

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 12:00 Harvest Buffet 12:15 Chair Yoga 1:00 Sit & Fit 2:00 Bingo 5:20 Seahawks Football 6:15 Triominos 7:00 Movie Night Daylight Saving Time Ends	2 Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Aqua Activities 12:00 Learn UNO for NYE 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Craft Corner – Pine Cones 6:15 Mexican Train	3 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:30 Playing 8-ball & Darts 10:30 Dance Moves Lesson 11:00 Tech Help for Phones 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Bingo 6:15 Triominos 7:00 Movie Night	4 Transportation: APPT. Day 9:30 SAIL Fitness 10:00 Red Wind Casino 10:30 Aqua Activities 10:30 Catholic Prayer Service 11:00 Communion 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Cards: Pinochle 3:00 Needle Group 5:30 Larry Barry Sing-along 6:30 Cribbage 6:30 Bingo	5 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:30 Yahtzee 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Wii Games 4:30 Thirsty Thursday Social 6:15 Mexican Train 6:30 Resident Run Card Games	6 9:00 Tahoma Nat'l Cemetery 9:30 SAIL Fitness 10:15 Bible Study 10:30 Aqua Activities 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Bingo 6:15 Triominos 7:00 Movie Night	7 9:15 Support Run 2 Remember 9:30 Exercise 10:00 Walmart, Lacey 10:30 Wii Bowling 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Bingo 3:00 Cribbage 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Movie Night 7:00 Bar Trivia w/Steve D
9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 12:00 Red Robin, Lakewood 12:15 Chair Yoga 1:00 Sit & Fit 1:05 Seahawks Football 2:00 Bingo 5:30 Larry Barry Sing-along 6:15 Triominos 7:00 Movie Night	9 US Marine Corps 250th Birthday Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Aqua Activities 10:30 Camping w/Sasquatch 12:00 Learn UNO for NYE 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Bar Bingo (Special Time) 3:30 Happy Hour Marine Corps Birthday 6:15 Mexican Train	10 Gold Star Families Make a Star Ornament for Patriots Landing Tree Noon-4pm 9:30 Cardio/Strength Fitness 10:30 Playing 8-ball & Darts 10:30 Play UNO – Prep for NYE 12:15 Sit & Fit 1:00pm – 3:00pm Veterans Day Program 6:15 Triominos 7:00 Movie Night Veterans Day Remembrance Day (Canada)	11 McChord BX/Commissary 9:30 SAIL Fitness 10:30 Aqua Activities 10:30 Catholic Prayer Service 11:00 Communion 12:00 Ft Lewis PX/Commissary 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 1:45 3rd Graders from Cabrini 2:00 Cards: Pinochle 3:00 Needle Group 5:30 Larry Barry Sing-along 6:30 Cribbage 6:30 Bingo	12 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:30 Daniel Rivas, Careage Mobility Devices and Falls 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Jeopardy 2:00-2:30 Blood Pressure Clinic 4:30 Thirsty Thursday Social 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 History Stories w/Steve D	13 9:30 SAIL Fitness 10:15 Bible Study 10:30 Aqua Activities 10:00 Costco, Lacey (Must have Membership) 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Bingo 3:15 We Care Support Group 6:15 Triominos 7:00 Movie Night	14 9:15 Support Run 2 Remember 10:00 Auburn Outlet Mall 9:30 Exercise 10:30 Wii Bowling 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Bingo 3:00 Cribbage 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Movie Night
16 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 12:00 L & L Hawaiian Barbecue 12:15 Chair Yoga 1:00 Sit & Fit 1:05 Seahawks Football 2:00 Bingo 3:00 Wine Social w/The Cowchips 5:30 Larry Barry Sing-along 6:15 Triominos 7:00 Movie Night	17 Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Aqua Activities 10:30 Camping w/Sasquatch 12:00 Learn UNO for NYE 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Songbirds 6:15 Mexican Train VFW	18 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:00-10:30 ACU Resident Banking 10:30 Play UNO – Prep for NYE 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Bingo 6:15 Triominos 7:00 Movie Night	19 Ft Lewis PX/Commissary 9:30 SAIL Fitness 10:30 Aqua Activities 10:30 Catholic Prayer Service 11:00 Communion 11:30 McChord BX/Commissary 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Town Hall 2:00 Cards: Pinochle 5:30 Larry Barry Sing-along 6:30 Cribbage 6:30 Bingo	20 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:30 Dance Moves Lesson 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Resident Birthday Party Lakewood Senior Players 5:00 Tacoma Museum of Glass 6:15 Mexican Train 6:30 Resident Run Card Games AROWS	21 9:30 SAIL Fitness 9:30 – 11:00am JBLM Soldier Visit 10:00 Lakewood Towne Center 10:15 Bible Study 10:30 Aqua Activities 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Bingo 3:30 Storytime (speaker needed) 6:15 Triominos 7:00 Movie Night	22 9:30 Exercise 10:00 Foss Waterway Museum 10:30 Wii Bowling 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Bingo 3:00 Cribbage 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Movie Night
23 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 9:30 Seahawks Football 12:00 Steele Barrel BBQ, Yelm 12:15 Chair Yoga 1:00 Sit & Fit 2:00 Bingo 5:30 Larry Barry Sing-along 6:15 Triominos 7:00 Movie Night	24 Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Camping w/Sasquatch 10:30 Aqua Activities 12:00 Learn UNO for NYE 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Songbirds 3:15 Bar Bingo 6:15 Mexican Train	25 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:00 Patriots Landing Book Club 10:30 Playing 8-ball & Darts 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Bingo 6:15 Triominos Sojourners	26 9:30 SAIL Fitness 10:30 Aqua Activities 10:30 Catholic Prayer Service 10:30 Hess Bakery 11:00 Mass 11:30 Cheryl Zabel - Harp 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Cards: Pinochle 3:00 Needle Group 5:30 Larry Barry Sing-along 6:30 Cribbage 6:30 Bingo	27 THANKSGIVING Seatings will be at 12:00pm and 3:00pm. Please make your reservations with Iris, Craig or a member of our dining staff & purchase tickets at the front desk. Without reservations we cannot guarantee seating. Special Meal Tickets for sale at the front desk. \$30/adult guest. \$10/youth guest 12 & under Activity Schedule Resumes Tomorrow Thanksgiving Day (U.S.)	28 9:30 SAIL Fitness 10:15 Bible Study 10:30 Aqua Activities 11:00 The Hive Shopping 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Bingo 6:15 Triominos 7:00 Movie Night	29 9:00 Pt Defiance Zoo & Aquarium Tickets \$23-\$28 9:30 Exercise 10:30 Wii Bowling 12:15 Sit & Fit 1:00 Sit & Fit (2 nd Session) 2:00 Bingo 3:00 Cribbage 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Movie Night
30 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 12:00 Red Lobster, Lacey 12:15 Chair Yoga 1:00 Sit & Fit 1:05 Seahawks Football 2:00 Bingo 5:30 Larry Barry Sing-along 6:15 Triominos 7:00 Movie Night						