


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Key to Programs & Rooms (S) Social AR- Activity Room (O) Outing MV-Mountain View (E) Exercise Dec(3rd floor) (C) Cognitive L-Library (L) Lecture LB- Lobby (P) Presentation CY-Courtyard (V) Vender P-Pub (M) Music	9:00 Kroger/Kings Booster Clinic-L 9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:45 EPM Blood Pressure Clinic (V)AR 10:45 Meditation (C)T 11:30 Walker Clinic (V)AR 1:00 Aquacise (E)Pool 1:00 Wii Bowling Game (E)AR 2:00 Bible Study (R)P 2:30 LCR Dice Game (S/C)AR 6:30 Fast Track Game (S/C)P 6:30 Poker Card Game (S/C)AR	9:00 Trader Joe's & Dollar Tree (O)L 9:30 Trader Joe's & Dollar Tree (O)L 10:00 Thera Bands Exercise (E)AR 10:30 Weights Exercise (E)AR 1:00 Office Hours with the ED (M)P 1:00 Bridge Card Game(S/C)P 1:00 Scat Card Game (S/C)AR 3:00 Happy Hour w/Live Music (M)AR 3:00 Touching Lives (R)TSAR 6:30 Up & Down the River Game(S/C)P 6:30 Residents Choice (P)T	9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:30 Mah Jongg Game (S/C)P 10:45 Meditation (C)T 1:00 Aquacise (E) Pool 1:30 Cash Bingo Game (S/C)AR 3:00 Eggnog Social (S/C)AR 6:30 Hand & Foot Card Game (S/C)AR 6:30 Pub open for games	9:30 Weights Exercise (E)AR 10:30 Wii Games Exercise (S/C)AR 10:45 Blackjack Bunch Cards (S/C)AR 1:00 Resident Craft Fair until 4:00 in In the Activity Room 2:00 Scat Card Game (S/C) Hallway 3:00 Resident Happy Hour(S)P	9:00 Aquacise (E)Pool 10:30 Scat Card Game (S/C)P 11:00 Thornton Outlet Mall (O)L 1:00 Skip Bo Card Game (S/C)AR 2:00 Maj Jongg Game (S/C)P 6:30 Resident Bingo Game (S/C)AR	9:30 Coffee & Donuts (S)AR 12:30 Hand & Foot (S/C)AR 1:00 Create n' Chat Club (A/S)PL 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)P 2:00 Melodium Concert (M)AR 6:30 Poker Card Game (S/C)AR
8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Skip Bo(S/C)AR 2:00 Scat Card Game(C)AR 4:00 Cards (S/C)AR	9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:45 Meditation (C)T 1:00 Christmas Social with Music In the Lobby 1:00 RR Aquacise (E)Pool 2:00 Bible Study Group (R)P 2:30 LCR Dice Game (S/C)AR 6:30 Fast Track Game (S/C)P 6:30 Poker Card Game (S/C)AR	9:00 King Soopers/Safeway (O)L 9:30 King Soopers/Safeway (O)L 10:00 Thera Bands Exercise (E)AR 10:30 Weights Exercise (E)AR 1:00 CH Book Mobile Library (V)PL 1:00 Bridge (S/C)P 1:00 Scat Card Game (S/C)AR 3:00 Happy Hour w/Live Music(M)AR 3:00 Touching Lives (R)TSAR 6:30 Up & Down the River Game(S/C)P 6:30 Residents Choice (P)T	9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:30 Mah Jongg Game (S/C)P 10:45 Meditation (C)T 1:00 RR Aquacise (E) Pool 1:30 Cash Bingo (S/C)AR 3:00 Mulled Wine Social (S/C)AR 6:30 Hand & Foot (S/C)AR 6:30 Pub open for games *Open House for all floors for Holiday Decorations. See dailies	9:30 Weights Exercise (E)AR 10:30 Wii Games Exercise (S/C)AR 10:45 Blackjack Bunch Cards (S/C)AR 1:00 Better Balance Exercise(E)AR 1:30 Crafty Corner Arts (A)AR 2:00 Scat Card Game (S/C)AR 2:30 Ginger Snaps in the Lobby 3:00 Resident Happy Hour(S)P	OnSite Dermatology on Campus 9:00 RR Aquacise (E)Pool 9:30 Seated Cardio Exercise(E)AR 10:00 Chair Yoga Exercise (E)AR 10:30 Scat Card Game (S/C)P 10:45 Meditation (C)T 11:00 Hammonds Candy Factory (O)L 11:45 reservation 1:00 Skip Bo Card Game (S/C)AR 2:00 Maj Jongg Game (S/C)P 2:30 Piano Performance by Daniel 6:30 Resident Bingo Game (S/C)AR	9:30 Coffee & Donuts (S)AR 1:00 Hand & Foot (S/C)AR 1:00 Create n' Chat Club (A/S)PL 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)P 2:00 Bryan Dubrow Bluegrass Concert In the Summit Activity Room 6:30 Poker Card Game (S/C)AR
8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Skip Bo(S/C)AR 2:00 Scat Card Game(C)AR 4:00 Cards (S/C)AR Hanukkah Begins	8:45 VNA Foot Clinic (V)TSAR 10:30 Resident Assembly (M)AR 1:00 Active Minds Presents The Erie Canal (P)AR 1:00 Aquacise (E)Pool 2:00 Bible Study Group (R)P 2:30 LCR Dice Game (S/C)AR 6:30 Fast Track Game (S/C)P 6:30 Poker Card Game (S/C)AR	9:00/9:30 Walmart & Spouts (O)L 10:00 Thera Bands (E)AR 10:30 Weights Exercise (E)AR 1:00 Office Hours w/ the ED (M)P 1:00 Bridge Card Game (S/C)Pub 1:00 Scat Cards (S/C)AR 3:00 Happy Hour w/Live Music (M)AR 5:30 Holiday Light Drive (O)L 6:30 Up & Down the River Game(S/C)P 6:30 Residents Choice(P)T	9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:30 Mah Jongg Game (S/C)P 10:45 Meditation (C)T 1:00 Aquacise (E) Pool 2:00 Vintage Yuletide Carolers with cookies and coco (M)AR 5:30 Holiday Light Drive (O)L 6:30 Hand & Foot (S/C)AR 6:30 Pub open for games	9:30 Weights Exercise (E)AR 10:30 Wii Games Exercise(S/C)AR 10:45 Blackjack Bunch Cards (S/C)AR 1:00 Better Balance Exercise (E)AR 1:30 Crafty Corner Arts (A)AR 2:00 M&M Boys Piano Concert The Summit Activity Room 2:00 Scat Card Game (S/C)AR 2:30 Chef Chat (M)DR 3:00 Resident Happy Hour (S)P	9:00 Aquacise (E)Pool 9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:30 Scat Card Game (S/C)P 10:45 Meditation (C)T 11:00 World Market Shop (O)L 1:00 Skip Bo Card Game (S/C)PUB 1:00 Calendar Review (M)PUB 2:00 16 th Anniversary Party for Mountain View Building (M)AR 2:00 Maj Jongg Game (S/C)P 6:30 Resident Bingo Game (S/C)AR	9:30 Coffee & Donuts (S)AR 1:00 Hand & Foot (S/C)AR 1:00 Create n' Chat Club (A/S)PL 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)P 6:30 Poker Card Game (S/C)AR
Winter Brunch 8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Skip Bo(S/C)AR 2:00 Scat Card Game(C)AR 4:00 Cards (S/C)AR Winter Begins	10:30 Town Hall (M)AR 1:00 Aquacise (E)Pool 2:00 Christmas with the Browns Presented by Historic Denver Molly Brown House Museum (L) In the Activity Room 2:00 Bible Study Group (R)P 2:30 LCR Dice Game (S/C)AR 6:30 Fast Track Game (S/C)P 6:30 Poker Card Game (S/C)AR	9:00 King Soopers/Safeway (O)L 9:30 King Soopers/Safeway (O)L 10:00 Thera Band Exercise (E)AR 10:30 Weights Exercise (E)AR 1:00 Bridge Card Game (S/C)P 1:00 Scat Card Game (S/C)AR 1:00 Parkinson's Support (M/S)TST 3:00 Happy Hour w/Live Music (M)AR 6:30 Up & Down the River Game(S/C)P 6:30 Residents Choice (P)T	9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:30 Mah Jongg Game (S/C)P 10:45 Meditation (C)T 1:00 RR Aquacise (E) Pool 1:00 Christmas Carols (M)TSAR 1:30 Cash Bingo Game(S/C)AR 6:30 Hand & Foot (S/C)AR 6:30 Pub open for games	 Christmas	9:00 Donation Station-AR 9:00 RR Aquacise (E)Pool 9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:30 Scat Card Game (S/C)P 10:45 Meditation (C)T 11:00 Wishbone Restaurant (O)L 1:00 Skip Bo Card Game (S/C)AR 2:00 Maj Jongg Game (S/C)P 6:30 Resident Bingo Game (S/C)AR Boxing Day (Canada) Kwanzaa Begins	9:30 Coffee & Donuts Social (S)AR 1:00 Hand & Foot Card Game (S/C)AR 1:00 Create n' Chat Club (A/S)PL 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)P 6:30 Poker Card Game (S/C)AR
8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Skip Bo(S/C)AR 2:00 Scat Card Game(C)AR 4:00 Cards (S/C)AR	9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise(E)AR 10:45 Meditation (C)T 1:00 Aquacise (E)Pool 1:00 Wii Bowling Exercise (E)AR 2:00 Bible Study Group(R)P 2:30 LCR Dice Game (S/C)AR 6:30 Fast Track Game (S/C)P 6:30 Poker Card Game (S/C)AR	9:00 Target & Dollar Tree (O)L 9:30 Target & Dollar Tree (O)L 10:00 Thera Bands Exercise (E)AR 10:30 Weights Exercise (E)AR 1:00 Bridge Card Game (S/C)P 1:00 Scat Card Game (S/C)AR 3:00 Happy Hour w/Live Music (M)AR 3:00 Touching Lives (R)TSAR 6:30 Up & Down the River Game(S/C)P 6:30 Residents Choice (P)T	9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:30 Mah Jongg Game (S/C)P 10:45 Meditation (C)T 1:00 Aquacise (E) Pool 1:30 Prize Bingo Game (S/C)AR 3:00 NYE Champagne Toast-Lobby 6:30 Hand & Foot Card Game (S/C)AR 6:30 Pub open for games New Year's Eve	<div> <div>December 2025</div> <div>Mountain View Building</div> </div>		