



Celebrating

- 11-6 Barbara D
- 11-8 Brent C
- 11-9 Jim K
- 11-23 Maurice D
- 11-24 Diane C
- 11-29 Helen K

OCTOBER HIGHLIGHTS

ACTIVE AGING WEEK



A special Thank you to all those who lent a **Helping Hand** to make 31 lap blankets that were donated to the Assarian Cancer Center.



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

TWELVE OAKS CONNECT

NOVEMBER 2025



November is a wonderful time to count our blessings and give thanks for all that we have.

Thank you to all our Assisted Living residents who served to protect our Country & Freedoms!

Army:

Walter B ★ Maurice D ★ Phil S

Army National Guard:

Donald V

Air Force:

Dominic B ★ Larry K ★ Fred M ★ John R

Marines:

Chris H

Our Veterans will be honored and recognized at two events:

City of Novi Veteran's Day Celebration
on **November 6th** at the Novi Civic Center.

On **November 11th** they will enjoy a **Hero's Luncheon**
provided by our Culinary Team
followed by a
Community Wide Celebration at 3:00pm



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www.waltonwood.com | 248-735-1030
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COMMUNITY MANAGEMENT

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Deanna Hite
Business Office Manager

Artie Romualdo
Environmental Services Mgr

Jacob Chamberlain
Culinary Services Manager

Melisa Burnham
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Marketing Manager

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Tynesia Cobb
Wellness Coordinator

Priyanka Ghelani
Wellness Coordinator

ASSOCIATE SPOTLIGHT- SEQUOIA KNOTT

Sequoia Knott is our caring and compassionate Afternoon Resident Care Supervisor. She has worked at WTO for 6 months since she moved back to the Detroit area from Portage, MI. Sequoia grew up in Detroit and is the youngest of 5 siblings.

After her mother passed away from breast cancer, Sequoia knew she wanted to help people. She started out working in a pharmacy and then made the decision to become a Caregiver/Med Tech.

Sequoia enjoys radio control cars. She also loves music, art, travel and likes to try different kinds of food. A great joy for her is her almost 2 year old Chihuahua, named Blake.

She has brought a wonderful, caring energy to afternoons and you can tell that she truly cares about our resident's well-being.



TRANSPORTATION INFORMATION

Good news, we just hired a new bus driver, *Imani*. So, please welcome her to our team. It will take her a while to get “up to speed”. So, we will only have a few outings this month to allow for her training.

- November 6

Veteran's Celebration at the Novi Civic Center (RSVP)
- November 7

Lincoln & Thanksgiving Talk presented by Kevin Wood, Lincoln look alike.
- November 19

Tipping Point Theatre: “A Very Northville Christmas” play

Remember to sign up in the White Book out front of Nana's Place to reserve your seat

OCTOBER HIGHLIGHTS

6-10

Active Aging week was a success with many residents participating old and new programs. Congratulations to Patty, the winner of the gift basket.

27

What a thrill to have had 3 members of the **Detroit Opera House** perform for us! It was just marvelous!!!

24

Go Blue! Go Green! We are a house divided. But, we all came together to enjoy the **Tailgate Party**.



29

And the winner of the **Pumpkin Decorating Contest** is.....#2, Frankenstein (Lorraine's creation)



FOREVER FIT – COGNITIVE RESILIENCE

Age-related cognitive decline is a serious concern for many seniors. In addition to keeping a strong body, maintaining a sharp mind can greatly improve independence and over all well-being. According to the Mayo Clinic, researchers have found that a third of dementia diagnosis are directly linked to modifiable risk factors. Adopting healthy habits early in life can help to lay the foundation for cognitive wellness. Regular exercise, healthy sleep habits, effective stress management techniques and healthy social relationships can all help minimize the risk for the future cognitive struggles.

NOVEMBER SPECIAL EVENTS

4

Art for All Ages is back this month. Remember to sign up in the white book in front of Nana's Place to reserve your spot.

11

We invite our **Veterans** to a **Hero's Luncheon**.. Later in the day there will be a **Community-wide Celebration**. *Special Guest American Legion Post 32*

6

Veteran's Day Celebration at the Novi Civic Center. Thank you to the city of Novi who hosts a wonderful event for our Veterans

22

Family Thanksgiving Dinner. We will have 2 seatings – 11:30am and 1:30pm. Remember to RSVP to reserve your spot!



EXECUTIVE DIRECTOR CORNER – Joe Whitney

With the holidays coming up, I just wanted to let all of our new residents and families know about our upcoming Holiday Brunches and Dinners. Every year Waltonwood Twelve Oaks holds these events for residents & families to celebrate both Thanksgiving and Christmas. Please be on the lookout for information about the upcoming Thanksgiving Brunch and I look forward to seeing everyone there.