

Barbara Reynolds 11/3 Don LaMay 11/5 Janette Kalal 11/6 Winnie Keedy 11/6 Beatrice Schiips 11/10

Lucretia Van Cleve

11/14

Sara Hlavin

11/23

Frank learned

11/23
Theodore Kramer

11/30

Birthday Social November 15th

EMPLOYEE SPOTLIGHT: ABBY CANNON



Abby has been with Carriage
Park going on 17 years. She is
loyal, kind, hard working and
has a passion for cooking.
Abby is always willing to help
anyone in need with a smile on
her face. Abby is the only
female cook at Waltonwood
and fits in great with the guys!
Abby and the love of her life,
Joe, have two beautiful girls
Alora 6 and Rayla 1. We are so
blessed to have her part of



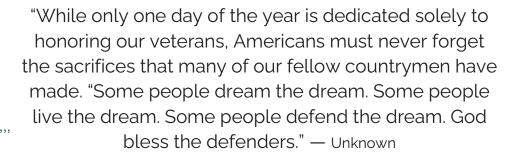
COSTUME WINNERS

IDA KATHLEEN TED

Thank you to all who dressed!!

CARRIAGE PARK CONNECT

NOVEMBER 2025



We will be honoring our veterans with a special lunch for their service to our country.



Frank Learned - US Navy

Charles Turner -U S Navy

Ron Rebitzke - Air Force

Don Lamay – U S Navy

Ed Denomie - Army

Aurthur Winkel – Army

Rod King – Air Force

Richard Beck U S Navy



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COMMUNITY MANAGEMENT

Tabitha Sheriff
Executive Director

Terry Lobb
Business Office

Josh Lampear Culinary Services

Jonathan VanWicklin Environmental Services

William Scott Independent Living

Erin McGraw
Fran Farrell
Life Enrichment

Ashley Hall Marketing

Kenny McCormack Move in Coordinator

Wellness Coordinator Tasha Clark

Resident Care Manager Amanda Stewart



Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!

UP CLOSE AND PERSONAL WITH CULINARY MANAGER JOSHUA LAMPEAR



Growing up, I spent quality time with my grandma and dad in the kitchen learning how to cook and bake. Cooking has always been a hobby for me so I chose to turn my hobby into a life long career. I attended the Art Institute of Michigan in culinary arts and shortly after began to professionally cook for restaurants and senior living facility. In April 2023, I started working for Waltonwood at the Twelve Oaks location. Later, I became the Culinary Service Manager for our Royal Oak location in September 2024. Then a year later, I made my way to Carriage Park. When I am not working, I enjoy spending as much time with my beautiful wife, Jenna, who I have married to for 2 years and two crazy cats. I also enjoy going to church, bible study, youth ministry, water and winter skiing, golfing, bowling, lounging wherever there is water, and living life.



NOVEMBER 20th

Plan on joining us for our annual Family Thanksgiving Dinner buffett. We will have two dinner seatings 4:00pm and 5:15Reserve your spot today at front desk.



Thursdays at 12:30 pm in our library
Many of you do not know that we have
a yearly Christmas Choir! Shirley
VanderWall has again agreed to come
lead us in some great christmas carols.
Every voice is welcomed. We will
perform at our Christmas Social

FOREVER FIT/WELLNESS: COGNITIVE RESILIENCE

Age-related cognitive decline is a serious concern for many seniors. In addition to keeping a strong body, maintaining a sharp mind can greatly improve independence and over all well-being. According the Mayo clinic, researchers have found that a third of dementia diagnosis are directly linked to modifiable risk factors. Adopting healthy habits early in life can help to lay the foundation for our cognitive wellness as we age. Regular exercise, healthy sleep habits, effective stress management techniques and healthy social relationships can all help minimize the risk for future cognitive struggles. Wellness has many dimensions, and maintaining a strong mind can help ensure that always up for the task.

NOVEMBER HAPPENINGS

Bus loads 9:30 am for 12 Oaks Mall

12 Enjoy a morning of shopping at
12 Oaks Mall in Novi. You will enjoy 3 hours at the
mall. Drop off 10:00 am and a return ride home at
1:00 pm. They have plenty of shops and plenty of
spots to get a bite to eat or just rest your feet..
Should be an enjoyable morning!



13 Massage Therapist Erin will be available in the morning for personal massage

Detroit Parade Co. Bus loads 12:00

Discover Detroit's most enchanting hidden attraction. Venture into a magical Parade Land and experience a behind-the-scenes look at America's Thanksgiving Parade Cost: 10.00



November 21st Special Happy Hour with Amy Hubbe and her Comedy Club friends.





EXECUTIVE DIRECTOR CORNER

As we move into this season of gratitude, I want to take a moment to express my heartfelt appreciation for each of you who call our community home. Your warmth, kindness, and spirit make this such a special place to live and work. This month, we also pause to honor our veterans. To all who have served thank you for your courage, sacrifice, and dedication. Your service is deeply valued, and we are proud to have you as part of our community. As Thanksgiving approaches, it's a wonderful time to reflect on all that we're grateful for our health, our friendships, and the sense of belonging we share here. Please refer to the flyer for details about our upcoming Thanksgiving celebration we hope you and your loved ones can join us for this special event. ~Tabitha