



Library Reorganization

With the help of our two new wonderful volunteer librarians, Marie Repasky and June Levine, we have reorganized and vamped up our library. Books have been organized by author and genre. If you borrow a book from the library or would like to donate a book, please place it into the brown cart to the right of the computer so our librarians can reshelve all materials. You may also donate current magazines (no more than 3 months old) which can be placed on the credenza across from the fireplace. Newspapers are available on the round table. There is also a screen magnifier to enlarge texts and images and a computer that you may use that are located in the library. Please check out the new changes. Happy reading!



RESIDENT BIRTHDAYS

12/15: Dominick Marzigliano
12/20: Ann Rogers
12/21: Glennys Travis
12/24: Laverne Espinoza
12/30: Thelma Phillips



COMMUNITY COMMUNICATION

12/1 Primrose School Reader's Nook
12/1 Community Holiday Decorating
12/2 Nutcracker Tea Luncheon (RSVP)
12/9 Piano Bar with Floyd Andrew
12/3 Winter Wonderland Café
12/4 Resident/Life Enrichment Meeting
12/6 Blue Ridge Thunder Cloggers
Holiday Dance Show
12/8 Rock Ridge HS Choir Concert
12/9 Songsters Caroling Rehearsal
12/9 Classical Piano Concert with the
Nguyen Brothers
12/10 Holiday Folklore Presentation
12/10 BBSshop Holiday Concert with 6'3"
12/12 Movie Goof Ups Presentation with
Echoes of Nature
12/13 The Nutcracker with Ashburn
Academy of Dance
12/15 Stress Management Techniques
Presentation with Dana
12/15 Ashburn Ukulele Concert
12/16 Cognitive Fitness for Our Brain
Health Pres. With Dana (RSVP)

12/16 Songs of the Season Concert
with Jocelyn
12/16 Winter Gala: Dress to Impress
12/17 Leonardo DaVinci Presentation
with Kimberly Stein
12/17 Let There Be Latkes Luncheon
with Gabby (RSVP)
12/18 Bingo Birthday Bash
12/19 Naughty or Nice Ugly Sweater
Happy Hour
12/20 Santa Visit & Photos
12/22 Holiday Sing Along with Leah &
Friends
12/22 Songsters Community Caroling
12/23 White Elephant Party
12/24 Madonna & Child Presenation
With Juliet
12/24 Holiday Baking with Jocelyn
12/29 Vaudeville & the Birth of American
Show Business Pres. w/ Jimmy
12/31 New Year's Eve Dinner & That's
a Wrap Party



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

ASHBURN CONNECT

DECEMBER 2025



SINGH

44141 Russell Branch Parkway, Ashburn, VA 20147
www.waltonwood.com | 571 918-4854
Facebook: WaltonwoodAshburn



UPCOMING EVENT HIGHLIGHTS

It's beginning to look a lot like the holiday season. It's cold outside, but I say, let it snow so we can walk in a winter wonderland. We've decked the halls and are waiting for you to don your favorite apparel. Whether you've been naughty or nice, here are a few of my favorite things you can join us for this month, but don't be late. We have many concerts and holiday shows in-house and outside of the community to help you celebrate the season. The Bear Ladies and our Veterans are delivering toys to some much needed kids for the holidays. There are many celebrations in December. Learn about different holidays and traditions. Do you enjoy caroling? Join the Waltonwood Songsters as we go awassailing. Our ever popular Nutcracker Tea is back with new surprises. Tis the season of giving, so join us for our White Elephant party where everyone gets a gift to take home. We finish up the month with our That's a Wrap New Year's Eve Party and get ready to ring in the new year. Everyone is looking forward to a healthy and prosperous 2026. It's the most wonderful time of the year and there's no place like home for the holidays. Life is good at Waltonwood.

COMMUNITY MANAGEMENT

Christopher Leinauer
Executive Director

Audrey Wilson
Business Office Manager

Eduardo Villasmil
Culinary Services Manager

Dwayne Johnson
Environmental Services Manager

Tracy Philemon
Independent Living Manager

Chelsea Gray
Marketing Manager

Victor Ast
Marketing Manager

Sharon Prior
Resident Care Manager

Kesha Sampson
AL Wellness Coordinator

Sheryl Warren-Graham
MC Wellness Coordinator

Brandy Alexander
AL Life Enrichment Manager

Jocelyn Jackson
IL Life Enrichment Manager

Desiree Gilbert
MC Life Enrichment Manager

ASSOCIATE SPOTLIGHT

Congratulations to Nicole Lucero for being selected Employee of the Month! Nicole was chosen because she goes above and beyond.

Nicole enjoys working with seniors. She makes a positive impact every day at Waltonwood and ensures that residents feel welcomed, safe and that they have a sense of purpose. Nicole works very well as a team member and covers if someone is not able to work their shift. During a recent incident, Nicole assisted with taking care of a resident emergency while keeping other residents in the surrounding area calm.

Nicole moved from Bolivia to Virginia to be near family. She has worked at Waltonwood since 2019. Nicole started as a server and then transferred to concierge in 2021 as a scheduler. Nicole currently attends George Mason University where she is studying psychology. She will graduate in 2026.

In Nicole’s spare time she enjoys hiking in the Shenandoah Mountains and going to the gym. When Nicole is not studying and doing homework, she loves spending time with family and friends.



NOVEMBER HIGHLIGHTS: Check the Intouch screen for more photos!



FOREVER FIT: Morning Meditation

The holidays are a wonderful time of the year filled with friends, family, parties and gatherings. It’s also some of the more stressful. The calendar is filled with schedule changes and obligations that pull you from your current routine and into a space that can feel somewhat overwhelming. Take this gentle reminder that the holiday stress is normal and okay. In fact use this opportunity to acknowledge it and find positive ways to work through it. How we manage this stress directly impacts how our bodies and minds feel in the weeks to come. This December try adding a morning meditation to your daily routine. Each morning take some quiet time for yourself to slow the body, calm the mind and allow yourself to connect with how you feel. It could be something as simple as a 5-minute gratitude meditation; giving thanks for what you have in your life or something longer like a 10-minute body scan allowing yourself to acknowledge how you physically feel today. No matter the time or type, this daily practice of mindfulness is the perfect way to quiet the stress and connect to the world around you.

TRANSPORTATION INFORMATION

MEDICAL APPOINTMENTS

Medical transportation is available on Mondays & Wednesdays from 8:30-4:00. Appointments must be made using the “Transportation Request Form” located at the front desk and requested no less than 2 business days (Mon-Fri) in advance by 4pm. We do not process requests over the weekend. Transportation is not provided on holidays.

TRIPS

Please sign up at the front desk if you are interested in participating in any of the below trips as seats are limited. Sometimes we are not able to accomodate residents at the last minute as there is a cost for some trips and they need to be planned in advance.

PLEASE NOTE THAT WE ARE ALTERNATING SHOPPING PLAZAS & TIMES.

Sundays at 9am & 12:15pm: Shopping – see calendar for stores of the day
Sundays 10am St. David’s & St. Theresa Church Services

- 12/3 12:30pm Heritage Hunt Chorale Concert: The Most Wonderful Time - \$10 – RSVP by 11/26
- 12/5 11am Lunch Bunch: Ocean Crab – Cost for meal, taxes & tip - RSVP by 12/1
- 12/8 4:30pm Jingle Bell Banquet at Broad Run High School - FREE – RSVP by 12/1
- 12/11 2pm Encore Chorale Concert at Ashburn Senior Center - FREE – RSVP by 12/4
- 12/12 6pm Bull Run Holiday Lights Tour - FREE – RSVP by 12/5
- 12/19 10:30am X Golf (Indoor) - \$25 plus cost for meal, taxes & tip – RSVP by 12/12
- 12/20 10:30am Encore Theatrical Arts Show: Christmas Wish - \$40 – RSVP by 12/12
- 12/26 4:30pm Supper Club: Brix American Bistro – Cost for meal, taxes & tip - RSVP by 12/19

DECEMBER SPECIAL EVENTS

12/1

Communitywide Holiday
Decorating, Cocoa &
Cookies

12/9

Songsters Rehearsal &
Communitywide
Caroling

12/16

Winter Gala: Dress to
Impress

12/23

White Elephant Party



EXECUTIVE DIRECTOR CORNER

The end of the year is a time filled with amazing memories of the adventures you have had for the past few months. We think about where we came from and about where we are going, pursuing the future with joy and hope. May this wonderful New Year be all that you have hoped for and may it be sprinkled with friendship and love. Happy holidays!

