




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 Hot Mocha Social, C 10:00 Morning Exercise, DR 1:00 Wii Bowling, C 1:30 Scenic Drive, L 3:00 Margarita Monday, C 5:30 Evening Movie, FL 6:00 Table Games, C	2 9:00 Morning Tea, LR 10:00 Exercise & Strength 1:00 Walking Group, L 2:00 Entertainment with C.C 5:30 Evening Movie, FL	3 10:00 Morning Exercise, DR 10:30 Shopping-QFC, L 12:30 Cocktails & Trivia, C 2:00 Crafty Creations With Dianna, DR 3:30 Afternoon Stroll, L 5:30 Evening Movie, FL 6:00 Table Games, C	4 Medical Transportation 10:00 Catholic Services, FL 1:00 Afternoon Stroll, C 2:00 Strike up the Band, DR 3:00 Exercise & Strength 5:30 Evening Movie, FL	5 10:00 Morning Exercise, DR 1:00 Afternoon Stroll, L 1:00 Nature Hour, FL 2:00 Birthday Celebration Sandra Walker DR 5:30 Evening Movie, FL	6 10:00 Morning Exercise, DR 2:00 Entertainment with Ken Sabalza, DR 5:30 Evening Movie, FL 6:00 Table Games, C
7 9:00 Morning Musical, DR 10:00 Chair Yoga With Shelby, C 1:00 Walking Club, L 2:00 Bingo, DR 5:30 Evening Movie, FL	8 9:00 Hot Mocha Social, C 10:00 Morning Exercise, DR 1:00 Wii Bowling, C 1:30 Scenic Drive, L 3:00 Margarita Monday, C 5:30 Evening Movie, FL 6:00 Table Games, C	9 9:00 Morning Tea, LR 10:00 Exercise & Strength 1:00 Wii Bowling, C 1:30 Hand & Foot, FL 3:00 Scattegories Word Games, C 5:30 Evening Movie, FL	10 10:00 Morning Exercise, DR 10:30 Shopping-Walgreens, L 12:30 Cocktails & Trivia, C 2:00 Bingo, DR 3:30 Afternoon Stroll, L 5:30 Evening Movie, FL 6:00 Table Games, C	11 Medical Transportation 10:00 Catholic Services, FL 1:00 Afternoon Stroll, L 2:00 Entertainment with Silverbell Carolers, DR 5:30 Evening Movie, FL	12 10:00 Morning Exercise, DR 11:00 Lunch Outing-Red Robin, L 1:00 Nature Hour, FL 2:00 Happy Hour with David & Lynn, DR 5:30 Evening Movie, FL 6:00 Table Games, C	13 10:00 Morning Exercise, DR 2:00 Balloon Volley Ball C 2:30 Word Games, DR 5:30 Evening Movie, FL 6:00 Table Games, C
14 9:00 Morning Musical, DR 10:00 Chair Yoga With Shelby, C 1:00 Walking Club, L 2:00 Bingo, DR 5:30 Evening Movie, FL <small>Hanukkah Begins</small>	15 9:00 Hot Mocha Social, C 10:00 Morning Exercise, DR 1:00 Wii Bowling, C 1:30 Scenic Drive, L 3:00 Margarita Monday, C 5:30 Evening Movie, FL 6:00 Table Games, C	16 9:00 Morning Tea, LR 10:00 Exercise & Strength 1:00 Walking Group, L 1:30 Chef Demo With Josh, DR 3:00 Scattegories Word Games, C 5:30 Evening Movie, FL	17 10:00 Morning Exercise, DR 10:30 Shopping-QFC, L 2:00 Christmas Party With Memphis Bells, DR 5:30 Evening Movie, FL 6:00 Table Games, C	18 Medical Transportation 10:00 Catholic Services, FL 1:00 Activity Talk, DR 2:00 Strike up the Band, DR 3:00 Exercise & Strength 5:30 Evening Movie, FL	19 10:00 Morning Exercise, DR 1:00 Afternoon Stroll, L 1:00 Nature Hour, FL 2:00 Happy Hour with Lindi Moo, DR 5:30 Evening Movie, FL 6:00 Table Games, C	20 10:00 Morning Exercise, DR 2:00 Christmas Sing Along With Ken Sabalza, & Friends, DR 5:30 Evening Movie, FL 6:00 Table Games, C
21 9:00 Morning Musical, DR 10:00 Chair Yoga With Shelby, C 1:00 Walking Club, L 2:00 Bingo, DR 5:30 Evening Movie, FL <small>Winter Begins</small>	22 9:00 Hot Mocha Social, C 10:00 Morning Exercise, DR 1:00 Wii Bowling, C 1:30 Scenic Drive, L 3:00 Margarita Monday, C 5:30 Evening Movie, FL 6:00 Table Games, C	23 9:00 Morning Tea, LR 10:00 Exercise & Strength 2:00 Entertainment with Brian & Jean, DR 3:30 Walking Group, L 5:30 Evening Movie, FL	24 10:00 Morning Exercise, DR 10:30 Shopping-Walgreens, L 12:30 Cocktails & Trivia, C 2:00 Bingo, DR 3:30 Afternoon Stroll, L 5:30 Evening Movie, FL 6:00 Table Games, C	25  <small>Christmas</small>	26 10:00 Morning Exercise, DR 1:00 Afternoon Stroll, L 1:00 Nature Hour, FL 2:00 Happy Hour Bingo, DR 5:30 Evening Movie, FL 6:00 Table Games, C <small>Boxing Day (Canada) Kwanzaa Begins</small>	27 10:00 Morning Exercise, DR 2:00 Balloon Volley Ball C 2:30 Word Games, DR 5:30 Evening Movie, FL 6:00 Table Games, C
28 9:00 Morning Musical, DR 10:00 Chair Yoga With Shelby, C 1:00 Walking Club, L 2:00 Bingo, DR 5:30 Evening Movie, FL	29 9:00 Hot Mocha Social, C 10:00 Morning Exercise, DR 1:00 Wii Bowling, C 1:30 Scenic Drive, L 3:00 Margarita Monday, C 5:30 Evening Movie, FL 6:00 Table Games, C	30 9:00 Morning Tea, LR 10:00 Exercise & Strength 1:00 Foot Care-DR Gorey, FL 1:00 Wii Bowling, C 1:30 Hand & Foot, FL 3:00 Scattegories Word Games, C 5:30 Evening Movie, FL	31 10:00 Morning Exercise, DR 10:30 Shopping-QFC, L 12:30 Afternoon Stroll, DR 2:00 New Year's Eve Party With Sandra Walker, DR 3:30 Afternoon Stroll, L 5:30 Evening Movie, FL 6:00 Table Games, C	<div> <div>December</div> <div>2025</div> <div>Assisted Living</div> </div> 		

December 2025

THE MONTHLY GAZETTE

"The crisp path through the field in this December snow, in the deep dark, where we trod the buried grass like ghosts on dry toast."

— Dylan Thomas



Plant of the Month – Christmas Cactus

Christmas cactus is a type of cactus that typically blooms in late December. It is one of several kinds of so-called holiday cacti, including Easter cactus and Thanksgiving cactus, that tend to flower at festive times. Christmas cactus is native to the rainforests of Brazil. While the Thanksgiving cactus has yellow pollen, the Christmas has lovely pink pollen. Similar to other kinds of succulents, Christmas cactus has fleshy, thick, segmented stems capable of water storage. Unlike the many cacti that live in dry environments such as deserts, Christmas cactus



thrive in humid climates and need more frequent watering. These plants require about six weeks of cooler temperatures and 12- to 14-hour stretches of nightly darkness for their gorgeous pink flowers to open. Artificial light can also disrupt this process, so it's necessary to house your Christmas cactus in a light-free space each night.

Special Days

Hanukkah Begins
December 14

Winter Solstice
December 21

Christmas
December 25

Boxing Day
(UK and Canada)
December 26

Kwanzaa Begins
December 26

New Year's Eve
December 31

Flower – Holly



The flower for December is the cheerful holly plant. Its bright red berries and shiny, deep-green leaves have come to symbolize the winter holiday season, as it historically has been used in decorations for Christmas and Chinese New Year. This plant also symbolizes protection and good luck, which is why ancient Romans made holly wreaths for newlyweds. Holly grows well in temperate and subtropical climates. Its berries are slightly toxic to humans but can be eaten safely by birds.

Birthstone – Turquoise



December's birthstone is turquoise. This vibrant blue-green gemstone with veins of brown or black is praised for its beauty and mystical qualities. Though found worldwide, turquoise is so named because it was prevalent in Turkish culture. It was traded at Turkish bazaars to Venetian merchants, who brought it to Europe. The Aztecs mined turquoise in the area now known as New Mexico, and a significant amount of turquoise today comes from Arizona, California, and Nevada.



Assisted Living

A Great Place to Call Home

Hair Salon
Wednesdays
9:00 AM—1:30 PM
Stylist—Oanh
Sign Up at the Front Desk

- December 2nd @2:00 PM Entertainment with C.C
- December 3rd @2:00 PM Crafty Creations with Dianna
- December 5th @2:00 PM Birthday Celebration with Sandra Walker
- December 6th @2:00 PM Entertainment with Ken Sabalza
- December 11th @2:00 PM Entertainment with Silverbells Carolers
- December 12th @2:00 PM Happy Hour with David & Lynn
- December 17th @2:00 PM Christmas Party with Memphis Bells
- December 19th @2:00 PM Happy Hour with Lindi Moo
- December 20th @2:00 PM Christmas Sing Along Ken Sabalza & Friends
- December 23rd @2:00 PM Entertainment with Brian & Jean
- December 25th Merry Christmas & Happy New Year!
- December 31st @2:00 PM New Year's Eve Party with Sandra Walker

Enjoy Scenic Drives with Dianna every Monday