



ANNOUNCEMENTS



Krafty Klatsch | If you are not familiar with Krafty Klatsch on Mondays, this is where residents who do any type of crafting, sewing, knitting, painting, etc. all get together while working on their craft of choice. Great way to get to meet neighbors!

Sunday Night Line Dancing | 7:00 pm, Fitness Center. All are invited to learn various line dances. Beginners welcome!

Kol Nidre services | **October 1st**, 7:00 pm, Media Poker Room. Streamed by resident Joe Liebreich.

Hangry Food Truck | **October 2nd**, 4:00 pm, behind Canvas Building. A variety of chicken dishes and more.

Resident-run Crafting Project Night | **October 8th**, 7:00 pm - Canvas Room - Come and make a cute witch pumpkin decoration. Cost is \$8 to cover all supplies. Sign up in mail room. Class will be limited to first 15 people, so don't miss out!

Book Club | **October 9th**, 7:00 pm - This month's book is "Citizens of London" by Lynne Olson. The Book Club meets once a month, every second Thursday in the Library, at 7:00 pm.

Hispanic Heritage Month Luncheon | **October 11th**, 11:30 am to 1:00 pm, Great Room - National Hispanic Heritage Month is annually observed from September 15 to October 15 in the United States for recognizing the contributions and influence of Hispanic culture to the nation's achievements, culture, and history. Let's celebrate with a taste of Mexican food and music. Sign up in mail room no later than October 4th.

Opera afternoon at Canvas | **October 12th**, 1:00 pm, Media/Poker Room - Resident Joe Liebreich will stream the opera "La Boheme" with Pavarotti.

Acrylic Painting | **October 13th**, 1:30 pm - Canvas Room - Express your inner artist. Beginners welcome! Step-by-step instructions.

Comcast & Donuts | **October 14th**, 10:00 - 11:30 am, Great Room - Stop by for a donut and meet our Comcast rep who will be here to answer any questions you may have.

Wine Down "Spirits" Wednesday | **October 15th**, 6:00 pm - Great Room - Bring a friend as a referral for a chance to win a raffle basket! Join neighbors and welcome new ones! Light snacks will be provided.

Bop Food Truck | **October 21st**, 4:00 - 8:00 pm - behind Canvas Building. A variety of Asian bowls and more!

Glass Painting | **October 21st**, 7:00 pm - Canvas Room - Give painting on glass a try. Beginners welcome! Step-by-step instructions!

October Birthdays | **October 22nd**, 2:00 pm - Canvas Room - Come for cake and to wish all the October birthdays many more to come!

Left Center Right Ladies Night | **October 24th** - 7:00 pm, Great Room. BYOB and snacks to share are appreciated but not mandatory. Friends welcome.

Acrylic Painting | **October 27th**, 7:00 pm - Canvas Room - Express your inner artist. Intuitive painting. Beginners welcome! Step-by-step instructions.

Speaker Series | **October 28th**, 7:00 pm, Canvas Room - Ken Sklar will be returning for another interesting presentation. This month Ken will speak on the topic of Eukrain.

Wine Down Wednesday | **October 29th**, 6:30 pm - Great Room - "Wine" Down with neighbors new and old. Bring a friend or two. At 7:30, join in for a game of Charades.

Canvas Halloween Costume Party | **October 30th**, 7:00 to 9:00 pm - Get those costumes ready! Prizes for Scariest, Prettiest, Best Group, and most original. Music, potions to drink and scary savory sweets.

Hangry Food Truck | **October 31st** - 4:00 pm, Another no cook night! Grab some grub and join friends in the Great Room for dinner!



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CANVAS STAFF:

TBD | Property Manager
Eileen Speck | Leasing Operations Manager
Barbara Easterling | Concierge
Gloria Spriggs | Lifestyle Director
Hector Osorio | Lead Maintenance Technician
Jim Goldey | Maintenance Technician

OFFICE PHONE:

484-747-6975

For Maintenance Emergency, Follow Prompt

FOR ALL OTHER EMERGENCIES

PLEASE DIAL 911

OFFICE HOURS

Mon-Thurs 9am -6pm

Fri - 8am - 5 pm

Sat - 10 am - 5pm

Sun - 12pm - 5pm

CIAO BELLA SALON

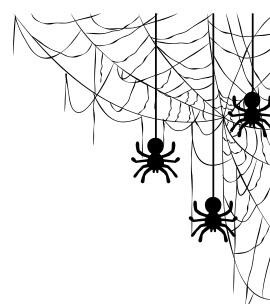
Tues 11:00 am - 7:00 pm

Thurs 11:00 am - 7:00 pm

Fri 9:00 am - 2:00 pm

Phone: (610) 990-7557

info@ciaobellasalon.com

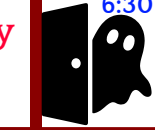


ALLURE
Lifestyle Communities

Canvas at Valley Forge

101 Bryce Lane, King of Prussia, PA 19406

the life
LIFESTYLE. INDEPENDENCE.
FRIENDSHIP. ENTHUSIASM.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 Not all witching hours are bad ones! 			1 YOM KIPPUR 9:00 Dance / FC 10:00 am Ping Pong /GaR 1:00 pm Mahjong / L 2:30 pm Mens Poker / PMR 7:00 pm Kol Nidre services / PMR 	2 10:00 am Billiards / GaR 12:00 pm Pinochle /L 1:00 pm Canasta / L 2:30 pm Poker /PMR 4:00 pm Chair Yoga /FC 4:00 pm Hangry Food Truck 5:00 pm Yoga / FC 6:30 pm Rummikub /L 	3 9:00 am Dance Fitness /FC 10:00 am Pilates 10:00 am Intermed Bridge /L 2:30 pm Open Poker / L	4 9:00 am Balance Class / FC 9:30 am Stretch & Tone / FC
5 9:00 am Yoga Class / FC 10:15 am Chair Yoga / FC 11: 15 am Meditation / LI 2:00 pm Canasta / L 7:00 pm Line Dancing /FC	6 9:00 am Pilates/Barre/Fusion 10:00 am Canasta / L 10:00 am Krafty Klatsch /GR 10:00 am Billiards / GaR 1:00 pm Mahjong / L 2:30 pm Poker / PMR 5:00 pm Scripture Study /PMR	7 9:00 am Pilates / FC 1:00 pm Bingo / GR 3:30 pm Ladies Poker /L	8 9:00 Dance / FC 10:00 am Ping Pong /GaR 1:00 pm Mahjong / L 2:30 pm Mens Poker / PMR 7:00 pm Resident-run Craft Night 	9 10:00 am Billiards / GaR 12:00 pm Pinochle /L 1:00 pm Canasta / L 2:30 pm Poker /PMR 4:00 pm Chair Yoga /FC 5:00 pm Yoga / FC 6:30 pm Rummikub /L 7:00 pm Book Club /LI 	10 9:00 am Dance Fitness /FC 10:00 am Pilates 10:00 am Intermed Bridge /L 2:30 pm Open Poker / PMR 7:00 pm Live-Streamed Shabbat Service / MPR	11 9:00 am Balance Class / FC 9:30 am Stretch & Tone / FC Hispanic Heritage Month Luncheon 11:30am - 1:00pm Canvas Room
12 9:00 am Yoga Class / FC 10:15 am Chair Yoga / FC 11: 15 am Meditation / LI 1:00 pm Opera / PMR 2:00 pm Canasta / L 7:00 pm Line Dancing /FC 	13 9:00 am Pilates/Barre/Fusion 10:00 am Canasta / L 10:00 am Krafty Klatsch /GR 10:00 am Billiards / GR 1:00 pm Mahjong / L 1:30 pm Acrylic Painting /CR 2:30 pm Poker / PMR 5:00 pm Scripture Study /PMR 	14 9:00 am Pilates / FC 10:00 am Comcast & Donuts /GR 1:00 pm Bingo / GR 3:30 pm Ladies Poker /L	15 9:00 am Dance / FC 10:00 am Ping Pong /GaR 2:30 pm Mens Poker / PMR 6:30 pm Wine Down “Spirits” Wednesday / GR - Bring a friend! 	16 10:00 am Billiards / GaR 12:00 pm Pinochle / L 1:00 pm Canasta / L 2:30 pm Poker /PMR 4:00 pm Chair Yoga /FC 5:00 pm Yoga / FC 5:00 pm Tony Luke 6:30 pm Rummikub /L 	17 9:00 am Dance Fitness /FC 10:00 am Pilates / FC 10:00 am Intermed Bridge /L 2:30 pm Open Poker / L	18 9:00 am Balance Class / FC 9:30 am Stretch & Tone / FC
19 9:00 am Yoga Class / FC 10:15 am Chair Yoga / FC 11: 15 am Meditation / LI 2:00 pm Canasta / L 7:00 pm Line Dancing /FC	20 Happy Diwali 9:00 am Pilates/Barre/Fusion 10:00 am Canasta / L 10:00 am Krafty Klatsch/GR 10:00 am Billiards / GR 1:00 pm Mahjong / L 2:30 pm Poker / PMR 5:00 pm Scripture Study /PMR	21 9:00 am Pilates / FC 1:00 pm Bingo / GR 3:30 pm Ladies Poker /L 4:00 pm Bop Truck 7:00 pm Glass Painting/ CR 	22 HAPPY BIRTHDAY! 9:00 Dance / FC 10:00 am Ping Pong /GaR 1:00 pm Mahjong / L 2:00 pm October Birthdays 2:30 pm Mens Poker / PMR 	23 10:00 am Billiards / GaR 12:00 pm Pinochle / L 1:00 pm Canasta / L 2:30 pm Poker /PMR 4:00 pm Chair Yoga /FC 5:00 pm Yoga / FC 6:30 pm Rummikub /L	24 9:00 am Dance Fitness /FC 10:00 am Pilates 10:00 am Intermed Bridge /L 2:30 pm Open Poker / L 7:00 pm Ladies Night -Left Center Right / GR 	25 9:00 am Balance Class / FC 9:30 am Stretch & Tone / FC
26 9:00 am Yoga Class / FC 10:15 am Chair Yoga / FC 11: 15 am Meditation /LI 2:00 pm Canasta / L 7:00 pm Line Dancing /FC	27 9:00 am Pilates/Barre/Fusion 10:00 am Canasta / L 10:00 am Krafty Klatsch / GR 10:00 am Billiards / GaR 1:00 pm Mahjong / L 2:30 pm Poker / PMR 7:00 pm Acrylic Painting / CR 5:00 pm Scripture Study /PMR 	28 9:00 am Pilates / FC 1:00 pm Bingo / GR 3:30 pm Ladies Poker /PMR 7:00 pm Speaker Series /CR	29 9:00 Dance / FC 10:00 am Ping Pong /GaR 1:00 pm Mahjong / L 2:30 pm Mens Poker / PMR 6:30 pm Wine Down Wednesday & Charades Game / GR	30 10:00 am Billiards / GaR 12:00 pm Pinochle / L 1:00 pm Canasta / L 2:30 pm Poker /PMR 4:00 pm Chair Yoga /FC 5:00 pm Yoga / FC 6:30 pm Rummikub /L Canvas Halloween Costume Party 7 to 9 pm Great Room 	31 9:00 am Dance Fitness /FC 10:00 am Pilates 10:00 am Intermed Bridge /L 2:30 pm Open Poker / L 4:00 pm Hangry Food Truck 	
LOCATION KEY	CYP = Courtyard Poolside CYN = Courtyard North CR = Canvas Room FC = Fitness Center	GR = Great Room GaR = Game Room LI = Library L = Lounge	PMR = Poker/Media Room P = Pool	A... ♦Healthy♦♦Mindful♦♦Life. ♦Creative♦♦Inquisitive♦♦Centered♦ ♦Playful♦♦Social♦	OFFICE HOURS	Monday - Thursday 9:00 am to 6:00 pm Friday 8:00 am to 5:00 pm Saturday 10:00 am to 5:00 pm Sunday 12:00 pm to 5:00 pm