



LAKE FOREST AT SWIFT CREEK

6050 Harbour Green Dr • Midlothian, VA 23112 • (804) 563-2999

December 2025

LAKE FOREST AT SWIFT CREEK

UGLY SWEATER PARTY

DECEMBER 19 | 5:30PM



Hello December!

Welcome to the December edition of the Lake Forest at Swift Creek newsletter! As we enter this joyful and reflective season, we are grateful for the warmth, kindness, and community spirit that make Lake Forest such a wonderful place to call home. December brings opportunities to celebrate together, enjoy festive events, and look ahead to a bright new year. We hope this month fills you with peace, joy, and meaningful moments shared with neighbors and friends.

Save the Date

Holiday Cocktails w/ Salt & Acid	12/2
Hot Breakfast Social	12/5, 12/23
Civil War Museum: Civil War Medicine	12/10
Tacky Light Tour	12/11
Hot Cocoa Bar	12/12
Christmas Music w/ Kevin Salyer	12/16
Christmas Tea w/ Savory Tea Blend Co.	12/18
Ugly Sweater Christmas Party	12/19
New Year's Social	12/30

A Jolly Message From Your Property Manager



Ho ho ho, Lake Forest family! The holiday season is officially here, and I'm so excited to

celebrate this cheerful and heartwarming time of year with all of you. December always brings a special kind of magic to our community twinkling lights, warm smiles, and the wonderful feeling of togetherness that truly makes Lake Forest at Swift Creek feel like home. You make this place shine brighter than any holiday decoration. One event you won't want to miss is our **Ugly Sweater Christmas Party on December 19th from 5:30–7:30 PM!** It's the perfect chance to show off your funniest, wildest, or most delightfully tacky holiday sweater. Come out and enjoy an evening filled with laughter, music, food and great company. These moments of celebration are what bring us closer and remind us why this community is so special. As we enjoy the holiday season, let's continue to spread kindness, look out for one another, and share a little extra joy wherever we can. Whether you're spending time with loved ones, relaxing at home, or joining in our community events, Wishing each of you a merry and magical December, and a bright start to the new year ahead!

Resident Spotlight- Harold "Chappy" Menninger



Harold "Chappy" Menninger lived a life marked by integrity, curiosity,

and accomplishment. Born in Queens and raised on Long Island, he began as a science teacher before rising to roles as a college dean, head soccer coach, and athletic director at several NCAA Division I universities, even serving nationally with the NCAA. A standout collegiate athlete, Chappy competed in the NCAA National Championship, earned All-American honors, and later led the University of Southern Maine to three NAIA National Championships, including a memorable Rose Bowl victory. His achievements earned him numerous awards, induction into two Athletic Halls of Fame, and even two holes-in-one. Beyond athletics, he raced homing pigeons with his father, placing in the 1960 World's Fair Race, sailed and lobstered in Casco Bay, and built everything from a seven-foot hutch to a handcrafted 1776 Isaac Hayes flintlock musket. Married for over 60 years to Joan Carolyn Bouchier, he takes great pride in his two sons, their wives, six grandchildren, and his brother and sister, all carrying forward his spirit of adventure, craftsmanship, and joy for life.



All About December

December is a month full of history, meaning, and seasonal magic. Its name comes from the Latin word "*decem*," meaning **ten**, because it was once the tenth month in the early Roman calendar. December's

birthstones, turquoise, zircon, and tanzanite, are all symbols of good fortune and peace. This month also brings the **Winter Solstice**, the longest night of the year, after which the days slowly begin to grow longer again.

Around the world, December is celebrated with many beloved traditions, including Christmas,

Hanukkah, Kwanzaa, and various New Year festivities. And here's a fun surprise: the holiday favorite "**Jingle Bells**" wasn't originally written for Christmas at all—it was actually composed for Thanksgiving!

December Quiz!

Which song was *not* originally written for Christmas?

- A. Silent Night
- B. Jingle Bells
- C. O Christmas Tree
- D. Deck the Halls



As we head into the colder months, our service team is working hard to keep Lake Forest safe, warm, and comfortable. Please let us know right away if you notice any drafts, heater issues, or leaks so we can address them quickly. Remember to keep windows fully closed during chilly nights and report any concerns through the office or service request system.



Happy Birthday to....

Kronette L.	12/1
Gail F.	12/1
Harvey P.	12/5
Constance H.	12/7
Susan S.	12/9
James R.	12/10
Karen C.	12/17
Curtis B.	12/19
Ronald M.	12/21
Sherlock B.	12/23
Patricia W.	12/28
Laura L.	12/30
Jose S.	12/31



Hot Breakfast Social & Social Hour

Hot Breakfast Social: Join us twice a month for a hearty hot breakfast featuring eggs, bacon, sausage, pancakes and more! It's the perfect way to start your day—share a meal, catch up with neighbors and enjoy a warm, welcoming atmosphere.

**Twice a Month
10:30am-11:30am in the Resident Lounge.**

Social hour: Enjoy one complimentary drink on us! We also offer a selection of soft drinks and nonalcoholic beverages. Relax and unwind in the afternoon while savoring a beverage with new friends. Feel free to bring your own beverages if you prefer—offered Monday, Wednesday and Friday from 4-5pm in the Resident Lounge.



Lake Forest Fun Times!



Lake Forest Fit Fact
Just 10–15 minutes of light daily movement such as stretching, gentle walking, or simple chair exercises, can boost circulation, support balance, and keep joints flexible throughout the chilly season. Staying lightly active can also lift your mood and help reduce stiffness that often comes with colder weather.

Staff Directory & Info



Brian Crookshank, Property Manager
Vinny Verasammy, Assistant Property Manager
Tay Jones, Program Director
Wayne Penny, Service Manager
Abigail Kozak, Leasing Specialist
Office Phone Number: 804.563.2999
Emergency Maintenance: 804.563.2999 Option: 3
Hours of Operation:
Monday-Friday- 9:00am-6:00pm
Saturday- 10:00am-5:00pm
Sunday- Closed

