



# BREAKFAST WITH MR. & MRS. CLAUS



It's that most magical time of year, when Santa, Mrs. Claus, and their merry band of Elves make a special visit to WaltonWood for a holiday breakfast with all the good boys and girls—both young and young at heart. Gather your kids, grandkids, and great-grandkids for a morning straight out of a winter wonderland, where you can enjoy a delicious free breakfast and create joyful memories with the one and only Santa Claus himself. Don't forget your cameras—this is the perfect opportunity to capture heartwarming family photos amidst twinkling lights and festive cheer! Mark your calendars for Saturday, December 13th, 9:00am – 11:00am and get ready for a morning of pure holiday magic.

## \$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they will thank you for it - and then we will thank you for it too! Ask for details!

# CARRIAGE PARK CONNECT

December 2025



## UPCOMING EVENTS

The magic of December has arrived, and with Old Man Winter making his grand entrance, Carriage Park is bursting with festive spirit! Twinkling lights, dazzling decorations, and good cheer fill the air everywhere you look. Our Carriage Park family is gearing up for the most wonderful time of the year! Kicking things off, lunch Out on December 10th at Los Tres Amigos in Canton—spice, laughter, and vibrant flavors await. ¡Olé! Then, hop aboard for our enchanting Holiday Lights Tour on December 11th. Can't make it? No worries—catch the glowing spectacle all over again on December 18th! Climb aboard with your neighbors for an evening of awe and wonder as we explore the brightest displays in town. December is a non-stop celebration! Raise a glass at our lively Holiday Happy Hour on December 12th, then swoon to the spirit of the season at our extraordinary Resident Christmas Party on the 19th. Save your spot for our grand Family Christmas Buffet on December 20th—make sure to RSVP by December 15th to be part of the festive feast! The entertainment is endless, with extra Carolers bringing beautiful music and merriment throughout the month. And to top it all off, join us for the most spectacular New Year's Eve Celebration on December 31st, where we'll say farewell to 2025 in style and usher in a thrilling new year together! From the first twinkle to the final countdown, December at Carriage Park is packed with joy, laughter, and memories waiting to be made. Happy Holidays to everyone—let's make this a December to remember!



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## COMMUNITY MANAGEMENT

Tabitha Sheriff  
Executive Director

Terry Lobb  
Business Office Manager

William Scott  
Independent Living Manager

Amanda Boyer  
Resident Care Manager

Josh Lamphear  
Culinary Manager

Cynthia Hill  
Wellness Co-Ordinator

Erin McGraw  
Life Enrichment Manager IL

Fran Farrell  
Life Enrichment Manager AL

Jonathan VanWicklin  
Environmental Service Manager

Ashley Hall  
Marketing Manager

Kenneth McCormack  
Marketing Manager



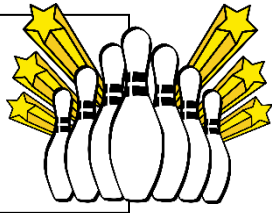
FRIENDS & FAMILY  
REFERRAL PROGRAM



# Congratulations Carriage Park Pinsetters

Bob Sabo, Barbara Hudson, Art Winkel, and Irene Waypa.

1<sup>st</sup> place winners of the WaltonWood AL Bowling League.



For the second year in a row, the unstoppable Carriage Park Pinsetters have once again claimed the coveted 1st place trophy in the fiercely contested WaltonWood AL Bowling League! Facing off against top bowlers from sixteen WaltonWood communities stretching all the way from Michigan to North Carolina, our champions rose to the challenge and delivered an incredible performance. Leading the charge was the indomitable MVP and team captain, Bob Sabo, who dazzled the crowd with a staggering 280 average. Also, a big shout out to our spirited second team, the Lucky Strikes, who bowled their way into an impressive 3rd place finish—proving Carriage Park truly dominates the lanes!



## FOREVER FIT / WELLNESS Chris Grabowski, MS

### Morning Meditation

The holidays are a wonderful time of the year filled with friends, family, parties and gatherings. It’s also some of the more stressful week on the calendar filled with schedule changes and obligations that pull you from your current routine and into a space that can feel somewhat overwhelming. So, take this a gentle reminder that the holiday stress is normal and OK, in fact use this opportunity to acknowledge it and find positive ways to work through it. How we manage this stress will directly impacts how our bodies and minds feel in the weeks to come. This December, try adding a morning meditation to your daily routine. Each morning, take some quiet time for yourself to slow the body, calm the mind and allow yourself to connect with how you feel. It could be something as simple as a 5-minute gratitude meditation giving thanks for what you have in your life or something longer like a 10-mintute body scan allowing yourself to acknowledge how you physically feel today. No matter the time or type this daily practice of mindfulness is the perfect was to quiet the stress and connect to the world around you.

## November Happenings



### Executive Directors Corner

December invites us to slow down, savor small joys, and appreciate the people around us. I am deeply grateful to be part of this community and share these special moments with each of you. My hope is that this month brings you comfort, joy, and meaningful moments with the people who feel like home. Please remember to see the flyer for details on our Christmas Buffet on Saturday, December 20th, including how to RSVP. Wishing you all a beautiful holiday season, Tabitha

