

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 Table Game-CE 11:00 Exercise-PE 2:00 Trivia 3:00 Sing Along-MP 6:00 Balloon Ball	2 10:00 Table Game-CE 11:00 Exercise-PE 2:00 Relaxation Hour- YM/SM 3:00 Task Group	3 10:00 Catholic Service- MP 10:15 Card BINGO-CE 11:00 Exercise-PE 1:30 Protestant Service 3:00 Out & About PE 6:00 Relax and Renew	4 10:00 Table Game-CE 11:00 Exercise-PE 1:45 Rosary-YM 2:30 Cookie Decorating- Art 6:00 Movie 6:00 St. Johns Men's Choir Sing Along- Pub National Cookie Day	5 10:00 Table Game-CE 11:00 Yoga-YM 2:00 Out and About PE 3:00 Trivia	6 10:00 Trivia-CE 11:00 Exercise-PE 2:00 BINGO-CE
7 10:00 Church Video- MP 11:00 Exercise-PE 2:30 Root Beer Floats	8 10:00 Table Game-CE 11:00 Exercise-PE 2:00 Ornament Making 3:00 Sing Along-MP 6:00 Balloon Ball	9 10:30 Brandy (the dog) Visits 11:00 Exercise-PE 2:00 Relaxation Hour- YM/SM 3:00 Christmas Tree Decorating	10 10:00 Catholic Service- MP 10:15 Card BINGO-CE 11:00 Exercise-PE 1:30 Protestant Service 3:00 Music with Steve! 6:00 Relax and Renew	11 10:00 Table Game-CE 11:00 Exercise-PE 1:45 Rosary-YM 2:30 Tinfoil Icicles -MA 6:00 Movie Christmas sweater dress up day	12 10:00 Table Game-CE 11:00 Yoga-YM 2:00 Out and About 3:00 Trivia	13 10:00 Horse Trivia-CE 11:00 Exercise-PE 2:00 BINGO-CE National Horse Day
14 10:00 Church Video- MP 11:00 Exercise-PE 2:30 Root Beer Floats Hanukkah Begins	15 10:00 Table Game-CE 11:00 Exercise-PE 2:00 Trivia 3:00 Sing Along-MP 6:00 Balloon Ball	16 10:00 Table Game-CE 11:00 Exercise-PE 2:00 Relaxation Hour- YM/SM 3:00 Task Group	17 10:00 Catholic Service- MP 10:15 Card BINGO-CE 11:00 Exercise-PE 1:30 Protestant Service 3:00 Out & About 6:00 Relax and Renew	18 10:00 Table Game-CE 11:00 Exercise-PE 1:45 Rosary-YM 2:30 Christmas Trivia 6:00 Movie	19 10:00 Table Game-CE 11:00 Yoga-YM 2:00 Out and About 3:00 - 4:00 CHRISTMAS PARTY AND MUSIC WITH STEVE Semi Formal Holiday dress up day	20 10:00 Trivia-CE 11:00 Exercise-PE 2:00 Winter Word Game-CE
21 10:00 Church Video- MP 11:00 Exercise-PE 2:30 Root Beer Floats Winter Begins	22 10:00 Table Game-CE 11:00 Exercise-PE 2:00 Hot Chocolate Bar 3:00 Sing Along-MP 6:00 Balloon Ball	23 10:00 Table Game-CE 11:00 Exercise-PE 2:00 Relaxation Hour- YM/SM 3:00 Task Group	24 NO CATHOLIC SERVICE 10:15 Card BINGO-CE 11:00 Exercise-PE 1:30 No protestant service hymn sing along. 3:00 Music with Steve! 6:00 Relax and Renew	25 NO ACTIVITIES MERRY CHRISTMAS!!! Christmas	26 10:00 Table Game-CE 11:00 Yoga-YM 2:00 Out and About 3:00 Trivia Boxing Day (Canada) Kwanzaa Begins	27 10:00 Trivia-CE 11:00 Exercise-PE 2:00 BINGO-CE
28 10:00 Church Video- MP 11:00 Exercise-PE 2:30 Root Beer Floats	29 10:00 Table Game-CE 11:00 Exercise-PE 2:00 Trivia 3:00 Sing Along-MP 6:00 Balloon Ball	30 10:00 Table Game-CE 11:00 Exercise-PE 2:00 Relaxation Hour- YM/SM 3:00 Task Group	31 GOLD AND SILVER DRESS UP DAY 10:00 Catholic Service-MP 10:15 Card BINGO-CE 11:00 Exercise-PE 1:30 Protestant Service 3:00 Out & About 6:00 Relax and Renew New Year's Eve	CE- Cognitive exercise PE- physical exercise MP- Music Program YM/SM- Yoga Meditation ART- art programing		