



- A** Activity Room
- D** Dining Room
- L** Lobby
- O** Outing
- PD** Private Dining Room
- C** Courtyard Patio
- LB** Library
- AO** Activity Director's Office
- CS** Country Store
- RA** Room Activity

November 2025

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

IN ALL
Things
GIVE
Thanks



ALL ACTIVITIES ARE
SUBJECT TO
CHANGE

HAPPY BIRTHDAY

7 - Martha H.
10 - Angie P.
14 - Ann L.
23 - Joan L.
27 - Sharon K.
30 - Nancy F.



- 1** **A** 09:30 Sit & Be Fit Exercise Class
L 10:00 Outdoor Walk
O 10:15 Memory Care Outing -
Fallbrook Coffee co
A 11:00 Puzzle Pickup
D 1:00 Self-Guided Wii Bowling
A 3:00 Bingo!
A 6:30 Evening Movie

- 2** **A** 10:00 Sit & Be Fit Exercise Class
L 10:30 Outdoor Walk
A 10:30 Catholic Communion -
Room Visits
A 1:00 Favorite Old Hymns Sing-
A-Long
L 3:30 Board Game: Rummikub
A 6:30 Evening Movie

- 3** **A** 9:15 Chair Tai Chi with Pat
A 10:00 Sit & Be Fit Exercise Class
L 10:30 Outdoor Walk
A 11:00 Resident Council Meeting
O 1:00 Shopping Outing - Walmart
A 3:30 Game: Horse Racing
A 6:30 Evening Movie

- 4** **A** 10:00 Sit & Be Fit Exercise Class
L 10:30 Outdoor Walk
C 11:00 Garden Club
AO 1:00 Root Beer Floats
A 2:00 Online Shopping Assistance
A 3:00 Bingo!
A 6:30 Evening Movie

- 5** **O** 08:00 Breakfast Outing:
Fallbrook Cafe
A 10:00 Sit & Be Fit Exercise Class
L 10:30 Outdoor Walk
LB 11:00 Puzzle Pickup
A 1:30 Love on a Leash - Therapy
Dogs Visit
A 3:00 Paint and Sip Fall Edition
A 6:30 Evening Movie

- 6** **A** 10:00 Sit & Be Fit Exercise Class
L 10:30 Outdoor Walk
A 11:00 Devotional by Sunrise
Church
PD 11:00 Jewelry Class w/Jennifer
D 1:00 Ice Cream Sundaes
RA 2:00 Technology Assistance
A 3:00 Pottery Class w/Celeste
A 6:30 Evening Movie

- 7** **A** 9:15 Weightlifting Class
A 10:00 Sit & Be Fit Exercise Class
L 10:30 Outdoor Walk
O 10:45 Fallbrook Shopping Trip:
Albertsons & CVS
A 1:30 Craft Club - Roosting Ledge
D 3:30 Happy Hour with Phil L.
A 6:30 Evening Movie

- 8** **L** 09:30 Sit & Be Fit Exercise Class
A 10:00 Outdoor Walk
O 10:15 Shopping Outing: Trader
Joe
A 11:00 Puzzle Pickup
D 1:00 Self-Guided Wii Bowling
A 3:00 Bingo!
A 6:30 Evening Movie

- 9** **A** 10:00 Sit & Be Fit Exercise Class
L 10:30 Outdoor Walk
A 10:30 Catholic Communion -
Room Visits
A 1:00 Favorite Old Hymns Sing-
A-Long
L 3:30 Board Game: Rummikub
A 6:30 Evening Movie

- 10** **A** 9:15 Chair Tai Chi with Pat
A 10:00 Sit & Be Fit Exercise Class
L 10:30 Outdoor Walk
O 10:45 Shopping Trip: Dollar Tree
& Grocery Outlet
PD 1:30 Marine Corp Celebration
A 3:30 Game: Family Feud
A 6:30 Evening Movie

- 11** **Veterans DAY**
O 09:30 Veteran's Parade
A 10:00 Sit & Be Fit Exercise Class
L 10:30 Outdoor Walk
LB 11:00 Puzzle Pickup
D 2:00 Veteran's Ceremony
A 3:30 Game: Bean Bag Tossing
A 6:30 Evening Movie

- 12** **A** 10:00 Sit & Be Fit Exercise Class
L 10:30 Outdoor Walk
A 11:00 Puzzle Pickup
O 11:30 Women's Lunch Outing:
127 West Social house
CS 1:30 Country Store
A 3:00 Spanish 101 with Jose
A 6:30 Evening Movie

- 13** **A** 10:00 Sit & Be Fit Exercise Class
L 10:30 Outdoor Walk
A 11:00 Devotional by Sunrise
Church
D 1:00 Ice Cream Sundaes
RA 2:00 Technology Assistance
A 3:00 Bingo!
A 6:30 Evening Movie

- 14** **A** 9:15 Weightlifting Class
A 10:00 Sit & Be Fit Exercise Class
L 10:30 Outdoor Walk
O 10:45 Fallbrook Shopping Trip:
Albertsons & CVS
A 1:30 Matinee Movie
D 3:30 Happy Hour w/ Byrne & Harriet
A 6:30 Evening Movie

- 15** **A** 09:30 Sit & Be Fit Exercise Class
L 10:00 Outdoor Walk
O 10:15 Memory Care Scenic
Drive
A 11:00 Puzzle Pickup
D 1:00 Self-Guided Wii Bowling
A 3:00 Bingo!
A 6:30 Evening Movie

- 16** **A** 10:00 Sit & Be Fit Exercise Class
L 10:30 Outdoor Walk
A 10:30 Catholic Communion -
Room Visits
A 1:00 Favorite Old Hymns Sing-
A-Long
L 3:30 Board Game: Rummikub
A 6:30 Evening Movie

- 17** **A** 9:15 Chair Tai Chi with Pat
A 10:00 Sit & Be Fit Exercise Class
L 10:30 Outdoor Walk
A 11:00 Food Committee
O 1:00 Shopping Outing - Costco
A 3:30 Armchair Travels - Turkey
A 6:30 Evening Movie

- 18** **A** 10:00 Sit & Be Fit Exercise Class
L 10:30 Outdoor Walk
C 11:00 Garden Club
AO 1:00 Root Beer Floats
A 2:00 Online Shopping Assistance
A 3:00 Bingo!
A 6:30 Evening Movie

- 19** **A** 10:00 Sit & Be Fit Exercise Class
L 10:30 Outdoor Walk
A 11:00 Puzzle Pickup
O 11:30 Men's Lunch Outing: Coal
Bunker
CS 1:30 Country Store
A 3:00 Game: Don't Count Your
Chickens
A 6:30 Evening Movie

- 20** **A** 10:00 Sit & Be Fit Exercise Class
L 10:30 Outdoor Walk
A 11:00 Devotional by Sunrise
Church
D 1:00 Ice Cream Sundaes
RA 2:00 Technology Assistance
A 3:00 Pottery Class w/Celeste
A 6:30 Evening Movie

- 21** **A** 9:15 Weightlifting Class
A 10:00 Sit & Be Fit Exercise Class
L 10:30 Outdoor Walk
O 10:45 Fallbrook Shopping Trip:
Albertsons & CVS
A 1:30 Craft Club
D 3:30 Happy Hour with Dan D.
A 6:30 Evening Movie

- 22** **A** 09:30 Sit & Be Fit Exercise Class
L 10:00 Outdoor Walk
O 10:15 Memory Care Scenic
Drive
A 11:00 Puzzle Pickup
D 1:00 Self-Guided Wii Bowling
A 3:00 Bingo!
A 6:30 Evening Movie

- 23**
30 **A** 10:00 Sit & Be Fit Exercise Class
L 10:30 Outdoor Walk
A 10:30 Catholic Communion -
Room Visits
A 1:00 Favorite Old Hymns Sing-
A-Long
L 3:30 Board Game: Rummikub
A 6:30 Evening Movie

- 24** **A** 9:15 Chair Tai Chi with Pat
A 10:00 Sit & Be Fit Exercise Class
L 10:30 Outdoor Walk
O 10:45 Shopping Trip: Major
Market
A 1:30 Game: Uno
A 3:30 Game: Bean Bag Toss
A 6:30 Evening Movie

- 25** **A** 10:00 Sit & Be Fit Exercise Class
L 10:30 Outdoor Walk
LB 11:00 Puzzle Pickup
O 1:30 Freaney and Friends
Concert - Fallbrook Public
Library
A 3:30 Bingo!
A 6:30 Evening Movie

- 26** **A** 10:00 Sit & Be Fit Exercise Class
L 10:30 Outdoor Walk
L 11:00 Game: Rummikub
LB 11:30 Puzzle Pickup
CS 1:30 Country Store
D 3:00 Game: Bowling
A 6:30 Evening Movie

- 27** *Happy Thanksgiving*
A 10:00 Sit & Be Fit Exercise Class
L 10:30 Outdoor Walk
A 11:00 Devotional by Sunrise
Church
A 1:00 Bingo!
A 3:00 Matinee Movie
A 6:30 Evening Movie

- 28** **A** 9:15 Weightlifting Class
A 10:00 Sit & Be Fit Exercise Class
L 10:30 Outdoor Walk
O 10:45 Fallbrook Shopping Trip:
Albertsons & CVS
PD 12:15 Monthly Birthday Lunch
D 3:30 Happy Hour with Ron E.
A 6:30 Evening Movie

- 29** **A** 09:30 Sit & Be Fit Exercise Class
L 10:00 Outdoor Walk
O 10:15 Memory Care Scenic
Drive
A 1:00 Puzzle Pickup
D 1:00 Self-Guided Wii Bowling
A 3:00 Bingo!
A 6:30 Evening Movie