



COOKING DEMONSTRATIONS

03 Pita Pizzas 2pm

10 Pumpkin Pudding 2pm

20 Turkey Cookies 2pm

24 Friendsgiving 2pm

COMMUNITY COMMUNICATION



RESIDENT BIRTHDAYS

11/26 Happy 91st Birthday Marlene!

11/28 Happy 89th Birthday Marjorie!

Caregiver Support Group 11/20 @ 1pm.



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

TWELVE OAKS CONNECT

NOVEMBER 2025



"November is the month to be thankful for the many positive things happening in our life." Stacey Grewal

Happy, November everyone!! How are we already in the holiday season? As always, we have a very busy month filled with art, music along with tastes and scents of the season. All month we will be discussing, singing and making art to express what we are thankful for.

We start out the month saluting our very brave Veterans, Tom and Frank. The Veterans White Table will be placed in the front of Memory Care. There will be a Veterans Luncheon at noon on 11/11, with the American Legion coming at 3pm that day to do a flag folding ceremony and to honor our veterans. Anyone is welcome to come at 3pm. **Our Thanksgiving Family Luncheon will be held at noon on Saturday 11/22, please make sure that you rsvp to the concierge to reserve a spot.** We will finish the month off with our annual Friendsgiving Celebration.

In the season of being grateful I want to share some establishments in the community that are always wonderful to our residents:

- | | |
|----------------------------------|---|
| -The Grand Diner | -Dairy Queen on Grand River |
| -Buddy's of Novi | -Dunkin Donuts/Baskin Robbins, Novi |
| -3 Brothers Restaurant, Plymouth | -Czapski's of Milford |
| -Farmer Johns Greenhouse | -Serenity Oaks Equine Sanctuary, Plymouth |
| -Novi Petland | -Ladies of Charity of St. Vincent De Paul |

SINGH

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COMMUNITY MANAGEMENT

Joe Whitney
Executive Director

Deanna Hite
Business Office Manager

Artie Romualdo
Environmental Services
Manager

Independent Living
Manager
Melisa Burnham

Alecia Greenberg
Life Enrichment Manager

Heather Laskos
Marketing Manager

Marketing Manager
Casey Hess

Resident Services Manager
Rob Davis

Wellness Coordinator
Tynesha Cobb

Wellness Coordinator
Priyanka Ghelani

Culinary Manager
Jacob Chamberlain

ASSOCIATE SPOTLIGHT-SEQUOIA KNOTT

Sequoia Knott is our caring and compassionate Resident Care Afternoon Supervisor. She has worked at WTO for 6 months since she moved back to the Detroit area, from Portage, MI. Sequoia grew up in Detroit and is the youngest of 5 siblings.

After her mother passed away from breast cancer, Sequoia knew that she wanted to help people. She started out working in a pharmacy and then made the decision to become a Caregiver/Med Tech.

Sequoia enjoys radio control cars. She also loves music, art, travel and likes to try different kinds of food. A great joy for her is her almost 2-year-old Chihuahua, named Blake.

She has brought a wonderful, caring energy to afternoons and you can tell that she truly cares about our resident’s well-being.



TRANSPORTATION INFORMATION

*We are in the process of hiring a bus driver. Your patience is appreciated during this transition. We will be taking small groups out, if possible, in the Waltonwood Cadillac until we find a replacement.

- *Tuesday, November 4, Lunch at Czapski’s at noon
- *Tuesday, November 11, Veteran’s Day Scenic Drive.
- *Tuesday November 18, Haraz Coffee House & Pastries at 1:30pm.
- *Tuesday, November 25, Tim Horton’s and a Fall Colors Scenic Drive at 1:30 pm.

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OCTOBER HIGHLIGHTS



FOREVER FIT

Cognitive Resilience

Age-related cognitive decline is a serious concern for many seniors. In addition to keeping a strong body, maintaining a sharp mind can greatly improve independence and over all well-being. According the Mayo clinic, researchers have found that a third of dementia diagnosis are directly linked to modifiable risk factors. Adopting healthy habits early in life can help to lay the foundation for our cognitive wellness as we age. Regular exercise, healthy sleep habits, effective stress management techniques and healthy social relationships can all help minimize the risk for future cognitive struggles. Wellness has many dimensions, and maintaining a strong mind can help ensure that always up for the task.

NOVEMBER SPECIAL EVENTS

11 Veterans Day.

We will have a luncheon for our wonderful veterans Tom and Frank. In the afternoon we will have the American Legion join us for a flag folding ceremony to honor our veterans.

22 Thanksgiving Family Luncheon. Please rsvp to join us for a wonderful buffet to celebrate Thanksgiving. It is also special to have our families come to visit and even better to share a meal.

20 Snacks from

Around the World. Since our residents are so open to learning about other cultures, Natalie came up with the idea to eat snacks from around the world. We will learn about the different cultures and their food.

24 Friendsgiving.

This is always a fan favorite. We'll reminisce about Thanksgivings past, enjoy good food and friends and share what we are most thankful for.



EXECUTIVE DIRECTOR CORNER-Joe Whitney

With the holidays coming up I just wanted to let all of our new residents and families know about our upcoming Holiday Brunches. Every year Waltonwood Twelve Oaks holds brunches for residents & families to celebrate both Thanksgiving and Christmas. Please be on the lookout for information about the upcoming brunches for the holidays. I look forward to seeing everyone.