

See us online at www.FOXHOLLOWBEND.com

ZZZ

Fox Hollow Independent & Assisted Living
2599 NE Studio Road
Bend, OR 97701

FOX HOLLOW

Independent & Assisted Living



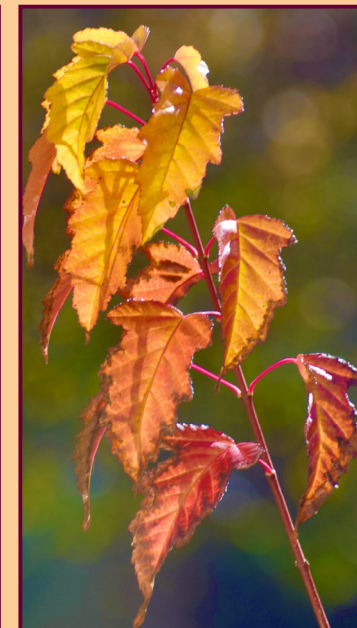
Fox Hollow Business Hours
Monday - Friday 9:00am - 5:00pm
Office: 541-383-2030

Senior Executive Director: Luke Wilkenfeldt
Wellness Director: Jacque Smythe, RN, BSN
Business Office Manager: Issac Lewis
Marketing Director: Martha Orozco-Thompson
Maintenance Director: Tim Disney
Enrichment Director: Becky Jones
Dinning Services Director: Scott Bullard
Housekeeping Supervisor: Lori Zarr

FOX HOLLOW

INDEPENDENT & ASSISTED
LIVING

OCTOBER 2025

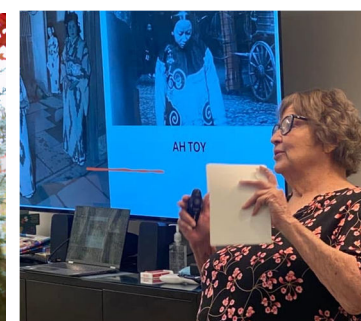
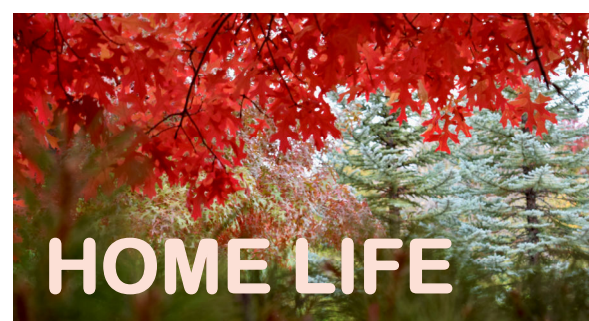




Bend Bear helped us celebrate National Assisted Living Week at Fox Hollow. Oh what Shenanigans!



We had all kinds of fun at Fox Hollow in September! We exercised our minds with Group Crosswords, took turns trying on Martha's beautiful velvet sombrero, helped Marti celebrate her one-hundredth birthday, won BIG at the casino, took a cruise around the neighborhood for some fresh air and sunshine, and we made several different fall decorations in Craft Hour!





"Music produces a kind of pleasure which human nature cannot do without." — Arthur Schopenhauer
Join us for LIVE music in the Activity Room!



October Outings:

Monday, October 6th..... Albertson's
Thursday, October 9th..... Big Story Bookstore
Thursday, October 9th Dinner - Chi's Restaurant
Friday, October 10th..... Dollar Tree
Monday, October 13th..... Walmart
Thursday, October 16th..... Goodwill Thrift Store
Friday, October 17th Sack Lunch at Shevlin Park
Monday, October 20th.. Trader Joe's/Local Acres
Thursday, October 23rd... Spirit Halloween Store
Friday, October 24th..... Lunch at Olive Garden
Monday, October 27th..... Fred Meyer
Friday, October 31st..... Mystery Ride

Friendly Reminder

The Transportation Book is located at the Front Desk. If you need to request transportation to a medical appointment or some other sort of personal business, record the day and time in the Transportation book as soon as possible. Please remember that Monday, Thursday and Friday mornings are designated as *Outing Days*, when the bus will be reserved for Group Outings, planned according to the *Activity Calendar*. There are going to be times when the bus does not return from a group outing until well after noon. If you think you'd like to go on an outing, please put your name on the sign-up sheet in the Outings Binder, outside of the Activity Room.



Flu Shots will be administered on
**Tuesday
October 7th**
9:00am - 11:00am
Activity Room



*Please Sign-up
in the
Outings Binder*

Sheryl Rambeau Presents:
**Ghoulish Figures
Oregon Ghost Stories**



Monday, October 6th at 10:00
in the Activity Room

OCTOBER MOVIE MATINEES

Yes, you could watch all of these movies in the privacy of your own apartment. But... wouldn't it be a lot more fun to watch them with your Fox Hollow neighbors and friends?

Movie Matinee's are scheduled Tuesdays and Saturdays.

Here's the Movie Matinee Schedule for the whole month:

Saturday, October 4th, *The Wrong Paris*
Tuesday, October 7th, *Wicked Little Letters*
Saturday, October 11th, *The Woman in Cabin 10*
Tuesday, October 14th, *Honeymoon Crasher*
Saturday, October 18th, *She Walks in Darkness*
Tuesday, October 21st, *The Twits*
Saturday, October 25th, *My Oxford Year*
Tuesday, October 28th, *The Ghost and Mrs. Muir*

The Theater is located across from the
Beauty Salon, just past the pop machines.



**Welcome
New Resident,
Rosella Kaiser!**

Thank you Bob Kremers for
contributing photos of
"Fall Colors" for this
Month's Newsletter.

**Fox Hollow
Resident Council Meeting
is Tuesday, October
28th at 3:00pm in the
Activity Room**

**Betty Pinson
Interim-President,
Margaret Stanley, Secretary**

**All Residents are invited
and encouraged to attend
Resident Council meetings.**



**Thank you, Angel Sandoval,
Fox Hollow Employee of the Month!**

Angel Sandoval has been caregiving since she was 14 years old, helping to provide care for her oldest sister who is autistic. By the time she was 18 years old Angel knew that she wanted to be a professional caregiver for others. Angel was born in Oregon, the youngest of four children. She has worked at Fox Hollow for a little over 2 years. Her coworkers and residents describe Angel as thorough, efficient, respectful and dependable. When she is not working, Angel enjoys baking and working on cars. She likes to do everything from basic maintenance to full repairs and body work. Angel also spends her time with her silver labrador, Parker. Thank you for being a valuable part of our team, Angel!

**Happy
October
Birthdays!**



- Angel Sandoval... Medtech..... Friday, the 3rd
- Danny Smythe... Bus Driver..... Saturday, the 4th
- Mabel Mitchell.....Monday, the 6th
- Shay Utt... Cook..... Tuesday, the 7th
- Robin Curr... Front Desk.....Wednesday, the 8th
- Brittney Schlichting... Caregiver..... Saturday, the 11th
- Annette VanDeZande..... Monday, the 13th
- Michelle Gandy... Laundry Aide..... Thursday, the 16th
- Ann ReinhartThursday, the 16th
- Max Mosley..... Thursday, the 23rd
- Elsa McCord..... Wednesday, the 29th
- Odin Lewis... CookThursday the 30th



We really enjoyed our trip to Prineville. The Bowman Museum was very interesting. It sparked memories from childhood and taught us things we didn't already know about the people and history of Central Oregon.

Resident Spotlight on Richard Mason



Richard Mason was born in Riverside, California but grew up in Oroville because his father worked in building airfields. At the age of 10 Richard knew how to weld and worked at a repair shop for bicycles in high school. He was the oldest of three and when he was 6 he lived close to a railroad track where the train would drop off the troops and he and his siblings would sell fruit by the tracks to make money. Richard and his whole family moved to Scio, Oregon while he was in high school and that is where he met his wife, Shirley. Richard then

took a job for the newspaper where Shirley and her father both worked. In 1952, after Richard and Shirley graduated they got married in Albany, Oregon where he then enlisted in the army and was stationed in Fort Lewis. had his first son Dan. He served for 2 years and was honorably discharged. After the army he went to work in finance and had two more children, Treasa and Sammy. Richard transferred a lot for work until they settled in the countryside of Eugene, Oregon. He owned a family farm and his own contracting business. He even built his parents home in Eugene after they retired. Richard's favorite activity was square dancing. His whole family enjoyed square dancing, in fact, even his daughter, Teresa's wedding was a square dance.



**Telescope Guy
will be here on
October 7th at
2:30pm
In the
Activity Room**

ALIENS—PART 1



Happy Halloween!

Costume Party
Thursday, October 30th
at 1:30pm
in the Front Dining Room
Live Music by The Alley Cats
Ghoulish Refreshments
Prizes and a Trophy will be
awarded to both the
Staff Member & the Resident
with the Best Costume!

3rd Floor Game Room Schedule	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00am -1200	Open	Dice Games	Board Games	Card Games	Tile Games	Card Games	Open
1:30pm-2:30pm	—	Open	Open	Open	—	Bible Study	Open
2:00pm - 4:00pm	Poker	Dice Games	Board Games	Card Games	Poker	Card Games	Open
6:00pm - 7:00pm	Church Service	Open	Open	Open	Open	Open	Open

Volunteer Opportunities:


If you would be interested in helping to facilitate games in the Game Room, please see Becky

If you would be interested in helping to make sure that your neighbors receive a birthday card on the anniversary of their birth, please see Becky.

Thank you.



Interdenominational Sunday Service with Richard McDaniel
Sundays at 6:00pm in the 3rd Floor Game Room
 Everyone is Welcome!

~ Holy Communion ~
 Diana Stein facilitates Holy Communion for Fox Hollow Residents, their families and friends, every Sunday at 12:30pm in the Theater. **All are welcome!**



Chaplain Joe, from Bristol Hospice will visit Fox Hollow on Wednesday, September at 10:00am to facilitate Bible Study, in the Fireside Library. Everyone is welcome!

God's Bible Study with Jim
 Jim Warren and Shirley Schaefer from Victory Baptist Church visit Fox Hollow every Friday to conduct a non-denominational Bible study Group at 1:30pm in the **Third Floor Game Room**. Everyone is welcome!

Mabel's 100th Birthday Party!

Friends and neighbors are invited to help Mabel celebrate her 100th Birthday on

Monday, October 6th,
from 2:00pm to 3:30pm
In the Front of the Dining Room.
Paul Eddy will provide Entertainment
There will be Games and Prizes!

Buck BINGO will commence at 3:45, in the dining room, immediately following the birthday party.