

Bringing independence to living and quality to life

Regency on Whidbey Celebrates Our Veterans

On Monday, November 10th, Regency on Whidbey's Assisted Living building held its annual Veterans Day Ceremony in the Assisted Living Dining Room immediately after lunch. The event began with the recitation of the Pledge of Allegiance, followed by the presentation of the POW/MIA table by George Lawson, a long-time friend of Regency. Executive Director, Wilma Jo Flaherty, then said a few words and read the patriotic poem *With Praise for Aging Veterans* by Reverend Greg Asimakoupoulos. Our speaker this year was Steppe Williford an Air Force Veteran who is now the archivist for the local PBV Museum. Steppe recalled his time stationed in Iceland, witnessing the return of POWs from Vietnam as they stopped at the base there on their way home to the States following their release. He also shared some of the life-lessons that the military had taught him. Following his talk, our Veterans were recognized with a certificate of appreciation for their service.

At Regency on Whidbey about 22 percent of our Residents are Veterans. Once we add in the spouses of Veterans, the percentage of Residents with a military connection rises to about 65 percent. It is for this reason that Regency on Whidbey always honors the Spouses of Veterans with a special Military Spouse reading and a single rose. This year's Ceremony was closed with a prayer offered by one of our Residents, Bob Burke, a Navy Veteran.

On Veterans Day, Residents in Memory Care were honored for their service, while Assisted Living Residents attended the Veterans Day Ceremony at Oak Harbor High School. In the afternoon, Residents from both buildings hit the road, riding on our bus for the Veterans Day Parade.

Thank you to all our Veterans, past and present, and the families who support them.

December
2025



Regency on Whidbey's Management Team

Wilma Jo Flaherty
Executive Director

Kathleen Pendleton MN/RN
Wellness Director

Anelyn Ronquillo LPN
AL Nurse Manager

Mandy Gibbs LPN
MC Nurse Manager

Bonnie Patterson
Business Office Manager

Teri Mendiola
Community Relations
Director

Lanida Brophy
AL Life Enrichment Director

Shawwna Hodges
MC Life Enrichment Director

Annette Krugel
Dietary Manager

Rebecca Letendre
Payroll/HR Director

Jeff Lujan
Maintenance Director

Rizaleen "Riza" Tito
MC Resident Care Coordinator

MaryHelen Hale
AL Resident Care Coordinator



- **Bonnie Noble—12/2**
- **Hunter Weiler—12/3**
- **Michael Jackets—12/6**
- **Lana Burton—12/9**
- **Robert Douglas—12/15**
- **Sandra Swift—12/16**
- **Gerald Frazer—12/26**
- **Bob Clay—12/27**
- **Linda Anderson—12/27**
- **Vera Pitsch—12/27**
- **Chris Bower—12/29**
- **Alan Jones—12/31**
- **Mary Kohn—12/31**
- **Joan Minckler—12/31**



Staff

- **Katelynn Rojas—12/4**
- **Vivian Caroro—12/7**
- **Marina Navarro—12/12**
- **Yamilet Nunez Lopez—12/14**
- **Christina Taylor—12/16**
- **Shawwna Hodges—12/21**
- **Riza Tito—12/30**



Available

**Tuesdays & Thursdays
by appointment ONLY**

11:00am—3:00pm

YOU SHOULD KNOW

While we focus on our Employee Fund during the Holidays, even referring to it as a "Holiday Fund", it is really so much more! Every year, some moneys are reserved for other Employee benefits.

On their Birthdays and work Anniversaries, Staff receive a card with a monetary gift from you, the Residents.

We also use Fund money to order pizza or other snacks for Staff.

Managers can use the Fund to take Staff to lunch or dinner as a thank you for their hard work.

Most importantly, the Fund is used as an Emergency Fund for Employees. If a Staff member has an unexpected financial expense or an emergency, they can request a loan from the Fund to cover that cost.



Door Hours

**Regency on Whidbey's
Front door is
unlocked from
8:30am—5:00pm
Daily**

**Please schedule visits
appropriately.**

**If you will be visiting
or returning to the
building after 5:00pm,
please contact the front
desk for the door code.**

Thank you!!



on facebook



Employee Holiday Fund

As the holidays approach, many Residents and family members look for ways to show their appreciation to the Staff here at Regency on Whidbey.

However, employees are not permitted to accept gifts or money.

Instead, we have an Employee Holiday Fund where all monies given are distributed to all of our employees to show your gratitude.

If you wish, contributions to this fund can be given to the front desk or the business office.

Thank you for your generosity!!

**Please make checks payable to:
Regency on Whidbey**

**Include on the Memo Line:
Employee Holiday Fund**

Thank you!



Regency's Beauty Salons Jennifer Stinson

Memory Care

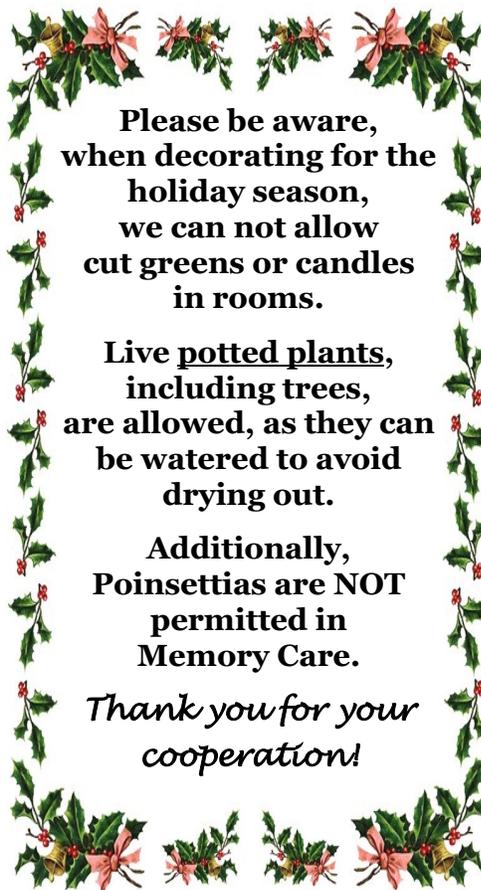
Thursday 9:00-1:00

Assisted Living

Thursday 1:00-5:00

**Schedule an appointment
by calling...**

564-209-8212



Please be aware, when decorating for the holiday season, we can not allow cut greens or candles in rooms.

Live potted plants, including trees, are allowed, as they can be watered to avoid drying out.

Additionally, Poinsettias are NOT permitted in Memory Care.

Thank you for your cooperation!



It is very important that you sign-out when leaving the building and remember to sign-in upon your return. Why? Residents are monitored throughout the day, particularly at meal time. If caregivers cannot find you, the search is broadened. Staff will begin to check other areas of the building and the surrounding area. If you are still not found, Staff will get in their private vehicles and drive out into the community looking for you. As this is happening, Nursing Staff will begin to reach-out to your family members, and if they are not available, the police will be contacted to issue a "Silver Alert."

If you simply do your part, it will save our Staff and local law enforcement a lot of effort.



**Tuesday,
December 9th
10:00am—2:00pm
Friends & Family
Holiday Bazaar**



**Thursday,
December 11th
2:00pm—3:00pm
Dementia Support
Group**

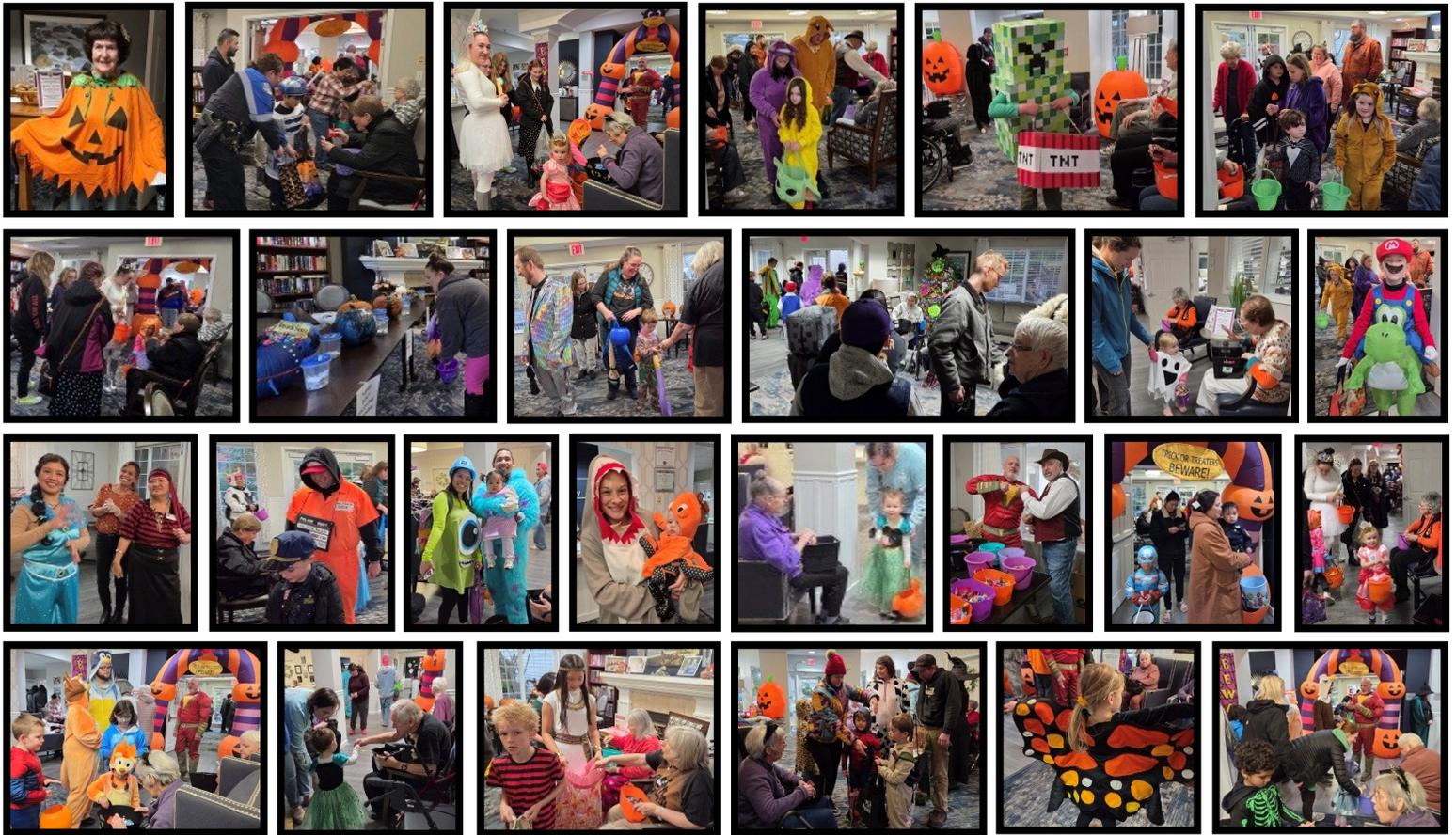


**Monday,
December 15th
5:30pm
Oak Harbor High
School Jazz Band**



**Thursday,
December 25th
11:30am
Christmas Meal
RSVP Required by
Friday, December 12th
Maximum 3 guests
\$25 per guest**





Blithe Spirit at the Playhouse



More Halloween Fun



Memory Care Moments





Bringing independence to living and quality to life

1040 SW Kimball Drive ~ Oak Harbor, WA 98277

360-279-0933

