

## DECEMBER

### RESIDENT BIRTHDAYS

1<sup>st</sup>-Jet M.

8<sup>th</sup>- Tia P.

-Jo P.

17<sup>th</sup>-Rita A.

25<sup>th</sup>-Jean H.

28<sup>th</sup>-CeCe C.

## DECEMBER

### ASSOCIATE BIRTHDAYS

1<sup>st</sup>- Helen Grace P.

6<sup>th</sup>-Donna B.

-Danielle P

-Aliyah A,

12<sup>th</sup>- Colonya H.

20<sup>th</sup>-Marlee N.

23<sup>rd</sup>- Bobbie H.

26<sup>th</sup>-Sebastian R.

27<sup>th</sup>-Peyton B.

28<sup>th</sup>-Doris B.

## LIVE ENTERTAINMENT

4<sup>th</sup>-Ethan Uslan

6<sup>th</sup>- All Saints Choir

11<sup>TH</sup>- Providence Preschool

11<sup>th</sup>-Dave Hardman

12<sup>th</sup>- Waltonwood Choir

13<sup>th</sup>- Miller Street Dancers

15<sup>th</sup>-St. Matthews Singers

16<sup>th</sup>- Theresa the Vintage Singer

17<sup>th</sup>-Cranfield Preschool

17<sup>th</sup>- Patrick Hudson

18<sup>th</sup>-Music Maestros singers

23<sup>rd</sup>-Joey Santo

27<sup>th</sup>-John Lewis

29<sup>th</sup>-Jim Ruth

31<sup>st</sup>-John Lewis

Thursday with Fred on the piano

## OUTING SCHEDULE

Mondays @ 9:30am- Bank/Pharmacy

Mondays @ 10:30am- Grocery Store

Sundays @ 10:30am Weddington Methodist Church

1<sup>st</sup>-2:00pm Walmart

5<sup>th</sup>- 12:15-The Nutcracker

8<sup>th</sup>-2:00pm PopShelf and Dollar Tree

12<sup>th</sup>-11:30am-Lunch at North Italia

2:00pm-Target

15<sup>th</sup>-2:00pm-Walmart

19<sup>th</sup>- 9:00-Scrooged the Musical

22<sup>nd</sup>-2:00pm Trader Joe’s and the Library

26<sup>th</sup>-11:30am- Lunch at Sip and Cinder

2:00pm-Belk in Monroe

29<sup>th</sup>-2:00pm Walmart

## \$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately?

When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

# PROVIDENCE CONNECT

## DECEMBER 2025

11945 Providence Rd,  
Charlotte, NC 28277  
[www.waltonwood.com](http://www.waltonwood.com)  
704-246-8636  
Facebook: /Waltonwood Providence

## WHAT’S HAPPENING THIS MONTH

Happy Holidays!!

We have lots going on this month so keep your calendars handy. We will have many singers, dancers and cute little kids for you to enjoy. Holiday decorations and trees are throughout our community as we celebrate the season.

On the 8<sup>th</sup> we will have our annual Waltonwood cookie exchange, details to follow.

On the 19<sup>th</sup> we will have our very own Waltonwood Choir performance at 2pm.

On the 17<sup>th</sup> we will have our White Elephant Bingo. Bring a small wrapped silly gift if you are able.

The 19<sup>th</sup> we will have a Hanukkah luncheon for our Jewish residents. Please sign up at the front desk.

On the 16<sup>th</sup> and the 17<sup>th</sup> we will be going on a Christmas lights tour. The bus will load at 6:15, this is a popular event so one ride per resident please.

On the 12<sup>th</sup> we will have ugly holiday sweater day. We may award a prize or two at Happy Hour so come on by.

We will be ringing in the New Year with John Lewis at 3:30 pm in the game room. After we will have some bubbly and Hors D’oeuvres before dinner.

We hope you have a wonderful holiday season, and we thank you for being a part of our community. It has been our pleasure to plan and do activities for you this year. All the best in 2026! -The Life Enrichment Team.

## COMMUNITY MANAGEMENT

John Ficker  
Executive Director

Laura Anton  
Business Office Manager

Jesus Roman  
Culinary Manager

Ashley Jensen  
Independent Living Manager

Matt Swaney  
Marketing Manager

Cara Nirenberg  
Marketing Manager

Cathy Hill  
Life Enrichment Manager

Isaac Harris  
Environmental Services Manager



## ASSOCIATE SPOTLIGHT

Congratulations to Shakia, our associate of the month! Shakia is a caregiver in our Memory Care as well as our Assisted Living neighborhoods here at Waltonwood Providence. She is from New York City. She has been a valued associate for 6 months. Her favorite things about working here are her ability to give back and her co-workers. Her favorite foods are all things seafood, especially crab legs. Something you may not know about her is her love of black and white movies. She dreams of going to Dubai with her children. We are lucky to have you on our team!



## NOVEMBER HIGHLIGHTS

7<sup>th</sup>

Leaf Trip

14<sup>th</sup>

Veterans  
Museum

15<sup>th</sup>

North  
Carolina  
Week

23<sup>rd</sup>

Thanksgiving  
Buffet

## Morning Meditation

The holidays are a wonderful time of the year filled with friends, family, parties and gatherings. It’s also some of the more stressful weeks on the calendar, filled with schedule changes and obligations that pull you from your current routine. So, take this a gentle reminder that holiday stress is normal and, in fact use this opportunity to acknowledge it. How we manage this stress will directly impacts how our bodies and minds feel in the weeks to come. This December try adding a morning meditation to your daily routine. Each morning take some quiet time for yourself to slow the body, calm the mind and allow yourself to connect with how you feel. It could be something as simple as a 5-minute gratitude meditation giving thanks for what you have in your life or something longer like a 10-mintute body scan allowing yourself to acknowledge how you physically feel today. No matter the time or type this daily practice of mindfulness is the perfect was to quiet the stress and connect to the world around you.

## TRANSPORTATION INFORMATION

Waltonwood offers transportation for medical appointments on Tuesdays, Wednesdays, and Thursdays. Please notify the Concierge of your appointment 24-48 hours in advance with the time, date & location. After reservations are made, each resident will be advised of a departure time within 24 hours prior to each appointment. Appointments will be scheduled between the hours of 8:30 am and 3:30pm, within a 10-mile radius. A Waltonwood driver will drop off & pick up residents in as timely a manner as possible. Please note appointments that are beyond a 10-mile radius will acquire a \$2.00 charge per mile for every additional mile.

In order to ensure the health and safety of our residents and bus drivers, residents must sanitize their hands before and after boarding the transportation vehicle for their appointment.

Each month we have outings to banks, shopping centers, pharmacies, restaurants, grocery stores, and other places. Please see the calendar for specific dates and times and sign up at the table by the mail boxes.

## DECEMBER HIGHLIGHTS

8<sup>th</sup>

Cookie Exchange

17<sup>th</sup>

White Elephant  
Bingo

19<sup>th</sup>

Scrooged the Musical

21<sup>st</sup>

Christmas Brunch



## EXECUTIVE DIRECTOR CORNER

Happy Thanksgiving! I hope all take a few moments to remember all we have to be thankful for. As we move into December, we will have some fun holiday events. Whether it be caroling, touring the festive lights, or spending time with family and relaxing please take time to remember all we are fortunate to have.

Wishing you a great Holiday Season.

John