-green gemstone with veins of brown or black is praised for its beauty and mystical qualities. Though found worldwide, turquoise is so named because it was prevalent in Turkish culture. It was traded at Turkish bazaars to Venetian merchants, who brought it to Europe. The Aztecs mined turquoise in the area now known as New Mexico, and a significant amount of turquoise today comes from Arizona, California, and Nevada.