
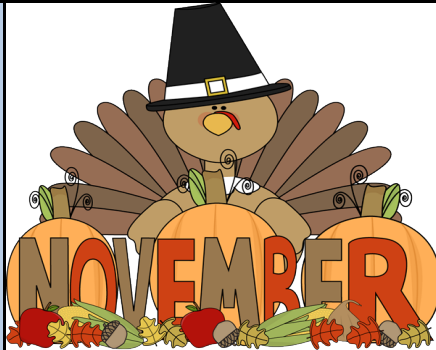


















2025 November

Find us on 

 **WHITE OAKS** a Randall Residence
Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The 2025 Randall University Theme: <i>Island Hopping</i> This month we will be exploring: <i>The Caribbean</i>		Meal Times Breakfast– 7am-9am Lunch– 11:30am Dinner–4:30pm		Activity schedule is subject to change without notice. Please see posted daily activity sheets for most accurate schedule.		1 9:30 Stretch 10:00 Bingo 1:30 Movie and Popcorn: <i>Pirates of the Caribbean</i>
2 Daylight Saving Time Ends 10:00 Cards Club 1:00 “Walkie Talkies” Resident Led Walking Club 2:45 Church Service 	3 9:30 Stretch 10:00 Bible Study with Tim 2:00 Mike Talbot Music 3:15 Documentary: <i>Treasure of the Caribbean</i>	4 Election Day 9:30 Stretch 10:00 Explore The Caribbean 2:00 Bingo 3:15 Cards Club/Open Gym 	5 Beauty Shop Day 9:30 Drumming Exercise 10:00 Craft and Knitting Club 1:30 Outing to Dollar Tree/Goodwill Happy Birthday Janet and Jim!	6 9:15 Bible Study with Doug 10:00 Jeff and Jim Music 2:00 Bingo 3:15 Ping Pong/Open Gym 	7 9:30 Lunch Outing to Turkeyville 2:30 Buzz’s Birthday Party! 	8 9:30 Stretch 10:00 Bingo 1:30 Movie and Popcorn: <i>The Finest Hours</i>
9 Happy Birthday Thelma! 10:00 Cards Club 1:00 “Walkie Talkies” Resident Led Walking Club 2:45 Church Service	10 9:30 Stretch 10:00 Bible Study with Pr. Bob 2:00 Indoor Volleyball 3:15 Documentary: <i>Wonders of the Caribbean</i> 	11 Veterans Day 9:30 Exercise with Seasons 10:15 Bible Study with Pr. Jack 11:45 Veteran Pinning Ceremony 2:00 Bingo 3:00 Veterans Club	12 Beauty Shop Day 9:30 Drumming Exercise 10:00 Craft and Knitting Club 2:00 Food Talk 2:45 Outing to Lawton Library for Craft 	13 9:15 Bible Study with Doug 10:15 Intergenerational Music and Movement 2:00 Bingo 3:15 Stretch/Open Gym	14 9:30 Stretch 10:00 Funny Animal Videos 10:30 Lunch Outing to McDonald’s 2:15 Movie and Popcorn: <i>Cool Runnings</i> 	15 9:30 Stretch 10:00 Bingo 1:30 Movie and Popcorn: <i>In Search of the Castaways</i>
16 10:00 Cards Club 1:00 “Walkie Talkies” Resident Led Walking Club 2:45 Church Service 	17 9:30 Stretch 10:00 Bible Study with Tim 2:00 Scott Spears Music 3:15 Documentary: <i>Caribbean: The Wild Side of Paradise</i>	18 9:30 Exercise with Seasons 10:15 Cooking Club: Rum Cake 2:00 Bingo 3:15 Cards Club/Open Gym 	19 Beauty Shop Day 9:30 Drumming Exercise 10:00 Craft and Knitting Club 1:30 Outing to Walmart	20 9:15 Bible Study with Doug 10:00 Resident Council 2:00 Prize Cart Bingo 3:15 Ping Ping/Open Gym 	21 9:30 Stretch 10:00 Music Bingo 2:15 Chili Cook Off!	22 9:30 Stretch 10:00 Bingo 1:30 Movie and Popcorn: <i>The Great Outdoors</i> 
23 10:00 Cards Club 2:45 Church Service	24 9:30 Stretch 10:00 Bible Study with Pr. Bob 2:00 Sam and Pat Roach Music 3:15 Men’s Club/Jeopardy 	25 9:30 Exercise with Seasons 10:15 Bible Study with Pr. Jack 2:00 Bingo 3:15 Cards Club/Open Gym	26 Beauty Shop Day 9:30 Drumming Exercise 10:00 Craft and Knitting Club 1:30 Ice Cream Social 2:00 Wheel of Fortune 3:00 Hymn Sing 		28 9:30 Country Drive Outing 2:00 Let’s Decorate for Christmas! 	29 9:30 Stretch 10:00 Bingo 1:30 Movie and Popcorn: <i>Swiss Family Robinson</i>
30 10:00 Cards Club 2:45 Church Service 3:15 Family Tradition (H.H.)						