	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	30	1	2	3	4	5	6
	10:00	Medical Transport Day	Medical Transport Day	9:00 Casino Outing	Changing 0:20 40:00	10:00-11:00	9:00
	Catholic Mass	10:00 Stronger Sr Evergises	9:50	Casino Outing Ride with us to play!	Shopping 8:30-10:00 Walmart 1.5 hr Trip	Musical Memories	Perplexing Puzzlement
	Meet for Mass in the 2nd Floor Chapel	Stronger Sr Exercises Exercises for EVERYONE	OTAGO Better Balance Exercise Class	Sign up in the book at the front desk. Home around 3:00	Sign up in the Lobby to ride <u>9:50</u>	Listen to songs you haven't heard in forever	Grab your puzzle packet from the Front Desk & enjoy
	10:00 Seated Yoga Level 1	Gentle moves, BIG benefits Take that first step with us	Seated & standing Large Dining Room	<u>10:00</u> Stronger Sr Exercises	OTAGO Better Balance Exercise Class	2nd Floor Loft 10:00	<u>10:00</u> Yoga Level 1
	Seated strengthening & maintenance exercises	Large Dining Room 10:00	10:00 Seated Yoga Level 1	Exercises for EVERYONE Gentle moves, BIG benefits	Large Dining Room 10:00	Stronger Seniors Exercise Exercises for EVERYONE	Seated strengthening &
	3rd Floor Theater Room	Seated Yoga Level 1 Seated strengthening &	Seated strengthening &	Take that first step with us Large Dining Room	Seated Yoga Level 1 3rd Floor Theater Room	Gentle moves, BIG benefits Take that first step with us	maintenance exercises 3rd Floor Theater Room
	<u>10:30</u> Yoga Level 2	maintenance exercises 3rd Floor Theater Room	maintenance exercises 3rd Floor Theater Room	<u>10:00</u>	<u>10:30</u> Yoga Level 2	Large Dining Room 10:00	<u>10:30</u> Yoga Level 2
\mathfrak{O}	Alternating from sitting to standing balance exercise	10:30 Yoga Level 2	10:30 Yoga Level 2	Seated Yoga Level 1 Seated strengthening &	sitting to standing, 3rd FI Thtr	Seated Yoga Level 1	Alternating from sitting to
	3rd Floor Theater 1:00	Alternating from sitting to standing balance exercise	Alternating from sitting to standing balance exercise	maintenance exercises 3rd Floor Theater Room	Shopping 12:30 Walmart1hr Trip	3rd Floor Theater Room 10:30	standing balance exercise 3rd Floor Theater
	Pinochle	3rd Floor Theater	3rd Floor Theater	<u>10:30</u> Yoga Level 2	Sign up in the Lobby to ride Lobby	Yoga Level 2 3rd Floor Theater	<u>11:00-1:00</u> Mary Kay Products
	Stop in and play! 3rd Floor Billiard Room	1:00 Volunteer Project	11:00-1:00 Mid Columbia Library	Alternating from sitting to standing balance exercise	1:00-2:30 CHRISTMAS	VETERANS	Get a FREE gift just for
E E	<u>1:00</u> Movie Matinee	Making blankets to donate See how you can get involved	Book Delivery Service Learn more about this service	3rd Floor Theater 1:00	COOKIE	LUNCH Most with Don from VIV 8	stopping by & asking Dianne about the newest products!
O O	Check your flyer for movie info	2nd Floor Craft Room 1:00	provided by Mid. Columbia Our residents have been using	Practice Pinochle	DECORATING Large Dining Room	Meet with Rep. from VFW & fellow Vets. Learn about how	Lobby <u>1:00</u>
	3rd Floor Theater Room 1:30	Pinochle Stop in and play!	this service for years.	Revisit or learn this game 3rd Floor Billiard Room	1:00	the Kenn VFW can help you. Private Dining Room	Pinochle 3rd Floor Billiard Room
	Latter Day Saints Church Service	3rd Floor Billiard Room 2:00	You could too! 3rd Floor Theater	followed by refreshments. Large Dining Room	Stop by and see about playing	1:00 Volunteer Project	1:00 <u>1:00</u>
	We invite you to join us!	\$Nickel\$ Bingo Pay a Nickel each game & a	1:00 Pinochle	Wine Down	3rd Floor Billiard Room <u>2:30</u>	Making blankets to donate See how you can get involved	Movie Matinee 3rd Floor Theater Room
	2nd Floor Chapel <u>2:00</u>	Quarter for the end game	Stop in and play!	Wednesday	PINEWOOD	2nd Floor Craft Room <u>1:00</u>	3:00 BUNCO Dice Game
	Gab & Games	Large Dining Room <u>3:00</u>	3rd Floor Billiard Room <u>1:00</u>	With Sonya	SINGERS CHRISTMAS CAROLS	Pinochle 3rd Floor Billiard Room	with Peytan
	With Makaila Meet up to play!	Happier Hour Hot Chocolate	Shuffeboard	Sip, enjoy singers And a fun time	Sing along with this BIG WONDERFUL group	6:00	Join us for this fun and easy to learn dice game. Have fun,
	Lobby	Stop by for jazzed up hot drinks and socialize	Learn this game again! Friendly competition together	with your Parkview family Maybe you would like to try a	Or just sit back and enjoy Lobby	Shuffleboard Not ready for the fun to stop?	make friends & win candy! Peytan gets to come every 1st
	3:00 Worship in The Word	before dinner. Lobby	3rd Floor Billiard Room <u>3:00</u>	duet with Megan or one of the others that like to sing? Get	<u>1:30</u>	3rd Floor Billiard Room 2:00	& 3rd Saturday 2nd Floor Craft Room
	Scripture, singing & praise	3:00 Bible Figure Lessons	BUNCO Dice Game Join us for this fun and easy to	out there and give it a try. What do you have to lose?	Church Service with Pastor Al	Live music with GREY WOLF BAND	3:00 New Resident
	together. 2nd Floor Chapel	Learn more in-depth &	learn dice game. Have fun,	Meet in the Lobby <u>3:30</u>	A wonderful Christian service 2nd Floor Chapel Room	Music with	Mix & Mingle This is an opportunity to
	6:00 TAI CHI	apply to your daily life 3rd Floor Theater	make friends & win candy! 2nd Floor Craft Room	Rack'em up Billiards Play before dinner	<u>2:00</u> Soda Shop Social	John & Cuco A mix of classic country and	introduce yourself, and get to know new people while
	Slow, controlled & seated	<u>6:00</u> Shuffleboard	<u>3:00</u> Cribbage	3rd Floor Billiard Room 6:00	Hot Chocolate Floats Meet to enjoy this classic treat.	more, come enjoy great music together	enjoying refreshments. Lobby
	upper body exercises. GREAT for the brain too!	Not ready for the fun to stop? 3rd Floor Billiard Room	Peg board game fun for all 3rd Floor Billiard Room	Movie Night	2nd Floor "Coke" Room	Large Dining Room <u>6:00</u>	LUDDy
	3rd Floor Theater Room			Check your flyer for movie info 3rd Floor Theater Room		TAI CHI 3rd Floor Theater Room	
	1					5.555. 11156.51 1150111	

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	7	8	9	10	11	12	13
December 2025	Toologie Day Get a good snuggle from these wonderful dogs. In the Lobby 10:00 Catholic Mass Meet for Mass in the 2nd Floor Chapel 10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 1:00 Pinochle Stop in and play! 3rd Floor Billiard Room 1:00 Movie Matinee 3rd Floor Theater Room 1:30 Latter Day Saints Church Service We invite you to join us! 2nd Floor Chapel 2:00 JEOPARDY Fun trivia for everyone Stimulate your brain! Lobby 3:00 Worship in The Word	Medical Transport Day 10:00 Stronger Sr Exercises Exercises for EVERYONE Gentle moves, BIG benefits Take that first step with us Large Dining Room 10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 1:00 Volunteer Project Making blankets to donate See how you can get involved 2nd Floor Craft Room 1:00 Pinochle Stop in and play! 3rd Floor Billiard Room 2:00 \$Nickel\$ Bingo Pay a Nickel each game & a Quarter for the end game Large Dining Room 3:00 Happier Hour Hot Apple Cider Stop by for a cocktail and socialize before dinner.	Medical Transport Day 9:50 OTAGO Better Balance Exercise Class Seated & standing Large Dining Room 10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 1:00 Standing balance exercise 3rd Floor Billiard Room 1:00 Finochic Stop in and play! 3rd Floor Billiard Room 2:00 Candy BINGO Enjoy all regular BINGO games with mini candy bar prizes 3 winners per game! Large Dining Room 3:00 Join us for this fun and easy to learn dice game. Have fun, make friends & win candy! 2nd Floor Craft Room 6:00 YOUTH STEEL PAN	9:00 Dollar Store Sign up in the Lobby 10:00 Stronger Sr Exercises Large Dining Room 10:00 Seated Yoga Level 1 Seated strengthening 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 11:00 LDS Ladies Lunch & Learn Meet in the Private Dining Room for lunch & fellowship 12:30 Scenic Drive 1hr Join us for a leisurely drive Sign up at the front desk 1:00 Practice Pinochle Revisit or learn this game 3rd Floor Billiard Room 2:00 \$Nickel\$ Bingo Pay a Nickel each game & a Quarter for the end. Cost maybe 60 cents total Large Dining Room 4:00 CHRISTMAS LIGHTS TOUR Sign up in the book at the desk, to ride around the area	Shopping 8:30-10:00 Fred Meyer 1.5 hr Trip 9:30 KENNEWICK SCHOOL CHOIR & JAZZ ENSEMBLE Large Dining Room 9:50 OTAGO Better Balance NOT TODAY Exercise Class Large Dining Room 10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater BEAVER BARK CHRISTMAS WONDERLAND Enjoy amazing Christmas Displays, shop everything Christmas, visit Dancer & Prancer and More! Sign up at the desk 1:00 Pinochle Stop in and play! 3rd Floor Billiard Room 1:30 Church with Pastor Al A wonderful Christian service 2nd Floor Chapel Room 2:00 Soda Shop Social Hot Chocolate Floats	10:00-11:00 Musical Memories NOT TODAY Listen to songs you haven't heard in forever 2nd Floor Loft 10:00 Stronger Sr Exercises Exercises for EVERYONE Gentle moves, BIG benefits Take that first step with us Large Dining Room 10:00 Seated Yoga Level 1 Seated exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 11:00 Lunch & Learn Retired Educators Meet in the Private Dining Room to meet peers and enjoy lunch. 1:00-3:00 GINGERBREAD HOUSES WITH DINING STAFF Large Dining Room 1:00 Volunteer Project Making blankets to donate See how you can get involved 2nd Floor Craft Room 1:00 1:00	9:00 Perplexing Puzzlement Grab your puzzle packet from the Front Desk & enjoy 10:00 Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 1:00 Pinochle Stop in and play! 3rd Floor Billiard Room 1:00 Movie Matinee Check your daily flyer for more specific movie info 3rd Floor Theater Room 1:00 IASON MORGAN Trained Opera Singer & pianist What will he share this time? Meet in the Lobby to enjoy 2:00 Candy Bingo Enjoy all regular BINGO games with mini candy bar prizes 3 winners per game! 3:00 Classical Piana with Richard Enjoy beautiful music
	3:00 Worship in The Word Scripture, singing & praise together.	Stop by for a cocktail and socialize before dinner. Lobby 3:00 Bible Figure Lessons	STEEL PAN CONCERT These drums have a bright,	Sign up in the book at the desk, to ride around the area and view Holiday Happiness. 6:00	2:00 Soda Shop Social Hot Chocolate Floats 2nd Floor "Coke" Room 2:30 Resident Council Mtg	1:00 Pinochle 3rd Floor Billiard Room 6:00	Enjoy beautiful music Lobby <u>3:00</u>
	together. 2nd Floor Chapel 6:00 TAI CHI Slow, controlled & seated upper body exercises. GREAT for the brain too! 3rd Floor Theater Room	Bible Figure Lessons Learn more in-depth & apply to your daily life 3rd Floor Theater	These drums have a bright, festive sound. Come enjoy the most joyful noisethese awesome kids are unforgettable. Large Dining Room	SQUARE DANCE SHOWCASE Join your mailman, Tracy, for good ol' fun. A few custom made "Christmas" dances for you too! Large Dining Room	Resident Council Mtg Meet to discuss goings on about Parkview Large Dining Room 3:00 Joyce's Piano Concert Joyful piano In the Lobby before dinner	6:00 TAI CHI Slow, controlled & seated upper body exercises. GREAT for the brain too! 3rd Floor Theater Room	Shuffleboard Not ready for the fun to stop? 3rd Floor Billiard Room

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
14	15	16	17	18	19	20
	Medical Transport Day	Medical Transport Day			10:00 11:00	9:00 Porplaying Puzzlament
White Board Games Just for fun Word games, Pictionary Lobby 10:00 Catholic Mass Meet for Mass in the 2nd Floor Chapel 10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 1:00 Pinochle Stop in and play! 3rd Floor Billiard Room 1:00 Movie Matinee Check your daily flyer for more detailed movie information 3rd Floor Theater Room 1:00-3:00 Mary Kay Products Get a FREE gift just for stopping by & asking Dianne about the newest products! Lobby 1:30 Latter Day Saints Church Service We invite you to join us! 2nd Floor Chapel 2:00 Candy Bingo Enjoy all regular BINGO games with mini candy bar prizes. Large Dining Room 3:00 Worship in The Word Scripture, singing & praise together. 2nd Floor Chapel 6:00	Medical Transport Day 10:00 Stronger Sr Exercises Exercises for EVERYONE Large Dining Room 10:00 Seated Yoga Level 1 Seated exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Seated to standing 3rd Floor Theater 1:00 Volunteer Project Making blankets to donate 2nd Floor Craft Room 1:00 Pinochle 3rd Floor Billiard Room 3:00 Happier Hour Hot Chocolate Lobby 3:00 Bible Figure Lessons Learn more in-depth & apply to your daily life 3rd Floor Theater 2:00 Resident Birthday Party Celebrate all of the birthdays together!	9:50 OTAGO Better Balance Exercise Class Seated & standing Large Dining Room 10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 12:00 Reading Group for the Sight Impaired Meet in the Private Dining Room to enjoy lunch 1:00 Pinocile Stop in and play! 3rd Floor Billiard Room 2:00 CALICO CHRISTMAS These ladies have amazing harmony and a unique style Enjoy together in the Large Dining Room	9:00 Target Shopping Sign up in the Lobby to ride. 10:00 Stronger Sr Exercises Exercises for EVERYONE Take that first step with us Large Dining Room 10:00 Seated Yoga Level 1 Seated exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Seated to standing exercise 3rd Floor Theater 11:00 Men's Lunch Meet in the Private Dining Room to meet peers and enjoy lunch. 12:30 Scenic Drive 1hr Join us for a leisurely drive Sign up at the front desk 1:00 Practice Pinochle 3rd Floor Billiard Room 2:00 Old Time Fiddlers Large Dining Room 4:00 CHRISTMAS LIGHTS TOUR Sign up in the book at the desk, to ride around the area and view Holiday Happiness. 6:00 DESERT PRAISE QUARTET	Shopping 8:30-10:00 Walmart 1.5 hr Trip Sign up in the Lobby to ride Lobby 9:50 OTAGO Better Balance Exercise Class Strength & balance exercises Large Dining Room 10:00 Seated Yoga Level 1 3rd Floor Theater Room 10:30 Yoga Level 2 3rd Floor Theater Shopping 12:30 Walmart 1hr Trip Sign up in the Lobby to ride 1:00 Pinochle 3rd Floor Billiard Room 1:30 Church with Pastor Al 2nd Floor Chapel 2:00 Soda Shop Social Hot Chocolate Floats Join us for a classic treat! Stay and enjoy together, or take it to go 2nd Floor "Coke" Room 2:30 Shake Rattle & Roll With Bonnie & Bev Enjoy fun piano tunes sure to get you moving in your seat! Lobby	10:00-11:00 Musical Memories Listen to songs you haven't heard in forever 2nd Floor Loft 10:00 Stronger Sr Exercises Exercises for EVERYONE Gentle moves, BIG benefits Take that first step with us Large Dining Room 10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 1:00 Volunteer Project Making blankets to donate See how you can get involved 2nd Floor Craft Room 1:00-2:00 With Makaila Meet up to enjoy Holiday Traditions with a fun artsy twist Large Dining Room 6:00 TAI CHI Slow, controlled & seated upper body exercises. GREAT for the brain too! 3rd Floor Theater Room	

Get a good snuggle from these wonderful dogs. In the Lobby **Catholic Mass** Meet for Mass in the 2nd Floor Chapel Seated Yoga Level 1 Seated strengthening & maintenance exercises **3rd Floor Theater Room** Yoga Level 2 Alternating from sitting to standing exercises. 3rd Floor Theater Stop in and play! 3rd Floor Billiard Room Movie Matinee **3rd Floor Theater Room Latter Day Saints** Church Service We invite you to join us! 2nd Floor Chapel **JEOPARDY** Fun trivia for everyone Stimulate your brain! 2:50-3:20 **CHRISTMAS CAROLS** YOUTH GROUP Worship in The Word Scripture, singing & praise 2nd Floor Chapel TAI CHI 3rd Floor Theater Room

SUNDAY 21 10:00 Doggie Day

10:00

10:00

10:30

1:00

Pinochle

1:00

1:30

Lobby

together

6:00

Medical Transport Day

10:00 Stronger Sr Exercises Exercises for EVERYONE Gentle moves. BIG benefits Take that first step with us Large Dining Room 10:00

MONDAY

22

Seated Yoga Level 1 & 2 Seated exercises

3rd Floor Theater Room 1:00 Volunteer Project

2nd Floor Craft Room 1:00

3rd Floor Billiard Room 1:00

LAURIE'S **CHRISTMAS SING ALONG**

Sing your hearts out! Laurie works to make each get together unique and fun! Lobby 3:00

Happier Hour Hot Apple Cider

Stop by for a cocktail and socialize before dinner. Lobby **3:00**

Bible Figure Lessons

Learn more in-depth & apply to your daily life 3rd Floor Theater 4:00

CHRISTMAS LIGHTS TOUR

Sign up in the book at the desk, to ride around the area and view Holiday Happiness.

6:0Ó SWING UNLIMITED **BIG BAND CHRISTMAS** CONCERT

Enjoy this 18 piece band Large Dining Room

23

Medical Transport Day

TUESDAY

NOT TODAY Seated & standing **Large Dining Room** 10:00

Seated strengthening & maintenance exercises 3rd Floor Theater Room 10:30

Alternating from sitting to standing balance exercise 3rd Floor Theater

PARKVIEW **CHRISTMAS PARTY**

12:30 **PICTURES WITH** SANTA

Meet with Santa & share your list... have you been good, or at least doing your best? Lobby



2:00 **CURTIS NETTLES CHRISTMAS** CONCERT

Large Dining Room 3:00

2nd Floor Craft Room

24

WEDNESDAY

10:00

Stronger Sr Exercises

Exercises for EVERYONE Gentle moves. BIG benefits Take that first step with us **Large Dining Room** 10:00

Seated Yoga Level 1

Seated strengthening & maintenance exercises **3rd Floor Theater Room** 10:30

Yoga Level 2

Alternating from sitting to standing balance exercise 3rd Floor Theater 12:30

Scenic Drive 1hr

Join us for a leisurely drive Sign up at the front desk 1:00

Practice Pinochle

Revisit or learn this game 3rd Floor Billiard Room

CHRISTMAS ORNAMENT HUNT



On every floor an ornament hides. Just waiting there for your wandering eyes! If you find on, come to the desk for a treat, a little Christmas fun to make your day sweet. 6:00

Movie Night

Check your flyer for movie info **3rd Floor Theater Room**

25

THURSDAY



10:00 Yoga Level 1

Seated **3rd Floor Theater Room**

> 10:30 Yoga Level 2

Sitting to standing 3rd Floor Theater Room

11:00~6:00

CHRISTMAS Meal Together

Meet in either Dining Room to enjoy all your Christmas Meal Favorites all day long 1:00

CHRISTMAS MOVIE

MARATHON

Enjoy all the Christmas Classics together in the 3rd Floor Theater Room



Mayle Christmas, he Thought doesn't come from a store. Maylee Christmas perhaps, means a little bit



26

FRIDAY

10:00-11:00 Musical Memories

Listen to songs you haven't heard in forever... 2nd Floor Loft 10:00

Stronger Sr Exercises

Exercises for EVERYONE Gentle moves, BIG benefits Take that first step with us Large Dining Room 10:00

Seated Yoga Level 1

Seated strengthening & maintenance exercises **3rd Floor Theater Room** 10:30

Yoga Level 2

Alternating from sitting to standing balance exercise 3rd Floor Theater

1:00 Volunteer Project

Making blankets to donate See how you can get involved 2nd Floor Craft Room 1:00

Pinochle

3rd Floor Billiard Room 2:00

RUTH DOLLAR **ON PLANO**

Enjoy exceptional piano with our amazing friend <u>3:30</u>

Rack'em up Billiards Meet to play before dinner 3rd Floor Billiard Room 6:00

Shuffleboard Not ready for the fun to stop?

3rd Floor Billiard Room 6:00

TAI CHI

Slow, controlled & seated upper body exercises. GREAT for the brain too! **3rd Floor Theater Room**

Perplexing Puzzlement

9:00

SATURDAY

27

Grab your puzzle packet from the Front Desk & enjoy 10:00

Yoga Level 1

Seated strengthening & maintenance exercises **3rd Floor Theater Room** 10:30

Yoga Level 2

Alternating from sitting to standing balance exercise **3rd Floor Theater** 1:00

Pinochle **3rd Floor Billiard Room**

1:00 Movie Matinee

Check your daily flyer for more detailed movie information **3rd Floor Theater Room**

> 2:00 **Candy Bingo**

Enjoy all regular BINGO games with mini candy bar prizes 3 winners per game! **Large Dining Room** 3:00

Classical Piana

with Richard

Lobby 3:00

Shuffleboard

Not ready for the fun to stop? **3rd Floor Billiard Room**

THURSDAY WEDNESDAY SUNDAY TUESDAY SATURDAY MONDAY FRIDAY 29 30 31 28 3 EN WISHING **Medical Transport Day Medical Transport Day** 10:00-11:00 9:00 10:00 White Board Games **Shopping 8:30-10:00** YOUA Musical Memories <u>10:00</u> **Perplexing Puzzlement** Fred Meyer 1.5 hr Trip Stronger Sr Exercises
Exercises for EVERYONE <u>9:50</u> Just for fun... Listen to songs you Grab your puzzle packet from TAPPY NEW YEAR 9:50 OTAGO Better Balance haven't heard in forever... Word games, Pictionary... the Front Desk & enjoy Exercise Class **OTAGO** Better Balance Gentle moves. BIG benefits 2nd Floor Loft Lobby 10:00 10:00 **10:00** Seated & standing 10:00 Take that first step with us **Exercise Class** Yoga Level 1 **Stronger Sr Exercises Catholic Mass Large Dining Room** Seated Yoga Level 1 **Large Dining Room NOT TODAY Exercises for EVERYONE** Seated strengthening & 10:0Ŏ Meet for Mass in the Alternating from sitting to <u>10:00</u> Seated & standing Gentle moves. BIG benefits maintenance exercises Seated Yoga Level 1 standing balance exercise 2nd Floor Chapel **Seated Yoga Level 1 Large Dining Room** Take that first step with us 10:00 **3rd Floor Theater Room 3rd Floor Theater Room** Seated strengthening & Seated strengthening & **Large Dining Room** 10:00 10:30 Seated Yoga Level 1 maintenance exercises 10:30 maintenance exercises Yoga Level 2 10:00 **3rd Floor Theater Room** Seated strengthening & **Seated Yoga Level 1** Yoga Level 2 **3rd Floor Theater Room** Seated to standing exercises Seated Yoga Level 1 10:30 maintenance exercises Alternating from sitting to Seated strengthening & 10:30 3rd Floor Theater Seated strengthening & Yoga Level 2 **3rd Floor Theater Room** standing balance exercise Yoga Level 2 maintenance exercises 1:00 maintenance exercises 10:30 Alternating from sitting to **3rd Floor Theater** Volunteer Project
Making blankets to donate 3rd Floor Theater Room Alternating from sitting to **3rd Floor Theater Room** Yoga Level 2 standing balance exercise 1:00 Alternating from sitting to standing balance exercise 10:30 10:30 3rd Floor Theater See how you can get involved Pinochle standing balance exercise Yoga Level 2 1:00 3rd Floor Theater Yoga Level 2 2nd Floor Craft Room 1:00 3rd Floor Theater **Volunteer Project** seated to standing exercise 1:00 **3rd Floor Billiard Room** Alternating from sitting to 1:00 Making blankets to donate **3rd Floor Theater** 1:00 **Pinochle** standing balance exercise **Pinochle** See how you can get involved 1:00 Movie Matinee 3rd Floor Billiard Room Stop in and play! **3rd Floor Theater** 2nd Floor Craft Room Stop in and play! **Practice Pinochle 3rd Floor Billiard Room** 3rd Floor Billiard Room 1:00 Shopping 12:30 Check your daily flyer for more **3rd Floor Billiard Room** 1:00 1:00 Pinochle detailed movie information Fred Meyer 1 hr Trip NEON) 6:00 Movie Matinee 3rd Floor Theater Room **3rd Floor Billiard Room** Sign up in the Lobby to ride Movie Night Check your daily flyer for more 2:00 3:00 **3rd Floor Billiard Room** 1:00 **NEW YEAR** Check your flyer for movie info detailed movie information \$Nickel\$ Bingo **New Resident** 2:00 **Pinochle** 3rd Floor Theater Room **3rd Floor Theater Room** WITH JOHN & CUCO Pay a Nickel each game & a Candy BING Mix & Mingle 1:30 Quarter for the end game **3rd Floor Billiard Room** This is an opportunity to Enjoy all regular BINGO games with **Latter Day Saints Large Dining Room** introduce yourself, and get to 1:30 **Church Service** Your present 3:00 candy bar prize know new people while **Church with Pastor Al NEON NEW YEAR** We invite you to join us! Large Dining Room enjoying refreshments. Happier Hour circumstances do not 2nd Floor Chapel A wonderful Christian service with Lobby 3:00 2:00 determine where you Hot Apple Cider 2nd Floor Chapel 3:00 RUNCO Dice Game **GREY WOLF BAND Candy** Bingo BUNCO Dice Game Stop by for a cocktail and can go. They merely determine where 2:00 **Enjoy all regular BINGO games** Just roll with it... **Bring in the new year!** socialize before dinner. with Pevtan **Soda Shop Social** with mini candy bar prizes. Fun dice game for all! Celebrate 2026 with us in the Join us for this fun and easy to Lobby Large Dining Room 2nd Floor Craft Room **Hot Chocolate Floats Large Dining Room** 3:00 learn dice game. Have fun, 3:00 you start. 6:00 make friends & win candy: Peytan gets to come every 1st & 3rd Saturday 3:00 **Bible Figure Lessons** 2nd Floor "Coke" Room Worship in The Word Cribbage TAI CHI Learn more in-depth & 3:00 Scripture, singing & praise apply to your daily life Slow. controlled & seated 3rd Floor Billiard Room Happy New Year! 2nd Floor Craft Róom Joyce's Piano Concert together. 3rd Floor Theater upper body exercises. GREAT 2nd Floor Chapel Joyful piano In the Lobby for the brain too! 6:00 **3rd Floor Theater Room** before dinner TAI CHI Slow, controlled & seated upper body exercises. GREAT for the brain too!