

## November 2025

Wednesday

5 8:00 Breakfast
8:00 Outing Breakfast Fallbrook

2:00 Love on a Leash - Therapy

10:00 Exercise Class

10:30 Outdoor Walk

1:00 Patio Games

5:30 Evening Movie

10:00 Exercise Class

10:30 Outdoor Walk

1:00 Matinee Movie

3:30 Game: Go Fish

5:30 Evening Movie

10:00 Exercise Class

10:30 Outdoor Walk

1:00 Ball Toss Patio

5:30 Evening Movie

26 8:00 Breakfast 9:00 Beauty Hour

11:30 Lunch

2:00 Daily Chronicle Patio

3:00 Game: Picture Match

10:00 Exercise Class

10:30 Outdoor Walk

3:00 Game: Puzzle

1:00 Arts and Crafts on the Patio

2:00 Daily Chronicle Patio

10:45 Women's Lunch 127 West Social

10:45 Men's Lunch Outing Caol Bunker

2:00 Patio chats Daily Chronicle

12 8:00 Breakfast 9:00 Beauty Hour

11:30 Lunch

4:30 Dinner

19 8:00 Breakfast 9:00 Beauty Hour

11:30 Lunch

4:30 Dinner

11:30 Lunch

Dogs Visit

4:30 Dinner





4:30 Dinner

11:30 Lunch

4:30 Dinner

11:30 Lunch

4:30 Dinner

5:30 Evening Movie

10 8:00 Breakfast 9:00 Coffee & Chronicles (RA)

9:15 Chair Thai Chi (AR)

10:00 Chair Exercise (AR)

10:30 Outdoor Walk (LB)

3:30 Family Feud (AR)

5:30 Evening Movie

17 8:00 Breakfast 9:00 Coffee & Chronicles

9:15 Chair Thai Chi (AR)

10:00 Chair Exercise (AR)

10:30 Outdoor Walk (LB)

3:30 Armchair Travels Turkey (AR)

1:30 Matinee Movie

5:30 Evening Movie

24 8:00 Breakfast 9:00 Coffee & Chronicles

1:30 Matinee Movie

5:30 Evening Movie

11:30 Lunch

4:30 Dinner

9:15 Chair Thai Chi (AR)

10:00 Chair Exercise (AR)

10:30 Outdoor Walk (LB)

3:30 Game: Bean Bag Toss (Main DR)

1:30 Marine Corp Celebration

2 8:00 Breakfast 9:00 Coffee & Chronicles (RA) 3 8:00 Breakfast 9:00 Coffee & Chronicles 9:15 Video Exercise Class (RA) 9:15 Chair Thai Chi (AR) 10:00 Catholic Communion (Room 10:00 Chair Exercise (AR) 10:30 Outdoor Walk (LB) 11:30 Lunch 11:30 Lunch 2:30 Favorite Old Hymns Sing Along 1:30 Matinee Movie 3:30 Game: Horse Racing (AR)

3:00 Cookie Social (RA) 4:30 Dinner 5:30 Evening Movie

9 8:00 Breakfast 9:00 Coffee & Chronicles (RA) 9:15 Video Exercise Class (RA) 10:00 Catholic Communion (Room Visits)

11:30 Lunch 2:30 Favorite Old Hymns Sing Along 3:00 Lemonade Social (RA)

4:30 Dinner 5:30 Evening Movie

168:00 Breakfast 9:00 Coffee & Chronicles (RA) 9:15 Video Exercise Class (RA) 10:00 Catholic Communion (Room Visits)

11:30 Lunch 2:30 Favorite Old Hymns Sing Along 3:00 Puzzle (RA) 4:30 Dinner

5:30 Evening Movie

238:00 Breakfast 9:00 Coffee & Chronicles (RA) 9:15 Video Exercise Class (RA)

> 10:00 Catholic Communion (Room 11:30 Lunch

2:30 Favorite Old Hymns Sing Along

3:00 Coloring (RA)

4:30 Dinner 5:30 Evening Movie

308:00 Breakfast Sp:00 Coffee & Chronicles (RA) 9:15 Video Exercise Class (RA)

10:00 Catholic Communion (Room Visits)

11:30 Lunch

2:30 Favorite Old Hymns Sing Along

3:00 Coloring (RA) 4:30 Dinner

5:30 Evening Movie



8:00 Breakfast 4 8:00 Break Hour 10:00 Exercise Class 10:30 Outdoor Walk 11:30 Lunch 1:30 Root Beer Floats at the Patio

3:30 Daily Chronicles

4:30 Dinner 5:30 Evening Movie

8:00 Breakfast 9:00 Beauty Hour 10:00 Exercise Class 10:30 Outdoor Walk 11:30 Lunch 1:30 Root Beer Floats at the Patio

3:30 Game: Pick a Penny 4:30 Dinner 5:30 Evening Movie

18 8:00 Breakfast 9:00 Beauty Hour 10:00 Exercise Class 10:30 Outdoor Walk

11:30 Lunch 1:30 Root Beer Floats at the Patio 3:00 Bingo (AR)

3:30 Daily Chronicles

4:30 Dinner 5:30 Evening Movie

25 8:00 Breakfast 9:00 Beauty Hour 10:00 Exercise Class 10:30 Outdoor Walk

11:30 Lunch 1:30 Root Beer Floats at the Patio

3:00 Bingo (AR)

3:30 Puzzle 4:30 Dinner

4:30 Dinner 5:30 Evening Movie 5:30 Evening Movie



6 8:00 Breakfast 9:00 Beauty Hour 10:00 Exercise Class 10:30 Outdoor Walk 11:30 Lunch

1:30 Ice Cream social on the Patio

3:30 Game: Pick a Penny 4:30 Dinner

5:30 Evening Movie

13 8:00 Breakfast 9:00 Beauty Hour 10:00 Exercise Class 10:30 Outdoor Walk

> 11:30 Lunch 1:30 Ice Cream social on the Patio

3:30 Table Games: Go Fish

4:30 Dinner 5:30 Evening Movie

 $20^{\,8:00\,\text{Breakfast}}_{\,9:00\,\text{Beauty Hour}}$ 10:00 Exercise Class 10:30 Outdoor Walk 11:30 Lunch

1:30 Ice Cream social on the Patio 3:00 Bingo (AR) 3:30 Puzzle 4:30 Dinner

27 8:00 Breakfast 9:00 Beauty Hour 10:00 Exercise Class 10:30 Outdoor Walk

11:30 Lunch 1:00 Bingo (AR) 4:30 Dinner

5:30 Evening Movie

5:30 Evening Movie



7 8:00 Breakfast 9:00 Beauty Hour 9:15 Weightlifting Class (AR) 10:00 Exercise 10:30 Outdoor Walk 11:30 Lunch 1:30 Outdoor Gardening 3:30 Happy Hour (Main DR) 4:30 Dinner

8:00 Breakfast 158:00 Breakfast 9:30 Exercise Class (AC) 9:00 Beauty Hour 10:00 Outdoor Walk (LB) 10:00 Exercise 10:15 Scenic Drive - Fallbrook 10:30 Outdoor Walk

11:30 Lunch 11:30 Lunch 1:30 Outdoor Lemonade 1:00 Outdoor Trivia 3:00 Bingo (AC)

3:30 Happy Hour (Main DR) 4:30 Dinner 5:30 Evening Movie

> 22 8:00 Breakfast 9:30 Exercise Class (AC) 10:00 Outdoor Walk (LB)

> > 10:15 Scenic Drive - Fallbrook 11:30 Lunch

1:00 Outdoor Lemonade Social 3:00 Bingo (AC)

Saturday

2: 00 Arts and Crafts on the patio

9:30 Exercise Class (AR) 10:00 Outdoor Walk (LB) 10:15 Memory Care Outing: Fallbrook Coffee Company

11:30 Lunch

3:00 Bingo (AC) 4:30 Dinner

11:30 Lunch

4:30 Dinner

3:00 Bingo (AC)

5:30 Evening Movie

5:30 Evening Movie

8:00 Breakfast 9:30 Exercise Class (AC)

10:00 Outdoor Walk (LB)

10:15 Trader Joes -Temecula

1:00 Outdoor Relaxing Music

4:30 Dinner 5:30 Evening Movie

29 8:00 Breakfast 9:30 Exercise Class (AC)

10:00 Outdoor Walk (LB) 10:15 Scenic Drive - Fallbrook 11:30 Lunch

1:00 Outdoor Musical Social

3:00 Bingo (AC) 4:30 Dinner

5:30 Evening Movie

HAPPY BIRTHDAY

7 - Martha H.

10 - Angie P.

14 - Ann L.

23 - Joan L.

27 - Sharon K.

30 - Nancy F.

Time to Fall back November 2<sup>nd</sup>

**Happy Veterans Day** November 11<sup>TH</sup>

**Happy Thanksgiving** November 27<sup>TH</sup>

ALL ACTIVITIES ARE SUBJECT TO CHANGE





4:30 Dinner 5:30 Evening Movie

21 8:00 Breakfast 9:00 Beauty Hour 9:15 Weightlifting Class (AR) 10:00 Exercise

5:30 Evening Movie

10:30 Outdoor Walk 11:30 Lunch 1:30 Outdoor Trivia

3:30 Happy Hour (Main DR) 4:30 Dinner

5:30 Evening Movie

28 8:00 Breakfast 9:00 Beauty Hour

9:15 Weightlifting Class (AR) 10:00 Exercise 10:30 Outdoor Walk

11:30 Lunch 1:30 Outdoor Daily Chronicles

3:30 Happy Hour (Main DR) 5:30 Evening Movie



