

COMMUNITY MEETINGS

- Resident Council Meeting November 5th @ 2:00pm (CR)
- Any suggestions, comments, concerns, or positive feedback can be placed in the suggestion box in the Post Office for Resident Council.
 These are read monthly at the council meetings.
- Food Meeting: Postponed until December.
- Town Hall: November 25th @ 2:00pm (DR)

HAPPY BIRTHDAY

November Birthdays:

Jean V.	11/3
Linda W.	11/3
Evelyn N.	11/6
Eileen R.	11/6
Carla P.	11/8
Irene S.	11/16

Arlene M. 11/16

Jack B. 11/19

David Mc. 11/22 Steve T. 11/23

Sue Mc. 11/27

Grace S.

OUTING OPPORTUNITIES

Recurring Outings:

Sundays 9:30am - St. Thomas a' Becket Catholic Church

Wednesdays 9:30am - Meijer or Kroger Shopping Please note that the Meijer outing on November 5th has been canceled due to another scheduled outing.

Special Trips:

November 5th **9:30am:** Frankenmuth + Bronner's (Sign up in the Post Office) *Please note that this outing requires significant walking and will include a lunch at Zender's and each attendee is responsible for their lunch cost.*

November 12th **11:00am:** Schoolcraft Noon Concert- Classical Piano and Cello Duo (Sign up in the Post Office)

November 19th **12:00pm:** Men's Only Outing- Mission BBQ (Sign up in the Post Office) *Please note that each attendee is responsible for the cost of their lunch and spaces are limited.*

November 26th **1:00pm:** Hallmark Store Shopping (Sign up in the Post Office)

If there are any questions or recommendations for outings, please contact Logan at Logan.Winton@singhmail.com.

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

CHERRY HILL CONNECT NOVEMBER 2025



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Canton, MI 48187

www.waltonwood.com

[734-981-7100

Assisted Living 734-9815070

Facebook:
/WaltonwoodCherryHill

LIFE ENRICHMENT CORNER

Men's Group – Outing to Mission BBQ

Calling all men! Please join us on an outing to Mission BBQ on November 19th at 12:00pm to enjoy some delicious BBQ and even better company in honor of International Men's Day. Please note that each attendee with be responsible for the cost of their own meal and seats are limited. Please sign up in the post office and see Logan with any questions.

Group Opportunities with Maggie:

Maggie is our Oakland Hospice Bereavement Coordinator and Music Therapist! She spreads joy and comfort through her many programs she offers each month! Please see your calendar for more information and locations.

Grief Support Group- November 3rd at 2:30pm Music Therapy- November 10th at 2:30pm

Ladies Choice: Calling all ladies! We are excited to be revamping our already amazing ladies club! On November 3rd at 1:00pm in the 3rd Floor Library we will be meeting for an open discussion on Treasured Jewelry. This will also feature delicious coffee and tea. This is an opportunity for ladies to come together and enjoy each other's stories and knowledge! Sign up in not required and we hope to see you there!

Bible Readings with Steve: Many of you may know Steve through our Art for All Ages classes, but this month he will also be visiting for a Bible Study Class. With over 30 years of Bible study experience, Steve has led many Bible Seminars in multiple states and currently leads classes with his local Church in Livonia. Readings are done with enthusiasm, compassion and grace! These classes are taking place at 10am in the Reflections Room on Tuesday, November 4th and 18th.

Gratefulness Tree Kickoff: As November begins and the season of thankfulness kicks off, we are excited to be bringing back our Gratefulness Trees! At the front lobby area there will be two trees where all are encouraged to fill out a leaf, write down something they are grateful and hang it on the trees. We hope that sharing all of this gratefulness that we can be reminded of how much there truly is to be thankful for.

-Life Enrichment Department

COMMUNITY MANAGEMENT

Angie Hanson
Executive Director

Lanor Jablonski Business Office Manager

Joel Vassallo Culinary Services Manager

Alex Lillie
Environmental Services
Manager

Krystal Sidibe Independent Living Manager

Logan Winton Independent Living Life Enrichment Manager

Rebecca Wilson Assisted Living Life Enrichment Manager

Mallory Bryant Memory Care Life Enrichment Manager

Renee Ralsky Marketing Manager

Caneca Pinkston
Resident Care Manager

Memory Care Wellness Coordinator

Assisted Living Wellness Coordinator



11/30

01

ASSOCIATE SPOTLIGHT

Congratulations Rea! Rea is our Independent Living Life Enrichment Assistant. She works hard to ensure that all programs, big and small, are fun and fulfilling for our residents. She is an asset and an amazing team member to those around her. We are blessed to have her as a part of our team and honored to name her as our November Associate of the Month!





OCTOBER MONTHLY HIGHLIGHTS

 $6^{th} - 10^{th}$

Active aging week was an absolute blast! We had so much fun celebrating all of the dimensions of wellness and hope that you all enjoyed each of our programs. Our goal this year was to foster and grow new relationships all across our community and we hope you all made a new friend!

The rivalry between MSU and UofM is electric and we hope that you all enjoyed celebrating at our tailgate party! With delicious food, great drinks and even better company we hope you all had the best time! We look forward to celebrating with you all next year!

FOREVER FIT: Cognitive Resilience

Age-related cognitive decline is a serious concern for many seniors. In addition to keeping a strong body, maintaining a sharp mind can greatly improve independence and over all well-being. According the Mayo clinic, researchers have found that a third of dementia diagnosis are directly linked to modifiable risk factors. Adopting healthy habits early in life can help to lay the foundation for our cognitive wellness as we age. Regular exercise, healthy sleep habits, effective stress management techniques and healthy social relationships can all help minimize the risk for future cognitive struggles. Wellness has many dimensions, and maintaining a strong mind can help ensure that always up for the task.

- Chris Grabowski, MS | Senior Forever Fitness Manager







TRANSPORTATION INFORMATION

Transportation requests for personal needs must be received a minimum of 48 hours ahead of time. Please see the front desk receptionist to make your request. A driver will follow up to confirm if your request can be accommodated. If you do not hear back from one of our drivers, please follow up to ensure your request has been approved. There will be an additional charge for anything over 10 miles. Independent Living has priority over transports on Mondays, Wednesdays, and Fridays. Memory Care and Assisted Living have priority over transports on Tuesdays and Thursdays.

Veterans Day Programs

We are so excited to have the opportunity to honor our community veterans this November in honor of Veterans Day. There are a variety of programs that we are excited to offer to celebrate them and highlight their service for our country. Please see Logan with any questions.

November 8th at 1:30pm: Community Veterans Ceremony in IL Dining

November 10th at 12:00pm: Veterans only Luncheon including Veterans from our community- all veterans interested in attending please sign up at the Front Desk.

November 11th at 2:00pm: Veterans only Social and Gift Presentation in AL Dining room

NOVEMBER SPECIAL EVENTS

Saturdays at 2:00pm **Bible Study with John:**

Join us in the Reflections Room for a bible study hosted by John Scherdt. If you are looking for an opportunity to discuss scripture, learn and enjoy the company of those around you, this is the place to be! We look forward to seeing you there!

21st

Our Community Memorial Service will be held at 2:00pm in the IL Dining room. In coordination with Oakland Hospice, we will be honoring all of our fellow residents we have lost from our community since our last memorial. We look forward to remembering and honoring them. All are welcome to attend.

6th and 20th

Join Logan in the Fitness Center at 11:30am for a funfilled seated zumba class! It is a fun to way to get in some exercise while also having fun and dancing to your favorite songs. Please see Logan with any questions. Sign up in not required.

EXECUTIVE DIRECTOR CORNER

Autumn is my favorite time of the year; it is a time of change and reflection that brings a sense of calm before we enter into the business of the holiday season. Waltonwood takes this time to honor families and traditions during the holiday season by providing opportunities to come together. In November we will be hosting our annual Thanksgiving Celebration be sure to get your RSVP by November 4th for this special event. In November we also take time to honor our veterans and all they have done to ensure our continued freedom. We would like to salute and extend our appreciation this month to our vets for their bravery in service. Looking forward to making memorable experience with all of you this holiday season.

