



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>UGLY SWEATER PARTY</p> <p>DECEMBER 19 5:30 PM</p>	<p>1</p> <p>10:00 Tai Chi (YS) 11:00 *Rummikub (HC) 4:00 Social Hour (RL) 6:00 Sunset Cinema (MT)</p>	<p>2</p> <p>10:00 Gentle Strength Training w/ Coach Malik (YS) 1:00 *Mahjong (L) 2:00 Salt & Acid Holiday Cocktail Demonstration (RL) 3:00 *Texas Hold 'Em (RL) 6:00 Josh Urban:1950: What Was In The Water?</p>	<p>3</p> <p>10:00 Line Dancing Class w/ Eleanor (YS) 1:00 *Yarn Group (L) 1:00 Lunch & Learn w/ A Touch of Grace (HC) 1:00 Yoga w/ Petra (YS) 2:00 *Bridge (L) 2:15 Hand & Foot (RL) 4:00 Social Hour (RL)</p>	<p>4</p> <p>National Cookie Day</p> <p>10:00 Gentle Strength Training w/ Coach Malik (YS) 10:00 Neurogrid Pop Up Puzzles (HC) 2:00 Gingerbread Cookies (RL) 3:00 *Poker (RL)</p>	<p>5</p> <p>10:00 Hot Breakfast Social (RL) 1:00 *Mahjong (L) 1:00 Yoga w/ Petra (YS) 2:15 Hand & Foot (RL) 4:00 Social Hour (RL)</p>	<p>6</p> <p>1:00 *Pennies From Heaven (L)</p>
<p>7</p> <p>2:00 *Bunco (RL) 4:30 Les Miserables at Altria Theater Outing *</p>	<p>8</p> <p>10:00 Tai Chi (YS) 11:00 *Rummikub (HC) 3:00 Bingo (RL) 4:00 Social Hour (RL) 6:00 Sunset Cinema (MT)</p>	<p>9</p> <p>9:00 Educational Continental Breakfast w/ Enlight Hospice (HC) 10:00 Gentle Strength Training w/ Coach Malik (YS) 1:00 *Mahjong (L) 3:00 *Texas Hold 'Em (RL) 6:00 Doc Dingley Concert Series: The Doobie Brothers (MT)</p>	<p>10</p> <p>10:00 Line Dancing Class w/ Eleanor (YS) 1:00 *Yarn Group (L) 1:00 Yoga w/ Petra (YS) 2:00 *Bridge (L) 2:00 Civil War Museum: Civil War Medicine (RL) 2:15 Hand & Foot (RL) 4:00 Social Hour (RL)</p>	<p>11</p> <p>10:00 Gentle Strength Training w/ Coach Malik (YS) 3:00 *Poker (RL) 3:00 Treats & Trivia w/ Fresnel Financial Services (RL) 4:30 The Tacky Light Tour Social (RL) 5:30 Departure for Tacky Light Tour</p>	<p>12</p> <p>1:00 *Mahjong (L) 1:00 Yoga w/ Petra (YS) 2:15 Hand & Foot (RL) 4:00 Social Hour (RL) 5:00 Hot Cocoa & Tunes w/ Joe Loschiavo (HC)</p>	<p>13</p> <p>1:00 *Pennies From Heaven (L)</p>
<p>14</p> <p>1:00 NFL Sunday Pizza Social (RL)</p>	<p>15</p> <p>10:00 Breakfast & Bingo w/ Devoted Health Plans (HC) 10:00 Tai Chi (YS) 11:00 *Rummikub (HC) 4:00 Social Hour (RL) 6:00 Doc Dingley Concert Series: Loggins & Messina (MT)</p>	<p>16</p> <p>10:00 Gentle Strength Training w/ Coach Malik (YS) 1:00 *Mahjong (L) 1:00 Holiday Luncheon @ Charred\$ 3:00 *Texas Hold 'Em (RL) 6:00 Christmas Music w/ Kevin Saiyer (HC)</p>	<p>17</p> <p>1:00 *Yarn Group (L) 1:00 Yoga w/ Petra (YS) 2:00 *Bridge (L) 2:00 Christmas Tea Blend Tasting w/ Savory Blend Tea Co. (RL) 2:15 Hand & Foot (RL) 4:00 Social Hour (RL)</p>	<p>18</p> <p>3:00 *Poker (RL) 3:00 New Resident Orientation (MT)</p>	<p>19</p> <p>1:00 *Mahjong (L) 1:00 Yoga w/ Petra (YS) 2:15 Hand & Foot (RL) 5:00 Ugly Sweater Christmas Party!</p>	<p>20</p> <p>1:00 *Pennies From Heaven (L)</p>
<p>21</p> <p>2:00 *Bunco (RL)</p>	<p>22</p> <p>10:00 Tai Chi (YS) 11:00 *Rummikub (HC) 2:00 Arts w/ Richelie (AR) 4:00 Social Hour (RL) 6:00 Hot Cocoa & Christmas Movie Classic (MT)</p>	<p>23</p> <p>9:00 Hot Breakfast Social (RL) 10:00 Gentle Strength Training w/ Coach Malik (YS) 1:00 *Mahjong (L) 3:00 *Texas Hold 'Em (RL) 4:00 Social Hour (RL)</p>	<p>24</p> <p>Office Closed- Christmas Eve 2:00 *Bridge (L)</p>	<p>25</p> <p>Merry Christmas & Happy New Year</p>	<p>26</p> <p>1:00 *Mahjong (L) 1:00 Yoga w/ Petra (YS) 2:15 Hand & Foot (RL)</p>	<p>27</p> <p>1:00 *Pennies From Heaven (L)</p>
<p>28</p> <p>10:00 Tai Chi (YS) 11:00 *Rummikub (HC) 4:00 Social Hour (RL) 6:00 Sunset Cinema (MT)</p>	<p>29</p> <p>10:00 Tai Chi (YS) 11:00 *Rummikub (HC) 4:00 Social Hour (RL) 6:00 Sunset Cinema (MT)</p>	<p>30</p> <p>10:00 Gentle Strength Training w/ Coach Malik (YS) 1:00 *Mahjong (L) 3:00 *Texas Hold 'Em (RL) 4:00 Jazzy New Year's Eve Social/Birthday Social (RL)</p>	<p>31</p> <p>Office Closed- New Year's Eve 1:00 *Yarn Group (L) 2:00 *Bridge (L) 2:15 Hand & Foot (RL)</p>	<p>Please note that all activities can be subject to change; any updates will be communicated in advance.</p>	<p>Legend/Key</p> <p>RL: Resident Lounge, 1st Floor P: Pavilion, 1st Floor AR: Art Room, 3rd Floor HC: Harbour Cafe, 2nd Floor YS: Yoga Studio, 3rd Floor MT: Movie Theater, 3rd Floor ML: Main Lobby, 2nd Floor L: Library, 2nd Floor *:Resident-Led Activities</p>	<p>Happy Holidays From the Lake Forest Team!</p> <p>Wishing you joy, peace, and a wonderful season filled with warmth and celebration. We're grateful for our amazing community and look forward to a bright, new year together!</p>