See us online at www.FOXHOLLOWBEND.com

Fox Hollow Independent & Assisted Living 2599 NE Studio Road Bend, OR 97701

# FOX HOLLOW

Independent & Assisted Living



Fox Hollow Business Hours Monday - Friday 9:00am - 5:00pm Office: 541-383-2030 Senior Executive Director: Luke Wilkenfeldt
Wellness Director: Jacque Smythe, RN, BSN
Business Office Manager: Isaac Lewis
Marketing Director: Martha Orozco-Thompson
Maintenance Director: Tim Disney
Enrichment Director: Becky Jones
Dinning Services Director: Scott Bullard
Housekeeping Supervisor: Lori Zarr

## **FOX HOLLOW**

INDEPENDENT & ASSISTED LIVING

**NOVEMBER 2025** 





# Thank you, Rylee Butler, Fox Hollow Employee of the Month!

Rylee has been working at Fox Hollow as a Dietary Aide for a year and a half. She enjoys serving our residents and being part of a good team. She says that it's that she doesn't mind working in the same Senior Community with her mom, Martha, and she says it's interesting when her

work-life and home-life overlap. Rylee is currently attending Central Oregon Community College and plans on becoming a Sonographer. When she is not working or attending school, Rylee enjoys drawing. She draws with both an iPad and a sketchbook and always has one or the other with her. Pictured here is one of the characters that Rylee created. Ask her about her artwork!



### **November Outings:**

Monday, November 3rd Albertson's Thursday, November 6th Deschutes Public Library

Friday, November 7th El Rodeo Mexican Restaurant

Monday, November 10th Fred Meyer

Thursday, November 13th Kohl's

Friday, November 14th Roszak's

Restaurant

Monday, November 17th Safeway

Friday, November 21st Dollar Tree

Monday, November 24th WINCO

Friday, November 28th Warm Springs

Casino



### **New Residents:**

Robbie Duncan
Linda Nay
Gene Dusan
Elfida Davalos
Betsy Beaver



### Massage with Megan

Megan is a Compassionate Touch Practitioner. This is a holistic approach, combining skilled touch and communication, designed to ease physical and emotional distress in seniors.

Megan will be here on Wednesday, November 12th at 10:30, in the Theater There will be a sign-up sheet posted next week. This is an out-of-pocket service and will not be billed to insurance. Special pricing for Fox Hollow is:

\$35.00 for 15 minute session \$60.00 for a 30 minute session

### **November MOVIE MATINEES**

Yes, you could watch all of these movies in the privacy of your own apartment. But... wouldn't it be a lot more fun to watch them with your Fox Hollow neighbors and friends?

Movie Matinee's are scheduled Tuesdays and Saturdays.

Here's the Movie Matinee Schedule for the whole month:

Saturday, November 1st, A Fist Full of Dollars

Tuesday, November 4th, Eight Seconds

Saturday, November 8th, Jeff Dunham, Arguing with Myself

Tuesday, November 11th The Wedding Planner

Saturday, November 15th, My Big Fat Greek Wedding

Tuesday, November 18th, Second Hand Lions

Thursday, November 20th, Nabraska

Saturday, November 22nd, *The Help* 

Tuesday, November 25th, Gran Torino

The Theater is located across from the Beauty Salon, just past the pop machines.

### **Did You Know?**

That there is a refrigerator in the Activity Room with snacks for Residents in it?

### **Did You Know?**

That after the Kitchen closes you can still ask a Caregiver to make you toast or a sandwich or get you a yogurt or some juice?

Fox Hollow
Resident Council Meeting
is Tuesday, November 25th
at 3:00pm in the
Activity Room.

Betty Pinson, Interim-President, Margaret Stanley, Secretary

All Residents are invited and encouraged to attend Resident Council meetings.











# HAPPY BIRTHDAY MABEL!

Friends, Family,
Birthday Cake and
Bingo! We Hope it
was a Special Day!



# Fox Hollow Independent & Assisted Living Thanksgiving Celebration Thursday, November 20th at 12:00pm

Starter
Charcutier Plate
Tasting Plate of Summer Sausage, Assorted Cheese,
Fresh & Pickled Vegetables, and Deviled Eggs

Main Course Oven Roasted Turkey or Applewood Smoked Ham

Sidgs
Roasted Garlie Mashed Potatoes, Sage Sausage
& Wild Rice Stuffing, Candied Yam Casserole
and Green Beans

Pesserts
Assorted Pie and Cheesecakes

Prinks
Sparkling Apple Cider, Coffee, Hot or leed Tea,
Hot Chocolate, Apple Juice, Lemonade,
Kiwi Strawberry Flavored Water

Due to limited seating, reservations are required.

Two guests per resident.

Please call Martha at 541-410-1174

To make Reservations

### Thanksgiving Day Activities:



From 10:00 to 2:00, a simple Holiday Craft Project will be set up in the Fireside Room. Residents, Staff and Guests are invited to be creative!

11:00 Prize BINGO! in the Activity Room

1:30 "FriendsGiving" Social in the Activity Room. Light refreshments served.

**2:30 Movie in the Theater:** Nebraska, staring Bruce Dern and Will Forte. Cantankerous old buzzard Woody Grant can barely walk down the street of his home in Billings, Mont., without stopping for a drink. So when Woody receives a sweepstakes notice in the mail and insists on making a 750-mile trip to Lincoln, Neb., to collect his prize, it falls to baffled son David to accompany him. During a stop in their Nebraska hometown, word gets out about Woody's fortune, first making him a hero, then later, the target of predatory people.





















On the cover: The timber industry in Oregon grew alongside the California Gold Rush of the 1800s. As more white settlers moved west hoping to strike it rich, the need for lumber increased. When rail lines were extended into Oregon in the 1870-80s, the Ponderosa Pines of Eastern Oregon and the forested areas of the Western Cascades were there to meet the need. Between the 1880s and 1911, more railways were added and logging boomed. By 1938, Oregon was the nation's leading producer of wood. To this day. Oregon produces more wood building materials than any other state.

Fox Hollow
Holiday Vendor Fair
Saturday, November 29th
From 1:00 to 4:00
More Information is
forthcoming

Clothing Boutique & Fashion Show Wednesday, November 5th at 11:00am in the Dining Room

### **Resident Spotlight on Leon Hayes**



Leon has been in Oregon all his life.

Born in Eugene but grew up in Cottage
Grove which was a small logging town
back in the day, with a population of 500
people. That is where he began working for
the logging mill in the summers. He got to
travel working for the mills and the longest
trip he took was from Oregon to North
Carolina. Before Leon worked in the
logging mills his father took him out
hunting. He says he will never forget when
he shot his first buck at just 12 years old.
The school that Leon attended had less

than 200 students. That is where he met his high school sweetheart in algebra class and they got married just two years after their graduation. Leon attended Oregon University in Eugene with an athletic scholarship majoring in Physical Education and minoring in health. Leon played college basketball and baseball. He was awarded *Most Valuable Team Player* and was elected to the *Sports Hall of Fame*. He made the newspaper a few times for his athletic achievements. His most memorable athletic achievement was his final game going up against Oregon State basketball in Corvallis. Leon's team was in the lead, and they won by four points which lead them to the NCA. After college Leon settled down in Cottage Grove with his wife and kids. He took a job teaching biology, PE, and health.

# Fox Hollow WILD Turkey Hunt!

Benjamin Franklin called the Turkey, "A bird of courage." While the suggestion that he advocated for the Turkey to be our national bird is a myth, he wrote that the Turkey was "A much more respectable bird, and withal a true original Native American." Turkey became the traditional main dish on Thanksgiving Day in the 19th century because wild turkeys were plentiful in North America and in 1863 after Abraham Lincoln declared Thanksgiving Day a national holiday, writers and artists started depicting a big roasted turkey on holiday tables.

It so happens that wild turkeys are **not** native to Oregon but were introduced to The Beaver State in the early 1960s. Never-the-less, wild turkeys are plentiful here in Deschutes County, so we're going to hunt them! 'Tis the season, right? There are 12 wild turkeys (figuratively) hiding somewhere in all of the beautiful photos of Oregon's landscapes and landmarks represented in the 100 framed prints hanging all over the building. Each week in November, starting on Monday, the 3rd, several clues to the whereabouts of a wild turkey will be posted on the Activity Room doors. You will not know when new clues are posted, because these turkeys are WILD! So stop by frequently to see if new clues have been posted. The photos will be numbered, with a small sticker in the lower right corner of each framed print. The first person to locate the correct photo number will be the *Turkey-Sharp-Shooter* for that Turkey. That hunter will get his/her picture taken with their turkey and their name will be put in a drawing for a special Thanksgiving Day prize.

Happy Hunting!

# Days of Christmas Crafts

November Craft Projects will all be Christmas Tree Ornaments, so we can trim the Activity Room Christmas Tree with hand made ornaments. Here is the Craft Project Schedule for the month. Check the Daily Sheets for possible changes as November can be full of surprises!



Wooden Snowflakes Tuesday, November 4th



Cork trees, flowers & wreaths Tuesday, Novembewr 4th



Decoupage and goldleaf books Thursday, November 6th



Fancy miniature rolling pins Monday, November 10th



Terra cotta Christmas Bells Tuesday, November 11th



Christmas & winter snow globes Thursday, November 13th



Air-dry gingerbread shapes Monday, November 17th



Ribbon-wrapped trees and circles Tuesday, November 18th



Acrylic discs & plastic embellishments Friday, November 21st



Embellished paintbrushes Tuesday, November 25th



Picture frames and pearls Wednesday, November 26th



Salt-shaker-confetti and tassels Tuesday, December 2nd



Joanna Jankowski ... 3rd Toni Rojas, Med Aide ... 12th Micah Young, Med Aide ... 14th Dayle Bailey ... 15th Patience Ceniga, Med Aide ... 15th Kay Nelson ... 16th Justin Beezley, Cook ... 17th Max Maxwell ... 21st Ethan Cowgill, Dietary Aide ... 22nd

Stan Pickinpaugh ... 25th



**Sister Ngan's Second Grade Class** from St. Francis of Assisi Catholic School will visit Fox Hollow to sing for us! **Tuesday, November 18th** At 10:00 am In the Activity Room

#### Please Note:

The Third Floor Game Room is available to residents at ALL times! The Game Room schedule is just a suggestion with the exception of Resident Led POKER which is officially scheduled on Thursday and Sunday afternoons with Tuesday is an alternate day as well.



Lake and Patrick will be stopping by from time to time, usually on Saturdays, to visit with us. They may drop in during an Activity or they may visit door to door, with Nathan or Becky. We won't always know ahead of time, but we'll be happy to see them when they stop by!



Interdenominational Sunday Service with Richard McDaniel **Sundays at 6:00pm in the 3rd Floor Game Room** Everyone is Welcome!



### ~ Holy Communion ~

Diana Stein facilitates Holy Communion for Fox Hollow Residents, their families and friends, every Sunday at 12:30pm in the Theater. All are welcome!



Chaplain Joe, from Bristol Hospice will visit Fox Hollow in November to facilitate Bible Study, in the Fireside Library. Check the Daily Sheets for date and time. Welcome!

#### God's Bible Study with Jim

Jim Warren and Shirley Schaefer from Victory Baptist Church visit Fox Hollow every Friday to conduct a non-denominational Bible study Group at 1:30pm in the *Third Floor Game Room*. Everyone is welcome!



In honor of Veteran's Day and the Veterans who reside at Fox Hollow, a Flag Dedication Ceremony is scheduled on November 11th, 2025 at 2:00pm.

> The Ceremony will be facilitated by Boy Scout Troop #21 and will take place in the Circle Drive.

All of the Movies showing this month came from a generous donation from Bob & Connie Cox. If you have DVDs that you want to get rid of, please consider donating to Activities. We'd like to expand our Video Library. Thank you.





















































