



NOVEMBER



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Regency Hualalai Senior Living Kailua-Kona, Hawaii

2 9:30 Chair Exercise 10:30 Catholic Service 2:30 Sunday Cinema Refreshments Served	3 9:30 Bill's Exercise 10:30 Resident Swim Fitness (Dana Out) 1:30 Group Trivia 3:00 <i>Monday Mocha Coffee Drink Social</i>	4 9:30 Paul's Stretch 10:30 Group Bible Study: <i>"Walk By Faith"</i> 1:00 Shop: Target 1:15 Nature Film 3:00 Quarter Bingo \$	5 9:30 Bill's Exercise <u>10:30 Meditation with Instructor Victoria</u> 1:00 Bananagrams 2:00 Hydration Station 3:00 Ukulele Music 🎵	6 9:30 Paul's Exercise 10:30 Calendar Chat 1:30 Documentary 2:30 Game Hour Social 5:00 Elk's Club Dinner and Movie: <i>"Smokey and the Bandits"</i>	7 9:30 Bill's Exercise 10:30 Arts & Craft: Fall Door Decor 1:00 Shop: Keauhou 2:30 Friday Film with Popcorn & Soda	8 9:30 Chair Exercise 10:00 Lanihau Shop 1:00 FREE Bingo!!! 2:30 Saturday Movie
9 9:30 Chair Exercise 10:30 Catholic Service	10 9:30 Bill's Exercise 10:30 Swim Fitness 1:30 Group Trivia 3:00 <i>Monday Mocha Coffee Drink Social</i>	11 <i>Veterans Day</i> 9:30 Paul's Stretch <i>11:30 Veterans Day Special Lunch</i> 1:00 Shop: Wal-Mart 1:15 Nature Film 3:00 Quarter Bingo \$	12 9:15 Bill's Exercise 10:00 SCENIC BUS RIDE (SIGN UP) 1:00 Hangman 2:00 Bill's Exercise 3:00 Larry Pet Visit	13 *No Exercise <u>10:30 Local Keiki School Visit!!!</u> 1:30 Documentary 3:00 November BIRTHDAY BASH!!! <u>6:00 Movie Night!</u>	14 9:30 Bill's Exercise 10:30 Watercolor Painting Session 1:00 Shop: Keauhou 2:30 Friday Film with Popcorn & Soda	15 9:30 Chair Exercise 10:00 Lanihau Shop 1:00 FREE Bingo!!! 2:30 Saturday Movie
16 9:30 Chair Exercise 10:30 Catholic Service 2:30 Sunday Cinema Refreshments Served	17 9:30 Bill's Exercise 10:30 Swim Fitness 1:30 Group Trivia 3:00 <i>Monday Mocha Coffee Drink Social</i>	18 9:30 Paul's Stretch 11:00 TOWN HALL 1:00 Shop: Target 1:15 Nature Film 3:00 Quarter Bingo \$	19 9:30 Bill's Exercise <u>10:30 Meditation with Instructor Victoria</u> 1:00 Word Game Fun 2:00 Tyler Massages <u>3:00 Music Concert: The Kona Blend Ladies</u>	20 9:30 Paul's Exercise 10:30 Variety Games 1:30 Documentary 2:30 Smoothies Social 6:00 Movie Night	21 9:30 Bill's Exercise 10:30 Paper Mache Arts and Crafts 1:00 Shop: Keauhou 2:30 Friday Film with Popcorn & Soda	22 9:30 Chair Exercise 10:00 Lanihau Shop 1:00 FREE Bingo!!! 2:30 Saturday Movie
23 / 30 9:30 Chair Exercise 10:30 Catholic Service 2:30 Sunday Cinema Refreshments Served	24 9:30 Bill's Exercise 10:30 Swim Fitness 1:30 Ice Cream Drumstick Social 2:30 Monday Movie	25 9:30 Paul's Stretch 10:30 Variety Games 1:00 Shop: Wal-Mart 1:15 Nature Film 3:00 Quarter Bingo \$	26 9:00 Veterans Coffee 10:30 Menu Chat with Chef Sylvia 1:00 Hangman 2:00 Pumpkin Pie! 3:00 Larry Pet Visit	27 Happy Thanksgiving	28 9:30 Bill's Exercise 10:30 Watercolor Painting Session 1:00 Shop: Keauhou 2:30 Friday Film with Popcorn & Soda	29 9:30 Chair Exercise 10:00 Lanihau Shop 1:00 FREE Bingo!!! 2:30 Saturday Movie