

NOVEMBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						¹ WALKING CLUB 10AM
² -----	³ -----	⁴ 6PM YOGA CLASS (TORCH FITNESS)	⁵ 11AM WELLNESS JUICE BAR 4PM GARDEN CLUB	⁶ 6PM PILATES CLASS (TORCH FITNESS)	⁷ 11AM BREAKFAST BAGEL BAR @THECLUBHOUSE	⁸ WALKING CLUB 10AM
⁹ 1:30-3PM MUFFINS & MIMOSAS @THECLUBHOUSE	¹⁰ 6PM STRENGTH TRAINING CLASS W/ TYLER GEIB	¹¹ 6PM YOGA CLASS (TORCH FITNESS)	¹² 4PM GARDEN CLUB	¹³ 6PM PILATES CLASS (TORCH FITNESS)	¹⁴ 4PM FLOWER BAR & WINEDOWN @THEGARDEN	¹⁵ WALKING CLUB 10AM
¹⁶ -----	¹⁷ 6:45PM TRIVIA NIGHT @V'S PIZZA 7510 GATE PKWY, JACKSONVILLE, FL 32256	¹⁸ 6PM YOGA CLASS (TORCH FITNESS)	¹⁹ 4-6PM OLEA FRIENDSGIVING DINNER SPONSORED BY XFINITY	²⁰ 6PM PILATES CLASS (TORCH FITNESS)	²¹ 4PM GARDEN CLUB	²² WALKING CLUB 10AM
²³ -----	²⁴ 6PM STRENGTH TRAINING CLASS W/ TYLER GEIB	²⁵ 6PM CROCHET CLASS (BEGGINER FRIENDLY)	²⁶	²⁷ <i>HAPPY Thanks Giving</i>	²⁸ -----	²⁹ 3-6PM HOLIDAY MARKET
LOVE: PASSION PROJECTS		LEARN: CLASSES & ACTIVITIES	-----	LIVE: FITNESS & HEALTH		INDULGE: FOOD & DRINKS