



October Recap



Celebrating

Rose A. 11/5

Bud W. 11/21

Marge B. 11/22

Pat C. 11/23

Barbara F. 11/25

Shirley M. 11/28

Wishing you all a wonderful birthday!!



FRIENDS & FAMILY REFERRAL PROGRAM

\$3,500 RESIDENT REFERRAL BONUS
Limited Time Only!

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

Twelve Oaks Connect

NOVEMBER 2025

27475 Huron Circle, Novi, MI 48377
www.waltonwood.com | 248-735-1500
Facebook: /WaltonwoodTwelveOaks



Thanksgiving Family Meal
Saturday | November 22, 2025

**You are invited to our Independent Living
Thanksgiving Celebration!**

**Residents & Guests Welcome. Guest charge is
\$25 per person.**

Seating times by reservations only.

11:30am

1:30pm

Please RSVP by Friday, November 14th, 2025

Call (248) 735- 1500 for reservations

COMMUNITY MANAGEMENT

Joe Whitney
Executive Director

Deanna Hite
Business Office Manager

Jacob Chamberlain
Culinary Services Manager

Heather Laskos
Marketing Manager

Casey Hess
Marketing Manager

Priyanka Ghelani
Wellness Coordinator

Tynesha Cobb
Wellness Coordinator

Basma Jirjis
Life Enrichment Manager (IL)

Alecia Greenberg
Life Enrichment Manager (MC)

Stefanie Jones
Life Enrichment Manager (AL)

Rob Davis
Resident Services Manager

Melisa Burnham
Independent Living Manager

Sequoia Knott is our caring and compassionate Resident Care Afternoon Supervisor. She has worked at WTO for 6 months since she moved back to the Detroit area, from Portage, MI. Sequoia grew up in Detroit and is the youngest of 5 siblings.

After her mother passed away from breast cancer, Sequoia knew that she wanted to help people. She started out working in a pharmacy and then made the decision to become a Caregiver/Med Tech.

Sequoia enjoys radio control cars. She also loves music, art, travel and likes to try different kinds of food. A great joy for her is her almost 2-year-old Chihuahua, named Blake.

She has brought a wonderful, caring energy to afternoons and you can tell that she truly cares about our resident's well-being.



Please keep in mind that all scheduled activities are subject to change depending on the current situation. Things may be added or removed. Please look for updates on the screen and on the white board by the dining room.



The outings that will continue to occur using the Cadillac:

Kroger | Mondays | 9:15

Holy Family Church | 2 Tuesdays of the month

Medical appointments on Thursdays

- You must sign up in the book
- Medical appointments, please fill out a sheet and give it to Basma

I am excited to announce that we've extended an offer to a new driver, and she has accepted! Please bear with us as we work through the onboarding process and get her started & trained!



We have transportation for medical appointments on Thursdays only!

Requests are required at least 2 weeks in advance and are scheduled based on availability. Please keep in mind that we may be up to 15 minutes early or late depending on traffic and other resident appointments.

OCTOBER HIGHLIGHTS

07 Active Aging Week

Resident enjoyed learning about the benefits of the berry time yogurt parfait ingredients

09 Active Aging Week

A Challenge it was!! But most of all, everyone won and had a great time



14 Pumkin Painting

Congratulation to Carol S. (1st place) & Josie (2nd place) for best painted pumpkins

28 Ghostly Gathering

From eerie outfits to ghostly giggles, our ghostly gathering was a frightful delight!



03 Craft with Emma

Emma visits from the Novi library with a craft for our residents

04 Fall Time

Cider & Donuts in the gazebo by the warm fire!

10 Veterans Day Luncheon

Our residents proudly welcome legion members for a luncheon

18 Friendsgiving Tea Social

Where friendship brews & gratitude fills the air



FOREVER FIT/WELLNESS

Cognitive Resilience

Age-related cognitive decline is a serious concern for many seniors. In addition to keeping a strong body, maintaining a sharp mind can greatly improve independence and over all well-being. According the Mayo clinic, researchers have found that a third of dementia diagnosis are directly linked to modifiable risk factors. Adopting healthy habits early in life can help to lay the foundation for our cognitive wellness as we age. Regular exercise, healthy sleep habits, effective stress management techniques and healthy social relationships can all help minimize the risk for future cognitive struggles. Wellness has many dimensions, and maintaining a strong mind can help ensure that always up for the task.

EXECUTIVE DIRECTOR CORNER

With the holidays coming up I just wanted to let all of our new residents and families know about our upcoming Holiday Brunches. Every year Waltonwood Twelve Oaks holds brunches for residents & families to celebrate both Thanksgiving and Christmas. Please be on the look out for information about the upcoming brunches for the holidays. I look forward to see everyone.

- Joe Whitney